



Bushland Athletics COVID-19 Risk Mitigation

Practices:

- Coaches and staff will be required to self-screen upon arrival to the school. They will self screen by answering the screening questions below and taking their temperatures.
- Athletes will be screened before practice using the QR code to the online screening questionnaire or being verbally asked the questions by a coach.
- Any responses that result in a "YES" answer, coach or athlete, will result in that individual being sent home.
 - Rules re-entry to school and practices are found below.
- Masks are required **at all times** while inside locker rooms, the training room, or when not actively participating in drills.
- Water will be provided. However, you will be required to bring your own personal bottle of water to each practice session, none will be provided. We can only refill your water bottle. All coolers, water cows, and pumps will be disinfected daily.
- Water bottles and cups **CANNOT** be shared.
- Practices will be **CLOSED** to the public.
- After practices are concluded, athletes will immediately return to their locker room to change and leave. No loitering in locker rooms will be tolerated.
- Once you exit the school building you will not be allowed to return that day.
- After everyone departs the building, coaches will spray all equipment (shoulder pads, helmets, pads, sport balls, etc.) with disinfectant and wash all clothing, jerseys, uniforms.

Games:

- Coaches, officials, volunteers, and athletes will be screened upon arrival or before getting on to the bus.
- Any response to screening that results in a "Yes" answer, that person will be sent home
- Everyone (athletes, coaches, media, spectators) will be required to wear masks **at all times** while in all locker rooms, on buses, sidelines, stands, and walkways.
- Fans, spectators will be asked to stay 6 feet away from teams, and group areas such as team benches or performance areas.
- Thursday night football the north end of the home bleachers will be blocked off for teams to sit while they wait for their game times. They will enter the stadium and walk along the track to this area. We ask that no fans or spectators enter this area.
- For inside sports (volleyball, basketball, wrestling) areas in the stands will be blocked off for teams to sit that is separate from spectators and fans.
- Teams, coaches and officials will be entering and exiting the area of competition that is separate from fans.

- Upon conclusion of the games teams will go immediately back to the locker rooms to change and turn in equipment for sanitizing. After they leave the locker room is when they will be able to meet up with parents.
- Water will be provided in the form of single use cups or athletes may bring their personal water bottles. Coolers used for the games will be disinfected after use.
- Contests that have more than 2 schools (i.e. Bushland and our opponent), the visiting schools will be asked to bring their own cooler of water. So that sharing between schools does not occur.
- Student groups not directly involved in the game or contest (i.e. cheerleaders, band, student athletic trainer) will remain separate from fans.

Individuals with suspected or confirmed COVID-19:

- Any individuals who themselves either: (a) are lab-confirmed to have COVID-19; or (b) experience the symptoms of COVID-19 (listed below) must stay at home throughout the infection period, and cannot return to campus until the school system screens the individual to determine any of the below conditions for campus re-entry have been met:
 - In the case of an individual who was diagnosed with COVID-19, the individual may return to school when all three of the following criteria are met:
 - at least one day (24 hours) have passed since recovery (resolution of fever without the use of fever-reducing medications);
 - the individual has improvement in symptoms (e.g., cough, shortness of breath); and
 - at least ten days have passed since symptoms first appeared.
 - In the case of an individual that is asymptomatic but has received a positive COVID-19 test result, the individual may not return to the campus until ten days have passed since a positive test.
 - In the case of an individual who has symptoms that could be COVID-19 and who is not evaluated by a medical professional or tested for COVID-19, such individual is assumed to have COVID-19, and the individual may not return to the campus until the individual has completed the same three-step set of criteria listed above.
 - If the individual has symptoms that could be COVID-19 and wants to return to school before completing the above stay at home period, the individual must either (a) obtain a medical professional's note clearing the individual for return based on an alternative diagnosis (though for health privacy reasons the note does not need to indicate what the alternative diagnosis is) or (b) obtain an acute infection test at an approved testing location (<https://tdem.texas.gov/covid-19/>) that comes back negative for COVID-19
 - In addition to the criteria and processes described above, a student who has been diagnosed with COVID-19 must receive clearance from a physician prior to returning to participation in UIL activities

- If the individual has tested positive for COVID-19 and believes the test was a false positive, and wants to return to school before completing the above stay at home period, the individual must either (a) obtain a medical professional's note clearing the individual for return based on an alternative diagnosis, though for health privacy reasons the note does not need to indicate what the alternative diagnosis is, or (b) obtain two PCR acute infection tests (at a physician's office, approved testing location, or other site) at least 24 hours apart that come back negative for COVID-19.
- Identifying Possible COVID-19 Cases on Campus
 - Schools must immediately separate any student who shows COVID-19 symptoms while at school until the student can be picked up by a parent or guardian.
 - Schools should clean the areas used by the individual who shows COVID-19 symptoms while at school (student, teacher, or staff) as soon as is feasible.
 - Students who report feeling feverish should be given an immediate temperature check to determine if they are symptomatic for COVID-19.
- This document refers to "close contact" with an individual who is lab-confirmed to have COVID-19. Close contact is determined by an appropriate public health agency. For clarity, close contact is defined as:
 - being directly exposed to infectious secretions (e.g., being coughed on while not wearing a mask or face shield); or
 - being within 6 feet for a total of approximately 15 minutes throughout the course of a day; however, additional factors like case/contact masking (i.e., both the infectious individual and the potential close contact have been consistently and properly masked), ventilation, presence of dividers, and case symptomology may affect this determination.
- Individuals are presumed infectious at least two days prior to symptom onset to 10 days after symptom onset. In the case of asymptomatic individuals who are lab-confirmed with COVID-19, two days prior to the confirming lab test.
- Required Actions if Individuals with Lab-Confirmed Cases Have Been in a School or in an Area Where UIL Activities Are being Conducted
 - If an individual who has been in areas where UIL activities have been conducted is lab-confirmed to have COVID-19, the school must notify its local health department, in accordance with applicable federal, state and local laws and regulations, including confidentiality requirements of the Americans with Disabilities Act (ADA) and Family Educational Rights and Privacy Act (FERPA).
 - Schools must close off areas that are heavily used by the individual with the lab-confirmed case (student, teacher, or staff) until the non-porous surfaces in

those areas can be disinfected, unless more than 3 days have already passed since that person was on campus.

- Consistent with school notification requirements for other communicable diseases, and consistent with legal confidentiality requirements, schools must notify all teachers, staff, and families of all students in a school if a lab-confirmed COVID-19 case is identified among students, teachers or staff who participate in any UIL activities.

Screening Questionnaire for Coaches and Student Athletes:

1. Do you have any of these symptoms of COVID-19, that are not caused by another condition?
 - Fever or Chills
 - Cough
 - Shortness of breath or difficulty breathing
 - Fatigue
 - Muscle or body aches
 - Headache
 - Recent loss of taste or smell
 - Sore throat
 - Congestion
 - Nausea or vomiting
 - Diarrhea
2. Within the past 14 days, have you had contact with anyone that you know that has COVID-19 or COVID-like symptoms? Contact being 6 feet or closer for more than 15 minutes with a person, or having direct contact with fluids from a person with COVID-19 (Fore example, being sneezed or coughed on).
3. Have you had a positive COVID-19 test for an active virus in the past 10 days?
4. Within the past 14 days, has a public health or medical professional told you to self-monitor, self-isolate, or self-quarantine because of concerns about COVID-19 infection?