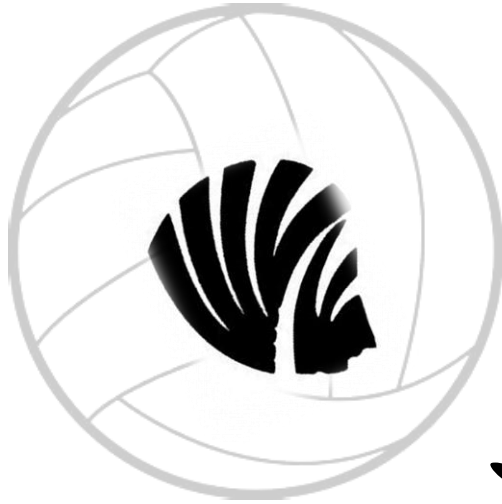




Volleyball Camp 2018

Andale HS Volleyball Camp
700 Rush Ave.
Andale, KS 67001



Andale High School Volleyball Camp

Google Form also available. Visit Andale HS Volleyball school website for Google Form.

2018 Camp Application

Deadline – June 25th, 2018 (postmark)

Camper's Name _____

Street Address _____

City _____

State _____ Zip Code _____

Phone _____

E-mail _____

Grade (Fall 2018) _____

School _____

T-Shirt (circle one)

Y-Small Y-Medium Y-Large

A-Small A-Medium A-Large A-XL

I certify that _____ has my permission to participate in the Andale HS Volleyball Camp. I further certify that the above recreational player has medical insurance in case of an emergency. I hereby grant permission to officials of the Andale HS Volleyball Camp to act for me according to their best judgment in any emergency requiring medical attention and hereby waive and release the camp and the staff from any liability for any injuries while at camp.

Emergency Contact Name: _____

Relation to Player: _____

Emergency Contact Phone: _____

Signature (parent/guardian) _____

Date _____

Please check the appropriate boxes below:

5th-6th Grade
All Skills – 4 days @ \$40.00

7th-8th Grade
All Skills – 4 days @ \$40.00

For more info, please contact Coach Bergkamp:
316.644.3750 or email
kaylie.bergkamp@usd267.com



All Skills Camp: July 9th-12th

(5th-8th grade)

Skills include: Setting, Hitting, Serving & Passing, Digging & Defense, Offense and **PLAYING!**

Daily Schedule:

5th - 6th Grade: Mon – Thurs. 9-10:30 A.M.

7th - 8th Grade: Mon. – Thurs. 10:45 A.M. -12:15 P.M.

Check-In: 10-15 minutes prior to start of camp time
@ Gym A – Use Main East Entrance

Location: Andale High School

***All Campers will receive a camp T-shirt and Andale Indian Draw String Bag!**

A cold treat aka ICE CREAM will be provided after each session! Come ready to work hard and have fun!

Grades are based upon the 2018-2019 School Year

All campers will be instructed by the coaches and members of the 2018 Andale High School Volleyball Team.

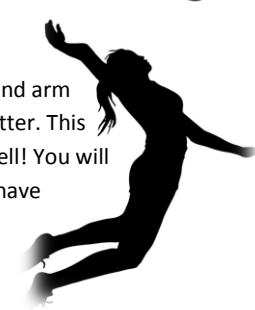
All Skills Camp (5th-8th Grade)

Setting

Whether you're a setter or not, you'll still need to know the basics of footwork, court awareness, hand position when receiving a ball and release to attackers. It's important that versatile players have good hands, but to also have the basics down.

Hitting

We will cover the proper footwork, approach and arm swing that will help you become a dominant hitter. This includes transition footwork from the net as well! You will learn how to hit, tip, and roll-shot and how to have multiple offensive threats.



Serving & Passing

These are two of the most important skills in the game of volleyball! This area will help you develop consistent, accurate serves with good tosses, proper footwork and follow through. It also covers passing progression and drills that will help you become a reliable passer. Great offenses start with great passing and zone serving!



Digging & Floor Defense

We will cover digging progression and defensive drills. This also includes ball-handling drills that will make you a better defensive player. We will show you how to position yourself correctly in defense to make the most out of your back row experience!



Please make checks payable to: Indian Volleyball and mail the Application Form along with payment no later than June 25th (postmark) to:

**Coach Bergkamp – Indian Volleyball
700 Rush Ave.
Andale, KS 67001**

