

EVANGELINE PARISH SCHOOLS
BREAKFAST MENUS FOR JANUARY 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7 STAFF DEVELOPMENT	8 Biscuit Cheese Omelet 100% Fruit Juice Pears Milk Choice Syrup	9 Whole Grain Waffles Sausage Patty 100% Fruit Juice Raisins Milk Choice	10 French Toast Sausage Links 100% Fruit Juice Mixed Fruit Milk Choice Syrup	11 Eggstravaganza Biscuit 100% Fruit Juice Orange Slices Milk Choice Jelly
14 Muffin Yogurt 100% Fruit Juice Fresh Banana Milk Choice	15 Sausage Patty Biscuit 100% Fruit Juice Peaches Milk Choice Jelly	16 Buttered Toast Eggstravaganza Mixed Fruit 100% Fruit Juice Milk Choice Jelly	17 Pancakes Sausage Patty Pineapple Chunks 100% Fruit Juice Milk Choice Syrup	18 Scrambled Eggs Biscuit 100% Fruit Juice Mixed Fruit Milk Choice Jelly
21 DR. MLK HOLIDAY NO SCHOOL	22 STAFF DEVELOPMENT	23 Breakfast Pizza Pineapple Chunks 100% Fruit Juice Milk Choice	24 Breakfast Stick 100% Fruit Juice Applesauce Milk Choice Syrup	25 Biscuit Egg Patty 100% Fruit Juice Peaches Milk Choice Jelly
28 Waffles Sausage Links Mixed Fruit 100% Fruit Juice Milk Choice Syrup	29 Biscuit Scrambled Eggs 100% Fruit Juice Applesauce Milk Choice Jelly	30 Cheese Toast Yogurt Pineapple Chunks 100% Fruit Juice Milk Choice	31 WG French Toast Sausage Patty 100% Fruit Juice Raisins Milk Choice Syrup	Feb 1 Biscuit Cheese Omelet 100% Fruit Juice Banana Milk Choice Jelly

EVANGELINE PARISH SCHOOLS
LUNCH MENUS FOR JANUARY 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7 STAFF DEVELOPMENT	8 Taco Soup Tortilla Chips Seasoned Corn Steamed Carrots Applesauce Salsa Milk Choice	9 Braised Pork & Sausage Steamed Rice Sweet Potatoes Seasoned Black Eyed Peas Peaches Cornbread Square Milk Choice	10 Chicken Smackers Macaroni & Cheese Baked Beans Green Beans Peaches Milk Hot Roll	11 Shrimp Creole Steamed Rice Romaine Salad w/LF Ranch Smothered Potatoes Strawberry Cup Hot Roll Milk Choice
14 Spaghetti & Meat Sauce Green Beans Coleslaw Orange Slices Whole Grain Garlic Roll Milk Choice	15 Chicken Stew Steamed Rice Glazed Sweet Potatoes Green Peas Mixed Fruit Cornbread Square Milk Choice	16 Riblet on Sub Roll Baked Beans Romaine Salad/Tomatoes w/LF Ranch Pineapple Chunks Milk Choice	17 Baked Chicken Rice Dressing Black Eyed Peas Romaine Salad w/LF Ranch Peaches Hot Roll Milk Choice	18 Pepperoni Pizza Seasoned Corn Carrot & Celery Sticks Low Fat Ranch Strawberry Cup Milk Choice
21 DR. MLK HOLIDAY NO SCHOOL	22 STAFF DEVELOPMENT	23 Red Beans & Sausage Steamed Rice Broccoli & Cheese Cucumbers & Celery w/Ranch Mixed Fruit Cornbread Milk Choice	24 Pork Meatball Stew Steamed Rice Smothered Potatoes Seasoned Green Beans Pears Hot Roll Milk Choice	25 Super Burger Baked Beans Potato Rounds Sliced Oranges Condiments Milk Choice
28 Pork Meatball Stew Steamed Rice Steamed Carrots Sweet Peas Hot Roll Strawberry Cup Milk Choice	29 Chicken & Sausage Creole Steamed Rice Creole Okra Sweet Potatoes Sliced Peaches Wheat Roll Milk Choice	30 Chili Dog on Sub Roll Baked Beans Baked French Fries Orange Wedges Milk Choice Catsup	31 Baked Turkey Steamed Rice & Gravy Broccoli & Cheese Sauce Seasoned Black Eyed Peas Mixed Fruit Wheat Roll Milk Choice	Feb 1 Ham & Cheese Sandwich Baked Potato Soup Baby Carrots Low Fat Ranch Fresh Apple Slices Milk Choice Condiments