

Beeville ISD
School Health Advisory Council
Thursday, October 8, 2015

Minutes

The Beeville ISD School Health Advisory Council met on Thursday, October 8th at the Beeville ISD Administration Office. In attendance were Tracy Garcia, Sara Manning, Becky Williams, Corina Garcia, Mishel Alba, Gracy Bryce, Adriana McKinnion and Cindy Clendennen.

Mrs. Clendennen gave an update on the district Wellness Plan and evaluation. Both were presented to the School Board for approval on May 19, 2015. A brochure was created for distribution to the public and school staff outlining the Wellness Plan and evaluation. The brochure revealed goals for the district SHAC and provided an invitation for public participation/attendance.

Mrs. Clendennen explained the packet of information given to each campus administrator for teacher use in the classroom. Information focused on good nutrition, health information, and activities that could be used within the classroom during regular classroom instruction. Numerous websites were given while Mrs. Clendennen accessed websites for SHAC members to view.

A discussion was held on ways to help students develop a love for physical activity. The SHAC discussed sponsoring a “health night” during Public School Week (February 29 – March 4), in particular Tuesday, March 1, 2016. The activity would be at Veteran’s Memorial Stadium and an evening event. Campuses would be asked to sponsor an exercise event such as line dancing, Zumba, PE with parents, etc. Gracy Bryce, TJIS PE teacher, volunteered to host an obstacle course for students and their parents to tackle together. Other suggestions included having the BISD Food Services department sponsor a tasting affair, HEB participation, and Christus Spohn participation (healthy demonstrations). All booths will promote health, exercise, diet, and good eating habits. There will be no booths for profit.

Mrs. Clendennen will speak to the Mr. Erasmo, Interim Superintendent to secure school sponsorship.

Future meetings include November 5th, February 4th, and April 7th.

With no further business, the meeting was adjourned at approximately 1:00 p.m.

Submitted by: Cindy Clendennen