

9-12 High School Menu



AUGUST 2018

ALL BREAKFAST ENTREES
 Include Choice of:
 FRUIT + 100% FRUIT JUICE + MILK

ALL LUNCH ENTREES
 Include Choice of:
 FRUITS + VEGETABLES + MILK

MILK
 Includes Choice of:
 1% White,
 Fat Free White,
 Fat Free Chocolate &
 Fat Free Strawberry

DAILY FRUIT CHOICES
 May Include: Apples, Bananas,
 Oranges, Fruit Cocktail, Peaches,
 Pears, Pineapple and Applesauce

ALL GRAIN OPTIONS ARE WHOLE GRAIN

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		15 Mini Blueberry Bash Waffles <hr/> UNO Pepperoni Pizza Pumping Iron Burrito w/Cheese Sauce Broccoli Florets Sweet Waffle Fries	16 Lucky Charms Cereal <hr/> Country Style Steak w/Bread or Toasty Turkey Ham & Cheese Sandwich w/Doritos Green Beans Fluffy Mashed Potatoes	17 Good Morning Kolache <hr/> Golden Baked Chicken Nuggets w/Macaroni & Cheese or World Famous Corn Dog w/Cheetos Chili Hot Beans Sweet Crinkle Fries
20 Strawberry Pop Tarts <hr/> All-American Hot Dog w/ Doritos or UNO Pepperoni Pizza Tator Tots Chili Hot Beans	21 Cinnamon Glazed French Toast Sticks <hr/> Breaded Steak Fingers w/ Macaroni & Cheese or Chicken Parmesan w/Bread Broccoli Florets Carrots	22 Breakfast Bar w/Toast <hr/> Tamales w/Spanish Rice & Beans or Classic Cheeseburger or Grilled Chicken Garden Salad Fresh Garden Salad Sweet Waffle Fries	23 Cocoa Puffs Cereal <hr/> Chicken Fillet Sandwich or UNO Pepperoni Pizza Fresh Garden Salad Broccoli Normandy	24 Goody Bun <hr/> Italian Spaghetti w/Meat Sauce or Toasty Turkey Ham & Cheese Sandwich w/Doritos Green Beans Carrots
27 Double Chocolate Muffin <hr/> Frito Pie or UNO Pepperoni Pizza Sweet Waffle Fries Green Beans	28 Mini Maple Pancakes <hr/> Fantastic Fish Sticks w/Macaroni & Cheese or World Famous Corn Dog w/Cheetos Broccoli Florets Chili Hot Beans	29 Ham & Cheese Croissant <hr/> Pepperoni Calzone or Crispy Chicken Burger or Tuna Garden Salad Tator Tots Fresh Garden Salad	30 Cinnamon Toast Crunch Cereal <hr/> Crispy Beef Tacos or UNO Pepperoni Pizza Fresh Garden Salad Carrots	31 Bean & Cheese a.m. Burrito <hr/> Boneless Buffalo Wings w/Bread or Emperor Chicken w/Asian Rice Whole Kernel Corn Broccoli Normandy

Menu is subject to change due to delivery of commodities, inclement weather and/or availability of food items.

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