# **April 2018**

# Maumelle Charter Elementary School





**Prices** Reduced Full

\$0.30 \$2.00

Pay for the Month:

Reduced: Full: \$42.00 \$6.30



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts. This institution is an equal opportunity provider and employer.

**Breakfast Slider** 



#### Monday

**Blueberry Pancakes** Yogurt w/ Crackers Fruit: Diced Peaches & Juice Milk: White or Chocolate

## Tuesday

Sausage Biscuit WG Strawberry Pop Tart Fruit: Raisels & Juice Milk: White or Chocolate

## Wednesday

French Toast Mini Yogurt w/ Crackers Fruit: Mixed Fruit & Juice Milk: White or Chocolate

### Thursday

WG Mini Rings Fruit: Raisels & Juice Milk: White or Chocolate

## Friday

Banana Bread Cereal Bar w/ Yogurt cup Fruit: Applesauce & Juice Milk: White or Chocolate

#### Mini Cini's

Yogurt w/ Crackers

Fruit: Diced Peaches & Juice

Milk: White or Chocolate

Sausage Biscuit WG Fudge Pop Tart

Fruit: Raisels & Juice

Milk: White or Chocolate

Pancake Pup Yogurt w/ Crackers

Fruit: Mixed Fruit & Juice

Milk: White or Chocolate

Fruit: Mixed Fruit & Juice

French Toast Mini

Yogurt w/ Crackers

# Morning Sausage Roll WG Mini Rings

Fruit: Raisels & Juice Milk: White or Chocolate

Chocolate Chip Muffin w/ Yog Cereal Bar w/ Yogurt cup Fruit: Applesauce & Juice

Milk: White or Chocolate

# Maple Waffle

Yogurt w/ Crackers

Fruit: Diced Peaches & Juice

Milk: White or Chocolate

Sausage Biscuit WG Cinnamon Pop Tart

Fruit: Raisels & Juice

Milk: White or Chocolate

Milk: White or Chocolate

Breakfast Pizza

WG Mini Rings

Fruit: Raisels & Juice

Milk: White or Chocolate

# Super Donut

12

Cereal Bar w/ Yogurt cup Fruit: Applesauce & Juice

Milk: White or Chocolate

# **Strawberry Pancakes**

Yogurt w/ Crackers

Fruit: Diced Peaches & Juice

Milk: White or Chocolate

Sausage Biscuit WG Strawberry Pop Tart

Fruit: Raisels & Juice

Milk: White or Chocolate

## Pancake Pup

Yogurt w/ Crackers

Fruit: Mixed Fruit & Juice

Milk: White or Chocolate

Egg Muffin WG Mini Rings

Milk: White or Chocolate

Blueberry Muffin w/yogu 27

Cereal Bar w/ Yogurt cup

Fruit: Applesauce & Juice

Milk: White or Chocolate

#### **Blueberry Pancakes** Yogurt w/ Crackers

Fruit: Diced Peaches & Juice

30

Milk: White or Chocolate



# Fruit: Raisels & Juice

