

April 2018

Maumelle Charter High School



Prices: Reduced \$0.40
 Full \$3.00
 Pay for the Month:
 Reduced: \$8.40 Full: \$63.00



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.
 This Institution is an equal opportunity and employer.



Monday

Tuesday

Wednesday

Thursday

Friday

Grilled Chicken Wrap
 Chicken Nuggets w/ Roll
 Steamed California Blend
 Salad
 Diced Pears
 Fresh Fruit Bowl **2**

Mini Taco's
 Chicken Crispito
 Mexican Corn
 Salad
 Mixed Fruit
 Fresh Fruit Bowl **3**

BBQ Pork Rib Sandwich
 Hamburger w/ Veggies
 French Fries
 Salad
 Applesauce
 Fresh Fruit Bowl **4**

Dutch Waffle w/ Chicken Rings
 Sub Sandwich w/ Chips & Veggies
 Hash Brown
 Gold Rush Juice
 Diced Peaches
 Fresh Fruit Bowl **5**

Max Sticks w/ Marinara
 Pepperoni Pizza
 Steamed Broccoli
 Salad
 Strawberry Cup
 Fresh Fruit Bowl **6**

Chicken Fries w/Potato Roll
 Chicken Nuggets w/Potato
 Green Beans
 Salad
 Diced Pears
 Fresh Fruit Bowl **9**

Fajita Chicken Nacho's
 Buffalo Chicken Crispito
 Refried Beans
 Salad
 Mixed Fruit
 Fresh Fruit Bowl **10**

Hot Dog w/ Chili Optional
 Hamburger w/ Veggies
 French Fries
 Salad
 Applesauce
 Fresh Fruit Bowl **11**

Spaghetti w/ Sauce & Texas Toast
 Sub Sandwich w/Chips & Veggies
 Peas & Carrots
 Salad
 Diced Peaches
 Fresh Fruit Bowl **12**

Pizza Strips
 Cheese Pizza
 Steamed California Blend
 Salad
 Strawberry Cup
 Fresh Fruit Bowl **13**

Chicken Rings w/ Potato Roll
 Chicken Nuggets w/ Potato
 Black-eyed Peas
 Salad
 Diced Pears
 Fresh Fruit Bowl **16**

Taco Salad
 Chicken Crispos
 Pinto Beans
 Salad
 Mixed Fruit
 Fresh Fruit Bowl **17**

Ham Pita Pockets
 Hamburger w/Veggies
 French Fries
 Salad
 Applesauce
 Fresh Fruit Bowl **18**

Beef Fingers w/ Roll & Mashed Potato
 Sub Sandwich w/ Chips & Veggies
 Green Beans
 Salad
 Diced Peaches
 Fresh Fruit Bowl **19**

Bosco Stick
 Sausage Pizza
 Steamed Broccoli
 Salad
 Strawberry Cup
 Fresh Fruit Bowl **20**

Chicken Sandwich
 Chicken Nuggets w/ Roll & Mashed Potato
 Black-eyed Peas
 Salad
 Diced Pears
 Fresh Fruit Bowl **23**

Quesadilla
 Buffalo Chicken Crispito
 Mexican Corn
 Salad
 Mixed Fruit
 Fresh Fruit Bowl **24**

Sloppy Joe
 Hamburger w/Veggies
 French Fries
 Salad
 Applesauce
 Fresh Fruit Bowl **25**

Lasagna w/Texas Toast
 Sub Sandwich w/ Chips & Veggies
 Green Beans
 Salad
 Diced Peaches
 Fresh Fruit Bowl **26**

Pizza Crunchers w/ Marinara
 Meat Lovers Pizza
 Steamed California Blend
 Salad
 Strawberry Cup
 Fresh Fruit Bowl **27**

Chicken Tenders
 Chicken Nuggets
 Green Beans
 Salad
 Diced Pears
 Fresh Fruit Bowl **30**

