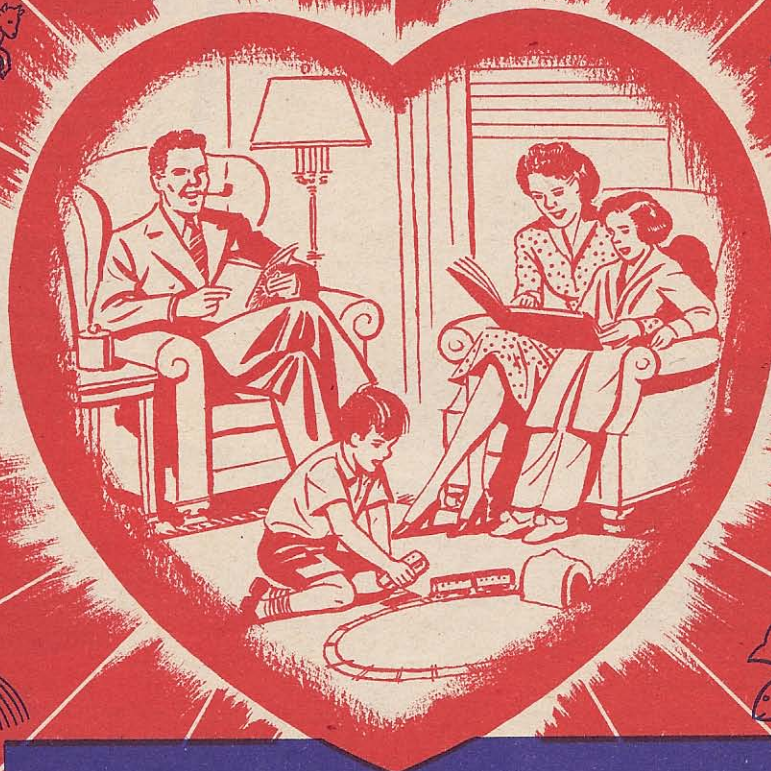


Lucky Heart

1 9 4 4

ALMANAC



**HEALTH HINTS COOK BOOK
PLANTING GUIDE**



Every Preparation Guaranteed

LUCKY HEART COMPANY

388-400 MULBERRY ST.

MEMPHIS, TENNESSEE

**WHEN YOU FEEL
A COLD**

Coming on

**GET
QUICK RELIEF
WITH**



**HELPS RELIEVE DISCOMFORTS OF COLDS AND
COUGHS FROM COLDS.**

WARMS THE SKIN and the valued medication starts working quickly. For relieving discomforts of colds, minor bruises, irritations, husky throats and coughs due to colds.

Soothes Irritated Membrane to **HELP YOU BREATHE EASIER.**
Vapo may also be inhaled like smoke by placing a one-half teaspoonful in a pint of water and boiling in a tea kettle. Place a towel over the spout and over your head, inhale deeply the vapor through the nose and mouth for a few minutes. Rub on at nights. . . . Swallow it as directed.

**EASES SPRAINS, BRUISES, FROST
BITE AND SORE, TIRED, ACHING
MUSCLES DUE TO OVER-EXERTION.**

PRICE 25 CENTS



Rub it on your chest and back vigorously until your skin feels a warm glow. Rub on your temples and nose. Insert up your nostrils.

VAPO

OVERNIGHT SALVE

Works 3 ways

1. **INHALE IT—**
2. **RUB IT ON—**
3. **SWALLOW IT—**



**FOR STUFFY HEAD
COLD MISERY!**

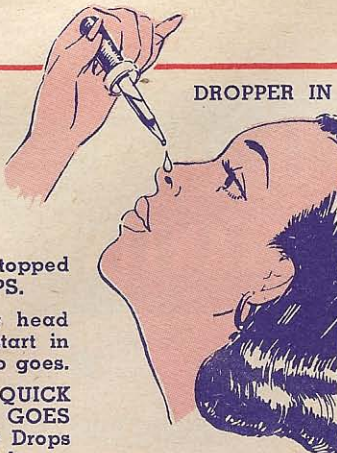
At the first snuffle or sneeze—or if head is stopped up—use **VAPO NOSE and THROAT DROPS**.

Aids in relieving head cold, unnecessary head cold discomfort and misery. Most colds start in the nose and throat, and that is where Vapo goes.

A FEW DROPS UP EACH NOSTRIL FOR QUICK RELIEF. JUST TILT HEAD BACK, VAPO GOES RIGHT TO WORK. Vapo Nose and Throat Drops is composed of soothing ingredients which are helpful in relieving Distress from Nasal and Throat Irritations due to Head Colds. You'll surely say it brings soothing relief.

PRICE 25 CENTS

Follow Directions on Bottle



DROPPER IN EVERY BOTTLE

VAPO

Nose and Throat Drops



EASE COLD MISERIES QUICKLY WITH VAPO



Salute TO THE Flag



Too many of us do not know the Pledge to the Flag. Here it is and it is hoped every resident of the United States old enough to say the words will memorize it without delay.

"I pledge allegiance to the flag of the United States of America, and to the Republic for which it stands. One nation, indivisible with liberty and justice for all."



BUY WAR BONDS AND STAMPS FOR VICTORY



The safest place to put your money is in our country's defense. Help your country and help yourself. For every \$3 you put in War Bonds you get \$4 back.



CALENDAR FOR 1944

MORNING AND EVENING STARS

Mercury will be Morning Star about January 31, May 29 and September 22; and Evening Star about April 12, August 10 and December 4.

Venus will be Morning Star until June 26 and then Evening Star the rest of the year.

Jupiter will be Morning Star until February 11; then Evening Star until August 31; and then Morning Star again the rest of the year.

THE TWELVE SIGNS OF THE ZODIAC.

THE RAM, Aries, ♈ HEAD & FACE.

TWINS.
Gemini.
The Arms.



LEON.
Leo.
The Heart.



BALANCE.
Libra.
The Reins.



ARCHER.
Sagittarius.
The Thighs.



WATERMAN.
Aquarius.
The Legs.



BULL.
Taurus.
The Neck.



CRAB.
Cancer.
The Breast.



VIRGIN.
Virgo.
The Bowels.



SCORPION.
Scorpio.
The Loins.



GOAT.
Capricornus.
The Knees.



FISHES, Pisces. ♛ THE FEET.

ECLIPSES—Standard Time

In the year 1944 there will be two eclipses, both of the Sun.

I. A Total Eclipse of the Sun January 25. Visible as a slight partial eclipse to the extreme southern parts of Arizona, New Mexico, Texas, Louisiana and Florida. Also visible to Mexico, Central America, South America except the extreme southern portion, the Atlantic Ocean, the southwestern part of Europe and the northwestern part of Africa.

II. An Annular Eclipse of the Sun, July 20. Invisible to North America. Visible to the eastern portions of Africa, Asia except the northern part, the Indian Ocean, Australia, Melanesia and the western portion of the Pacific Ocean.

Why It Pays To Buy From Your Lucky Heart Agent

I am the faithful Lucky Heart Agent always ready to give instant service by bringing to your front door the Best Quality guaranteed Medicines, Beauty Preparations, Flavorings and Food Products at the lowest possible price. Let me serve and help you — I am your true friend.

THE LUCKY HEART AGENT.

Agent's Name

Address Phone

"If I miss you when I call — send word and I'll be right back."

Over 300 Guaranteed Products

Erbru Medicines — So-Good Flavorings — Food Products — Spices — Lucky Heart Beauty Preparations.

Iron Clad Money Back Guarantee

Every item is guaranteed to give entire satisfaction or all the money will be refunded.

VICTOR WILLIAMS.

Buy from Your LUCKY HEART AGENT

If there is no Lucky Heart Agent in your territory, write us today.

LUCKY HEART CO.--388-400 MULBERRY ST.--MEMPHIS 2, TENN.

Gregory—Vigilant
Guy—A Leader
Hilda—Battle Maiden
Hiram—Most Noble
Ira—Watchful
Irene—Peace
Jemima—A Dove
John—Gracious
Jonah—A Dove
Judith—Praised
Laura—Laurel
Leo—Lion
Martin—Warlike
Minnie—Remembrance
Naomis—My Sweetne
Nathan—Gift
Paul—Little
Phebe—Shining
Rachel—A Ewe
Reuben—A Son
Seth—Appointed
Victoria—Victory

ERBRU

FINE COMPOUND

COUGH SYRUP

For Relief of
COUGHS
FROM COLDS
Soreness and Hoarse-ness

DIRECTIONS
One teaspoonful every
two hours, after meals.
Children may take only
1/2

PRICE 25 CENTS
BOTTLES OF 4 BOTTLES OF 12

**ERBRU
MEDICINE CO**
MILWAUKEE, WIS.

THINGS TO DO BEFORE THE DOCTOR COMES

BE PREPARED is the first principle of FIRST AID. For your information you will find below a list of common injuries and their treatments. Please remember that these treatments afford only temporary relief to help ease pain and discomforts until the doctor arrives. So remember these four principles: (1) Send someone for the doctor at once; (2) keep calm; (3) get help of one who knows the right things to do; (4) keep others away.

ALCOHOL POISONING — Rum, gin, whiskey, proof spirits, wood or methyl, alcohol in any form.

ANTIDOTE — HOT COFFEE or 1½ teaspoonfuls of AROMATIC SPIRITS OF AMMONIA well diluted with water. Do not weaken the patient by forcing him to walk, rather wrap in warm blankets and put to bed. If breathing stops start artificial respiration at once.

ARSENIC — Taken generally in form of RAT POISON, VERMIN KILLERS, PARIS GREEN.

ANTIDOTE — KEEP UP THE VOMITING until you feel sure the stomach has been completely emptied. Keep warm and give COFFEE, AROMATIC SPIRITS OF AMMONIA, CASTOR OIL.

MUSHROOM (Toadstool) POISONING.

SYMPTOMS — Vomiting, purging, watery diarrhea, the discharges sometimes bloody; pulse is slow and strong at first but grows weak; saliva and sweat just pour out.

ANTIDOTE — Produce free VOMITING and then give a purgative, CASTOR OIL or EPSOM SALTS: if very weak add a stimulant, HOT COFFEE or a ½ teaspoon AROMATIC SPIRITS OF AMMONIA with lots of water.

CAUSTIC ALKALIES — Such as ammonia, strong ammonia liniment, lime, quicklime, caustic potash, soda and caustic soda.

SYMPTOMS — Immediate severe burning pain in mouth, throat and stomach with vomiting and purging.



ANTIDOTES—Start VOMITING by using soap suds, salt water, baking soda in water, water in each case luke warm if handy as it is apt to act more quickly. After vomiting has been brought about give soothing liquids, MILK, EGG and MILK, with a stimulant if it seems necessary.

FAINTING — The primary thing is to discover the cause. This may be due to an accident, a mental shock, loss of blood, drunkenness, or poisoning. Convulsions combined with fainting may suggest epilepsy or hysteria. Naturally the treatment varies according to what caused the faint. However, you are safe in laying the patient on his back, loosening the clothing and giving plenty of fresh air. Applying cold water to the face, chest and back of the neck is good. Aromatic spirits of ammonia put under the nose is usually effective. Hot coffee sometimes helps, after the person has recovered sufficiently.

IN CASE OF SNAKE BITES

Do not delay. Get at the wound, by cutting clothing, if necessary, and immediately tie the limb between the wound and the heart, making a tourniquet. Send for a doctor.

With a small, clean penknife, which has been held in a flame, if possible, enlarge the wound, causing it to bleed freely. If you have no cracks or sores in your mouth, or on your lips, suck the wound. Then cauterize the wound thoroughly with some carbolic or nitric acid on a match stick or with a heated nail or wire.

