

April 2019- Breakfast Menu Perryton ISD Grades Pre-K-12

MEALS ARE SUBJECT TO LATE CHANGE DUE TO PRODUCT AVAILABILITY

Monday	Tuesday	Wednesday	Thursday	Friday
1 BREAKFAST PIZZA OR CEREAL /TOAST FRUIT FRUIT JUICE MILK PRE-K –BREAKFAST PIZZA, FRUIT, WHITE MILK	2 CHICKEN & BISCUITS OR CEREAL BAR/YOGURT FRUIT FRUIT JUICE MILK PRE-K CHICKEN N BISCUITS, FRUIT, WHITE MILK	3 POWER BREAKFAST-BISCUIT/SCRAMBLED EGGS/GRAVY/BACON OR MUFFIN/YOGURT FRUIT FRUIT JUICE MILK PRE-K- POWER BREAKFAST, FRUIT, WHITE MILK	4 PANCAKE MINIS/YOGURT OR BREAKFAST CRACKERS/ CHEESE STICK FRUIT FRUIT JUICE MILK PRE-K-CEREAL, TOAST, FRUIT, WHITE MILK	5 CINNAMON ROLL/SAUSAGE OR YOGURT/MUFFIN FRUIT FRUIT JUICE MILK PRE-K –MUFFIN, YOGURT, FRUIT, WHITE MILK
8 PANCAKES/BACON OR CEREAL/TOAST FRUIT FRUIT JUICE MILK PRE-K-PANCAKES, BACON, FRUIT, WHITE MILK	9 SUNRISE SANDWICH-BAGEL, CHEESE, HAM, EGG PATTY OR STRUDEL/CHEESE STICK FRUIT FRUIT JUICE MILK PRE-K-SUNRISE SANDWICH, FRUIT, WHITE MILK	10 FRENCH TOAST/SAUSAGE OR MUFFIN/ YOGURT FRUIT FRUIT JUICE MILK PRE-K-FRENCH TOAST, SAUSAGE, FRUIT, WHITE MILK	11 OATMEAL/ CINNAMON TOAST YOGURT OR BREAKFAST CRACKER/CHEESE STICK FRUIT FRUIT JUICE MILK PRE-K-OATMEAL, CINNAMON TOAST, YOGURT, FRUIT, WHITE MILK	12 BREAKFAST BURRITO/HASHBROWNS OR CEREAL/TOAST FRUIT FRUIT JUICE MILK PRE-K-BREAKFAST BURRITO, HASHBROWNS, FRUIT, WHITE MILK
15 BREAKFAST COOKIE/YOGURT OR CEREAL/TOAST FRUIT FRUIT JUICE MILK PRE-K-CEREAL, TOAST, FRUIT, WHITE MILK	16 CHEESE OMELET/TOAST OR STREUDEL/CHEESE STICK FRUIT FRUIT JUICE MILK PRE-K-CHEESE OMELET, TOAST, FRUIT, WHITE MILK	17 WAFFLES/SAUSAGE OR MUFFIN/YOGURT FRUIT FRUIT JUICE MILK PRE-K-WAFFLES, SAUSAGE, FRUIT, WHITE MILK	18 BREAKFAST PIZZA OR BREAKFAST CRACKER/CHEESE STICK FRUIT FRUIT JUICE MILK PRE-K-BREAKFAST PIZZA, FRUIT, WHITE MILK	19 NO SCHOOL HOLIDAY
22 NO SCHOOL HOLIDAY	23 BREAKFAST BURRITO/HASHBROWNS OR STREUDEL/CHEESE STICK FRUIT FRUIT JUICE MILK PRE-K-BURRITO, HASHBROWNS, FRUIT, WHITE MILK	24 POWER BREAKFAST-BISCUIT/SCRAMBLED EGGS/GRAVY/BACON OR MUFFIN/YOGURT FRUIT FRUIT JUICE MILK PRE-K-POWER BREAKFAST, FRUIT, WHITE MILK	25 BREAKFAST BREAD/YOGURT OR BREAKFAST CRACKERS/CHEESE STICK FRUIT FRUIT JUICE MILK PRE-K-BREAKFAST BREAD, YOGURT, FRUIT, WHITE MILK	26 BREAKFAST SANDWICH-EGG/CHEESE OR CEREAL/TOAST FRUIT FRUIT JUICE MILK PRE-K-BREAKFAST SANDWICH, FRUIT, WHITE MILK

