

# Tonkawa Public Schools

## Lunch April 2019



KEYSTONE  
FOOD SERVICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Meatball Sub Caesar Salad Fruit Milk Chef Salad Chicken & Cheese Power Pack	2 Chicken Nacho Bar (Chicken, Beans, Queso) Chips & Salsa/Fruit Milk Turkey Cobb Salad Pizza Power Pack	3 BBQ Pork Loin Loaded Mashed Potatoes /Dinner Roll Fruit/Milk Chicken Fajita Salad Ham & Cheese Power Pack	4 Chicken Alfredo Garlic Knot Green Beans Fruit /Milk Chicken Caesar Salad Chicken Nacho Power Pack	5 Cheeseburger Sweet Potato Fries Fruit Milk Chef Salad Turkey & Cheese Power Pack
8 BBQ Chicken Flatbread Ruffles Baby Carrots Fruit/Milk Chef Salad Chicken & Cheese Power Pack	9 Soft Beef Taco Refried Beans Chips and Salsa Fruit/Milk Turkey Cobb Salad Pizza Power Pack	10 Baked Potato Pulled Pork Dinner Roll Fruit/Milk Chicken Fajita Salad Ham & Cheese Power Pack	11 Spaghetti with Meat Sauce Breadstick Italian Salad Fruit/Milk Chicken Caesar Salad Chicken Nacho Power Pack	12 Breaded Chicken Sandwich Tator Tots Cucumber Salad Fruit/Milk Chef Salad Turkey & Cheese Power Pack
15 Popcorn Chicken Mashed Potatoes and Gravy Dinner Roll Fruit/Milk Chef Salad Chicken & Cheese Power Pack	16 Philly Joe French Fries Fruit Milk Turkey Cobb Salad Pizza Power Pack	17 Sour Cream Chicken Enchilada Refried Beans Chips and Salsa Fruit /Milk Chicken Fajita Salad Ham & Cheese Power Pack	18 Pineapple Glazed Ham Green Beans Roasted Carrots Dinner Roll Fruit /Milk Chicken Caesar Salad Chicken Nacho Power Pack	19 No School Good Friday
22 Cheeseburger Mac Dinner Roll Green Beans Fruit/Milk Chef Salad Chicken & Cheese Power Pack	23 Pig In a Blanket Cinnamon Stick BBQ Baked Beans Coleslaw Fruit/Milk Turkey Cobb Salad Pizza Power Pack	24 Country Fried Steak Gravy Roasted Carrots Corn/Dinner Roll Fruit /Milk Chicken Fajita Salad Ham & Cheese Power Pack	25 Waffles Scrambled Eggs Sausage Patty Breakfast Potatoes Fruit /Milk Chicken Caesar Salad Chicken Nacho Power Pack	26 Stromboli Marinara Garden Salad Fruit /Milk Chef Salad Turkey & Cheese Power Pack
29 Corn Dog Mac and Cheese Green Beans Fruit /Milk Chef Salad Chicken & Cheese Power Pack	30 Southwest Chicken Sub Ruffles Baby Carrots Fruit /Milk Turkey Cobb Salad Pizza Power Pack	1 Cheeseburger Tater Tots Fruit Milk Chicken Fajita Salad Ham & Cheese Power Pack	2 Pork Carnitas Tacos Refried Beans Chips and Salsa Fruit /Milk Chicken Caesar Salad Chicken Nacho Power Pack	3 Lasagna Breadstick Caesar Salad Fruit /Milk Chef Salad Turkey & Cheese Power Pack