After the tourniquet has been on for fifteen minutes, it must be loosened so that the limb will not die from lack of blood. After one minute it should be tightened up again for fifteen minutes, after which it is again loosened for two minutes. This is kept up for several hours, so that only a small quantity of the snake poison in the limb can get into the general circulation at one time.

TO STOP SIMPLE CUT BLEEDING — Simple but sure, soak a cloth in lemon juice and wrap it around the cut.



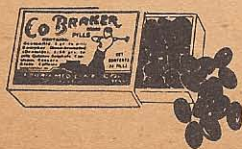
TOOTHACHE DROPS

This package contains everything needed to bring quick soothing relief to sore, painful, aching teeth due to cavities until you can see a dentist. If that tooth starts hurting at midnight, it's too late to get a bottle. Don't suffer needlessly. Keep a package handy.

PRICE 25 CENTS



Relieves Painful Aches, Discomforts and Headaches of Colds CO BRAKER PILLS



In treating colds it is very important that the bowels move well every day. This preparation moves bowels gently and effectively. Contains QUININE, CAMPHOR and other ingredients to Relieve Headache and Muscular Aches Associated with Colds.

CAUTION: Use only as directed.

PRICE 25c

1944



1944

PHASES			BOSTON	NEWYORK	WASH'TON	MOON'S SIGNS	LATITUDE OF NORTHERN STATES			LATITUDE OF MIDDLE STATES			LATITUDE OF SOUTHERN STATES		
F. Q.	D	H	M	H	M		OF			OF			OF		
L. Q.	1	2	8	M	2		N			M			S		
N. M.	17	2	42	M	0	29	M	0	29	M	0	29	M	0	29
L. Q.	23	8	59	A	8	59	A	8	59	A	8	59	A	8	59
N. M.	23	8	59	A	8	59	A	8	59	A	8	59	A	8	59

D		W		Historical Events										MOON'S SIGNS	LATITUDE OF NORTHERN STATES			LATITUDE OF MIDDLE STATES			LATITUDE OF SOUTHERN STATES													
D		W												R	H		M		S		R	H		M		S		R	H		M		S	
1	T	Victor Herbert born, 1859										☾	7	16	5	13	0	33	14	7	12	5	16	0	31	6	56	5	32	0	23			
2	W	Purification—Candlemas										☾	7	15	5	14	1	39	14	7	11	5	17	1	36	6	56	5	33	1	25			
3	T	Income Tax a Law, 1913										☾	7	14	5	15	2	42	14	7	10	5	18	2	38	6	55	5	34	2	24			
4	F	Charles Lindbergh born, 1902										☾	7	13	5	16	3	42	14	7	9	5	20	3	38	6	54	5	34	3	20			
5	S	Roger Williams landed, 1631										☾	7	11	5	18	4	37	14	7	8	5	21	4	32	6	54	5	35	4	23			

6. Septuagesima Sunday

Day's Length—10h. 9m.—10h. 15m.—10h. 43m.

6	S	Aaron Burr, statesman, b., 1756	☾	7	10	5	19	5	27	14	7	7	5	22	5	22	6	53	5	36	5	3
7	M	Charles Dickens born, 1812	☾	7	9	5	20	6	11	14	7	6	5	23	6	6	6	52	5	37	5	48
8	T	Wm. Tecumseh Sherman b., '20	☾	7	8	5	21	7	16	14	7	5	5	25	7	1	6	51	5	38	6	12
9	W	Wm. H. Harrison born, 1773	☾	7	7	5	23	8	54	14	7	4	5	26	8	5	50	5	39	6	12	
10	T	Canada ceded to England, 1763	☾	7	6	5	24	9	53	14	7	3	5	27	9	5	50	5	40	7	6	
11	F	Thomas A. Edison born, 1847	☾	7	5	5	25	7	51	14	7	2	5	28	7	52	6	49	5	41	7	59
12	S	Abraham Lincoln born, 1809	☾	7	3	5	27	8	49	14	7	0	5	29	8	49	6	48	5	42	8	52

7. Sexagesima Sunday

Day's Length—10h. 26m.—10h. 32m.—10h. 56m.

13	S	University of N. C. opened, 1795	☾	7	2	5	28	9	48	14	6	59	5	31	9	48	6	47	5	43	9	47
14	M	St. Valentine's day	☾	7	1	5	29	10	48	14	6	58	5	32	10	47	6	46	5	44	10	42
15	T	Susan B. Anthony born, 1820	☾	7	0	5	30	11	49	14	6	56	5	33	11	47	6	45	5	44	11	38
16	W	House pass Johnson Bill, 1929	☾	6	58	5	32	morn	14	6	55	5	34	morn	6	44	5	45	5	45	morn	
17	T	Rome annexed to France, 1810	☾	6	56	5	33	0	52	14	6	54	5	35	0	49	6	44	5	46	0	36
18	F	Jeff. Davis inaugurated, 1861	☾	6	55	5	34	1	50	14	6	53	5	37	1	52	6	42	5	47	1	36
19	S	Ohio admitted to Union, 1803	☾	6	54	5	36	3	0	14	6	51	5	38	2	55	6	41	5	48	2	37

8. Quinquagesima—Shrove Sunday

Day's Length—10h. 45m.—10h. 49m.—11h. 9m.

20	S	Fiume treaty with Italy rat., 1924	♄	6	52	5	37	4	2	14	6	50	5	39	3	57	6	40	5	49	3	38
21	M	Battle of Verdun began, 1915	♄	6	51	5	38	5	0	14	6	48	5	40	4	55	6	39	5	50	4	36
22	T	Florida ceded to U. S., 1819	♄	6	49	5	39	5	53	14	6	47	5	42	5	49	6	38	5	50	5	32
23	W	Ash Wednesday	♄	6	48	5	41	sets	14	6	45	5	43	sets	6	37	5	51	5	51	sets	
24	T	St. Matthias	♄	6	46	5	42	6	37	13	6	44	5	44	6	39	6	36	5	52	6	47
25	F	Bank of U. S. established, 1781	♄	6	45	5	43	7	53	13	6	43	5	45	7	54	6	35	5	53	7	57
26	S	Napoleon escaped from Elba, 1815	♄	6	43	5	44	9	7	13	6	41	5	46	9	6	34	5	54	9	5	

9. 1st Sunday in Lent

Day's Length—11h. 4m.—11h. 8m.—11h. 23m.

27	S	Henry W. Longfellow born, 1807	☾	6	42	5	46	10	18	13	6	40	5	48	10	16	6	32	5	55	10	10
28	M	Deerfield, (Mass.) massacre, 1704	☾	6	40	5	47	11	27	13	6	38	5	49	11	24	6	31	5	55	11	14
29	T	Ann Lee, Shaker, born, 1736	☾	6	38	5	48	morn	13	6	37	5	50	morn	6	30	5	50	5	56	morn	

Weather Predictions—1-5, extreme cold; 6-8, cold weather; 9-13, clear and pleasant; 14-17, cold; 18-21, light snows; 22-25, cold; 26-29, stormy and unsettled.

BE HAPPY AND HEALTHFUL!

Eat a Well Balanced Diet! Get Plenty of Vitamins!

1. PROTEINS (Muscle Builders) — Let each meal include one: Milk, eggs, fish, dried peas, beans, game, beef, lean pork.
2. CARBOHYDRATES — STARCHES (Energy Builders) — Let each meal include two: Potatoes, cereals, bread, beets, carrots.
3. CARBOHYDRATES — SWEETS — Let each meal include one: Preserves, jellies, honey, molasses, cakes and stewed fruits.
4. FATS — Let each meal include two: Cheese, fat pork, sausage, most nuts, chocolate and rich gravies.
5. LIQUIDS — Let each meal combine two with water: Tea, coffee, soups, milks and watery vegetable.

For added Vitamins and Iron take GANDEEN TONIC TABLETS containing Nux Iron, Yeast and Vitamin B₁

WHAT TO SERVE WITH MEATS

With roast beef—tomato sauce, grated horse-radish, cranberry sauce.

With roast pork—apple or cranberry sauce.

Roast veal — tomato sauce or horseradish.

Roast mutton — currant jelly, caper sauce.

With chicken — cranberry sauce or peaches.

Roast lamb—mint sauce.

Roast turkey—cranberry sauce, currant jelly.

◆ ◆ ◆
TO MAKE YOUR SALADS, DESSERTS, CANDIES AND SAUCES LOOK BETTER.

just add a few drops of "So-Good Pure Cake Color" to them. Red and Egg Shade Yellow blended will give you brown. You can add richness in appearance to your cakes by using "So-Good Food Color."

Good Cooks Use SO-GOOD!

CAKE COLORING

The pride of some of the finest cooks in the South.

It gives beauty and personality to puddings, cakes, ices, salads. Makes things taste better because they look better. Pure and wholesome.

RED COLOR
EGG YELLOW

Price 25c

Mix the Red and Yellow to get a beautiful brown



Delicious Desserts To Please Everyone

SUNDAY SPICE CAKE

- | | |
|---------------------------------------|--------------------------------|
| 2 1/4 cups sifted flour | 1/4 teaspoon cloves |
| 2 1/4 teaspoons So-Good Baking Powder | 1/4 teaspoon grated lemon rind |
| 1/4 teaspoon salt | 1 cup light corn syrup |
| 1 1/4 teaspoons So-Good Cinnamon | 2 eggs, unbeaten |
| 1/2 teaspoon So-Good Nutmeg | 1/2 cup milk |
| 1/2 cup butter or other shortening | 1 teaspoon So-Good Vanilla |

Sift flour, measure, add baking powder, salt and spices, and sift together three times. Cream shortening with lemon rind; add syrup gradually, beating well after each addition. Add one-fourth of flour and beat until smooth and well blended. Add eggs, one at a time, beating well after each. Add remaining flour in thirds, alternately with milk in halves, beating very well after each addition. Add vanilla. Bake in two greased 8-inch layer pans in moderate oven until done. Spread jam filling between layers and whipped cream, flavored with So-Good Vanilla, on top of cake.

ECONOMICAL PUDDING

Take slices of stale bread, spread with Jam or Jelly, place in layers in a deep dish. Make a thin custard by adding one-half (1/2) glass of milk to the regular amount of So-Good Butterscotch Dessert and pour over the bread. This makes a fine dessert with bread usually thrown away.

DELICIOUS LEMON SAUCE

To be served over Cottage Puddings, Gingerbreads, etc.

- | | |
|--|-----------------------------------|
| 1/2 cup sugar | 1 level teaspoon baking powder |
| 1 cup boiling water | 2 level tablespoons butter |
| 1 level tablespoon So-Good Lemon Dessert | 1/2 teaspoon So-Good Lemon Flavor |
| Few grains salt | |

Mix sugar, Lemon Dessert and Baking Powder; add boiling water gradually, stirring constantly. Boil five minutes; remove from fire, add butter and Lemon Flavor. Different flavored sauce may be made by using Chocolate, Butterscotch or Vanilla in place of Lemon Dessert. Also different flavors or extracts may be used in place of the lemon.

When Using So-Good Double Strength Vanilla,

BUTTER COOKIES

- | | |
|----------------------------|--|
| 1 cup butter | 1/2 teaspoon soda |
| 1 cup granulated sugar | 1/2 teaspoon Lucky Heart Vanilla |
| 1 teaspoon cream of tartar | 1/2 teaspoon lucky Heart Lemon Extract |
| 2 eggs | |
| 2 1/4 cups flour | |

Cream butter, add sugar and beat well. Add beaten eggs, then sifted dry ingredients. Roll thin on lightly floured board. Cut and bake on greased cookie sheet in quick oven. Chill dough overnight.