For Breakfast only: Meat/Meat Alternates credit as Grain Alternates

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April 2019 Lunch Menu Perryton ISD Grades Pre-K-12

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Monday	Tuesday	Wednesday	Thursday	Friday
1 ENCHILADAS/SALSA PINTO BEANS CORN FRESH FRUIT RICE KRISPIE TREAT MILK OR JH/HS SALAD ENTRÉE, FRUIT, MILK	2 CHILI CHEESE COMBO-CHILI, CHEESE, TATOR TOTS, CORNBREAD FRESH BROCCOLI/BABY CARROTS CUP MIXED FRUIT MILK OR JH/HS SALAD ENTRÉE, FRUIT, MILK	3 CHICKEN NUGGETS MACARONI AND CHEESE GREEN BEANS TOSSED SALAD STRAWBERRIES MILK OR JH/HS SALAD ENTRÉE, FRUIT, MILK	4 PIZZA CORN RED BELL PEPPERS/CHERRY TOMATOES FRUITY GELATIN MILK OR JH/HS SALAD ENTRÉE, FRUIT, MILK	5 HAMBURGERS/CHEESEBURGER LETTUCE/TOMATO/PICKLES CUCUMBER SLICES BABY CARROTS APPLESAUCE COOKIE MILK OR JH/HS SALAD ENTRÉE, FRUIT, MILK
8 STEAK FINGERS/GRAVY ROLL MASHED POTATOES SLICED CARROTS STRAWBERRIES/BANANAS MILK OR JH/HS SALAD ENTRÉE, FRUIT, MILK	9 SPAGHETTI/BREADSTICK TOSSED SALAD ITALIAN VEGETABLES FRUIT CUP CHOCOLATE/VANILLA PUDDING MILK OR JH/HS SALAD ENTRÉE, FRUIT, MILK	10 BONELESS CHICKEN WINGS CELERY STICKS/BABY CARROTS CORNBREAD ORANGE BROWNIE/MILK OR JH/HS SALAD ENTRÉE, FRUIT, MILK	11 MEXICAN PLATE-TACO/TAMALE SPANISH RICE/SALSA CORN PINTO BEANS LETTUCE/TOMATO GARNISH FRESH FRUIT MILK OR JH/HS SALAD ENTRÉE, FRUIT, MILK	12 FRENCH BREAD PIZZA MARINARA SAUCE STEAMED BROCCOLI FRENCH FRIES PEAR CUPS MILK OR JH/HS SALAD ENTRÉE, FRUIT, MILK
15 CHICKEN DRUMSTICK SLICED CARROTS CORN APPLESAUCE COOKIE MILK OR JH/HS SALAD ENTRÉE, FRUIT, MILK	16 CRISPY TACOS/SALSA SPANISH RICE PINTO BEANS LETTUCE/TOMATO GARNISH BROCCOLI/BABY CARROT CUP FRESH ORANGES MILK OR JH/HS SALAD ENTRÉE, FRUIT, MILK	17 CHICKEN NUGGETS MASHED POTATOES/GRAVY ROLL TOSSED SALAD PEARS MILK OR JH/HS SALAD ENTRÉE, FRUIT, MILK	18 HOT DOGS FRENCH FRIES BABY CARROTS SNOWBALL SALAD MILK OR JH/HS SALAD ENTRÉE, FRUIT, MILK	19 NO SCHOOL HOLIDAY
22 NO SCHOOL HOLIDAY	23 BEEF NACHOS PINTO BEANS LETTUCE/TOMATO GARNISH/SALSA TOMATO WEDGES CUP CUCUMBER SLICE CUP LIME SHERBERT PEACHES/MILK OR JH/HS SALAD ENTRÉE, FRUIT, MILK	24 BURRITOS/SALSA CORN FRESH BROCCOLI/BABY CARROT CUP LETTUCE/TOMATO GARNISH MANDARIN ORANGE COOKIE MILK OR JH/HS SALAD ENTRÉE, FRUIT, MILK	25 CORN DOG FRENCH FRIES BAKED BEANS CINNAMON APPLES MILK OR JH/HS SALAD ENTRÉE, FRUIT, MILK	26 GRILLED CHEESE SANDWICH BEEF STEW SUNCHIPS SLICED CARROTS FRESH BROCCOLI FRUIT MILK OR JH/HS SALAD ENTRÉE, FRUIT, MILK

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