

NOVEMBER 2019

Allen Parish Schools

Thursday **Tuesday Friday** Monday Wednesday fish patty/catsup Choice of milk each day scalloped potatoes green beans pears raisins chicken patty (breaded or red beans & sausage 5 chicken/vegetable egg roll/ hot ham/cheese po'boy / sloppy joe or cheeseburge sweet potato fries/catsup grilled)/catsup fried rice rice onion rings/catsup garden salad/dressing cornbread mashed potatoes/gravy vegetable melody (Cali. Blend) pears w/shredded cooked carrots lima beans mandarin oranges croutons cheese cup pineapple tidbits peaches apricots apple banana sugar cookie plums banana melon cup chicken sauce picante 13 corn dog/mustard chili mac pizza pocket (cheese 15 nachos (meat, French fries /catsup cheese sauce, tortilla chips) or cheese & pepperoni) yam patty rice green beans Carrots sticks/ranch dressing creamy coleslaw Mexican style beans cream style corn Lettuce/tomato cup garden salad/dressing Pear halves whole wheat roll potato salad Banana strawberry cup pineapple rings/cherry peaches Melon cup brownie bite fruit cocktail orange blueberries banana grilled cheese sandwich? BBQ rib burger/bun 18 meatloaf chicken nuggets/catsup() Thanksgiving meal **91** mashed potatoes/gravy Turkey roast/gravy vegetable soup sweet potato fries/catsup macaroni-n-cheese lettuce/tomato cup green beans cornbread dressing cheddar crackers. WG mustard greens lima beans, cranberry sauce celery sticks/ranch dressing whole wheat roll peaches strawberry cup apple crisp apricots blueberries apple banana plums mixed fruit cup orange 26 27 25 28 29 No School -No School -No School -No School -No School -Holiday Holiday Holiday Holiday Holiday

DISCLAIMER: Please note that breakfast and lunch menus are subject to change without notice due to the availability of products from our distributors, staff shortage, and school closures.

This institution is an equal opportunity provider.

