

Beeville ISD
School Health Advisory Council
Thursday, November 5, 2015

Minutes

The Beeville ISD School Health Advisory Council met on Thursday, November, 5th at the Beeville ISD Administration Office. In attendance were Tracy Garcia, Jeff Atkinson, Becky Williams, Adriana McKinnion, Debra Velasco, Christina Hernandez, and Cindy Clendennen.

Mrs. Clendennen reminded the committee about the discussion held on ways to help students develop a love for physical activity at the last meeting. The SHAC discussed sponsoring a “health night” during Public School Week (February 29 – March 4), in particular Tuesday, March 1, 2016. The activity would be at Veteran’s Memorial Stadium and an evening event. Campuses would be asked to sponsor an exercise event such as line dancing, Zumba, PE with parents, etc. Gracy Bryce, TJIS PE teacher, volunteered to host an obstacle course for students and their parents to tackle together. Other suggestions included having the BISD Food Services department sponsor a tasting affair, HEB participation, and Christus Spohn participation.

Follow-up: Mr. Erasmo Rodriguez, Interim Superintendent agreed to support the event. An HEB official agreed to participate in some fashion, and Mr. Atkinson secured participation from food services. A response was not received from Christus Spohn. Other discussion included each campus sponsor their own event during Public School Week at the campus. The physical activity would be tailored to their students’ age/grade level along with their parents. The day need not be uniform throughout the district allowing parents to participate at various campuses depending on where their students attend. Other suggestions included student demonstration of healthy foods, healthy snacks made by students served to visitors, cook book created by students providing healthy recipes, and physical activities.

The SHAC agreed to forgo the single event at Veteran’s Memorial Stadium and to support individual campus activities during Public School Week.

Jeff Atkinson, Food Services Director, reviewed food service guidelines directed by the USDA and TDA.

Future meetings include February 4th and April 7th.

With no further business, the meeting was adjourned at approximately 1:00 p.m.

Submitted by: Cindy Clendennen