SUNDAY HOT BREAD

- | | |
|-------------------------|--------------------------------------|
| 3/4 cup sugar | 3 teaspoonfuls baking powder |
| 1 egg | 3 teaspoonfuls So-Good Lemon Extract |
| 2 tablespoonfuls butter | Grated sugar |
| 2/3 cup milk | So-Good Cinnamon |
| Pinch of salt | |
| 1 1/2 cups flour | |

Cream butter and sugar, add egg mixed with milk and extract, then flour and baking powder. Spread in 2 large cake tins, sprinkle with mixture of sugar and cinnamon. Bake 20 or 25 minutes in quick oven. Serve preferably hot for Sunday night supper.

DIVINITY FUDGE

- | | |
|--------------------------|----------------------------|
| 2 cups sugar | 1 cup chopped nut meats |
| 1/2 cup white corn syrup | 1 teaspoon So-Good Vanilla |
| 1/2 cup water | |
| 2 egg whites | |

Boil sugar, syrup, water until mixture dropped in cold water turns brittle. Pour slowly over stiffly beaten whites of eggs; add nuts and flavoring. Beat until mixture is creamy. Pour on buttered platter.

SO-GOOD ONE EGG CAKE

- | | |
|--------------------------|-----------------------------------|
| 1 cup sugar | 2 teaspoons So-Good Baking Powder |
| 1 egg | Salt |
| 3 tablespoons shortening | 1 teaspoon So-Good Vanilla |
| 1 cup sweet milk | |
| 2 cups flour | |

To creamed shortening add sugar and beaten egg. Alternately add milk and flour sifted with salt and So-Good Baking Powder. Add So-Good Vanilla. Bake in two greased tins in moderate oven about 25 minutes. Use any frosting.

Use Only Half as Much as Recipe Calls For.



So-Good FLAVORS for COOKING & BAKING

You will be surprised and delighted at the tasty goodness of these flavorings. Make So-Good desserts and sweets — your family and friends will ask for more. For Cakes, Candies, Custards, Puddings, Ice Cream Large bottles in four popular flavors:

Imitation Vanilla
Terpenless Lemon
Strawberry - Pineapple
Banana - Black Walnut

PRICE ONLY 25 CENTS
Tastes So-Good!

EXTRACTS & FLAVORING

7 SO-GOOD Delicious FLAVORS

VANILLA - ORANGE - IMITATION
BANANA - WALNUT - PINEAPPLE
LEMON - STRAWBERRY

IMPROVE your cooking and baking. "SO-GOOD" makes poor cooking taste good and good cooking taste better. Prize winners at fairs and cooking schools, chefs and cooks in big hotels have praised and used SO-GOOD EXTRACTS AND FLAVORINGS.

STRONG — GOES FAR

Price 35 Cents

1944



1944

PHASES				BOSTON	NEW YORK	WASHINGTON	MOON'S SIGNS	LATITUDE OF NORTHERN STATES			LATITUDE OF MIDDLE STATES			LATITUDE OF SOUTHERN STATES		
F. Q.	F. M.	L. Q.	N. M.					SUN			SUN			SUN		
								ris	sets	sets	ris	sets	sets	ris	sets	sets
								H	M	M	H	M	M	H	M	M
1	W	Ember day		3 40 A	3 40 A	3 40 A		6 37	5 49	0 33	12	6 35	5 51	0 29	6 29	5 57
2	T	Sr. David		7 28 A	7 28 A	7 28 A		6 35	5 51	1 35	12	6 34	5 52	1 31	6 28	5 58
3	F	Territory of Dakota formed, 1861		3 5 A	3 5 A	3 5 A		6 34	5 52	2 32	12	6 32	5 53	2 27	6 27	5 59
4	S	Ember day		7 34 M	7 34 M	7 34 M		6 32	5 53	3 24	12	6 31	5 54	3 19	6 25	5 59

Historical Events				Day's Length—11h. 24m.—11h. 28m.—11h. 36m.												
5	S	Dred Scott decision, 1857		6 30	5 55	4 11	12	6 29	5 55	4	6	6 24	6	0	3 47	
6	M	Gen. Phillip Sheridan born, 1831		6 28	5 54	4 52	10	6 28	5 56	4	6	6 23	6	1	4 30	
7	T	Luther Burbank born, 1849		6 27	5 57	5 28	11	6 26	5 57	5	24	6 22	6	2	5 10	
8	W	Pres. Wm. H. Taft died, 1930		6 25	5 58	6 0	11	6 24	5 59	5	57	6 20	6	2	5 46	
9	T	Merrimack-Monitor battle, 1862		6 24	5 59	ris	11	6 23	6 0	ris	6	6 19	6	3	ris	
10	F	Elec. street cars in London, 1883		6 22	6 0	6 13	10	6 21	6 1	6	6 44	6 18	6	4	6 48	
11	S	Cuba ratify treaty, 1903		6 20	6 1	7 41	10	6 19	6 2	7	41	6 16	6	5	7 41	

11. 3rd Sunday In Lent				Day's Length—11h. 44m.—11h. 45m.—11h. 50m.												
12	S	Univ. of Arizona chartered, 1885		6 18	6 2	8 41	10	6 18	6 3	8 41	6	6 15	6	8	8 36	
13	M	Standard time estab. in U.S., 1884		6 17	6 4	9 43	10	6 16	6 4	9 43	6	6 14	6	9	9 33	
14	T	Johann Strauss, comp. born, 1804		6 15	6 5	10 45	9	6 15	6 5	10 45	6	6 13	6	10	10 31	
15	W	Andrew Jackson born, 1767		6 13	6 6	11 47	9	6 13	6 6	11 47	6	6 11	6	8	11 29	
16	T	Pres. James Madison born, 1751		6 12	6 7	morn	9	6 11	6 7	morn	6	6 10	6	8	morn	
17	F	St. Patrick's Day		6 10	6 8	0 50	8	6 10	6 8	0 50	6	6 9	6	0	0 28	
18	S	Pres. Grover Cleveland b., 1837		6 8	6 9	1 51	8	6 8	6 9	1 51	6	6 7	6	10	1 27	

12. 4th Sunday In Lent				Day's Length—12h. 4m.—12h. 5m.—12h. 5m.												
19	S	Nora Bayes died, 1928		6 6	6 10	2 48	8	6 6	6 11	2 43	6	6 6	6	1	2 24	
20	M	Spring Begins		6 5	6 12	3 41	7	6 5	6 12	3 37	6	6 5	6	1	3 19	
21	T	J. B. J. Fourier, math., born, 1768		6 3	6 13	4 28	7	6 3	6 13	4 24	6	6 2	6	4	4 10	
22	W	Stamp Act passed, 1765		6 1	6 14	5 10	7	6 1	6 14	5 7	6	6 2	6	3	5 57	
23	T	House passed Bonus Bill, 1922		5 59	6 15	5 47	7	6 0	6 15	5 45	6	6 1	6	3	5 39	
24	F	Naturalization Act passed, 1790		5 58	6 16	sets	6	5 58	6 16	sets	6	6 0	6	4	sets	
25	S	Annunciation		5 56	6 17	7 54	6	5 56	6 17	7 53	5	5 58	6	5	7 49	

13. 5th Sunday In Lent				Day's Length—12h. 24m.—12h. 23m.—12h. 18m.												
26	S	Sarah Bernhardt died, 1923		5 54	6 18	9 7	6	5 55	6 18	9 5	5	5 57	6	15	8 56	
27	M	Vera Cruz captured, 1847		5 52	6 19	10 17	5	5 53	6 19	10 14	5	5 56	6	16	10 1	
28	T	Crimean War began, 1854		5 51	6 20	11 23	5	5 51	6 20	11 19	5	5 54	6	17	11 2	
29	W	Pres. John Tyler born, 1790		5 49	6 22	morn	5	5 50	6 21	morn	5	5 53	6	18	morn	
30	T	Russia cede Alaska to U.S., 1867		5 47	6 23	0 24	4	5 48	6 22	0 19	5	5 52	6	18	0 0	
31	F	Daylight saving in effect, 1918		5 45	6 24	1 19	4	5 46	6 23	1 14	5	5 50	6	19	0 54	

Weather Predictions—1-4, blustery; 5-7, generally clear and cold; 8-12, frosty and cold; 13-15, cloudy; 16-20, frost and snow; 21-23, changeable; 24-27, fair and pleasant; 28-31, cold.

WEIGHTS AND MEASURES FOR EVERY DAY USE

Bbl. of Flour = 196 lbs.
Bbl. of Salt = 280 lbs.
Bbl. of Pork = 200 lbs.
Bbl. of Beef = 200 lbs.

CUP MEASURES

1 Cup Sugar = 1/2 lb.
1 Cup Butter = 1/2 lb.
1 Cup Lard = 1/2 lb.
1 Cup Flour = 1/4 lb.

LIQUID MEASURE

16 Ounces = 1 Pint
2 Pints = 1 Quart
4 Quarts = 1 Gallon
31 1/2 Gallons = 1 Barrel
2 Barrels = 1 Hogshead

DRY MEASURE

2 Pints = 1 Quart
8 Quarts = 1 Peck
4 Pecks = 1 Bushel

SQUARE MEASURE

144 Sq. Inches = 1 Sq. Ft.
9 Sq. Ft. = 1 Sq. Yd.
30 1/4 Sq. Yds. = 1 Sq. Rod
160 Sq. Rds. = 1 Acre
640 Sq. Acres = 1 Sq. Mile

CORD WOOD

A cord of wood is a pile
4 ft. wide, 4 ft. high and
8 ft. long, or 128 cu. feet.

APPETITE POOR? -- NEED A TONIC?



BEWINO BEEF, WINE and IRON TONIC

Bewino is useful in convalescence from acute illness, since it stimulates the appetite, gives the desire to eat, and through its contained wine gives the stimulating effect which is SO necessary TO AID IN OVERCOMING THE WEAKNESSES that naturally follow acute illness.

PRICE 50 CENTS

MAKES YOU FEEL BETTER, EAT BETTER AND OFTEN SLEEP BETTER

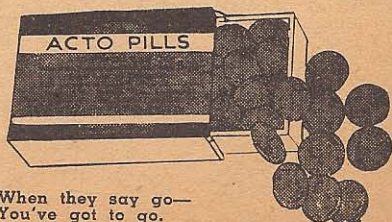
LARGE SIZE \$1.00

When you want Action QUICK!

ACTO Compound Action PILLS

For Quick, Effective Movements. A powerful purge and cathartic. Relieves such untoward ills as Headache, Heavy Feeling, so-called Biliousness and Flatulence due to Constipation.

CAUTION: Use only as directed.
PRICE 25 CENTS



When they say go—
You've got to go.

ALL ERBRU PREPARATIONS ARE GUARANTEED TO PLEASE

☆ Planter's Guide ☆

FOR GARDENERS AND FARMERS

Kind of Crop	Date of Planting	Seed Per Acre	Weeks Maturity
Cotton	Feb. to May 15	1 to 3 bush.	20-30
Corn	Feb. to June	8 qts.	18-20
Wheat	Sept. to Nov.	2 bush.	43
Oats	Feb., May, Sept.	2½ bush.	17
Barley	Apr. to May	2½ bush.	43
Rye	Sept. to Oct.	1½ bush.	17
White Beans	Mar. to May	20 to 30 qts.	7-8
Cabbage	Oct., Mar. to May	¼ to ½ lbs.	12-15
Watermelons	Mar. 1 to May 10	2 to 7 lbs.	16-20
Onions	Feb. 1 to Apr. 10	3 to 4 lbs.	16-24
Potatoes	Jan., Feb., to Apr.	10 to 20 bush.	10-18
Sweet Potatoes	April to June	10 to 12 bush.	14-20
Pumpkins	Apr. 1 to May 1	4 to 7 lbs.	17-20
Tomatoes	Jan. 1 to April	4 to 9 ozs.	14-20
Turnips	Feb., Aug., Apr.	1 to 2 lbs.	10-14
Tobacco	Seed Bed Mar.	Oz. to 6 sq. rds.	18-20
Cow Peas	May 1 to July 15	2 to 5 pecks	6-8

HINTS FOR HOME GARDENERS — WHEN TO PLANT

Planting times must be adjusted to local conditions. Planting must not be done until the soil is loose and mellow several inches down. And it must be done in time to allow the plants to mature.

