

Successfully navigating Cold and Flu Season

I hope as you are reading this you are not suffering from cold or flu symptoms. It is that time of year as you may have seen several news reports covering how the flu has affected areas of Kansas.

You may have even seen the reports from the KDHE indicating students diagnosed with Influenza must stay home for seven calendar days. That is a great regulation to follow. And for diagnosed Influenza, necessary.

However, most of us just get the crud. So, here are some suggestions on how to determine whether or not a child should attend school. Students should be fever free for 24 hours before returning to school. They should also be symptom free for 24 hours....active cough, diarrhea, significant head or tummy ache, and other signs your child may not be able to perform well at school.

I want to emphasize that while we take the effort to educate all children seriously, we also want all children healthy. Arrangements to take care of work during and after an illness can easily be made by contacting either school office.

We appreciate your support as we continue our work together to ensure every child owns their learning and success.

Respectfully,
Kelly Arnberger
Superintendent