

# January 2019 Breakfast Elmore City-Pernell Public Schools



KEYSTONE  
FOOD SERVICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Happy New Year!	2 NO SCHOOL	3 NO SCHOOL	4 NO SCHOOL
7 Pancake Minis Cereal Fruit Juice Milk	8 Toast Breakfast Scramble Cereal Fruit Juice Milk	9 Yogurt Parfait Cereal Fruit Juice Milk	10 Ham & Cheese Biscuit Cereal Fruit Juice Milk	11 Donut Cereal Fruit Juice Milk
14 Oatmeal with Toppings Cereal Fruit Juice Milk	15 Breakfast Burrito Cereal Fruit Juice Milk	16 Muffin Cheese Stick Cereal Fruit Juice Milk	17 Biscuit and Gravy Cereal Fruit Juice Milk	18 Cinnamon Roll Cereal Fruit Juice Milk
21 Pancake on a Stick Cereal Fruit Juice Milk	22 Biscuit and Gravy Cereal Fruit Juice Milk	23 Cinnamon Toast Yogurt Cereal Fruit Juice Milk	24 Waffle Scrambled Eggs Cereal Fruit Juice Milk	25 Donut Oatmeal Fruit Juice Milk
28 Breakfast Taco Cereal Fruit Juice Milk	29 French Toast Sticks (3) Cereal Fruit Juice Milk	30 Ham & Cheese Biscuit Cereal Fruit Juice Milk	31 Pancake Scrambled Eggs Cereal Fruit Juice Milk	

# January 2019 Breakfast Grab n Go Elmore City-Pernell Public Schools



KEYSTONE  
FOOD SERVICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Happy New Year!	2 NO SCHOOL	3 NO SCHOOL	4 NO SCHOOL
7 Pancake Minis or Ubr Bar  Fruit Juice Milk	8 Breakfast Taco or Pop Tart  Fruit Juice Milk	9 Yogurt Parfait or Ubr Bar  Fruit Juice Milk	10 Ham & Cheese Biscuit or Pop Tart  Fruit Juice Milk	11 Donut or Ubr Bar  Fruit Juice Milk
14 French Toast Sticks or Ubr Bar  Fruit Juice Milk	15 Breakfast Burrito or Pop Tart  Fruit Juice Milk	16 Muffin and Cheesestick or Ubr Bar  Fruit Juice Milk	17 Blueberry Pancake Bites or Pop Tart  Fruit Juice Milk	18 Cinnamon Roll or Ubr Bar  Fruit Juice Milk
21 Pancake on a Stick or Ubr Bar  Fruit Juice Milk	22 Chicken Biscuit or Pop Tart  Fruit Juice Milk	23 Cinnamon Toast and Yogurt or Ubr Bar  Fruit Juice Milk	24 French Toast Bites or Pop Tart  Fruit Juice Milk	25 Donut or Ubr Bar  Fruit Juice Milk
28 Breakfast Burrito or Ubr Bar  Fruit Juice Milk	29 French Toast Sticks or Pop Tart  Fruit Juice Milk	30 Ham & Cheese Biscuit or Ubr Bar  Fruit Juice Milk	31 Pancake Minis or Pop Tart  Fruit Juice Milk	

# January 2019 Lunch Elmore City-Pernell Public Schools



KEYSTONE  
FOOD SERVICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Happy New Year!	2 NO SCHOOL	3 NO SCHOOL	4 NO SCHOOL
7 Country Fried Steak Mashed Potatoes and Gravy Dinner Roll Fruit Milk Salad Bar	8 Chicken Fajitas Refried Beans Chips and Salsa Fruit Milk Salad Bar	9 Pizza Pasta Garlic Knot Green Beans Fruit Milk Salad Bar	10 Ranch Chicken Flatbread Caesar Salad Fruit Milk Salad Bar	11 Cheeseburger Sweet Potato Fries Fruit Milk Salad Bar
14 Ham and Cheese Sub Baby Carrots Ruffles Fruit Milk Salad Bar	15 Beef Soft Taco Chips and Salsa Refried Beans Fruit Milk Salad Bar	16 Pineapple Glazed Ham Corn Green Beans Dinner Roll Fruit Milk Salad Bar	17 Waffles Sausage Scrambled Eggs Breakfast Potatoes Fruit Milk Salad Bar	18 Pizza Bar Italian Salad Fruit Milk Salad Bar
21 NO SCHOOL	22 Popcorn Chicken Mashed Potatoes and Gravy Green Beans Dinner Roll Fruit Milk Salad Bar	23 Spaghetti with Meat Sauce Breadstick Caesar Salad Fruit Milk Salad Bar	24 Nacho Bar (Chicken, Chips, Queso, Chili Beans) Salsa Fruit Milk Salad Bar	25 Stromboli Marinara Sauce Baby Carrots Rice Krispie Treat Fruit Milk Salad Bar
28 Corn Dog Mac and Cheese Green beans Fruit Milk Salad Bar	29 Mini Meatloaf Loaded Mashed Potatoes Dinner Roll Fruit Milk Salad Bar	30 Chicken and Noodles Roasted Carrots Dinner Roll Fruit Milk Salad Bar	31 Mexican Flatbread Refried Beans Chips and Salsa Fruit Milk Salad Bar	