Vegetables	Earliest and Latest Planting	Vegetables	Earliest and Latest Planting
Beets	April to August	Onions	April to May
Bush Beans	May to August	Parsley	April to June
Cabbage	April to May	Parsnips	April to June
Carrots	April to July	Peas	April to July
Cauliflower	April to May	Potatoes	March to June
Celery	March to April	Radishes	April to August
Corn	May to July	Spinach	April to August
Cucumbers	April to July	Tomatoes	May to June
Lettuce	April to August	Turnips	April to August

HOW TO PLANT

Vegetables	Amount 25 Ft. Row	Distance Between Rows	Distance Apart in Row	When Ready	Depth to Plant
Beets	½ ounce	12-15"	3-4"	60-70 days	1-2"
Bush Beans	½ pint	12-18"	4-6"	40-60 days	2-3"
Cabbage	20 plants	24-30"	18-24"	100 days	½-1"
Carrots	½ ounce	12-15"	2-3"	65-90 days	½-1"
Cauliflower	20 plants	24-30"	15-18"	100-120 days	½-1"
Celery	½ ounce	18-24"	4-6"	120-150 days	¼-1"
Corn	¼ pint	24-30"	18-24"	60-90 days	½-1"
Cucumbers	½ ounce	48-72"	36-48"	60-80 days	½-1"
Lettuce	½ ounce	12-18"	4-6"	50-80 days	½-1"
Onions (seeds)	¼ ounce	12-18"	4-6"	90-150 days	½-1"
Parsley	½ ounce	12-18"	4-6"	80-120 days	¼-½"
Peas	½ pint	24-36"	3-4"	40-75 days	2-3"
Potatoes	3 pounds	24-36"	12-18"	80-140 days	4-6"
Radishes	¼ ounce	6-12"	2-3"	25-45 days	½-1"
Spinach	¼ ounce	12-15"	4-6"	50-90 days	½-1"
Tomatoes	15 plants	24-30"	24-30"	90-120 days	1-2"
Turnips	¼ ounce	12-24"	3-6"	60-80 days	½"

SARCOPTIC MANGE and SCALP TREATMENT

Removes the Loose Scales of Dandruff Caused by Excessively Oily Scalp. Eases Discomfort of Itching Scalp.

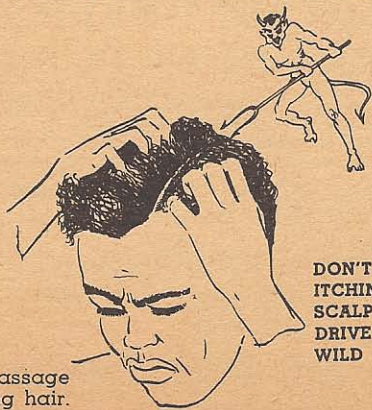
Apply this treatment to your scalp each day and follow with a shampoo.

Also massage your scalp.

The use of this remedy and massage is valuable in retarding excess thinning of hair. This treatment does not interfere with the use of hair dressing or pomade.

Big Bottle . . . Price — 35c

When used regularly with massage aids in checking unnatural falling hair.



DON'T LET
ITCHING
SCALP
DRIVE YOU
WILD

A Healthy Scalp Means Better Looking Hair

HELO
SALVE

PROMOTES HEALING



Don't let the itching torment of skin irritations get you down. Get quick, effective relief of itching — burning discomfort of Eczema, Salt Rheum, Tetter, Heat Rash, Chafing, Minor Skin Irritations and Non-Poisonous Insect Bites. A Soothing — Cooling — Anti-Pruritic — Astringent Salve. PRICE 25c

Every Home Needs It . . .
. . . Keep It Handy

HELO

Has Lots of
GOOD USES

EASES DISCOMFORTS
of
Itching Heat Rash, Tired,
Hurty Feet, Simple Cuts
and Bruises, Mosquito
Bites, Minor Burns and
Frost Bite.



1944



1944

(PHASES)				BOSTON			NEWYORK			WASH'TON			MOON'S SIGNS	LATITUDE OF NORTHERN STATES			LATITUDE OF MIDDLE STATES			LATITUDE OF SOUTHERN STATES													
				D	H	M	H	M	M	H	M	M																					
				8	0	22	A	0	22	A	0	22																					
				L.	Q.	N.	M.	L.	Q.	N.	M.	L.																					
F. M.				8	0	22	A	0	22	A	0	22																					
L. Q.				15	11	59	A	11	59	A	11	59																					
N. M.				22	3	43	A	3	43	A	3	43																					
F. Q.				30	1	6	M	1	6	M	1	6																					
D M W				Historical Events										Sun rises H M H M H M			Sun sets H M H M H M			Moon sets H M H M H M													
1	S			All Fool's Day										5	44	6	25	2	8	4	5	45	6	24	2	3	5	49	6	20	1	44	
14. Palm Sunday				Day's Length—12h. 44m.—12h. 42m.—12h. 32m.																													
2	S			First U. S. Mint established, 1792										5	42	6	26	2	51	4	5	43	6	25	2	47	5	48	6	20	2	29	
3	M			Plane first over Mt. Everest, 1933										5	40	6	27	3	29	3	5	41	6	26	3	25	5	46	6	21	3	10	
4	T			First movie transm. by wire, 1928										5	39	6	28	4	2	3	5	40	6	27	3	59	5	45	6	22	3	47	
5	W			Swinburne born, 1837										5	37	6	30	4	32	3	5	38	6	28	4	50	5	44	6	22	4	21	
6	T			Pearly discovered N. Pole, 1909										5	35	6	31	4	52	2	5	36	6	29	4	57	5	42	6	23	4	52	
7	F			Good Friday										5	33	6	32	5	25	2	5	35	6	30	5	24	5	41	6	24	5	23	
8	S			Clay-Randolph duel, 1826										5	32	6	33			2	5	33	6	31			5	40	6	25			
15. Easter Sunday				Day's Length—13h. 4m.—13h. 0m.—12h. 46m.																													
9	S			Lee surrendered to Grant, 1865										5	30	6	34	7	36	2	5	32	6	32	7	34	5	39	6	25	7	28	
10	M			George Arliss born, 1868										5	28	6	35	8	38	1	5	30	6	33	8	35	5	37	6	26	8	25	
11	T			Civil War began, 1861										5	27	6	36	9	41	1	5	28	6	34	9	37	5	36	6	27	9	23	
12	W			Henry Clay, statesman, b., 1777										5	25	6	37	10	44	1	5	27	6	36	10	40	5	35	6	27	10	22	
13	T			Thomas Jefferson born, 1743										5	23	6	38	11	46	0	5	25	6	37	11	41	5	34	6	28	11	22	
14	F			Lincoln assassinated, 1865										5	22	6	40	morn		0	5	24	6	38	morn		5	32	6	29	morn		
15	S			Titanic sunk by Iceberg, 1912										5	20	6	41	0	44	F.	5	22	6	39	0	39	5	31	6	29	0	19	
16. Low Sunday				Day's Length—13h. 23m.—13h. 19m.—13h. 0m.																													
16	S			Charles Chaplin born, 1889										5	19	6	42	1	37	0	5	21	6	40	1	32	5	30	6	30	1	13	
17	M			First U. S. World War shot, 1917										5	17	6	43	2	24	0	5	19	6	41	2	20	5	29	6	31	2	4	
18	T			Paul Revere's heroic ride, 1775										5	15	6	44	3	5	1	5	18	6	42	3	25	5	28	6	32	2	50	
19	W			Battle of Lexington, 1775										5	14	6	45	3	43	1	5	16	6	43	3	41	5	26	6	32	3	33	
20	T			West Virginia in Union, 1863										5	12	6	46	4	18	1	5	15	6	44	4	17	5	25	6	33	4	13	
21	F			Mark Twain died, 1910										5	11	6	47	4	49	1	5	13	6	45	4	49	5	24	6	34	4	50	
22	S			Spanish-Amer. war began, 1898										5	9	6	48	sets		2	5	12	6	46	sets		5	23	6	35	sets		
17. 2nd Sunday after Easter				Day's Length—13h. 42m.—13h. 37m.—13h. 13m.																													
23	S			St. George										5	8	6	50	7	54	2	5	10	6	47	7	51	5	22	6	35	7	41	
24	M			First Newspaper in U.S., 1704										5	6	6	51	9	3	2	5	9	6	48	8	59	5	21	6	36	8	45	
25	T			St. Mark										5	5	6	52	10	8	2	5	8	6	49	10	45	5	20	6	36	9	46	
26	W			Lafayette joins U.S. Army, 1777										5	3	6	53	11	8	2	5	6	6	50	11	35	5	19	6	37	10	43	
27	T			Gen. U. S. Grant born, 1822										5	2	6	54	morn		2	5	6	51	11	57	5	18	6	38	11	37		
28	F			Pres. James Monroe born, 1758										5	0	6	55	0	2	3	5	3	6	52	morn		5	17	6	39	morn		
29	S			Richard Crocker died, 1922										4	59	6	56	0	49	3	5	2	6	53	0	44	5	16	6	40	0	25	
18. 3rd Sunday after Easter				Day's Length—13h. 59m.—13h. 53m.—13h. 26m.																													
30	S			Washington inaugurated, 1789										4	58	6	57	1	29	3	5	1	6	54	1	25	5	15	6	41	1	8	

Weather Predictions—1-4, changeable; 5-9, cool; 10-14, cold and frosty; 15-17, warm; 18-22, clear and pleasant; 23-25, variable; 26-28, rain; 29-30, cooler.

REFRESHING.
COOLING DESSERTS

★

TO MAKE DELICIOUS STRAWBERRY, ORANGE, CHERRY OR GRAPE ICE CREAM OR SHERBET, dissolve 2 full cups of sugar and the contents of a package of "So-Good Soft Drink" in four or five cups milk. Put in a 2-quart freezer and turn until fairly stiff, then add a cup chilled cream and turn until frozen. This will make eight or ten helpings.

SO COLORFUL!
SO TASTY!

TO MAKE ICINGS FOR CAKES use any of the four flavors "So-Good" Soft Drink Base. Mix together 2 cups of sugar (powdered sugar if possible) with 2 table-spoons butter. Dissolve 1/2 package "So-Good" drink powder in small amount of water. Add sugar and butter, mix until thick enough to spread. This not only makes a delicious icing for cake but is very decorative.

POUR IT OUT AND STIR IT -- THAT'S ALL YOU HAVE TO DO



So-Good SOFT DRINKS

A SPOONFUL MAKES A GLASS FULL

3 TIMES AS STRONG as some cheap soft drinks. Goes three times as far. The large bottle makes over two full gallons, quickly and easily. Just the thing to cool you off on these hot summer days.

A LARGE BOTTLE 25 CENTS

TAKE YOUR CHOICE
LIQUID OR POWDER

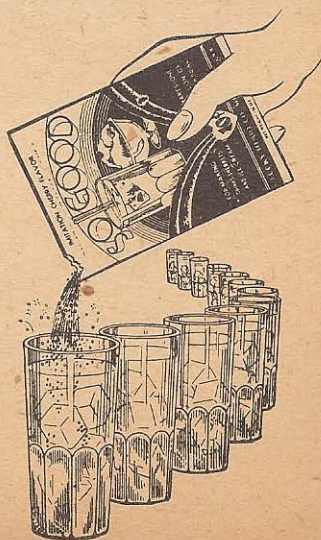
4 Delicious Flavors

GRAPE - STRAWBERRY - ORANGE
CHERRY

So-Good Soft Drink Powders

The quick, easy, economical way to make a delicious soft drink. Just put in water, add sugar and you have a drink fit for a King. The contents of the envelope will make nearly one gallon. Excellent for sherbets, ice, and icing for cakes.

PRICE 10 CENTS



So-Good PUDDING AND PIE FILLER

Makes one of the best tasting desserts you ever ate — you just can't stop eating it. You will say no other dessert can match its rich flavor—**Chocolate, Lemon, Vanilla, Butterscotch.** And what is so remarkable — it can be made in a few minutes! No fuss! No bother! No worry! Think of making a Chocolate Pie in FIVE MINUTES!

MAKE TASTY DESSERTS

For more recipes see page opposite February Calendar.



Four Delicious Flavors

Men Love Pie with a Passion

The So-Good Filler is for making either Pies or Puddings. You will marvel how the men will brag on your cooking if you use this fine filler. Men adore pies and puddings and it is so economical. It serves so many and goes so far. You will want all four of the flavors handy should a guest come in unexpectedly. **Chocolate, Vanilla Butterscotch, Lemon,** for the finest pies and puddings, made quickly at so little expense.

PRICE ONLY 35c

Make a Wonderful Dessert in only Five Minutes

CREAM CAKE

- | | |
|--------------|--|
| 2 eggs | 2 level teaspoons butter |
| 1 cup sugar | 3 level tablespoons "So-Good" Butterscotch Dessert |
| 2/3 cup milk | 2 level teaspoons "So-Good" Baking Powder |
| 2 cups flour | |

Bake in two layers or in cup-cake pans. Never fails.

CHOCOLATE RICE PUDDING

- | | |
|---|---------------------------|
| 2 cups cold cooked rice | 1 egg (slightly beaten) |
| 2 level tablespoons "So-Good" Chocolate Dessert | 1/2 cup milk |
| | 1 1/2 cups sugar |
| | 1 level tablespoon butter |

Combine ingredients, pour into a buttered baking dish and bake 15 to 20 minutes. When serving, pour 2 tablespoons whipped cream over the top of the pudding. This is a delicious rice pudding. Left over rice can be utilized in this appetizing way. It is a wholesome nutritious dessert for children. "So-Good" Lemon Dessert makes another pleasing dessert in combination with rice.

CHOCOLATE BREAD PUDDING

- | | |
|---|---------------------------|
| 4 cups milk | 2 cups stale bread crumbs |
| 4 level tablespoons "So-Good" Chocolate Dessert | 1/2 cup sugar |

Mix ingredients together and bake in a mod-

erate oven 20 minutes. Raisins may be added if desired. Any of the other "So-Good" Dessert flavors could be used in place of the Chocolate. This makes a wholesome economical pudding and uses what might otherwise be thrown away — stale bread.

LEMON RAISIN PIE

1 1/2 cups hot water 1/2 cup sugar
Mix two (2) tablespoons "So-Good" Lemon Dessert with a little cold water and stir into hot water; add sugar, then stir in one cup raisins which have been run through a grinder. Cook about ten minutes. Bake with two crusts or serve as a pudding.

TWO EGG CAKE

- | | |
|-------------------------------------|--|
| 1/2 cup shortening | 1/4 teaspoon salt |
| 1 cup sugar | 1 3/4 cups flour |
| 2 eggs | 1/2 teaspoon Lucky Heart Vanilla |
| 1/2 cup milk | 1/2 teaspoon Lucky Heart Lemon Extract |
| 2 teaspoons "So-Good" Baking Powder | |

Cream shortening, slowly add sugar, egg yolks, beat thoroughly. Add dry ingredients sifted together 3 times. Fold in beaten egg whites. Bake in moderate oven 30 minutes for layer cake, 45 minutes for loaf or bake in muffin tin.

Use SO-GOOD

Double Action

BAKING POWDER

for Baking Success

Has two actions: the first in the mixing bowl, the second in the oven. Raises the dough or batter gently, smoothly and deliciously.

PRICE 35 CENTS

Delicious SO-GOOD

BAKING POWDER BISCUITS

- | | |
|---|--|
| 2 cups sifted flour | 1/2 teaspoon salt |
| 4 teaspoons So-Good Double Action Baking Powder | 4 tablespoons butter or other shortening |
| | 2/3 cup milk |

Sift flour, measure, salt, add So-Good Double Action Baking Powder, and sift again. Fold in shortening, gradually add milk and make into soft dough. Roll one-half inch thick with little flour on board, cut with floured biscuit cutter and bake in hot oven about 12 minutes.



Just look at these tasty goodies—They're so good!

SAVE MONEY!

DOUBLE STRENGTH
IMITATION VANILLA
FLAVORING
COMPOUND

USE SO-GOOD



**BIGGER
BOTTLE
TWICE AS
STRONG**

IN
FLAVORING VALUE
AS ORDINARY PURE
VANILLA EXTRACT!

ONE BOTTLE
EQUALS TWO

for flavoring
**ICE CREAM
SHERBERTS
PUDDING
COOKIES
CAKES
PIES**

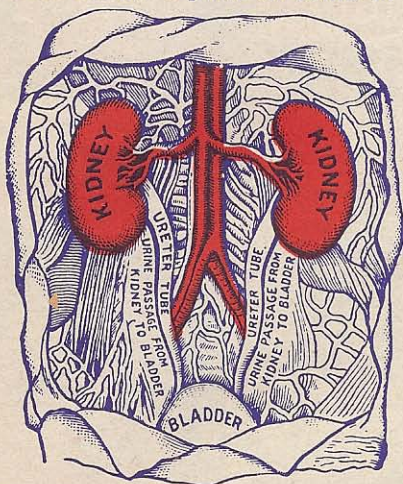
**OTHER SO-GOOD
FLAVORS YOU WILL
WANT TO TRY**

**Strawberry - Black
Walnut - Pineapple
Banana - Orange
Lemon**

Sold by Lucky Heart Agents Everywhere

Facts About The Human Body

Your body contains 253 Bones, 500 Muscles, 30 pounds of Blood, 10,000 nerves. Your heart is 4 inches wide and 6 inches long. You have 3 layers of skin. You breathe 1200 times an hour. Your heart beats 100,000 times every 24 hours. Your kidneys are about 4 inches long, 2 inches in breadth and one inch in thickness. They excrete about 3 pints of urine in 24 hours.



This illustration shows the position of the kidneys in the human body and the ureter tubes, the only way by which the urine is conveyed from the kidneys to the bladder.

How The Kidneys Work

The kidneys are highly vascular organs. The heart pumps blood to them to be filtered. This blood passes through about 2418 square inches of filtering surface of the kidneys which separates toxic waste material and urine from it. Diuretics are often used to help kidney action.

What Is A Diuretic?

What is the function of a diuretic? Diuretics are used to increase the flow of urine from the kidneys. They act by stimulating the kidneys directly to greater activity so that more urine is produced.

Diuretics Help Flush The Kidneys

Every 24 hours a normal adult ordinarily passes more than 3 pints of urine. It is one of the natural ways that your body gets rid of toxic waste material. Normal urine is a pale amber color, slightly acid in reaction and is separated from the circulating blood by the kidneys.

Proper Kidney Function Is Important!

Sometimes normal kidney cells become tired and don't act as well as they should. The result is a person does not have the pep and feel as well as he should. That is just the time that a simple diuretic gives aid by going right to work on functional sluggishness of certain cells in the kidneys to help nature excrete toxic waste materials.

Do Your Kidneys Need Stimulating With A Diuretic?

To restore normal functional activity of the urinary secretory organs when they are not diseased but still not acting right a simple alkalized diuretic not only increases the production of urine but aids in the elimination of waste material — Bladder irritation is soothed with the result that you sleep better and won't have to be getting up so often at night.

YOU NEED GOOD RED BLOOD

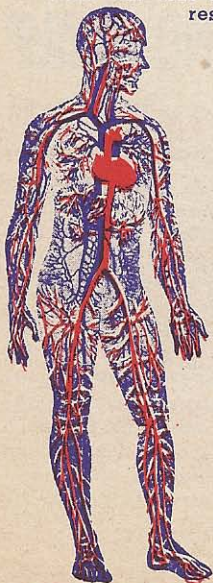
The blood of the body flows through the blood vessels. The circulation of the blood is kept up by the force and frequency of the heart beat. It nourishes your body by carrying the food you eat and the vital air you breathe to every organ and tissue within it.

Your blood contains plasma, red blood cells, white blood cells and iron (hemoglobin). This iron comes from the food you eat. Often times we don't get enough iron from our food. Then we have to get it from a good iron tonic. Iron unites with oxygen from the air you breathe and is carried by the blood to every tissue cell in the body where its function is very important.

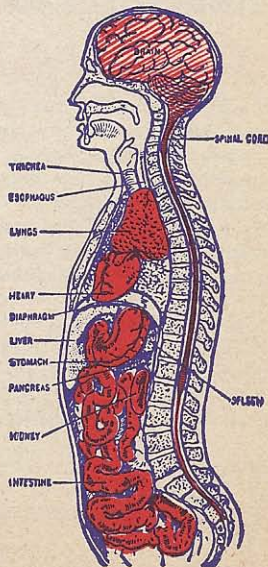
When you don't get enough iron you become a victim of simple anemia. Often worry, confinement, over-work, pregnancy, sickness and poor diet cause this condition. When you suffer with simple anemia due to iron deficiency you feel tired, listless, lack strength, energy and pep.

This anatomical diagram shows the location and relation of many important organs of the body. The heart and lungs are located in the chest while the liver, stomach, spleen, pancreas, large and small intestines are in the abdomen. When any of these organs are diseased you can not feel well.

When you suffer with organic or infectious disease of any kind you should consult the best medical advice obtainable and not rely on your own judgment as to what ails you and how you should treat it. Give yourself the best of it by consulting your physician at frequent intervals.



SEE WHERE THE BLOOD GOES





**DRY ECZEMA,
TETTER**
Prompt - Effective
Antiseptic help.

ITCHING, BURNING DISCOMFORT OF *Pimples* FROM EXTERNAL CAUSES CAN **MAKE YOU MISERABLE** **WONDER SKIN OINTMENT**

**Relieves Itching, Burning . . .
Lightens Too Dark Skin**

Acts as an Antiseptic Dressing in the relief of itching, burning of **SUPERFICIAL PIMPLES, BLACKHEADS (BUMPS), and ACNE OF EXTERNAL ORIGIN.** Relieves itching and burning due to **CHRONIC ECZEMA (SALT RHEUM, TETTER),** of external origin. **SIMPLE RINGWORM, MINOR PARASITIC SKIN IRRITATIONS.**

While you sleep it does its work of bringing you lighter, brighter complexion. It will mean more than money to you in the happiness and pleasure it brings you.

Gives blessed relief from itching, burning torture of Surface Pimples that makes you feel so miserable. Full directions in every box.



SIMPLE RINGWORM
Kills ringworm
fungus when
contacted.



ACNE PIMPLES (Bumps)
Relieves Discomfort.
Improves appearance.
Helps prevent scarring.



SKIN LIGHTENER
Smooths, Lightens.
Brightens the complexion.
You'll look better.



**PRICE
25c**

**SMALL
SIZE 10c**

A MEDICATED BEDTIME TREATMENT EASY TO USE

COMFORTING RELIEF FROM ITCHY, NAGGING SCALP

ask yourself these questions:

Is your Scalp dry and tight feeling? Does your hair get crimped and dry quickly? Is your scalp itchy: Are its roots in loose scaly dandruff? Is your hair falling out excessively? **MEN AND WOMEN,** if you want to help your hair, answer these questions honestly. If the answer is **YES,** then you should act at once to try to help these troubles. **DIFFERENT FROM ORDINARY LAZY HAIR DRESSING.**

LUCKY HEART TEMPGRO

A Sarcoptic Mange and Scalp Treatment

A preparation with medication intended to aid in the relief of Sarcoptic Mange and **ITCHY, SCALY SCALP.** If your hair is dry and dead feeling, if your scalp is itchy and causing your hair to fall out excessively from non-systemic causes, do your part with this hygienic care. Massage Lucky Heart Tempgro vigorously into your hair and scalp. You must get satisfaction or your money will be refunded.



**PRICE
25c**

TEMPGRO A SARCOPTIC MANGE & SCALP TREATMENT

TIGER HEAD ANTISEPTIC LINIMENT

Rub it on

or Take it!



RUB ON BACK



RUB ON



POUR ON CUTS



TAKE INTERNALLY

**APPLY
TO
MUSCULAR
ACHES AND
PAINS**

**RUB
IT!**
Soothes!

**TAKE
IT!**
Relieves!

**HELPS
EXPEL
COLICKY
GAS
DUE TO
INTESTINAL
FLATULENCE**



RUB ON ELBOWS



RUB ON FOREHEAD

RUB IT ON!

FOR RELIEVING AND EASING
PAINS, ACHES AND DISCOM-
FORT OF MUSCULAR SORENESS
AND STIFFNESS due to Exposure,
Overexertion or Fatigue.

COUNTERIRRITANT

Helps to Relieve Discomfort of
SIMPLE NEURALGIA AND
SIMPLE HEADACHE.

ANTISEPTIC DRESSING

For Superficial
CUTS, SCRATCHES, BRUISES,
MOSQUITO AND NON-POISON-
OUS INSECT BITES, CHILBLAINS
AND MINOR FROST BITES.

A SOOTHING LINIMENT

For ACHES AND PAINS due to
MUSCULAR STRAINS and
SPRAINS.



TIGER HEAD

Brand
POSITIVELY GUARANTEED
TO SATISFY
Price 35c

TAKE IT!

**A GAS EXPELLER
TO RELIEVE MISERY
AND DISCOMFORT
OF GAS PRESSURE
WHERE INDICATED**

Take in water as an aid in
relieving discomfort of gastric
flatulence (Gas). Gas trapped
in the stomach or gullet brings
painful and unpleasant sym-
ptoms. Reach for Tiger Head!
Tiger Head when used as in-
dicated relieves such pressure
and brings comforting relief.

Tiger Head is made extra
strong so that you really save
money when you buy it. A
little goes a long way.

Keep a Bottle of "TIGER HEAD" Always at Hand

Do Your Kidneys Need **STIMULATING** With a Diuretic.

GENUINE PREACHER'S **NO-RU**

DIURETIC STIMULANT TO THE KIDNEYS

**INCREASES PRODUCTION OF URINE
DECREASES ACID OF URINE**

**NO-RU AIDS NATURE TO RESTORE NORMAL FUNCTIONAL
ACTIVITY OF THE URINARY SECRETORY ORGANS**, when the
activity of these organs is below par not the result of pathology.

FOR FUNCTIONAL SLUGGISHNESS

**NO-RU ASSISTS THESE ORGANS BY INCREASING URINARY
OUTPUT** to aid in elimination of acid and waste material. No-Ru
is an aid to relieve **BLADDER IRRITATION** where the irritation
is due to **EXCESSIVE ACIDITY** of the urine as it is alkaline in
the urine, and neutralizes a portion of the urinary acid and tends
to decrease the irritability that is often responsible for **URINARY
FREQUENCY** with the result you can't sleep nights. In mild cases
of bladder disorder due to excessive acidity it is an aid in

**RELIEVING THE IRRITATION,
DISCOMFORT AND TOO
FREQUENT URINATION**

REGULAR SIZE 50c
EXTRA LARGE SIZE \$1.00



50c

**LIQUID
NO-RU
PILLS**

**Your
Satisfaction
Guaranteed**



**Diuretic Stimulant
To The Kidneys
NO-RU
PILLS**

**TENDS TO PROMOTE
PRODUCTION OF**

**URINE
AND AIDS ELIMINATION**

No-Ru Pills increase output of
urine, aiding in the elimina-
tion of **ACID AND WASTE
MATERIAL**, in mild cases of
bladder irritation due to ex-
cess urine acid.

Try a box of No-Ru Pills. For
men and women. Handy to
carry. Easy and pleasant to
take.

Helps you get back

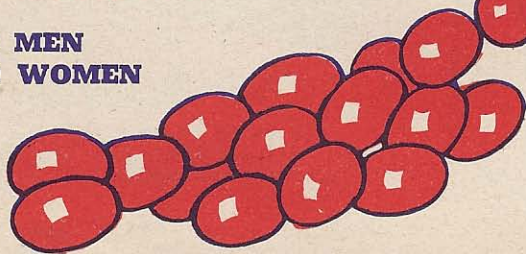
LOST ENERGY, STRENGTH, PEP WHEN LOST IRON LETS YOU DOWN GANDEEN TONIC TABLETS

Restore lost Iron — and feel like living again. If you are feeling punk — out of sorts — weak — all because you need iron — get GANDEEN TONIC TABLETS TODAY.

If your work has got you down — too weak and tired to stay with it — because you need iron — use Gandeen Tonic Tablets and snap right out of it. Regain that old zip, pep and energy.

*Contains Nux Iron Yeast
and Vitamin B1*

**FOR MEN
AND WOMEN**



PRICE 50c

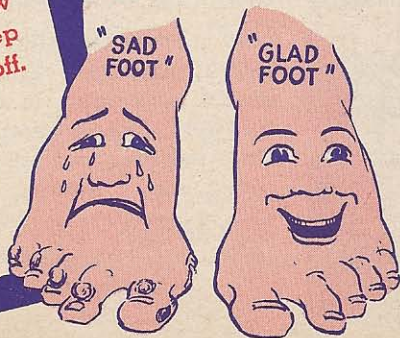
**A
REAL
IRON
TONIC**

**INCREASES COLORING
MATTER OF THE BLOOD**

Walk and Dance when

CORNGO
MAKES CORNS GO!

Don't suffer with the painful agonies of corns. Corn Go quickly relieves Pain. Just place it right on the corn — feel how it soothes — How promptly the pain's gone. Just keep putting it on to bring the corn off. Beware of knife or razor on a corn. Make sad feet glad feet with Corn Go. Makes walking and dancing a pleasure. Price 25c.



Beware of KNIFE and RAZOR! Don't use razor blades or knives. Blood poison has been known to come to many a person using these methods.

PERFUMED STARCH

MAKES CLOTHES SMELL SWEET FOR DAYS

Women, perfume and sweeten your clothes when they are washed. You will love its fragrant odor. You will be delighted with the ease and speed it gives to ironing.

Use it on your **UNDERTHINGS**, on your **BLOUSES** and **WASH DRESSES**. Use it when laundering **SHEETS** and **PILLOW CASES** to give your bed a lovely odor.

Use it on curtains and table linens. In fact, it's ideal for laundering anything you wish to perfume and give a lovely starchy freshness. This lovely starch contains a special ingredient to make ironing easier. Your iron will simply fly over your clothes, giving them new beauty and loveliness. It helps keep your clothes clean longer by holding down tiny fibers that catch dust and dirt. It makes clothes look better, smell better, iron easier and wear longer.

PRICE 25 CENTS

**IT'S GRAND!
MY CLOTHES
SMELL SO GOOD**



MAGIC BRITE Furniture Polish

Full Directions

on every package, with helpful hints about how to make wash days easier.



Makes Things Look Like New

"MY FURNITURE NEVER LOOKED AS GOOD AS THIS!"

This wonderful polish not only cleans accumulated dust, dirt and grime from your furniture, but its light bright film protects and preserves the beautiful finish of furniture, woodwork, linoleum and your automobile.

Just follow the simple directions on every package. You don't have to spend long hours to make your furniture look like new any longer. Magic Brite requires but little rubbing, works quick, saves hours.

BRIGHTEN UP YOUR HOME!

Simple and easy to use

SAVES TIME • SAVES RUBBING



BIRTHSTONES AND FLOWERS

January: Garnet
Flower: Snow Drop
February: Amethyst
Flower: Primrose
March: Bloodstone
Flower: Violet
April: Diamond
Flower: Daisy
May: Emerald
Flower: Hawthorne
June: Pearl
Flower: Honeysuckle
July: Ruby
Flower: Rose
August: Sardonix
Flower: Poppy
September: Sapphire
Flower: Morning Glory
October: Opal
Flower: Hops
November: Topaz
Flower: Chrysanthemum
December: Turquoise
Flower: Poinsettia
Buy your Birthday Ring
from the
Lucky Heart Agent!

WHEN TO SET EGGS

Those who prefer to set eggs so that they will hatch on pre-determined dates will find these days best:

January 21-22 to hatch February 10-11
February 18-19 to hatch March 10-11
March 16-17 to hatch April 6-7
April 12-13 to hatch May 3-4
May 13 to hatch June 1
June 6-7 to hatch June 27-28.

1944



1944

(PHASES)		BOSTON		NEWYORK		WASH'TON		MOON'S SIGNS	LATITUDE OF NORTHERN STATES.			SUN FAST	LATITUDE OF MIDDLE STATES			LATITUDE OF SOUTHERN STATES																			
F. M.	L. Q.	D	H M	D	H M	D	H M		Sun rises	Sun sets	Moon sets		Sun rises	Sun sets	Moon sets	Sun rises	Sun sets	Moon sets																	
N. M.	N. Q.	22	6 12 M	1 12 M	6 12 M	1 12 M	6 12 M		H M	H M	H M		H M	H M	H M	H M	H M	H M																	
F. Q.	F. Q.	29	7 6 A	7 6 A	7 6 A	7 6 A	7 6 A		H M	H M	H M		H M	H M	H M	H M	H M	H M																	
D	D	W	Historical Events					SUN			SUN			SUN																					
1	M		St. Philip and St. James					4 56	6 59	2 3	3 4	59	6 55	1 59	5 14	6 41	1 40																		
2	T		Catherine the Great born, 1729					4 55	7 0	2 34	3 4	58	6 56	2 31	5 13	6 42	2 21																		
3	W		First U. S. medical school, 1765					4 53	7 1	3 2	3 4	57	6 57	3 0	5 12	6 42	2 24																		
4	T		Napoleon arrives at Elba, 1814					4 52	7 2	3 29	3 4	56	6 58	3 28	5 11	6 43	2 25																		
5	F		Napoleon died at Elba, 1821					4 51	7 3	3 55	3 4	54	6 59	3 55	5 10	6 44	3 26																		
6	S		N.Y. Herald first published, 1835					4 49	7 4	4 21	3 4	53	7 0	4 22	5 9	6 45	4 27																		
19. 4th Sunday after Easter																		Day's Length—14h. 17m.—14h. 10m.—13h. 37m.																	
7	M		Pontiac Conspiracy, 1763					4 48	7 5	riser	4 4	52	7 2	riser	5 8	6 45	riser																		
8	T		Dante born, 1265					4 47	7 6	7 32	4 4	51	7 3	7 29	5 7	6 46	7 36																		
9	W		Adm. Byrd over N. Pole., 1926					4 46	7 7	8 37	4 4	50	7 4	8 33	5	6 47	8 16																		
10	T		Neth.-Belgium invaded, 1940					4 45	7 8	9 40	4 4	49	7 5	9 35	5	6 47	9 16																		
11	F		Minnesota became a state, 1858					4 43	7 9	10 40	4 4	47	7 6	10 35	5	6 48	10 15																		
12	T		Union Pacific R.R. opened, 1869					4 42	7 10	11 35	4 4	46	7 7	11 30	5	6 48	11 10																		
13	S		First Eng. settlement in Va., 1607					4 41	7 12	morn	4 4	45	7 8	morn	5	6 50	morn																		
20. Rogation Sunday																		Day's Length—14h. 33m.—14h. 25m.—13h. 48m.																	
14	S		Mothers' Day					4 40	7 13	0 25	4 4	44	7 9	0 21	5	2 6	50	0 3																	
15	M		Air Mail Service inaug. 1918					4 39	7 14	1 8	4 4	43	7 10	1 45	5	1 6	51	0 52																	
16	T		Balzac born, 1889					4 38	7 15	1 45	4 4	42	7 11	2 40	5	1 6	52	1 33																	
17	W		Money order plan estab., 1864					4 37	7 16	2 18	4 4	42	7 12	2 16	5	0 6	53	2 11																	
18	T		Ascension Day					4 36	7 17	2 50	4 4	41	7 13	2 50	5	0 6	54	2 49																	
19	F		Amer. Revolution began, 1775					4 35	7 18	3 22	4 4	40	7 14	3 23	5	0 6	55	3 26																	
20	S		Columbus died, 1506					4 34	7 19	3 54	4 4	39	7 15	3 56	5	0 6	56	4 4																	
21. Sunday after Ascension																		Day's Length—14h. 47m.—14h. 37m.—13h. 57m.																	
21	S		Amer. Red Cross founded, 1881					4 33	7 20	4 28	4 4	38	7 15	4 31	4 58	6 55	4 44																		
22	M		First Union casualty, 1861					4 32	7 21	sets	3 4	37	7 16	sets	4 57	6 56	sets																		
23	T		Captain Kidd executed, 1701					4 32	7 22	8 54	3 4	36	7 17	8 49	4 56	6 57	8 30																		
24	W		Brooklyn Bridge opened, 1883					4 31	7 23	9 51	3 4	36	7 18	9 46	4 56	6 57	9 26																		
25	T		Ralph W. Emerson born, 1803					4 30	7 24	10 42	3 4	35	7 18	10 37	4 55	6 58	10 17																		
26	F		Montana a territory, 1864					4 29	7 24	11 26	3 4	34	7 19	11 24	4 55	6 59	11 3																		
27	S		John Calvin died, 1564					4 28	7 25	morn	3 4	34	7 20	11 59	4 55	6 59	11 44																		
22. Pentecost—Whit Sunday																		Day's Length—14h. 58m.—14h. 48m.—14h. 6m.																	
28	S		Joseph W. Folk died, 1923					4 28	7 26	0 3	3 4	33	7 21	morn	4 54	7 0	morn																		
29	M		Empress of Ireland sunk, 1914					4 28	7 27	0 35	3 4	33	7 22	0 32	4 54	7 1	0 20																		
30	T		Memorial Day					4 27	7 28	1 4	3 4	32	7 23	1 2	4 54	7 1	0 53																		
31	W		Ember day					4 26	7 29	1 31	2 4	32	7 23	1 30	4 53	7 2	1 25																		
Weather Predictions—1-4, unsettled conditions; 5-7, pleasant; 8-11, warm and pleasant; 12-15, rain; 16-18, warm; 19-21, showery; 22-25, changeable; 26-28, showers; 29-31, rainy.																																			

