

**What is a reimbursable Lunch?**  
**Must choose 3 components with one being at least a ½ cup of fruit or vegetable.**  
**1. Whole Grain**  
**2. Fruit**  
**3. Vegetable**  
**4. Meat/ Meat**

**1**  
 Chicken Alfredo or Cheeseburger  
 Turkey chef Salad  
 Corn  
 Celery  
 Applesauce

**2**  
 BBQ Pork Rib sandwich or Chicken patty sandwiches  
 Turkey & cheese sandwich  
 Steamed Collard greens  
 Tomato cucumber salad  
 Peaches

**5**  
 Salisbury steak w/ gravy & mashed potatoes or Hot dog on a bun  
 Chicken & cheese Salad  
 Roasted Cauliflower  
 Fresh Tomatoes  
 Pears

**6**  
 Rotini w/meat sauce  
 Breadstick or Cheeseburger  
 Cobb Salad  
 Green beans  
 Cucumber slices  
 Mixed fruit

**7**  
 Baked potato w/chili and cheese or  
 Spicy chicken sandwich  
 Ham turkey wrap  
 Glazed carrots  
 Fresh broccoli  
 Applesauce

**8**  
 Lasagna w/meat sauce & bread stick or Hot Dogs on a bun  
 Buffalo chicken Ranch salad  
 Baked veg.beans  
 Garden salad

**9**  
 Cajun chili fries w/ flatbread  
 Cheese pizza  
 Turkey & cheese sandwich  
 Steamed broccoli  
 Red pepper strips  
 Mixed Fruit

**12**  
 Meatloaf w/gravy  
 Dinner roll or BBQ pork Rib sandwich  
 Mash potatoes  
 Fresh tomato wedges  
 Turkey and cheese wrap  
 Peaches

**13**  
 Chicken popcorn bowl or  
 Hot dog on a bun  
 Turkey chef salad  
 Green beans  
 Fresh red peppers  
 Applesauce

**14**  
 Chicken Nachos or Spicy Chicken patty sandwich  
 Turkey cheese Sandwich  
 Kickin beans  
 Baby carrots  
 Pears

**15**  
 Fish sticks w/ macaroni & cheese or  
 Cheeseburger  
 Turkey chef Salad  
 Collard greens  
 Fresh broccoli  
 Mixed fruit

**16**  
 Broc & Chz Bake potato  
 Chicken nuggets & bread stick  
 Tossed salad w/ cheese  
 Black beans  
 Fresh red peppers  
 Peaches

**19**  
 Pizza sticks w/ marinara sauce or  
 Cheeseburger  
 Chicken chef salad  
 Corn  
 Cucumber slices  
 Applesauce

**20**  
 Rotini w/bread or Hot Dog on a bun  
 Turkey wrap  
 Green Beans  
 Garden salad  
 Peaches

**21**  
 Chili mac w/ breadstick or Spicy Chicken patty  
 Turkey & Cheese sandwich  
 Orange glazed carrots  
 Fresh broccoli  
 Mixed Fruit

**22**  
 Chicken spaghetti carbonara w/ breadstick or Chicken patty sandwich  
 Buffalo chicken Ranch salad  
 Black beans  
 Celery sticks  
 Pears

**23**  
 Beef chili w/crackers  
 Cheese pizza  
 Ham & cheese sandwich  
 Corn  
 Fresh tomato wedges  
 Applesauce

**26**  
 Breaded chicken Drumstick or  
 Cheeseburger  
 Turkey and cheese Salad  
 Mashed potatoes  
 Green Beans  
 Red pepper strips  
 Mixed Fruit

**27**  
 Sloppy Joe or corn dog  
 Chicken ranch salad  
 Kickin beans  
 Garden salad  
 Peaches

**28**  
 Roasted turkey& stuffing w/gravy  
 Green Beans  
 Fresh zucchini  
 Pears  
 Ham wrap

**29**  
 Early Dismissal!!  
  
 Chicken sandwich  
 Potato chips  
 Baby carrots  
 Apple

**30**  
 No School!

**More info...**

Lowfat White milk and Skim Chocolate milk  
 Fresh Fruit available daily

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness\*  
 Menus are subject to change without notice.

**Lunch Prices:**

**K-4<sup>th</sup> ..... \$2.30      5<sup>th</sup> -12<sup>th</sup> .....\$2.55**  
**Reduced .....\$ .40      Adult.....\$3.50**