



Vermilion 4-H Cracklins

October 2019
Volume 1, Issue 2



4-H Officer Training

All members are invited to participate in the annual 4-H Officer Training which will be held on Thursday, October 17 at Rene Rost Middle School in Kaplan. The workshop will take place from 4:30-5:30 pm and will be very beneficial to members who are officers in their school clubs. A member does not have to be an officer to attend, everyone is welcome! This is a great opportunity to strengthen leadership skills and get to make new friends.



Jr. Leader Club

The Jr. Leader club is well underway with an exciting year. The service learning topic for this year is "Think Green!" This environmental project will be the focus each month as members learn and serve in many different capacities. All 8th – 12th grade 4-H members are invited and encouraged to participate in club activities. During spring break, the group will travel to Kemah, Texas to tour NASA and visit sea turtle research facilities in Galveston.

#4hthinkgreen



Follow us on Facebook:
Vermilion 4-H



Dates to Remember (see articles for details)

October

- 5 Fishing Clinic
- 5 4-H Day at LSU Game
- 10 Jr. Leader Meeting
- 11 Cattle Festival Cookery & Livestock Show
- 12 Cattle Festival Livestock Show
- 17 Officer Training
- 20 Cake Bingo
- 21 Fall Contest Day:
 - Dog & Pet Show
 - Bike Rodeo
 - Beef & Rice Cookery
- 29 Pumpkin Workshop

November

- 2 Beef, Sheep, Goat, Poultry Clinic
- 4 Clothing Garments Due
- 14 Jr. Leader Meeting
- 16 Swine Clinic
- 21 Personal Dev. Contest



18 USC 707

JR. LEADER CLUB CAKE BINGO!

October 20

1:00 pm

FIEB



**Exploring Agriculture
Farm to Table**

Agriculture is defined as the science, art or occupation concerned with cultivating land, raising crops and feeding, breeding and raising livestock; farming.

Agriculture is present in our everyday lives from the time we get up in the morning, until the time we go to bed!

The food that you eat daily comes from many different places including plants and animals.



**Louisiana Cattle Festival
Alice Lancon Memorial
Cooking Contest**

The 2019 annual cooking contest will be held on Friday, October 11. Specific rules & recipe forms will be given out at club meetings or may be picked up at the 4-H office. Members should start preparing by selecting recipes. Groups and categories include:

Group I 4-6th Grades	Group II 7-8th Grades	Group III 9-12th Grades
BEEF: *Main Dish *Heart Healthy	BEEF: *Main Dish *Heart Healthy	BEEF: *Main Dish *Heart Healthy
DAIRY: *Vegetable/Salad *Dessert	DAIRY: *Vegetable/Salad *Dessert	DAIRY: *Vegetable/Salad *Dessert
COMBO: *Main Dish	COMBO: *Main Dish	COMBO: *Main Dish



International Rice Festival Cookery Contest will be held Oct. 18 in Crowley. Contest rules can be obtained at the parish 4-H office or by visiting the International Rice Festival website at www.ricefestival.com. You can also email ricecookerycontest@gmail.com for more information and entry form.



4-H Livestock Projects

You have until **November 4, 2019** to get an animal (dairy animal, beef animal, lamb, or goat) for the spring show season. If you would like to get involved with the 4-H Beef, Dairy, Goat or Sheep project, and need help finding an animal, call Mr. Hilton at 898-4335.

You have until **December 2** to get a market or breeding pig for the spring show season. If you would like to get involved in the 4-H Swine project, and need help finding an animal, call Mr. Hilton or Mrs. Natalie at 898-4335 or come by the office at 1105 W. Port Street in Abbeville.

IMPORTANT!! — Validation dates for market and commercial beef, sheep, and goats will be sometime in October and Swine in November!! Check your livestock newsletter for updated information.

Pumpkin Workshop

If you want to have the coolest Jack-O-Lantern in your neighborhood, come to the pumpkin carving workshop on **Tuesday, Oct. 29, at 6 p.m.** You have three options:

- * **If you want to carve your pumpkin, YOU MUST BRING YOUR OWN PUMPKIN - ALREADY CLEANED OUT!!**
If you have a kit and **it is still in good condition,** please bring it with you, you will not need to buy another kit.
- * A limited number of carving kits are available at \$7.00 each if you need to purchase a carving kit. Register early! If you choose this option - **your pumpkin MUST be cleaned out before you bring it to the clinic!**
- * You can choose to paint your pumpkin for \$5.00. Paint will be provided. If you select this option, you do not have to clean out your pumpkin.

All participants will get to bring home their pumpkin. If you purchased a carving kit through the 4-H Office, it is yours to bring home also. Halloween goodies made from pumpkins will be provided as a snack for participants. **We will accept 200 participants for the clinic.** To participate, fill out the form on this page and return it to the 4-H Office by October 23rd.

Pumpkin Workshop — 6:00 p.m.
Tuesday, October 29, 2019
Cecil McCrory Exhibit Building, Abbeville

We accept cash, money order, or checks, made out to: Vermilion 4-H. Registration is required for attendance!!! YOU MUST BRING A PUMPKIN TO PARTICIPATE IN THIS WORKSHOP!!

RETURN FORM to: Pumpkin Workshop, 1105 W. Port St., Abbeville, La. 70510
BY: October 23rd

_____ I will attend the workshop and want to PAINT my pumpkin. Cost \$5.00 each.

_____ I will attend and CARVE my pumpkin. I need a kit. Cost is \$7.00 each.

_____ I will attend and carve my pumpkin, but will bring my own kit - No charge for workshop.

NAME _____

DAYTIME PHONE _____

GRADE _____ SCHOOL _____

4-H Clothing Contest & Fashion Revue

Start stitching up a garment now, because the contest will soon be here! Garments will be due on **Monday, November 4, 2019**. Please read this information carefully because there have been changes to the structure of the contest from past years.

You may enter only one garment in each category. (Example – cannot enter 2 shirts). Categories are specific to grade divisions. Please read descriptions carefully.

4th – 5th Grade Categories:	6th – 7th Grade Categories: {All entries must be a complete outfit}	8th – 12th Grade Categories: {All entries must be a complete outfit}
A. Pants or Skirt: Includes bottoms like capris, pants, skirts, etc.	A. Casual Wear: Includes any complete outfit appropriate for a casual occasion. Does NOT include floor length skirts or very dressy outfits.	A. Casual Wear: Includes any complete outfit appropriate for a casual occasion. Does NOT include floor length skirts or very dressy outfits.
B. Shirt, Blouse or Top: Includes any top or shirt – must be made to fit member	B. Special Occasion: Includes any complete outfit for special wear such as prom, church, wedding, interview outfit, or dinner date/dance.	B. Special Occasion: Includes any complete outfit for special wear such as prom, church, wedding, interview outfit, or dinner date/dance.
<p>C. Simple Nightgown: One piece garment appropriate for sleepwear</p> <p>D. Any Other Garment: Any garment that does not fit into one of the categories above. Must be a garment that the member can wear and model for appearance judging.</p>	<p>C. Creative Choice: May be any type and for any occasion. Should be a selection that is especially suitable to the needs and personality of the 4-H'er and show some challenge in the clothing construction. Outfit must feature 5 or more of the following: bound buttonholes, collar or other neckline treatment, creative stitchery, cuffs, design that must be matched, gathers, ruffles, flounces, handmade accessory, lining, pleats or tucks, pockets, sleeves, special seam, tailored collar, trim or decorative detail, underlining, use of unusual fabrics, waistbands, or waistline, worked on 2 or more fabrics of different weight or textures, yoke, or zipper.</p>	<p>C. Creative Choice: May be any type and for any occasion. Should be a selection that is especially suitable to the needs and personality of the 4-H'er and show some challenge in the clothing construction. Outfit must feature 5 or more of the following: bound buttonholes, collar or other neckline treatment, creative stitchery, cuffs, design that must be matched, gathers, ruffles, flounces, handmade accessory, lining, pleats or tucks, pockets, sleeves, special seam, tailored collar, trim or decorative detail, underlining, use of unusual fabrics, waistbands, or waistline, worked on 2 or more fabrics of different weight or textures, yoke, or zipper.</p>

Turning In Your Garment:

Your garment should be put on a hanger labeled with your name, school, grade and contest category. You must also write a short description to be used in the Fashion Revue script. You can get ideas for your description from your pattern. Include information such as fabric content, color and design, garment style, accessories, appropriate places to wear garment, etc. Feel free to be creative with your description. Participation in the Fashion Revue is optional and not required for contest entry.

Monday, November 4, 2019 – turn in garment at the 4-H Office in Abbeville

The 4-H member must be present when turning in the garment this year – appearance judging will take place at this time. Garments are to be brought to the 4-H Office in Abbeville between **4:30 and 6:00 p.m.** At the time of submission, the member will be asked to try on the garment and model for the appearance judging portion of the contest. This will be done only with contestant and judges – no audience. Members will go in the order that they arrive. The appearance scoresheet can be found below for reference. Members will leave their garment with contest officials after appearance judging. Construction judging of garments will take place between turn-in date and Fashion Revue date.

Thursday, November 21, 2019 – Fashion Revue at Abbeville High School

A Fashion Revue will be held on the AHS stage at 6:00 p.m. at the beginning of the Personal Development Contest. Garments will be transported to Abbeville High School for you. Clothing contest members should plan to arrive at AHS at 5:00 p.m. to pick up garments and practice for Fashion Revue. Participation in the Fashion Revue is **optional** and will not affect your contest placing. Contest results will be awarded at the end of the Fashion Revue. If a member chooses not to participate in the Fashion Revue, they should still plan to pick up the garment at AHS that evening.

Appearance Scoresheet
Design: Line and design approximate to model; color complimentary to size and model; fabric suitable to pattern; length flattering to model. (10 points)
Fit: Smooth fit without wrinkles; correct amount of ease; undergarments appropriate to outfit. Areas of fit to be considered are neckline, shoulders, bust, waist, hips and abdomen. (20 points)
Accessories: Appropriate to outfit; complimentary to size of individual; (consider color, texture, size) are they needed? (10 points)
Presentation: Grooming and general appearance – hair, makeup, nails, neatness, posture, poise, pleasant expression, at ease, confident, shows off garment well. (10 points)



(Cut on dotted line and return bottom portion with garment)



Name: _____

School: _____ Grade: _____

Category: _____

Please check one of these:

I plan to model my outfit in the Fashion Revue

I WILL NOT model in the Fashion Revue

Write a short description of your garment here: (use your pattern to get ideas)

4-H Dog & Pet Show



DATE: Monday, October 21, 2019
PLACE: Cecil McCrory Exhibit Building
1105 W. Port Street, Abbeville
REGISTRATION: 8:30 - 9:00 a.m.
SHOW BEGINS: 9:00 a.m.

Rules and Regulations:

- Exhibitors must be a Vermilion 4-H'er, but it is not necessary to be enrolled in the dog or pet project.
- All dogs must be on a leash while at the show.
- All dogs must be well behaved (no biting, excessive barking or lunging at people) and under control at all times. Disruptive dogs will be disqualified and removed from the building.
- All dogs and pets must be either owned by or cared for by the exhibitor.
- An exhibitor may show one or more dogs or pets, but can enter each class only once.
- Only animals in good health may participate. Sick dogs or dogs with skin disorders may not participate. Proof of dog's rabies vaccination (tags or certificate) must be shown at registration.
- Any form of abuse applied to animals may lead to disqualification.
- Exhibitors will be responsible for cleaning up after their animals.
- Ribbons will be given to the first five places in each class and in each division (4-5; 6-8; 9-12).
- ***Livestock (beef, dairy, swine, sheep, goats, rabbits, horses, and poultry) are not allowed in this competition.***

Dog Classes include:

1. Best Groomed Dog
2. Most Obedient Dog
3. Exhibitor-Dog-Look-A-Like Contest

Pet Classes Include:

1. **CATS:**
 - a. Must be leashed or caged
 - b. Will be judged on cleanliness, grooming, and conformation
2. **MARINE:**
 - a. Must be restrained in an aquarium, cage, etc.
 - b. This class will include fish, shellfish, reptiles, and amphibians
 - c. The criteria for judging will be decided upon by the judges once the variety of the exhibits in the class has been viewed.
3. **MISCELLANEOUS:**
 - a. Any pet not fitting into any of the previous categories will be placed in this category
 - b. The criteria for judging will be decided upon by the judges once the variety of the exhibits in the class has been viewed
4. **MOST UNUSUAL PET:**
 - a. All species will be judged in one class
 - b. Dogs are not allowed in this competition
 - c. Judging criteria will be based upon the variety of exhibits in the class
 - d. Entries in this class must have been shown in one of the first three classes in the Pet Show Division
5. **BEST DRESSED PET:**
 - a. All species will be judged in one class
 - b. The criteria for judging will be based on final appearance and creativity
 - c. Entries in this class must have been shown in one of the first three classes (cat, marine, or miscellaneous)
 - d. Dogs are not allowed in this class

* THE SHOW SPONSORS AND ORGANIZERS ASSUME NO RESPONSIBILITY FOR ANY LOSS, DAMAGE, OR INJURY SUSTAINED BY EXHIBITORS, HANDLERS, OR TO ANY OF THEIR PETS OR PROPERTY.

* CONTEST SPONSORS RESERVE THE RIGHT TO DISMISS ANY PET OR EXHIBITOR DEEMED UNFIT FOR COMPETITION.



Rice and Ground Beef Cookery Contest

The Rice and Ground Beef Cookery Contest will be held on Monday, October 21, at the 4-H Office Meeting Room in Abbeville. Registration of the dishes will be from 9:00 - 9:30 a.m. and judging will begin at 10:00 a.m. Contestants must be a current 4-H member. Dishes may be picked up once judging is complete, which should be around noon.

For Food Safety Concerns, after preparation, the food entry must be chilled to refrigerator temperature. Dishes must be transported on ice, in an ice chest to the contest. Even dishes that are not normally refrigerated, (cakes, cookies, etc.) must be turned in cold. Dishes not chilled and transported in this manner will not be eligible to place 1st. No recipe containing raw eggs will be accepted.

Only 4 servings of the dish are to be submitted - NOT the entire dish. No placemats, flower arrangements, or additional decorative items will be allowed.

First Place in each category will be eligible to compete in the Area Cookery Contest on March 24, 2020 in Crowley. **A member may enter only one dish in each category.**

RICE COOKERY CONTEST RULES

Categories:

- Rice Main Dish
- Rice Side Dish
- Rice Dessert

General Requirements

- * **Bring a prepared rice dish to the contest.** The dish must contain at least one (1) cup of cooked rice. Wild rice is not a cultivated rice in Louisiana and does not meet the requirement of 1 cup of rice. Dishes containing rice products, such as rice cereal, rice flour, etc. must also contain cooked rice. Example: Traditional rice krispie treats do not meet the contest requirements.
- **Bring one copy of the recipe to the contest.** The recipe must contain the name of the dish, how much rice it contains, and clear preparation instructions.
- **ON BACK of recipe - please print child's name, school and grade.**
- **REMEMBER!!! Only bring 4 servings of the recipe to enter in the contest.**
- **DO NOT BRING THE ENTIRE DISH!!**



GROUND BEEF COOKERY CONTEST RULES

Note: For each category, a minimum of one (1) pound of **GROUND BEEF** must be used.

Only 4 servings of the dish are to be submitted - not the entire dish.

Categories:

1. **Low Calorie Main Dish** --- The dish should have less than 300 calories per serving. Please indicate calories per serving on recipe.
 2. **Quick & Easy Main Dish** --- The dish should be ready to serve in less than one (1) hour. The time for each step and for cooking or baking must be written on the recipe.
 3. **One Dish Meal** --- The dish should provide foods from at least three of the five main food groups of the "My Plate" food guide. Write food groups on the recipe. Food groups include: grain, vegetable, fruit, protein and dairy.
- **Bring one copy of the recipe to the contest.** The recipe must contain the name of the dish, how much ground beef it contains, list all ingredients, and clear preparation instructions.
 - **ON BACK of recipe - please print child's name, school and grade.**
 - **REMEMBER!!! Only bring 4 servings of the recipe to enter in the contest.**
 - **DO NOT BRING THE ENTIRE DISH!!**



4-H Bike Rodeo

DATE: Monday, October 21, 2019

PLACE: Cecil McCrory Exhibit Building, 1105 W. Port St., Abbeville

REGISTRATION: 12:30 - 1:00 p.m.

BIKE RODEO STARTS: 1:00 p.m.

The Bike Rodeo is open to any Vermilion Parish 4-H club member. A participant must compete in all obstacles to be eligible for a ribbon. It is suggested that you bring your own bike. The events are listed and explained below. Set them up at home and practice them for best results. Ribbons will be given to the champion in each division. Divisions will be: 4-5th; 6th-8th, and 9-12th grades.

Louisiana bicycling laws can be found online at <http://brgov.com/dept/planning/bike/lalaw.htm>

Below are a few of the laws related to bicycling:

Ø Traffic hand signals to be used by cyclists on Louisiana roads can be found on the next page. **These hand signals should be used during the competition at the Bike Rodeo.**

Ø With regard to any bicycle used on a public roadway, public bicycle path, or other public right-of-way, no parent, guardian, or person with legal responsibility for the safety and welfare of a child shall knowingly allow any of the following:

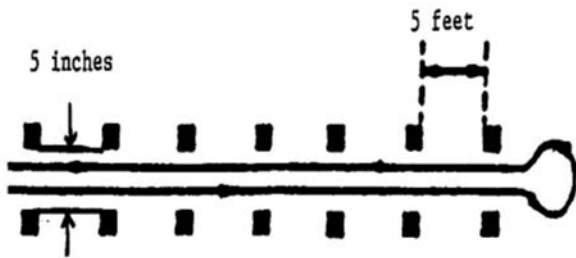
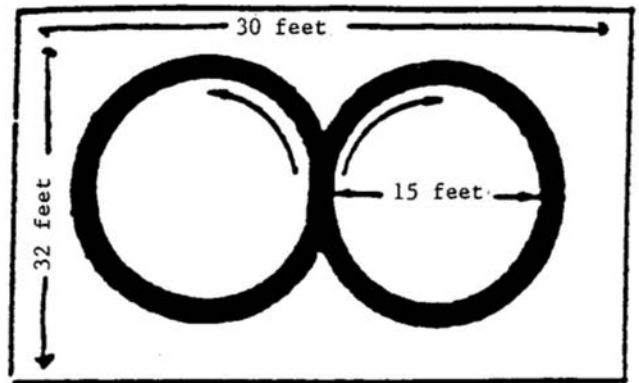
- Such child under the age of twelve to operate or ride as a passenger on a bicycle without wearing an approved helmet of good fit fastened securely upon the head with the straps of the helmet.
- Such child who weighs less than forty pounds or is less than forty inches in height to be a passenger on a bicycle without being properly seated in and adequately secured to a restraining seat.

Obstacles are as follows:

FIGURE EIGHT STEERING - The rider takes a moving start and makes 3 complete figure eights within the lane.

Scoring: Two demerits each time foot touches ground.

Three demerits each time tire touches any border line. Ten demerits for breaking pattern.



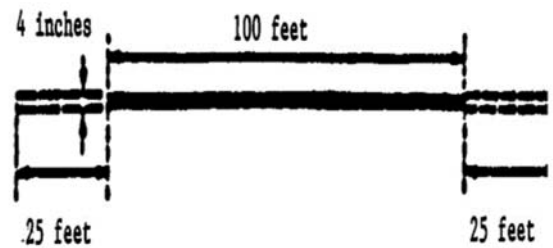
DOUBLE OBSTACLE—From a riding start, the rider maneuvers slowly, between the pairs of obstacles. When the rider has gone the entire distance, he or she turns and repeats the ride in the opposite direction.

Scoring: Two demerits each time foot touches ground.

Two demerits each time tire touches obstacle. Ten demerits for not passing between every pair.

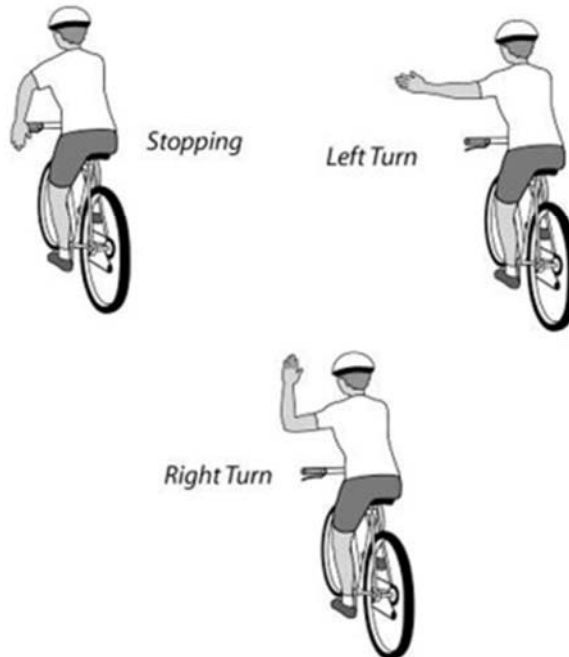
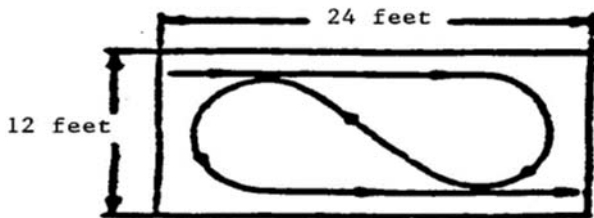
STRAIGHT-LINE — From a riding start, the rider travels the entire length of the line with both tires touching the line at all times.

