

Meal Prices	Breakfast	Lunch
Full Price Student	\$.80	\$1.75
Reduced Student	\$.30	\$.40
Adult/Visitor	\$2.15	\$3.75

Atkins Elementary/Middle Menu



2020

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>B: Breakfast Pizza or Cereal, Muffin Fruit Juice, Fruit L: Line 1 Line 2 Grilled Cheese Sandwich Hotdog Vegetable Beef Soup/Crackers Baby Carrots/Lite Ranch Applesauce, Fresh Fruit</p>	<p>3</p> <p>B: Pancakes/Syrup or Cereal, Graham Crackers, String Cheese, Fruit Juice, Fruit L: Line 1 & Line 2 Chicken Nuggets/Roll Mashed Potatoes Steamed Broccoli Fresh Grapes, Sliced Pears</p>	<p>4</p> <p>B: Chicken Biscuit or Cereal, Poptart, Fruit Juice, Fruit L: Line 1 Line 2 Hamburger Ham/Cheese Pocket Tater Tots/Ketchup Lettuce, Pickle Slices Orange Smiles, Mixed Fruit</p>	<p>5</p> <p>B: Mini Breakfast Slider or Cereal, Muffin String Cheese, Fruit, Juice L: Line 1 Line 2 Orange Chicken/Rice Pepperoni Pizza Tossed Salad/Lite Ranch Dressing Mixed Vegetables Peaches Fresh Fruit,</p>	<p>6</p> <p>B: Egg & Cheese Biscuit & Jelly or Cereal, Toast/Jelly, Fruit Juice, Fruit L: Line 1 Line 2 Soft Beef Taco Turkey/Cheese Melt Tortilla Chips/Salsa Lettuce & Tomatoes, Pinto Beans Pineapple Chunks, Fresh Fruit</p>
<p>9</p> <p>B: Sausage Biscuit or Cereal, Muffin Fruit Juice, Fruit, L: Line 1 Line 2 Brd Beef Sticks Baked Fish Shapes Macaroni & Cheese Blackeyed Peas Fresh Apple Wedges, Mixed Fruit</p>	<p>10</p> <p>B: Bacon Scramble or Cereal, Graham Crackers String Cheese, Fruit Juice, Fruit L: Line 1 Line 2 Taco Burger Hot Ham/Cheese on Bun Quick Baked Potato Dill Pickle Spear Sliced Strawberries, Fresh Fruit, Yellow Cake</p>	<p>11</p> <p>B: French Toast Sticks or Cereal, Poptart Fruit Juice, Fruit, L: Line 1 Line 2 Chicken Strips/Roll Mozzarella Sticks Ketchup Marinara Sauce Green Beans Tossed Salad/Lite Ranch Dressing Fresh Grapes, Sliced Pears</p>	<p>12</p> <p>B: Biscuit & Gravy or Cereal, Muffin, String Cheese, Fruit, Juice L: Line 1 Line 2 Hamburger Crispy Chicken Sandwich French Fries/Ketchup Lettuce, Pickle Slices Orange Smiles, Applesauce</p>	<p>13</p> <p>B: Pancake Sausage on Stick, or Cereal, Toast/Jelly, Fruit Juice, Fruit Line 1 Line 2 Spaghetti/Meat Sauce Mini Corndogs Garlic Toast Graham Crackers Tossed Salad/Lite Ranch Dressing Peas & Carrots Mixed Fruit, Fresh Fruit</p>
<p>16</p> <p>B: Breakfast Pizza or Cereal, Muffin Fruit Juice, Fruit, L: Line 1 Line 2 Popcorn Chicken/Roll Cheese Pizza Veggie Cup/Lite Ranch Dressing Green Beans Sliced Pears, Fresh Fruit</p>	<p>17</p> <p>B: Pancakes/Syrup or Cereal, Graham Crackers, String Cheese, Fruit Juice, Fruit, L: Line 1 Line 2 Frito Chili Pie Turkey/Cheese Melt Cheez it Crackers, Whole Kernal Corn Tossed Salad/Lite Ranch Dressing Pineapple Chunks, Fresh Fruit,</p>	<p>18</p> <p>B: Chicken Biscuit or Cereal, Poptart, Fruit Juice, Fruit, Line 1 Line 2 Cheesy Chicken Nacho Grilled Chicken on Bun Tossed Salad/Lite Ranch Dressing Pinto Beans Fresh Apple Wedges, Mixed Fruit, Muffin</p>	<p>19</p> <p>B: Mini Breakfast Slider or Cereal, Muffin String Cheese, Fruit, Juice L: Line 1 Line 2 Char Steak/Gravy Chicken Strips/Ketchup Mashed Potatoes, Roll Steamed Carrots Sliced Peaches, Fresh Fruit</p>	<p>20</p> <p>B: Egg & Cheese Biscuit & Jelly or Cereal, Toast/Jelly, Fruit Juice, Fruit Line 1 Line 2 Hamburger Baked Chips, Baked Beans Lettuce, Pickle Slices Orange Smiles, Mixed Fruit</p>
<p>23</p>	<p>24</p>	<p>25</p>	<p>26</p>	<p>27</p>
<p>30</p> <p>B: Sausage Biscuit or Cereal, Muffin Fruit Juice, Fruit, L: Line 1 Line 2 Chicken Nuggets/Roll Beef/Bean Burrito Whole Kernel Corn Tossed Salad/Lite Ranch Dressing Sliced Pears, Fresh Fruit</p>	<p>31</p> <p>B Bacon Scramble or Cereal Graham Crackers String Cheese, Fruit Juice, Fruit L: Line 1 Line 2 Hamburger Crispy Chicken Sandwich Tater Tots/Ketchup Lettuce, Pickle Slices Orange Smiles, Mixed Fruit</p>			<p>Milk Available with all meals White 1% lowfat or Skim Chocolate</p>

B: Breakfast- L: Lunch

Menu Subject to Change

This institution is an equal opportunity provider.