

AR
BERRYVILLE INTERMEDIATE SCHOOL (BERRYVILLE SCHOOL DISTRICT)
902 WEST TRIMBLE
BERRYVILLE AR 72616
870-480-4647

Health and Wellness School Improvement Priority

Section I: School Information

School Name:	Berryville Intermediate School
School LEA Name:	0801004

School Year:
2016-2017

Section II: Needs Assessment

School Health Index Assessment

☒ Check box if completing the SHI Assessment online

If completing the SHI Assessment online you must provide a Reference Number.

Reference Number:	BERR812648
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Reviewer Comments:

Body Mass Index (BMI)

☒ **The school can verify the analysis of the School Level Body Mass Index screening data conclusions.**

Description/Conclusion

The district BMI report has been uploaded into the Health and Wellness document folder.

Other health and wellness related data (Optional)

Description/Conclusion

Reviewer Comments:

Review the LEA's Body Mass Index data and mark the Provide an overview of the school's BMI results (e.g. trend data, identifying at-risk grade levels or sub-populations, etc.). SAB

Section III: Health and Wellness Goals

(Provide a detailed description of each required activity)

Goal 1: How will the LEA provide coordination and support to create a healthy nutrition environment for students? {HINT: see 3 required activities.}

Activity	Person Responsible	Timeline
Healthy Habits Class - Grade 3	Arkansas Children's Hospital Nurse and Jennifer DePew	1 Year
Hygiene and Nutrition Class - Grade 4	Jennifer DePew	1 Year
Healthy Choices/Portions in the cafeteria & Nutrition Activities during PE- Grades 3-5	Shawna Heithold (Cafeteria) & Keri Foster (PE)	1 Year
Tasty Tam - Grades 3 & 4	Jan Jackson	1 Year
Child Nutrition - Review Menus	Wendy Holman	1 Year

Description

The activities listed above provide nutrition instruction to all students using various forms.

Child Nutrition - As part of the wellness committee, which works to ensure that the school and district wellness plans are in compliance, Wendy Holman, Cafeteria Manager and Food Nutrition Supervisor, will give updates and information regarding menus as well as healthy food choices that are available to students.

Reviewer Comments:

Goal 2: How will the LEA provide coordination and support to create an environment that promotes

physical activity and provides quality physical education for students? {HINT: see 3 required activities.}

Activity	Person Responsible	Timeline
Physical Education Courses and Recess	Principal	1 Year
Presidential Fitness Test	Keri Foster	1 Year
Jump Rope for Heart - Grade 3	Keri Foster	1 Year
Hoops for Heart - Grades 4 and 5	Keri Foster	1 Year
Go Noodle Brain Breaks	Teachers	1 Year

Description

Physical Education courses and recess minutes meet the standards/requirements.

In addition to the requirements - other activities are provided to students to encourage physical activity

Brain Breaks - Teachers are provided resources to give "Brain Breaks" within the classroom - these activities promote physical activity

The principal and counselor work together when planning the schedule to ensure that the school is meeting the requirements of physical activity.

Reviewer Comments:

Goal 3: How will the LEA promote a healthy school environment that promotes learning throughout the school culture? {HINT: see 1 required activity.}

Activity	Person Responsible	Timeline
Professional Development	Principal	1 Year

Description

Principals approve professional development (PD) for staff as needed to meet state requirements as well as PD that offers cultural sensitive trainings for staff. Physical Education teachers must maintain appropriate PD credits that meet state and local requirements regarding nutrition and physical activity.

Reviewer Comments:

Goal 4: (Optional) How does the school address other health disparities trending among students identified from the Needs Assessment?

Activity	Person Responsible	Timeline

Description

Reviewer Comments:

Reviewer Response:

Reviewer Comments: