



6-8 Middle School Menu

AUGUST 2018

ALL BREAKFAST ENTREES
 Include Choice of:
FRUIT + 100% FRUIT JUICE + MILK

ALL LUNCH ENTREES
 Include Choice of:
FRUIT + VEGETABLES + MILK

MILK
 Includes Choice of:
 1% White,
 Fat Free White,
 Fat Free Chocolate (Lunch Only)&
 Fat Free Strawberry (Lunch Only)

DAILY FRUIT CHOICES
 May Include: Apples, Bananas,
 Oranges, Fruit Cocktail, Peaches,
 Pears, Pineapple and Applesauce

ALL GRAIN OPTIONS ARE WHOLE GRAIN

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		15 Good Morning Kolache <hr/> UNO Pepperoni Pizza Pumping Iron Burrito w/Cheese Sauce Broccoli Tree Tops Sweet Waffle Fries	16 Lucky Charms Cereal <hr/> Country Style Steak w/Bread or Toasty Turkey Ham & Cheese Sandwich Great Green Beans Fluffy Mashed Potatoes	17 Mini Blueberry Bash Waffles <hr/> Golden Baked Chicken Nuggets w/Macaroni & Cheese or World Famous Corn Dog Perfect Peas & Carrots Chili Hot Beans
20 Strawberry Pop Tarts <hr/> All-American Hot Dog or UNO Pepperoni Pizza Tator Tots Chili Hot Beans	21 Cinnamon Glazed French Toast Sticks <hr/> Breaded Steak Fingers w/ Macaroni & Cheese or Chicken Parmesan w/Bread Broccoli Tree Tops X-Ray Vision Carrots	22 Breakfast Bar w/Toast <hr/> Tamales w/Spanish Rice & Beans or Classic Cheeseburger or Grilled Chicken Garden Salad Fresh Garden Salad Sweet Waffle Fries	23 Cocoa Puffs Cereal <hr/> Chicken Fillet Sandwich or UNO Pepperoni Pizza Fresh Garden Salad Awesome Broccoli Normandy	24 Goody Bun <hr/> Italian Spaghetti w/Meat Sauce or Toasty Turkey Ham & Cheese Sandwich Great Green Beans X-Ray Vision Carrots
27 Double Chocolate Muffin <hr/> Frito Pie or UNO Pepperoni Pizza Sweet Waffle Fries Great Green Beans	28 Mini Maple Pancakes <hr/> Fantastic Fish Sticks w/Macaroni & Cheese or World Famous Corn Dog Broccoli Tree Tops Chili Hot Beans	29 Ham & Cheese Croissant <hr/> Pepperoni Calzone or Crispy Chicken Burger or Tuna Garden Salad Tator Tots Fresh Garden Salad	30 Cinnamon Toast Crunch Cereal <hr/> Crispy Beef Taco Twins or UNO Pepperoni Pizza Fresh Garden Salad X-Ray Vision Carrots	31 Bean & Cheese a.m. Burrito <hr/> Boneless Buffalo Wings w/Bread or Emperor Chicken w/Asian Rice Whole Kernel Corn Awesome Broccoli Normandy

Menu is subject to change due to delivery of commodities, inclement weather and/or availability of food items.

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability.
 To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (800) 795-3272 or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.