Weather Predictions—1-4, unsettled conditions; 5-7, pleasant; 8-11, warm and pleasant; 12-15, rain; 16-18, warm; 19-21, showery; 22-25, changeable; 26-28, showers; 29-31, rain.



Beat The Heat . . . OH BOY!
THIS MAKES YOU FEEL GOOD

LUCKY HEART HEAT POWDER

RELIEVES SWEATY ITCHING — EASES HEAT RASH, OFFSETS PERSPIRATION ODORS

Don't itch and scratch during hot weather when there is this quick, blessed relief from heat rash and prickly irritations, as well as from sweaty odors.

DUST UNDER THE ARMS AND WHEREVER SKIN RUBS, CHAFES OR GALLS

Sprinkle in shoes for tired, burning feet. Neutralizes sweaty odors. Just sprinkle on your toes, in your shoes for that cool, comfortable feeling. Makes feet smell and feel good.

FOR MEN, WOMEN, BABIES — NEEDED ALL YEAR 'ROUND
PRICE 25 CENTS

"QUICK" RELIEF from PRICKLY HEAT



1944



1944

(PHASES)	BOSTON	NEWYORK	WASH'TON	MOON'S SIGNS			LATITUDE OF NORTHERN STATES			LATITUDE OF MIDDLE STATES			LATITUDE OF SOUTHERN STATES		
F. M..	6 1 58 A	1 58 A	1 58 A	Sun	Sun	Moon	Sun	Sun	Moon	Sun	Sun	Moon	Sun	Sun	Moon
L. Q..	13 10 56 M	10 56 M	10 56 M	rises	sets	sets	rises	sets	sets	rises	sets	sets	rises	sets	sets
N. M..	20 0 0 A	0 0 A	0 0 A	H M	H M	H M	H M	H M	H M	H M	H M	H M	H M	H M	H M
F. Q..	28 0 27 A	0 27 A	0 27 A	M	M	M	M	M	M	M	M	M	M	M	M
D M	Historical Events														
1 T	Tennessee admit.to Union, 1796			4 26	7 30	1 57	2 4	31	7 24	1 57	4 53	7 2	1 56		
2 F	Ember day			4 25	7 30	2 23	2 4	31	7 25	2 24	4 53	7 3	2 27		
3 S	Ember day			4 25	7 31	2 50	2 4	30	7 26	2 51	4 52	7 3	2 59		

23. Trinity Sunday.

Day's Length—15h. 7m.—14h. 56m.—14h. 12m.

4 S	Burgoyne died, 1792	4 25	7 32	3 10	2 4	30	7 26	3 21	4 52	7 4	3 33				
5 M	Socrates, philosopher, b., 469 B.C.	4 24	7 33	3 51	2 4	29	7 27	3 54	4 52	7 4	4 10				
6 T	Battle of Belleau Wood, 1918	4 24	7 33	rises	1 4	29	7 28	rises	4 52	7 5	rises				
7 W	British take Messines Ridge, 1917	4 23	7 34	8 31	1 4	29	7 28	8 26	4 52	7 5	8 6				
8 T	Corpus Christi	4 23	7 34	9 30	1 4	29	7 29	9 25	4 51	7 6	9 5				
9 F	Norway surrendered, 1940	4 23	7 35	10 22	1 4	28	7 29	10 17	4 51	7 6	9 59				
10 S	Flood in Kansas, 1923	4 23	7 35	11 8	1 4	28	7 30	11 4	4 51	7 7	10 49				

24. 1st Sunday after Trinity

Day's Length—15h. 14m.—15h. 2m.—14h. 16m.

11 S	Richard Strauss born, 1864	4 22	7 36	11 48	0 4	28	7 30	11 45	4 51	7 7	11 34				
12 M	Virginia declared rights, 1776	4 22	7 36	morn	0 4	28	7 31	morn	4 51	7 8	morn				
13 T	Gen. Winfield Scott born, 1786	4 22	7 37	0 23	S.	4	28	7 31	0 21	4 51	7 8	0 14			
14 W	Flag Day	4 22	7 37	0 55	0	4	28	7 32	0 54	4 51	7 8	0 52			
15 T	Arkansas became a state, 1836	4 22	7 38	1 25	0	4	28	7 32	1 25	4 51	7 9	1 27			
16 F	Marlborough died, 1722	4 22	7 38	1 56	1	4	28	7 33	1 57	4 51	7 9	2 4			
17 S	Battle of Bunker Hill, 1775	4 22	7 38	2 28	1	4	28	7 33	2 30	4 51	7 10	2 42			

25. 2nd Sunday after Trinity

Day's Length—15h. 17m.—15h. 5m.—14h. 19m.

18 S	War declared against Eng., 1812	4 22	7 39	3 2	1 4	28	7 33	3 5	4 51	7 10	3 21				
19 M	Maximilian ex. in Mexico, 1867	4 23	7 39	3 42	1 4	28	7 34	3 46	4 51	7 10	4 5				
20 T	West Virginia in Union, 1863	4 23	7 40	sets	1 4	28	7 34	sets	4 52	7 11	sets				
21 W	☉ enters ♈, Summer begins	4 23	7 40	8 33	2 4	28	7 34	8 28	4 52	7 11	8 8				
22 T	Battle of Craney Island, 1863	4 23	7 40	9 20	2 4	29	7 34	9 15	4 52	7 11	8 56				
23 F	Penn treaty with Indians, 1683	4 23	7 40	10 1	2 4	29	7 35	9 57	4 52	7 11	9 40				
24 S	St. John, Baptist	4 23	7 40	10 36	2 4	29	7 35	10 33	4 53	7 11	10 19				

26. 3rd Sunday after Trinity

Day's Length—15h. 16m.—15h. 6m.—14h. 18m.

25 S	Custer Massacre, 1876	4 24	7 40	11 7	2 4	29	7 35	11 4	4 53	7 11	10 55				
26 M	First Amer. troops in France, 1917	4 24	7 40	11 34	3 4	30	7 35	11 32	4 53	7 11	11 26				
27 T	Battle of Gaines Mills, 1862	4 25	7 40	morn	3 4	30	7 35	11 59	4 53	7 12	11 57				
28 W	World War began in Eur., 1914	4 25	7 40	0 0	3 4	31	7 35	morn	4 54	7 12	morn				
29 T	St. Peter and St. Paul	4 25	7 40	0 25	3 4	31	7 35	0 25	4 54	7 12	0 26				
30 F	Indian Terr. est. by Cong., 1834	4 26	7 40	0 51	4 4	31	7 35	0 52	4 54	7 12	0 57				

Weather Predictions—1-3, warm and pleasant; 4-8, showers; 9-12, warm; 13-16, clear; 17-20, warm spell; 21-25, thunder showers; 26-30, generally clear and pleasant.

WEDDING RHYMES

Monday for wealth
Tuesday for health
Wednesday the best
day of all
Thursday for losses
Friday for crosses
Saturday no luck at all



Married in white have
chose aright
Married in blue your
love will be true
Married in brown you
will live out of town
Married in green you
will wish to be seen
Married in red you'll
wish yourself dead
Married in black you
had better turn back
Married in yellow you
have the wrong fellow
Married in gray is a
widow's way

WEDDING
ANNIVERSARIES

1st year—Paper
2nd year—Cotton
3rd year—Leather
5th year—Wooden
7th year—Woolen
10th year—Tin
12th year—Linen
15th year—Crystal
20th year—China
25th year—Silver
50th year—Golden
75th year—Diamond

For Hurting Feet -- Lucky Heart
Medicated Foot Soap

Soak your feet — for real relief

A specially prepared soap for tired, burning, irritated, hurting feet. Soothes feet — makes them comfortable — softens thick, hardened skin and callouses. Neutralizes foot odors.

