



Sikeston Jr. High Lunch

February 2018

			<p>1</p> <p>Turkey & Mash potatoes w/ gravy Ham chef salad Kickin Pintos Baby carrots Applesauce</p>	<p>2</p> <p>Egg Roll w/ Fried Rice White cheese, tomato herb Artisan Pizza Collard Greens Cucumber & Tom. Salad Pears</p>
<p>5</p> <p>Fish Sticks, w/ Mac & Cheese BBQ Chicken Pizza Seasoned Gr Beans Red Pepper Strip Peaches</p>	<p>6</p> <p>Pizza sticks w/ marinara sauce Broccoli & cheese Stromboli Black Beans Celery Pears</p>	<p>7</p> <p>French toast w/ syrup & sausage Chicken, cheese & spinach Calzone Tater Tots Baby carrots Applesauce</p>	<p>8</p> <p>BBQ Pork Riblet Pepperoni & Banana Stromboli Campfire Beans Baby Carrots Mixed fruit</p>	<p>9</p> <p>Cajun chili fries or Ham & cheese w/ Caramelized Onion Calzone Steamed Broccoli Fresh red peppers Peaches</p>
<p>12</p> <p>Meatloaf w/ Rosemary gravy & dinner roll Buffalo chicken Calzone Mash potatoes Fresh Tomatoes Pears</p>	<p>13</p> <p>Sloppy Joe Chicken, cheese & spinach Calzone Steamed Broccoli Fresh red Peppers Applesauce</p>	<p>14</p> <p>Chili Mac or Meatball Calzone Sweet potato fries Fresh Zucchini Mixed fruit</p>	<p>15</p> <p>Chicken Ranch Club Pizza Chicken Penne Alfredo w/ Bread Stick Corn Baby Carrots Mixed Fruit</p>	<p>16</p> <p>BBQ pulled pork Sandwich Broccoli & Cheese Stromboli Cooked Baby Carrots Celery Sticks Diced Pears</p>
<p>19</p> <p>No School</p> 	<p>20</p> <p>Rotini W/ Meat Sauce & bread stick Pepperoni and banana pepper Stromboli Green Beans</p>	<p>21</p> <p>Pancakes w/ syrup Sausage or Meatball Calzone Tater Tots Fresh Zucchini Applesauce</p>	<p>22</p> <p>Penne Pasta w/ cheese or White cheese, tomato herb Artisan Pizza Kickin Beans Baby Carrots Peaches</p>	<p>23</p> <p>Beef chili w/ crackers Chicken & cheese Calzone Corn Fresh Tomatoes Peaches</p>
<p>26</p> <p>Chicken Spaghetti Carbonera w/ bread stick or Broccoli & Cheese Baked Potato Black Beans Celery Applesauce</p>	<p>27</p> <p>Chicken & Mash Potato Bowl Or BBQ Chicken Pizza Roasted cauliflower Cucumber & Tomato salad Peaches</p>	<p>28</p> <p>Salisbury steak w/ gravy & mash potatoes or Beef & Pepperoni Calzone Roasted Cauliflower Fresh Tomatoes Mixed Fruit</p>		<p>Lunch Prices: K – 4th\$2.30 5th – 12th ...\$2.55 Reduced... \$0.40 Adult\$3.50</p>

Lunch items available daily:

- Made to Order (MTO) Deli Sandwiches
- Assorted Pizza
- Grill Items
- Taco Bar
- Assorted Milk



Try our New FUEL Items!

- Feb 5th - Spicy Thai Chicken Bowl w/ rice and thai sauce
- Feb 16th - Chicken & Hummus Salad w/ Greek Salad Toppings

What is a Jr. H.S. OVS Reimbursable Lunch Meal?

Students must select a minimum of 3 meal components. At least one of which must be a fruit or vegetable

