

## Golden Arrow

Breakfast & Lunch Menu  
March 4<sup>th</sup> -15<sup>th</sup>  
Elementary-High School



**START YOUR ENGINES!**

#NationalBreakfastWeek  
March 4<sup>th</sup>-8<sup>th</sup>.

Help us celebrate by joining us for breakfast during National Breakfast Week. Our Nutrition program offers: Whole Grain Cereals, Whole Grain Donuts, Fiber Bars, Whole Grain Muffins, Whole Grain PopTarts, variety of fresh fruit, applesauce, milk, and juice. We also offer a hot breakfast menu item! Come get fueled up and join the fun!

Monday 4<sup>th</sup>

Breakfast Pizza

Chili Dog or Frito Chili Pie, Corn, Veggie Sticks w/Ranch, Chilled Pears

Tuesday 5<sup>th</sup>

Pancakes

Sausage w/ Biscuit & Gravy or Pancake on a Stick, Tater Tots and Chilled Strawberries



Wednesday 6<sup>th</sup>

Donuts

Walking Beef Taco or Quesadilla Pizza, Shredded Lettuce, Pinto Beans, Rice and Chilled Pineapple

Thursday 7<sup>th</sup>

Breakfast Tornado

Salisbury steak or Chicken Fried Steak, Mashed Potatoes, Green Beans, Roll, and Chilled Peaches

Friday 8<sup>th</sup>

Biscuit and Gravy

Lasagna or Pepperoni Stuffed Crust Pizza, Carrots, Garden Salad and Birthday Cupcake



Monday 11<sup>th</sup>

Ham and Cheese Biscuit

Vegetable Beef Soup, Grilled Cheese, Garden Salad and Chilled Apricots

Tuesday 12<sup>th</sup>

Pancake on a Stick

Steak Fingers or Chicken Nuggets, Mashed Potatoes, Green Beans, Roll and Chilled Pineapple

Wednesday 13<sup>th</sup>

Breakfast Pizza

Crispy Chicken Sandwich Or Cheeseburger, With Lettuce, Tomato and Pickles, Sweet Potato Fries, and Chilled Peaches

Thursday 14<sup>th</sup>

Cook's Choice

Friday 15<sup>th</sup>

Cook's Choice



This institution is an equal opportunity provider.

Menu is subject to change.

On March 8<sup>th</sup> we will celebrate our March birthdays, only available with the purchase of a reimbursable meal.