

Choice of milk each day

Monday

Tuesday

Wednesday

Thursday

Friday

**NO SCHOOL –
LABOR DAY**

6 Meatloaf or Shepard's pie
Mashed potatoes w/gravy
green beans
whole-grain mini biscuit
applesauce
plums

7 Red beans, sausage & rice
cooked carrots
cornbread
pears
orange

8 spaghetti & meat sauce
mixed peas & carrots
garden salad/dressing
bread stick WW
melon cup
banana

9 Beef burrito or
cheese quesadilla
Spanish rice
taco salad cup w/shredded cheese
whole-kernel corn
strawberry cup, apple

10 hot dog or corn dog
chili cup
French fries/catsup
broccoli w/cheese
peaches
orange

11 chicken nuggets or chicken
patty (breaded or grilled)
white cheddar mac-n-cheese
yam patty, green beans
apricots
banana

12 pork roast, rice & gravy
black-eyed peas
whole-kernel corn
fruit cocktail
grapes
chocolate graham crackers

13 nachos (meat, cheese, sauce,
tortilla chips) or chicken taquito
Mexican style beans
lettuce/tomato cup
blueberries
raisins

14 cheeseburger or grilled
cheese sandwich
onion rings/catsup
pears with shredded cheese
cup
apple

15 chicken fried beef patty
or fingers with mashed
potatoes w/gravy
whole-grain breadstick
great northern or navy beans
fruit cocktail, plums

16 chili mac w/whole-grain biscuit
or chili over cornbread bowl
cooked carrots
creamy coleslaw
pineapple tidbits
banana

17 BBQ OR lemon baked
chicken, baked beans
sweet potato w/orange glaze,
whole wheat roll
peaches
apple

18 chicken/vegetable egg
roll or orange chicken
fried rice
vegetable melody (Cali bld)
mandarin oranges
pears, sugar cookie

19 pizza (stuffed crust or plain)
sweet peas
garden salad/dressing
melon cup
banana

20 chicken Philly sub
French fries/catsup
cauliflower w/hummus
fruit cocktail
raisins
brownie bite

21 BBQ chicken Totchos
or potato rounds w/cheese
garden salad/dressing
green beans
applesauce, orange
graham crackers

22 chicken sauce picante
or turkey roast w/gravy
rice
lima beans
potato salad
strawberry cup, banana

23 turkey crunchy taco or
chicken soft taco, salsa
taco salad cup w/shredded
cheese
refried beans
peaches

DISCLAIMER: Please note that breakfast and lunch menus are subject to change without notice due to the availability of products from our distributors, staff shortage, and school closures.

