

## **MLS 2021 MENUS**



Mon lue wed thu Fri	Mon	Tue	Wed	Thu	Fri
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BREAKFAST:
Bagels w/Cream Cheese,
Yogurt, Mixed Berries, Milk,
Juice

**LUNCH:**Beef Nachos OR Taco-in-a-bag, Refried Beans, Corn
Salad, Mango/Strawberry Cups

**2**BREAKFAST:

Biscuits & Gravy, Nutri-grain Bar, Oranges, Milk

**LUNCH:**Hot Dogs OR Corn Dogs,
Fries, Macaroni Salad,
Blueberries

**BREAKFAST:**Cereal, Toast, Blueberries, Milk

**LUNCH:**Roast Pork, Mashed
Potatoes, Gravy, Carrots,
Bun, Applesauce

4
BREAKFAST:

Breakfast Pockets, Pears, Milk, Juice

**LUNCH:**Chicken Salad, Roast Beef, OR
Turkey Sandwich, Apple, Broccoli,
Chips, Cookie

NO SCHOOL

8

BREAKFAST:
Muffins Cheese Stick Ann

Muffins, Cheese Stick, Apples, Milk, Juice

LUNCH:

Orange Chicken, Rice, Egg Roll, Asian Vegetables, Pineapple, Milk 9

**BREAKFAST:** 

Waffles, Little Smokies, Blueberries, Milk, Juice

LUNCH:

Fish Sandwich, BLT Pasta Salad, Sweet Potato Fries, Pears, Milk **10** 

BREAKFAST:

Cereal, Pop Tart, Milk, Strawberries

LUNCH:

Lasagna, Garlic Bread, Green Beans, Applesauce 11

BREAKFAST:

Poached Eggs, Hashbrowns, English Muffin, Peaches

LUNCH:

Chicken Strips, Broccoli Cheese Rice, Carrots, Pears, Brownies **12** 

NO SCHOOL



15

**BREAKFAST:** 

Breakfast Burritos, Sour Watermelon Cup, Milk

LUNCH:

Chicken Bacon Ranch Pasta, Broccoli, Caprese Salad, Applesauce, Milk

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**BREAKFAST:** 

Cereal OR Oatmeal, Toast, Oranges, Milk

LUNCH:

16

Pancakes, Scrambled Eggs, Sausage, Strawberries 17

**BREAKFAST:** 

Cinnamon Rolls, Peaches, Milk

LUNCH:

Cheeseburgers, BBQ Beans, Potato Salad, Green Peas, Graham Crackers, Blueberries 18

BREAKFAST:

Egg Bake, Toast, Hashbrowns, Pears, Juice, Milk

LUNCH:

Taco Pasta, Corn, Apples, Cinnamon Sugar Chips 19

NO SCHOOL

22

**BREAKFAST:** 

Muffins, Yogurt, Granola, Mixed Berries, Milk, Juice

LUNCH:

Baked Ham, & Swiss Sliders, Goldfish, Mango Strawberry Cup, Carrots, Molasses Cake 23

**BREAKFAST:** 

Biscuits & Gravy, Nutri-grain Bar, Apples, Milk

LUNCH:

Honey Garlic Meatballs, Mashed Potatoes, Corn, Side Salad, Pineapple 24

**BREAKFAST:** 

Egg Sausage Sandwich, Peaches, Milk

LUNCH:

Pizza, Cheese Filled Breadsticks, Side Salad, Pears, Milk 25

**BREAKFAST:** 

Maple Sticks OR Chocolate Donut, Grapes, Milk

LUNCH:

Chicken Enchiladas, Seasoned Black Beans, Oranges, Milk 26

NO

**SCHOOL**