



Sikeston High School Breakfast

May 2018

30

Egg, bacon & cheese flatbread sandwich
Sausage Biscuit
Cheerios
Froot Loops
Cocoa Puffs
Diced Pears

1

Glazed Vanilla Donut
Sausage Biscuit
Raisin Bran
Trix
Cocoa Puffs
Mixed Fruit

2

Egg cheese and ham tortilla
Sausage Biscuit
Cheerios, Trix or Cinnamon Tst Crunch
Apple Sauce

3

Breakfast Pizza
Sausage Biscuit
Raisin Bran
Apple Jacks
Cinnamon Tst Crunch
Raisins

4

Biscuit & Country Gravy
Sausage Biscuit
Apple Jacks
Froot Loops
Cheerios
Diced Peaches

7

French toast stick w/syrup
Sausage Biscuit
Cheerios
Froot Loops
Cocoa Puffs
Diced Pears

8

Pancakes sausage/stick
Sausage Biscuit
Raisin Bran
Trix
Cocoa Puffs
Mixed Fruit

9

Cheddar Chz Omelet w/ Hash Brown Patty & bread
Sausage Biscuit
Cheerios, Trix or Cinnamon Tst Crunch
Apple Sauce

10

Glazed Donut
Sausage Biscuit
Raisin Bran
Apple Jacks
Cinnamon Tst Crunch
Raisins

11

Cherry Frudel
Sausage Biscuit
Apple Jacks
Froot Loops
Cheerios
Diced Peaches

14

Maple Waffle
Sausage Biscuit
Cheerios
Froot Loops
Cocoa Puffs
Diced Pears

15

Orange Glz Cinnamon Roll
Sausage Biscuit
Raisin Bran
Trix
Cocoa Puffs
Mixed Fruit

16

Apple Frudel
Sausage Biscuit
Cheerios
Trix
Cinnamon Tst Crunch
Apple Sauce

17

Maple Burstin' Pancakes
Sausage Biscuit
Raisin Bran
Apple Jacks
Cinnamon Tst Crunch
Raisins

18

Chocolate muffin/string cheese
Sausage Biscuit
Apple Jacks
Froot Loops
Cheerios
Diced Peaches

21

Chicken biscuit
Sausage Biscuit
Cheerios
Froot Loops
Cocoa Puffs
Diced Pears

22

Strwbry Cr. Cheese Bagel
Sausage Biscuit
Raisin Bran
Trix
Cocoa Puffs
Mixed Fruit

23

Breakfast Pizza
Sausage Biscuit
Cheerios, Trix or Cinnamon Tst Crunch
Apple Sauce

24

Apple cinnamon muffin w/ String Cheese
Sausage Biscuit
Raisin Bran
Apple Jacks
Cinnamon Tst Crunch
Raisins

25

28

29

30

31

Breakfast items available daily:

- * Sausage Patty Biscuit
- * Assorted Milk
- * Yogurt and Grahams
- * Assorted WG Pop-tarts
- * Assorted WG Cereals & Granola Bars
- * Assorted Fruit & 100% juice

"Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness."

Breakfast Prices:

K - 4th\$1.65
 5th - 12th\$1.80
 Reduced\$0.30
 Adult\$2.95

Menus are subject to change without notice.