

AVINGER ISO

Good Eats at Avinger School

March __ 2020

<p>All students are offered a complete meal. To include the 5 food groups: Protein, Dairy, Vegetables, Fruit and Grain</p> <p>Flavored Fat Free Milk 1% White Milk Offered Everyday</p> <p>Avinger ISO is an equal opportunity provider.</p>	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>2</p> <p>Waffles, Fruit</p> <p>Drum Sticks, Potato Salad, Corn on the Cob, Roll, Fruit</p>	<p>3</p> <p>Breakfast Burrito, Fruit</p> <p>Burritos, Ranch Style Beans, Side Salad, Fruit</p>	<p>4</p> <p>Muffins, Fruit</p> <p>Salisbury Steak, Scalloped Potato, Green beans, Roll, Fruit</p>	<p>5</p> <p>Sausage Biscuit, Fruit</p> <p>Pizza, Side Salad, Fresh Broccoli, Fruit</p>	<p>6</p> <p>Cereal, Toast, Fruit</p> <p>Sub Sandwich, Chips, Veggie Sticks, Fruit</p>
<p>SPECIAL ANNOUNCEMENTS</p>	<p>9</p> <p>Spring Break</p>	<p>10</p> <p>Spring Break</p>	<p>11</p> <p>Spring Break</p>	<p>12</p> <p>Spring Break</p>	<p>13</p> <p>Spring Break</p>
	<p>16</p> <p>Honey Bun, Fruit</p> <p>Corn Dogs, Baby Carrots, Cauliflower, Fruit</p>	<p>17</p> <p>French Toast, Fruit</p> <p>Walking Tacos, Refried Beans, Side Salad, Fruit</p>	<p>18</p> <p>Breakfast Pizza, Fruit</p> <p>Chicken Strips, Loaded Potato, Broccoli, Roll, Fruit</p>	<p>19</p> <p>Bagels, Fruit</p> <p>Spaghetti W/Meatballs Veggie Stick, Cheese Stick, Fruit</p>	<p>20</p> <p>Pop Tarts, Fruit</p> <p>Hamburger, Side Salad, Tater Tots, Fruit</p>
	<p>23</p> <p>Breakfast Bar, Fruit</p> <p>Baked Chicken, Mashed Potato, Turnip Greens, Roll, Fruit</p>	<p>24</p> <p>Cinnamon Roll, Fruit</p> <p>Enchiladas, Spanish rice, Black Beans, Fruit</p>	<p>25</p> <p>Yogurt, Toast, Fruit</p> <p>BBQ On A Bun, Chips, Carrots Sticks, Fruit</p>	<p>26</p> <p>Donuts, Fruit</p> <p>Mandarian Orange Chicken, Noodles, Broccoli, Cauliflower, Fruit</p>	<p>27</p> <p>Cereal, Toast, Fruit</p> <p>Pizza, Side Salad, Veggie Sticks, Fruit</p>
	<p>30</p> <p>Muffins, Fruit</p> <p>Stake Fringer, Black Eye Peas, Corn On The Cob, Roll, Fruit</p>	<p>31</p> <p>Breakfast Burrito, Fruit</p> <p>Chicken Quesadilla, Side Salad, Ranch Style Beans, Fruit</p>			