

**BREAKFAST**

**JANUARY 2019**

RAINS ISD

K-2  
INTERMED/ATE  
JH & HS  
BKFT MENU

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

NO SCHOOL

HOLIDAY

STAFF WORK DAY

NO SCHOOL

HOLIDAY

NO SCHOOL

HOLIDAY

NO SCHOOL

HOLIDAY

NO SCHOOL

HOLIDAY

**7**

BLUE BERRY MUFFINS

CEREAL, ASSORTED

PBJ OR YOGURT BOX

FRUIT JUICE

MILK

**8**

FRENCH TOAST STICKS

SYRUP

CEREAL, ASSORTED

PBJ OR YOGURT BOX

FRUIT JUICE

MILK

**9**

BREAKFAST TACO

SALSA

CEREAL, ASSORTED

PBJ OR YOGURT BOX

FRUIT JUICE

MILK

**10**

BISCUIT

SAUSAGE

GRAVY

SCRAMBLED EGGS

FRUIT JUICE

MILK

**11**

BISCUIT

SAUSAGE

GRAVY

SCRAMBLED EGGS

FRUIT JUICE

MILK

**14**

APPLE FRUDEL

CEREAL, ASSORTED

PBJ OR YOGURT BOX

FRUIT JUICE

MILK

**15**

BAGEL

CEREAL, ASSORTED

PBJ OR YOGURT BOX

FRUIT JUICE

MILK

**16**

PANCAKES

SYRUP

PBJ OR YOGURT BOX

FRUIT JUICE

MILK

**17**

MINI CINNIS

CEREAL, ASSORTED

PBJ OR YOGURT BOX

FRUIT JUICE

MILK

**18**

BISCUIT

SAUSAGE

GRAVY

SCRAMBLED EGGS

FRUIT JUICE

MILK

NO SCHOOL

HOLIDAY

**21**

DONUTS

CEREAL, ASSORTED

PBJ OR YOGURT BOX

FRESH FRUIT

JUICE

MILK

**22**

SAUSAGE EGG BISCUIT

CEREAL, ASSORTED

PBJ OR YOGURT BOX

FRUIT JUICE

MILK

**23**

PANCAKE ON STICK

SYRUP

CEREAL, ASSORTED

PBJ OR YOGURT BOX

FRUIT JUICE

MILK

**24**

BISCUIT

SAUSAGE

GRAVY

SCRAMBLED EGGS

FRUIT JUICE

MILK

**25**

BISCUIT

SAUSAGE

GRAVY

SCRAMBLED EGGS

FRUIT JUICE

MILK

**28**

BREAKFAST TACO

SALSA

CEREAL, ASSORTED

PBJ OR YOGURT BOX

FRUIT JUICE

MILK

**29**

MUFFINS, ASSORTED

CEREAL, ASSORTED

PBJ OR YOGURT BOX

FRUIT JUICE

MILK

**30**

CINNAMON ROLLS

CEREAL, ASSORTED

PBJ OR YOGURT BOX

FRUIT JUICE

MILK

**31**

DONUT HOLES

CEREAL, ASSORTED

PBJ OR YOGURT BOX

FRUIT JUICE

MILK

NO SCHOOL JAN 21<sup>ST</sup>

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