



LUNCH

FEBRUARY 2019

RAINS ISD

RAINS HIGH SCHOOL MENU

Monday

4
 CHICKEN LEGS
 CHICKEN SANDWICH
 GARDEN SALAD
 PICKLE CUPS
 RANCH
 GREEN BEANS
 PEARS
 MILK

11
 PEPPERONI PIZZA
 BAKED POTATO W/ CK NUGGETS
 GARDEN SALAD
 RANCH
 BREADSTICK
 GREEN BEANS
 SLICED APPLES
 MILK

18
 NO SCHOOL
 HOLIDAY

25
 CALZONES
 BAKED POTATO W/ CK NUGGETS
 GARDEN SALAD RANCH
 SEASONED CORN
 APPLE SLICES
 MARINARA SAUCE
 MILK

Tuesday

5
 BEEF WALKING TACOS
 CHICKEN FAJITA SOFT TACOS
 LETTUCE/CHEESE
 REFRIED BEANS
 SPANISH RICE
 SALSAS
 FRUIT CUP
 MILK

12
 BEEF ENCHILADA
 QUESO
 PINTO BEANS
 SPANISH RICE
 SALSAS
 GARDEN SALAD RANCH
 PEARS

19
 BEEF & BEAN BURRITOS
 BAKED POTATO W/ PULLED POTATOES
 BREADSTICK
 SEASONED CORN
 SALSAS
 GARDEN SALAD RANCH
 APPLE SLICES
 MILK

26
 CRISPITOS W/ QUESO
 PINTO BEANS
 SPANISH RICE
 CUCUMBERS W/ RANCH
 ORANGES
 MILK

Wednesday

6
 CHICKEN TENDERS
 MASHED POTATOES
 GREEN BEANS
 GRAVY
 ROLLS
 CRAISINS
 MILK

13
 CHICKEN FRIED STEAK
 AU GRATIN POTATOES
 GRAVY ROLL
 PEAS
 ORANGES
 MILK

20
 BREADED CHICKEN PATTY
 MASHED POTATOES
 GRAVY ROLLS
 GREEN BEANS
 PINEAPPLE
 MILK

27
 STEAK FINGERS
 AU GRATIN POTATOES
 GRAVY ROLLS
 SQUASH MEDLEY
 GRAPES
 MILK

Thursday

7
 CHICKEN SPAGHETTI
 CALZONES
 GARDEN SALAD RANCH
 CORN
 BREADSTICK
 PEACHES
 MILK

14
 SALISBURY STEAK
 BROWN RICE
 STEAMED BROCCOLI W/ CHEESE
 GARDEN SALAD RANCH
 BROWN GRAVY
 GRAPES
 MILK

21
 SPAGHETTI W/ MEAT SAUCE
 PIZZA
 GARDEN SALAD RANCH
 BLACK EYE PEAS
 GARLIC TOAST
 BANANAS
 MILK

28
 ORANGE CHICKEN OR TERIYAKI CHICKEN
 EGG ROLL
 BROWN RICE
 MIXED VEGGIES
 APPLE SAUCE
 MILK

Friday

1
 CHEESE BURGER
 CORN DOGS
 FRIES
 CARROT STICKS
 RANCH
 ORANGES
 LETTUCE/TOM/PICKLE
 MILK

8
 PULLED PORK SANDWICH
 HAMBURGER
 TOTS
 BAKED BEANS
 LETTUCE/TOM/PICKLE
 FRUIT CUP
 MILK

15
 HAMBURGER
 CHILI DOGS
 FRIES
 LETTUCE/TOM/PICKLE
 CELERY STICKS RANCH
 MIXED FRUIT
 MILK

22
 FRITO PIE
 SPICY CHICKEN SANDWICH
 TOTS
 LETTUCE/TOM/PICKLE
 CARROT STICKS
 RANCH
 APPLE SAUCE
 MILK



EVERYDAY ON DELI LINE IS AN OPTION OF CHEF SALAD OR SOUP & SANDWICH

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