

STUDENT'S NAME

GRADE '13-'14

IDALOU ATHLETICS
SPORTS MEDICINE PACKET

WILDCATS & LADY CATS



SPORTS MEDICINE

PLEASE READ FIRST!!

To: Student-Athletes, Parents and/or Guardian

The following forms are needed to complete the student-athletes medical file for the 2013-2014 school year.

ALL forms need to be signed by both the parent and/or guardian and student-athlete in the appropriate places and returned to the coaching staff **ASAP**.

If the forms are not completed and returned, it will delay the student-athlete from participating in athletics for the 2013-2014 school year.

Every student-athlete has to have all forms filled out for each and every year of competition. The Preparticipation Physical Evaluation (last page) is for 7th, 9th, and 11th grades and for any athlete who missed significant playing time last year due to injury (if you have question about this please ask).

Lubbock Sports Medicine will be hosting physicals for Idalou High School on May 7, 2013 at 5 pm in the clinic. There will be a \$20.00 per athlete charge (CASH ONLY). This is optional, you may see any physician but please use the form that is provided.

Please use the checklist for the forms that need to be signed and returned to Idalou ISD.

- Assumption of Risk (signed and dated)
- UIL Steroid testing consent (signed and dated)
- UIL Concussion Assumption of Risk (signed and dated)
- UIL Acknowledgement of Rules 2 pages (signed and dated)
- Medication Permission Form/ Emergency Contact Form (signed and dated)
- Medical History Form (signed and dated)
- Preparticipation Physical Evaluation (Filled out by Physician ONLY)

If you have any questions, please do not hesitate to contact our coaching staff.

Thank you,

Idalou Coaching Staff

