






May Junior High Menu

Every lunch includes a choice of milk and chef salad.

Monday	Tuesday	Wednesday	Thursday	Friday
April 29 Steak Fingers or Chicken Nuggets with Hot Roll Mashed Potatoes Sautéed Vegetable Fresh Salad w/ Toppings Fruit Cup	April 30 Build Your Own Tacos Spanish Rice Refried Beans Fresh Salad w/ Toppings Homemade Salsa Fruit Cup	1 Monterey Chicken with Hot Roll or Burger Steamed Vegetables Fresh Salad w/ Toppings Fruit Cup	2 French Bread Pizza or Pizza Sweet Seasoned Corn Fresh Salad w/ Toppings Colorful Apple Sauce	3 Chili Dog Basket with Fries Fresh Salad w/ Toppings Fresh Fruit
6 Chicken Pot Pie or Burger Seasoned Vegetables Fresh Salad w/ Toppings Fruit Cup	7 Build Your Own Tacos Charro Beans Spanish Rice Homemade Salsa Fresh Salad w/ Toppings Fruit Cup	8 Popcorn Chicken or Crispy Chicken Salad Hot Roll Mashed Potatoes Seasoned Vegetables Fresh Salad w/ Toppings Berries & Cream	9  Manager's Choice	10 Corn Dog Basket with Fries Fresh Salad w/ Toppings Fresh Fruit
13  Manager's Choice	14 Build Your Own Nachos with Spanish Rice Refried Beans Fresh Salad w/ Toppings Homemade Salsa Fruit Cup	15 Asian Bowl Steamed Vegetables Fresh Salad w/ Toppings Fruit Cup	16 Chicken Alfredo with Garlic Bread or Pizza Steamed Broccoli Fresh Salad w/ Toppings Fruit Wiggles	17 BBQ Bacon Burger with Fries Fresh Salad w/ Toppings Fresh Fruit
20  Manager's Choice	21 Build your Own Tacos or Taco Salad Spanish Rice Charro Beans Fresh Salad w/ Toppings Homemade Salsa Fruit Cup	22 Homemade Pigs in a Blanket or Corn Dog Baked Beans Fresh Salad w/ Toppings Fruit Cup	23 Spaghetti with Meat Sauce with Garlic Toast or Pizza Seasoned Vegetables Fresh Salad w/ Toppings Banana Sundae	24 Chili Dog Basket with Fries Fresh Salad w/ Toppings Fresh Fruit
27 Enjoy Your Day Off!	28 Build Your Own Tacos with Spanish Rice Refried Beans Fresh Salad w/ Toppings Homemade Salsa Fruit Cup	29 Chicken & Waffles Steamed Vegetables Fresh Salad w/ Toppings Fruit Cup	30 Grab N' Go Sack Lunch 	31 Enjoy Your Summer!

Wild Cats Side Line

Chicken Sandwiches
 Burgers
 Tornadoes
 Pizza
 and Daily Specials



Here Comes the Sun!

Our sun can do a lot of cool things like tan our skin and make flowers and plants grow, but we need to be smart about the sun and its potential dangers.

- * Always make sure to take frequent breaks from the sun by going inside or in the shade.
- * Put on sunscreen and reapply often. The sun can cause wrinkles and skin damage. Just because you don't see these things happening right away does not mean they won't happen eventually.

Breakfast

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1, 3, & 5:	Biscuits & Gravy	Scrambled Eggs w/ Bacon & Toast	Honey Bun w/ Sausage Link	Breakfast Pizza	Bacon & Eggs with Hot Biscuit
Week 2 & 4	Pancakes w/ Fruit Topping & Whipped Cream	Ham & Cheese Croissant	Muffin & Yogurt	Chicken Biscuits	

An option of Cereal & Toast, Fresh Fruit or Fruit Cup, and a Choice of Juice and Milk are also offered everyday.

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