



BREAKFAST

JANUARY 2019 RAINS ISD

K-2
INTERMEDIATE
JH & HS
BKFT MENU

Monday

Tuesday

Wednesday

Thursday

Friday

NO SCHOOL
HOLIDAY

1

NO SCHOOL
HOLIDAY

2

NO SCHOOL
HOLIDAY

3

NO SCHOOL
HOLIDAY

4

NO SCHOOL
HOLIDAY
STAFF WORK DAY

7

BLUE BERRY MUFFINS
CEREAL, ASSORTED
PBJ OR YOGURT BOX
FRUIT JUICE
MILK

8

FRENCH TOAST STICKS
SYRUP
CEREAL, ASSORTED
PBJ OR YOGURT BOX
FRUIT JUICE
MILK

9

BREAKFAST TACO
SALSA
CEREAL, ASSORTED
PBJ OR YOGURT BOX
FRUIT JUICE
MILK

10

BISCUIT
SAUSAGE
GRAVY
SCRAMBLED EGGS
FRUIT JUICE
MILK

11

APPLE FRUDEL
CEREAL, ASSORTED
PBJ OR YOGURT BOX
FRUIT JUICE
MILK

14

BAGEL
CEREAL, ASSORTED
PBJ OR YOGURT BOX
FRUIT JUICE
MILK

15

PANCAKES
SYRUP
PBJ OR YOGURT BOX
FRUIT JUICE
MILK

16

MINI CINNIS
CEREAL, ASSORTED
PBJ OR YOGURT BOX
FRUIT JUICE
MILK

17

BISCUIT
SAUSAGE
GRAVY
SCRAMBLED EGGS
FRUIT JUICE
MILK

18

NO SCHOOL
HOLIDAY

21

DONUTS
CEREAL, ASSORTED
PBJ OR YOGURT BOX
FRESH FRUIT
JUICE
MILK

22

SAUSAGE EGG BISCUIT
CEREAL, ASSORTED
PBJ OR YOGURT BOX
FRUIT JUICE
MILK

23

PANCAKE ON STICK
SYRUP
CEREAL, ASSORTED
PBJ OR YOGURT BOX
FRUIT JUICE
MILK

24

BISCUIT
SAUSAGE
GRAVY
SCRAMBLED EGGS
FRUIT JUICE
MILK

25

BREAKFAST TACO
SALSA
CEREAL, ASSORTED
PBJ OR YOGURT BOX
FRUIT JUICE
MILK

28

MUFFINS, ASSORTED
CEREAL, ASSORTED
PBJ OR YOGURT BOX
FRUIT JUICE
MILK

29

CINNAMON ROLLS
CEREAL, ASSORTED
PBJ OR YOGURT BOX
FRUIT JUICE
MILK

30

DONUT HOLES
CEREAL, ASSORTED
PBJ OR YOGURT BOX
FRUIT JUICE
MILK

31

NO SCHOOL JAN 21ST

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