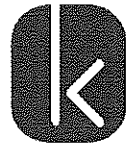


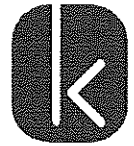
February 2019 Breakfast Elmore City Pernel Public Schools



**KEYSTONE
FOOD SERVICE**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Muffin Oatmeal Fruit Juice Milk
4 Biscuit and Gravy Jelly Cereal Fruit Juice Milk	5 Yogurt Parfait Cereal Fruit Juice Milk	6 Breakfast Quesadilla Cereal Fruit Juice Milk	7 Toast Scrambled Eggs Cereal Fruit Juice Milk	8 Cinnamon Roll Cereal Fruit Juice Milk
11 Pancake on a Stick Cereal Fruit Juice Milk	12 Cinnamon Toast Breakfast Scramble Cereal Fruit Juice Milk	13 Ham & Cheese Biscuit Jelly Cereal Fruit Juice Milk	14 Breakfast Pizza Cereal Fruit Juice Milk	15 Sweet Waffle Sticks (6) Cereal Fruit Juice Milk
18 NO SCHOOL	19 Muffin Yogurt Cereal Fruit Juice Milk	20 Biscuit and Gravy Jelly Cereal Fruit Juice Milk	21 Pancake Scrambled Eggs Cereal Fruit Juice Milk	22 Donut Cereal Fruit Juice Milk
25 French Toast Sticks Cereal Fruit Juice Milk	26 Toast Scrambled Eggs Cereal Fruit Juice Milk	27 Breakfast Burrito Cereal Fruit Juice Milk	28 Chicken Biscuit Jelly Cereal Fruit Juice Milk	

February 2019 Breakfast Grab n Go Elmore City Pernell Public Schools

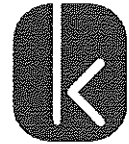


KEYSTONE
FOOD SERVICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Muffin or Pop Tart Fruit Juice Milk
4 Blueberry Pancake Bites or Pop Tart Fruit Juice Milk	5 Ham and cheese Biscuit or Ubr Bar Fruit Juice Milk	6 Breakfast Quesadilla or Pop Tart Fruit Juice Milk	7 Yogurt Parfait or Ubr Bar Fruit Juice Milk	8 Cinnamon Roll or Pop Tart Fruit Juice Milk
11 Pancake on a Stick or Pop Tart Fruit Juice Milk	12 Breakfast Taco or Ubr Bar Fruit Juice Milk	13 Sausage Biscuit or Pop Tart Fruit Juice Milk	14 Breakfast Pizza or Ubr Bar Fruit Juice Milk	15 Sweet Waffle Sticks or Pop Tart Fruit Juice Milk
18 NO SCHOOL	19 Ham & Cheese Biscuit or Ubr Bar Fruit Juice Milk	20 Muffin and Yogurt or Pop Tart Fruit Juice Milk	21 Pancake Minis or Ubr Bar Fruit Juice Milk	22 Donut or Pop Tart Fruit Juice Milk
25 French Toast Sticks or Pop Tart Fruit Juice Milk	26 Chicken Biscuit or Ubr Bar Fruit Juice Milk	27 Breakfast Burrito or Pop Tart Fruit Juice Milk	28 Blueberry Pancake Bites or Ubr Bar Fruit Juice Milk	

February 2019 Lunch

Elmore City Pernell Public Schools



**KEYSTONE
FOOD SERVICE**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Cheeseburger Tater Tots Garden Salad Fruit Milk Salad Bar
4 Soft Beef Taco Refried Beans Chips and Salsa Fruit Milk Salad Bar	5 Chicken Spaghetti Breadstick Green Beans Fruit Milk Salad Bar	6 Country Fried Steak Mashed Potatoes and Gravy Dinner Roll Fruit Milk Salad Bar	7 Santa Fe Chicken Wrap Ruffles Baby Carrots Fruit Milk Salad Bar	8 Flatbread Cheese Pizza Caesar Salad Fruit Milk Salad Bar
11 Hot Ham and Cheese Sub Baby Carrots Ruffles Fruit Milk Salad Bar	12 Spaghetti with Meat Sauce Italian Salad Breadstick Fruit Milk Salad Bar	13 Ranch Roasted Pork Loin Corn Green Beans Dinner Roll Fruit Milk Salad Bar	14 Burrito Bowl (Beef, Cilantro Rice, Beans, Queso) Chips and Salsa Iced Sugar Cookie Fruit Milk Salad Bar	15 Pig In a Blanket Mac and Cheese French fries Fruit Milk Salad Bar
18 NO SCHOOL	19 Popcorn Chicken Mashed Potatoes and Gravy Dinner Roll Fruit Milk Salad Bar	20 Lasagna Green Beans Breadstick Fruit Milk Salad Bar	21 Chili Fritos Beans Baby Carrots Fruit Milk Salad Bar	22 Pizza Bar Garden Salad Fruit Milk Salad Bar
25 Corn Dog Mac and Cheese Green Beans Fruit Milk Salad Bar	26 Beef Enchilada Mexican Salad Chips and Salsa Fruit Milk Salad Bar	27 Chicken and Noodles Roasted Carrots Dinner Roll Fruit Milk Salad Bar	28 BBQ Pulled Pork Sandwich BBQ Baked Beans Coleslaw Fruit Milk Salad Bar	