

Monday

Tuesday

Wednesday

Thursday

Friday

2019

Happy

New

Year!!!

Meal Prices:

K-5: \$2.40
 6-8: \$2.60
 9-12: \$2.75
 Reduced: \$0.40
 Adult: \$3.65

Pig in a Blanket
 Roasted Red Potatoes
 Salad bar
 Fresh Apple Slices
 Canned Fruit Choice
 Milk Choice

Chicken & Noodles
Whole Wheat Roll & Honey (6-12)
 Mashed Potatoes
 Salad Bar
 Fresh Fruit
 Canned Fruit Option
 Milk Choice

Spaghetti w/ Meat Sauce
 Garlic Bread
 Green beans
 Mashed Potatoes
 Clementine
 Canned Fruit Choice
 Milk Choice

Taco Salad & Tortilla Chips
 Refried Beans & Salsa
 Salad bar
 Fresh Fruit
Cinnamon Puff (6-12)
 Canned Fruit Choice
 Milk Choice

Chicken Wrap
 Lettuce/Tomato
 Salad Bar
 Tropical Fruit
 Fresh grapes
 Oatmeal Cookie
 Milk Choice

Mini Meatball Sub
 Ranch Potato Wedges
 Salad Bar
 Fresh Fruit
 Canned Fruit Choice
 Milk Choice

Popcorn Chicken
 Whole Wheat Roll
 Baked Beans
 Salad Bar
 Apricot Halves
 Fresh Fruit Choice
 Milk Choice

Taco Soup & Tortilla Chips
 Tomato Salsa
 Salad Bar
 Strawberries & Pineapple
 Canned Fruit Choice
 Milk Choice

Biscuit & Gravy
Sausage Patty (6-12)
 Salad Bar
 Fresh Citrus Fruit Cup
 100% Fruit Juice
 Milk Choice

Pepperoni Pizza
 Salad Bar
 Fresh Fruit
 Canned Fruit Choice
 Royal Brownie
 Milk Choice

No School

Mozzarella Cheese Sticks
 Marinara Sauce
 Green Beans
 Garden Salad
 Fresh Orange
 Canned Fruit Choice
 Milk Choice

Corn Dog
 Peas & Carrots
 Salad Bar
 Fruit Cocktail
 Honey Apple Crisp
 Fresh Fruit Choice
 Milk Choice

Beef Quesadilla
Tortilla Chips (9-12)
 Black Bean & Corn Salsa
 Salad Bar
 Fresh Fruit
 Canned Fruit Choice
 Milk Choice

Rock & Roll Beef Wrap
 Cheesy Broccoli
 Salad Bar
 Fresh Fruit
 Canned Fruit
 Milk Choice

Hamburger on a Bun
 Dark Green Leaf Lettuce
 Tomato Slice
 Oven Fries
 Canned Fruit Choice
 Fresh Fruit Choice
 Milk Choice

Chili
Tortilla Chips (9-12)
 Salad Bar
 Fresh Fruit choice
 Strawberries & Bananas
 Cinnamon Roll
 Milk Choice

Chicken Nuggets
 Whole Wheat Roll
 Mashed Potatoes & Gravy
 Salad Bar
 Sliced Pears
 Fresh Fruit Choice
 Milk Choice

Baked Ham
 Angel Biscuit & Jelly
 Apple Glazed Sweet Potatoes
 Green Beans
 Fresh Grapes
 Canned Fruit Choice
 Milk Choice

Happy New Year!

If your family has trouble sticking to New Year's resolutions, make 2019 the year for change by modeling a healthful lifestyle and eating habits. Leading through example is a great way to encourage and provide support. Check out our Facebook page on tips from www.eatright.org for modeling change.

This institution is an equal opportunity provider.

