

NOVEMBER MENU

High School

World Cuisine

Mondays- A Tour of Italy

Popular Italian Dishes with a Salad Bar

Tuesdays- Taste of the Orient

Popular Asian Chicken Options with Fried Rice & Egg Rolls

Wednesdays- Go USA!

Homemade Hamburgers on Homemade Buns with your choice of cheese and toppings!


Thursdays- Mexican Flair!

Create your own Mexican Bowl, Burrito, or Nachos

Fridays- Dippin' Strips

Steak Strips or Chicken Strips - Spicy or Original with Fries and your choice of dipping sauces

Every lunch also includes a choice of milk, Chef Salad, and Uncrustable.

Monday	Tuesday	Wednesday	Thursday	Friday
2 Asian Bowl or Sandwich or Pizza Oriental Vegetables Side Salad Tropical Pineapple	3 Nachos or Burger Homemade Salsa Side Salad Spanish Rice Refried Beans Mixed Fruit	4 Spaghetti with Meat Sauce and Garlic Toast or Pizza Green Beans Side Salad Fruit Cup	5 Country Bowl with Mashed Potatoes and Seasoned Corn or Popcorn Chicken Bucket with Fries Side Salad Hot Roll Color-filled Apple Sauce	6 Chicken Strip Sandwich or Cheese Burger Basket with Fries or Pizza Lettuce, Pickles, and Tomatoes Choice of Fresh Fruit
9 Chili Cheese Tots with Hot Roll or Chili Dog with Tots or Pizza Side Salad Fruit Cup	10 Quesadillas or Crisпитos or Burger Homemade Salsa Side Salad Spanish Rice Refried Beans Pineapple Fluff	11 Lasagna with Cheesy Garlic Bread or Pizza Fresh Seasonal Vegetables Side Salad Mixed Fruit	12 Steak Fingers or Baked Chicken with Hot Roll or Burger Creamy Mashed Potatoes Roasted Vegetables Side Salad Strawberries & Cream	13 Chopped BBQ on Bun or Chicken Sandwich Basket with Fries or Pizza Lettuce, Pickles, and Tomatoes Choice of Fresh Fruit
16 Sub Sandwich with Choice of Chips or 3 Cheese Mac & Cheese with Mini Corn Dogs or Pizza Seasoned Vegetables Salad Fixins' Fruit Salad	17 Tacos or Crisпитo or Burger Lettuce & Tomato Homemade Salsa Pinto Beans Spanish Rice Fruit Salad	18 Calzone or Pizza Seasoned Vegetables Side Salad Mixed Fruit	19 Thanksgiving Feast 	20 Cheese Burger or Chicken Sandwich Basket with Fries or Pizza Lettuce, Pickles, and Tomatoes Choice of Fresh Fruit

HAPPY THANKSGIVING

An option of Cereal & Toast, Fresh Fruit or Fruit Cup, and a Choice of Juice and Milk are offered everyday.



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 & 3	Muffin & Yogurt	Breakfast Sandwich	Biscuits with Sausage	Cinnamon Rolls	Breakfast Pizza
Week 2	French Toast Sticks	Breakfast Taco	Pancake Wrap	Donuts	Banana Bread

Assistance available in English and Spanish. Please call 877-TEX-MEAL (877-839-6325) for help. In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.eejer.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Ave, SW, Washington, D.C., 20250-9410. Fax: (202) 690-7442. E-mail: program.intake@usda.gov. This institution is an equal opportunity provider.