

# SEPTEMBER

2018

GOOD EATS AT



M	T	W	TH	F
NO SCHOOL 3	Spaghetti Bowl California Blend Vegetables Fruit Cup Milk 4	Texas Chili Celery Sticks Carrots Cornbread Orange Smiles Milk 5	Chicken Quesadilla Beans Sliced Fruit Milk 6	Popcorn Chicken Broccoli Oven Fries Peaches Milk 7
Breaded Drumstick Carrots Corn Sliced Fruit Animal Crackers Milk 10	Crispy Tacos Sliced Vegetables Orange Smiles Milk 11	Chicken Nuggets Mashed Potatoes Salad Pears Milk 12	Grill Cheese Oven Fries Carrots Snowball Salad Milk 13	Pulled Pork Sliders Green Beans Chilled Pineapple Milk 14
Deli Sandwich Tater Tots Sliced Fruit Milk 17	Nachos Grande Beans Sliced Tomatoes Cucumber slices Peaches Milk 18	X-Treme Burrito Sliced Fresh Veggies Mandarin Oranges Milk 19	Hamburger Steak Brown Gravy Biscuit Garden Salad Fruity Gelatin Milk 20	Grilled Cheese Sandwich Carrots Sliced Fruit Graham Crackers Milk 21
Country Fried Steak Strips Gravy Mashed Potatoes Strawberries Milk 24	Meat & Cheese Chalupas Beans Rosy Applesauce Milk 25	Hamburger/ Cheeseburger Broccoli Mixed Fruit Milk 26	Pizza Choice Carrots Apple Slices Milk 27	BBQ on a Bun Green Beans Orange Smiles Milk 28

SPECIAL ANNOUNCEMENTS

Pre-K Lunch

GET READY

FOR NATIONAL SCHOOL LUNCH WEEK  
OCTOBER 8-12  
SquareMeals.org/nslw

TEXAS DEPARTMENT OF AGRICULTURE  
COMMISSIONER SID MILLER  
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GOOD EATS AT



M	T	W	TH	F
NO SCHOOL 3	Spaghetti Bowl California Blend Vegetables Salad Pudding Fruit Cup Milk 4	Texas Chili Celery Sticks Carrots Cornbread Orange Smiles Brownie Milk 5	Chicken Quesadilla Spanish Rice Beans Corn Salsa Sliced Fruit Milk 6	Popcorn Chicken Roll Broccoli Oven Fries Peaches Milk 7
Breaded Drumstick Carrots Corn Fresh Grapes Cookie Milk 10	Crispy Tacos Spanish Rice Fresh Veggie Cup Beans Salsa Orange Smiles Milk 11	Chicken Nuggets Mashed Potatoes Salad Roll Pears Milk 12	Hot Dog Oven Fries Carrots Snowball Salad Milk 13	Pulled Pork Sliders Multigrain Chips Coleslaw Green Beans Chilled Pineapple Milk 14
Corn Dog Tater Tots Baked Beans Apple-Pineapple D'Lite Milk 17	Nachos Grande Beans Salsa Tiny Tomatoes Cucumber slices Peaches Lime Sherbert Cup Milk 18	X-Treme Burrito Salsa Corn Fresh Veggies Mandarin Oranges Milk 19	Hamburger Steak Brown Gravy Biscuit Roasted Potatoes Garden Salad Fruity Gelatin Milk 20	Grilled Cheese Sandwich Multigrain Chips Soup Carrots Fresh Fruit Brownie Milk 21
Country Fried Steak Gravy Mashed Potatoes Okra Roll Strawberries Milk 24	Meat & Cheese Chalupas Spanish Rice Salsa Zesty Cucumbers Beans Rosy Applesauce Milk 25	Hamburger/ Cheeseburger Broccoli Sweet Potato Fries Mixed Fruit Crispy Cereal Treat Milk 26	Pizza Choice Salad Carrots Apple Slices Milk 27	BBQ on a Bun Coleslaw Green Beans Orange Smiles Milk 28

SPECIAL ANNOUNCEMENTS  
K-12 Lunch

GET READY

FOR NATIONAL SCHOOL LUNCH WEEK  
OCTOBER 8-12  
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