Scoring: One demerit each time a tire leaves the line. Two demerits if foot touches ground. Five demerits for stopping.



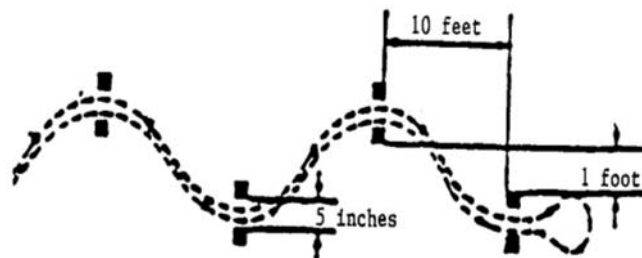
TURNING AROUND—The rider follows the pattern in the diagram giving proper turn signals for each turn.

Scoring: Two demerits each time foot touches ground. Five demerits for failing to give signal or for giving improper signals. Three demerits for touching border line with tires. Ten demerits for breaking pattern.



DOUBLE ZIG-ZAG OBSTACLE—From a riding start, the cyclist zig-zags between the pairs of obstacles. When the rider has traveled the entire distance, he or she turns and repeats the ride in the opposite direction.

Scoring: Two demerits for touching foot to ground. Two demerits each time a tire touches an obstacle. Ten demerits for not passing between every pair.



How to Contact the
4-H Office:

Mailing Address:

1105 W. Port Street
Abbeville, LA 70510

Phone number:

337-898-4335

Fax number:

337-893-7165

Email addresses:

Shannan Waits:

swaits@agcenter.lsu.edu

Hilton Waits:

hwaits@agcenter.lsu.edu

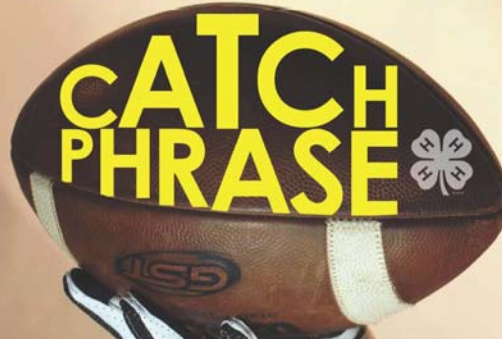
Natalie McElyea-Chittenden

nmcelyea@agcenter.lsu.edu

Sylvia "Tweety" Trahan:

strahan@agcenter.lsu.edu

4-H CAMP 2020



Theme Contest

What's a good theme for 4-H Summer Camp and Lost Camp?

Send us your most creative ideas for a slogan -- in (7) words or less. Illustrations must accompany the phrase and will be part of the contest. The contest is open to all 4-H Club members. The winning slogan will be one that is brief and "catchy," capturing the spirit of 4-H Camp Grant Walker. The slogan will be on all publicity for camp and the camp T-shirt, and the winner will receive a monetary award.

Think fast -- the deadline is:

Thursday, October 31, 2019



Submissions must also include the following:
Full name & age of person submitting the slogan
Parish/4-H Club
Complete mailing address
Telephone number



Winners will be selected by a committee of Agents and Camp Staff. The winner will be notified after selection in order for an official artist release so the winning entry can be used on summer camp promotional materials and t-shirts.

Deadline for receipt of **4-H Summer Camp** and **Lost Camp** entries is Thursday, October 31, 2019. Individuals may submit multiple entries and send together. Please make sure to indicate which entries are for 4-H Summer Camp and Lost Camp.



Mail all entries to the following address:
Grant Walker 4-H Educational Center
3000 Hwy. 8
Pollock, LA 71467

Sincerely,

Shannan Z. Waits
Extension Agent, 4-H
Vermilion Parish

Hilton Waits
County Agent, 4-H
Vermilion Parish

Natalie McElyea-Chittenden
4-H Program Assistant
Vermilion Parish

ATTENTION:

*If you need an accommodation
for a disability covered by the ADA, please
notify Hilton or Shannan Waits at 337-898-
4335 two weeks prior to the scheduled event.*