

AR  
 Nettleton Junior High School (Nettleton School District)  
 4208 Chieftain Lane  
 Jonesboro AR 72401  
 870-910-7819

### Health and Wellness School Improvement Priority

#### Section I: School Information

<b>School Name:</b>	Nettleton Junior High School
<b>School LEA Number:</b>	1611041

**School Year: 2020-2021**

#### **Section II: Needs Assessment**

##### **School Health Index Assessment**

Check box if the school completed the pdf version of the SHI Assessment, upload the Completed Overall Score Card and the School Health Improvement Plan to the Health & Wellness Folder.

If completing the SHI Assessment online, a reference number must be provided.

<b>Reference Number:</b>	
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**Reviewer Comments:**

##### **Body Mass Index (BMI)**

<input type="checkbox"/>	<b>The school has conducted an analysis of the School Level Body Mass Index screening data.</b>
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**Develop a brief narrative of student BMI trends based on the analysis of the data.**

Per Arkansas Governor, Asa Hutchinson, a mandatory school closure for the state of Arkansas was implemented in March of 2020 due to the COVID-19 pandemic. Due to the school closure no Body Mass Index screening data is available for the 2019-20 school year.

**Other Health and Wellness Related Data** (Optional)

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**Develop a brief narrative of other health and wellness data.** (Optional)

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**Reviewer Comments:**

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**Section III: Health and Wellness Goals**

Indicate the LEA's compliance with the following Act 1220 requirements:

- The LEA will coordinate with child nutrition personnel to ensure menus are reviewed quarterly by the district wellness committee.
- The LEA will ensure that the district policy is in compliance with state and federal mandates.

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**Goal 1: The LEA will provide coordination and support to create a healthy nutrition environment for students.**

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**Goal 1 Measurable Objective**

Nettleton Junior High will strive to provide healthy food options for all of our students that promote good nutrition. Students who are in grades K-8 currently receive free breakfast and lunch through a grant based on our current poverty level. We will implement practices which provide equitable access to healthy food choices / meals to all students during this pandemic when many families are struggling with food insufficiency.

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**Goal 1**

<b>Activity</b>	<b>Person Responsible</b>	<b>Timeline</b>
Stations will be set up to allow students access to breakfast as they enter the building while maintaining the rules for social distancing.	Denise Cook	2020-21 School Year
NJHS did receive a grant this year to provide fresh fruit to our students as a means of combatting the rising obesity rates among students in this state. Fresh fruit will be provided each day to our students as a healthy snack option.	Denise Cook	2020-21 School Year
NJHS will continue to participate in the Backpack Program in conjunction with the Northeast Arkansas Food Bank to provide food for students and families with food insufficiency during weekends, holidays, and times away from school.	Amy Reed	2020-21 School Year
Lunches will be provided for our off-site students during the pandemic. They can pick up	Denise Cook	2020-21 School Year

prepackaged meals each Monday for the week.		

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**Reviewer Comments:**

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**Goal 2: The LEA will provide coordination and support to create an environment that promotes physical activity and provides quality physical education for students.**

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**Goal 2 Measurable Objective**

Nettleton Junior High School students will participate in a physical education program that promotes a high level of physical activity. Students will be required to participate in these assigned activities unless they have a note from a doctor stating otherwise. This program may include activities such as basketball, volleyball, dodgeball, etc. All students meet the requirements for physical activity credits set forth by the Arkansas Department of Education.

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**Goal 2**

<b>Activity</b>	<b>Person Responsible</b>	<b>Timeline</b>
The physical education teachers at NJHS will plan lessons for both on-site and off-site learners that reflect a need for more physical activity.	Aaron Deaton	2020-21 School Year
The physical education teachers will promote a high level of physical activity in all NJHS PE classes while maintaining the recommendations for social distancing.	Aaron Deaton	2020-21 School Year
All students will engage in physical education classes. Those students not enrolled in a daily PE class will participate in the PE Pull-out Program to ensure they receive the required amount of physical education.	Emmie Foster, Aaron Deaton	2020-21 School Year

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**Reviewer Comments:**

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**Goal 3: The LEA will provide professional development for school staff that promotes healthy nutrition and physical activity.**

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**Goal 3 Measurable Objective**

Nettleton Junior High School strives to provide information and professional development to the staff throughout the year that will promote a healthier and more active lifestyle. NJHS will work with area healthcare professionals to provide the staff an opportunity to become CPR certified. Professional development will be available both on-site and digitally through IDEAS on health topics such as nutrition, exercise, and safe practices for staying healthy during the current pandemic.

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**Goal 3**

<b>Activity</b>	<b>Person Responsible</b>	<b>Timeline</b>
CPR training will be offered so teachers and staff will have the opportunity to become CPR certified.	Tina Long	Fall 2020-Spring 2021
The District Wellness Director and/or school nurse will provide informational literature throughout the year to the staff of good nutritional practices, exercise, and healthy living.	Tina Long	2020-21 School Year
The District Nurse will provide professional development on safe practices for maintaining personal health during the COVID-19 pandemic based on the Arkansas Department of Health regulations.	Lori Ellis	Fall 2020
Professional development will be available to all staff on healthy practices and maintaining wellness through IDEAS.	David Shipman	2020-21 School Year

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**Reviewer Comments:**

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**Goal 4:** *(Optional)* **The LEA will provide coordination to support a safe and healthy learning environment.**

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**Goal 4 Measurable Objective**

Nettleton Junior High School is keenly aware of the need for additional steps to provide a safe and healthy environment for both the students and the staff during the COVID-19 pandemic. Safe practices to control the spread of this infection is foremost in all our plans right now. We strive to incorporate safe practices which will ensure the safety of every person in our building at this time. To that end, we will implement several additional practices this year in line with the recommended guidelines from the Arkansas Department of Health.

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**Goal 4**

<b>Activity</b>	<b>Person Responsible</b>	<b>Timeline</b>
Face masks will be required for all students and staff in the building unless it presents a documented danger to personal health as noted by a doctor.	David Shipman, Tina Long	2020-21 School Year
Hand sanitizing stations will be placed in all classrooms and at pivotal points throughout the building. Water bottle stations will be installed in the building to replace traditional water fountains. Information on social distancing will be posted throughout the building.	David Shipman , Robin Terry	Fall 2020
Temperatures of students will be taken each morning as they enter their first period classes. All staff will be required to complete a daily	David Shipman, Tina Long	2020-21 School Year

health screening form prior to entering the building each day.		
Additional seating will be added in the cafeteria to allow for social distancing during lunch. An extra lunch period will be added to decrease the number of students in the cafeteria at one time.	Wade Massey, Denise Cook	2020-21 School Year
Our school library will institute several practices to support a safe learning environment. Students will reserve books digitally; books will be checked out using a touchless scanning process. When returned, books will be quarantined for the required 96 hours before being returned to circulation. Library seating will be in compliance with social distancing practices.	Amy King	2020-21 School Year

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**Reviewer Comments:**

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**Reviewer Response:**

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**Reviewer Comments:**