Makes Feet FEEL SO GOOD--SMELL SO GOOD
NOT AN ORDINARY BAR SOAP



EXTRA LARGE SIZE BAR 25c



CORN PADS

WITH MEDICATED CENTER

For relieving and removing corns.
A true and tried method for glad feet.
PRICE 25c

CALLOUS PADS

WITH MEDICATED CENTER

Takes off callouses while permitting
you to walk, stand or dance. Eases
discomfort.
PRICE 25c

BUNION PADS

Eases pain temporarily by taking
pressure off sore painful spot.
PRICE 25c

STATE FLOWERS

STATE	FLOWER
Alabama	Goldenrod
Arizona	Sahuaro
Arkansas	Apple Blossom
Calif.	Golden Poppy
Colorado	Columbine
Conn.	Mt. Laurel
Delaware	Peach Blossom
Florida	Orange Bloss'm
Georgia	Cherokee Rose
Idaho	Syringa
Illinois	Wood Violet
Indiana	Zinnia
Iowa	Wild Rose
Kansas	Sunflower
Kentucky	Trumpet Vine
Louisiana	Magnolia
Maine	Pine Cone & T'l
Maryland	Bl'keyed Susan
Mass.	Mayflower
Michigan	Apple Blossom
Minn.	Moccasin Fl'r
Miss.	Magnolia
Missouri	Hawthorn
Montana	Bitter Root
Nebraska	Goldenrod
Nevada	Sagebrush
N. H'shire	Purple Lilac
N. Jersey	Violet
N. Mex.	Cactus
N. Car.	Rose
N. Dak.	Goldenrod
Ohio	Wild Pr'ie Rose
Okla.	Scarlet C'nation
Oregon	Mistletoe
Penna.	Oregon Grape
R. Island	Mt. Laurel
S. Car.	Violet
S. Dak.	Y'l'w Jessamine
Tenn.	Pasque Flower
Texas	Passion Flower
Utah	Bluebonnet
Vermont	Sego Lily
Virginia	Red Clover
Wash.	Amer. Dogwood
W. Va.	Rhododendron
Wisconsin	Rhododendron
Wyoming	Violet

1944

1944

(PHASES)		BOSTON			NEWYORK			WASH'TON			SUN SIGNS	LATITUDE OF NORTHERN STATES			MOON SIGNS	LATITUDE OF MIDDLE STATES			LATITUDE OF SOUTHERN STATES									
F. M.	D. M.	5	11	27	A	11	27	A	11	27		OF NORTHERN STATES				OF MIDDLE STATES			OF SOUTHERN STATES									
L. N. Q.	12	3	39	A	3	39	A	3	39	A		OF NORTHERN STATES				OF MIDDLE STATES			OF SOUTHERN STATES									
F. Q.	28	4	23	M	4	23	M	4	23	M		OF NORTHERN STATES				OF MIDDLE STATES			OF SOUTHERN STATES									
D. M.	D. W.	Historical Events										Sun rises			Moon sets			Sun rises			Moon sets							
I	S	Dominion Day, Canada										4	26	7 40	x	18	4	4	32	7 35	x	20	4	55	7 12	x	30	
27. 4th Sunday after Trinity												Day's Length—15h. 13m.—15h. 3m.—14h. 17m.																
2	S	Pres. Garfield assassinated, 1881										4	27	7 40	x	18	4	4	32	7 35	x	20	4	55	7 12	x	30	
3	M	Idaho admitted to Union, 1890										4	27	7 40	x	18	4	4	33	7 34	x	21	4	56	7 12	x	31	
4	T	Independence Day										4	28	7 40	x	18	4	4	33	7 34	x	21	4	56	7 12	x	31	
5	W	Dominion of Canada est., 1868										4	28	7 40	x	18	4	4	33	7 34	x	21	4	56	7 12	x	31	
6	T	John Paul Jones born, 1747										4	28	7 40	x	18	4	4	34	7 34	x	21	4	56	7 12	x	31	
7	F	Merrimack heroes released, 1868										4	29	7 39	x	18	4	4	35	7 34	x	21	4	56	7 12	x	31	
8	S	John D. Rockefeller born, 1839										4	29	7 39	x	18	4	4	35	7 33	x	21	4	56	7 12	x	31	
												4	30	7 39	x	18	4	4	36	7 33	x	21	4	56	7 12	x	31	
28. 5th Sunday after Trinity												Day's Length—15h. 7m.—14h. 56m.—14h. 13m.																
9	S	Braddock's defeat, 1755										4	31	7 38	x	18	4	4	37	7 33	x	21	4	57	7 11	x	31	
10	M	Wyoming admit. to Union, 1890										4	32	7 38	x	18	4	4	38	7 32	x	21	4	57	7 11	x	31	
11	T	Pres. John Quincy Adams b., 1767										4	33	7 37	x	18	4	4	38	7 32	x	21	4	57	7 11	x	31	
12	W	Hull's invasion of Canada, 1812										4	33	7 37	x	18	4	4	39	7 32	x	21	4	57	7 11	x	31	
13	T	Napoleon surrendered, 1815										4	34	7 37	x	18	4	4	39	7 31	x	21	4	57	7 11	x	31	
14	F	French revolution, 1789										4	35	7 36	x	18	4	4	40	7 31	x	21	4	57	7 11	x	31	
15	S	St. Swithin										4	36	7 35	x	18	4	4	41	7 30	x	21	4	57	7 11	x	31	
29. 6th Sunday after Trinity												Day's Length—14h. 58m.—14h. 49m.—14h. 6m.																
16	S	Dist. of Columbia estab., 1790										4	36	7 34	x	18	4	4	41	7 30	x	21	4	57	7 11	x	31	
17	M	Franco-German War, 1870										4	37	7 34	x	18	4	4	42	7 29	x	21	4	57	7 11	x	31	
18	T	Wm. M. Thackeray b., 1811										4	38	7 33	x	18	4	4	43	7 28	x	21	4	57	7 11	x	31	
19	W	First iron ship launched, 1843										4	39	7 32	x	18	4	4	44	7 28	x	21	4	57	7 11	x	31	
20	T	Mormons expel. from Sweden, '12										4	40	7 32	x	18	4	4	45	7 27	x	21	4	57	7 11	x	31	
21	F	First battle of Bull Run, 1861										4	41	7 31	x	18	4	4	45	7 26	x	21	4	57	7 11	x	31	
22	S	French submarine lost, 1927										4	42	7 30	x	18	4	4	46	7 25	x	21	4	57	7 11	x	31	
30. 7th Sunday after Trinity												Day's Length—14h. 46m.—14h. 38m.—13h. 58m.																
23	S	Bunker Hill Monu. compl., 1841										4	43	7 29	x	18	4	4	47	7 25	x	21	4	57	7 11	x	31	
24	M	Canada discovered, 1534										4	44	7 28	x	18	4	4	48	7 24	x	21	4	57	7 11	x	31	
25	T	St. James										4	44	7 28	x	18	4	4	49	7 23	x	21	4	57	7 11	x	31	
26	W	N.Y. State rat. U.S. Const., '88										4	45	7 27	x	18	4	4	50	7 22	x	21	4	57	7 11	x	31	
27	T	State Department est., 1789										4	46	7 26	x	18	4	4	51	7 21	x	21	4	57	7 11	x	31	
28	F	First official mail car, 1862										4	47	7 25	x	18	4	4	52	7 20	x	21	4	57	7 11	x	31	
29	S	First Almanac printed, 1472										4	48	7 23	x	18	4	4	53	7 19	x	21	4	57	7 11	x	31	
31. 8th Sunday after Trinity												Day's Length—14h. 33m.—14h. 24m.—13h. 49m.																
30	S	Rocky Mt., N.C., battle, 1780										4	49	7 22	x	18	4	4	54	7 18	x	21	4	57	7 11	x	31	
31	M	First U.S. patent issued, 1790										4	50	7 21	x	18	4	4	55	7 17	x	21	4	57	7 11	x	31	

Weather Predictions—1-4, hot and thunder showers; 5-8, hot and sultry; 9-13, showers; 14-18, cloudy and cool; 19-22, hot wave; 23-27, cooler; 28-31, hot.



GIVE YOUR FEET A COOLING TREAT TEMPGRO FOOT BALM

MAKES HURTING FEET FEEL GOOD

FEEL THE COMFORTABLE COOLNESS that comes instantly with using TEMPGRO Foot Balm. Rub gently on hard, ugly callouses to soften them up — to chase them away. Apply as a medicated rub to ease tender burning feet because of too much walking, standing, or badly fitting shoes.

USE WINTER OR SUMMER — WHENEVER YOUR FEET HURT

Easy to apply. Not sticky or greasy. Lubricates CORN. Softens CALLOUSES.

PRICE 25 CENTS

STOP BURNING CALLOUSED FEET FROM MOANING AND GROANING



DON'T HAVE CRY BABIES
GIVE THEM

Genuine CASTORIA THEY LIKE IT! IT LIKES THEM!

For Babies or Growing Children up to 12 Years Old. A guaranteed preparation for infants that relieves

SOUR STOMACH,
FEVERISHNESS,
SLEEPLESSNESS
DUE TO
CONSTIPATION

CAUTION: Use only as directed.

PRICE 25 CENTS

EASY TO GIVE!
NICE TO TAKE!



(PHASES)			BOSTON			NEWYORK			WASH'TON			S I G N S M O O N ' S	LATITUDE OF NORTHERN STATES			M O O N ' S	LATITUDE OF MIDDLE STATES			LATITUDE OF SOUTHERN STATES										
F. M.	L. Q.	N. M.	D	H	M	H	M	M	H	M	A		Sun rises	Sun sets	Moon sets		Sun rises	Sun sets	Moon sets	Sun rises	Sun sets	Moon sets								
N. M.	F. Q.		18	10	30	9	52	A	9	52	A		H	M	M		H	M	M	H	M	M								
			26	6	39	A	6	39	A	6	39		A																	
D	M	D	Historical Events																											
1	T		First Natl. census began, 1790									4	51	7	20	1	42	6	4	56	7	16	1	47	5	13	6	59	2	8
2	W		Pres. Harding died, 1923									4	52	7	19	2	35	6	4	57	7	15	2	40	5	14	6	58	3	2
3	T		Columbus first voyage, 1492									4	53	7	18	3	37	6	4	58	7	14	3	42	4	14	6	57	4	4
4	F		Brownstown Battle, Mich., 1812									4	54	7	17	rises		6	4	58	7	13	rises	5	16	5	56	5	8	
5	S		First book printed, 1462									4	55	7	18	8	19	6	4	59	7	12	8	16	5	15	6	58	8	6

32. 9th Sunday after Trinity

6	S	Prog. political party formed, 1921	4	57	7	14	8	56	6	5	07	10	8	54	5	16	6	55	8	48
7	M	U. S. War Dept. created, 1789	4	58	7	13	9	30	6	5	17	9	9	20	5	17	6	54	9	28
8	T	Spanish Armada destroyed, 1588	4	59	7	12	10	2	6	5	27	8	10	3	15	6	53	10	6	0
9	W	Cedar Mt., Va., battle, 1862	5	0	7	10	10	33	5	5	37	7	10	3	15	8	52	10	43	
10	T	Mo. admitted to Union, 1821	5	1	7	9	11	5	5	5	47	5	11	8	19	5	51	11	21	
11	F	Gold rush to Klondike, 1897	5	2	7	8	11	41	5	5	57	4	11	45	20	5	50	11	24	
12	S	Kill King Philip at Mt. Hope, 1676	5	3	7	6	10	9	5	5	67	3	10	9	21	6	49	12	2	

33. 10th Sunday after Trinity

13	S	Cortez takes Mexico, 1521	8	5	4	7	5	0	21	5	5	7	7	1	0	25	5	21	6	48	0	45
14	M	First dated book issued, 1457	8	5	5	7	3	1	5	5	5	8	6	1	1	10	5	22	6	47	1	32
15	T	Napoleon Bonaparte born, 1769	8	5	6	7	2	1	55	4	5	9	6	59	2	0	23	6	40	2	22	
16	W	King Peter of Serbia died, 1021	8	5	7	0	2	49		4	5	10	6	58	2	54	5	23	6	45	3	16
17	T	First food inspection act, 1890	8	5	8	6	59	3	45	4	5	11	6	56	3	49	5	24	6	43	4	9
18	F	Orville Wright born, 1861	8	5	9	6	57	sets		4	5	12	6	54	3	sets	5	25	6	42	sets	
19	S	Victory of "Old Ironsides", 1812	8	5	10	6	56	7	39	3	5	13	6	53	7	sets	5	25	6	41	7	28

34. 11th Sunday after Trinity

20	S	Benjamin Harrison born, 1833	Q	11	6	54	8	5	3	5	14	6	52	8	3	5	26	6	40	7	58
21	M	Bank of St. Louis estab., 1816	Q	16	6	53	8	30	3	5	16	6	50	8	29	5	26	6	39	8	58
22	T	Debusby born, 1862	Q	13	6	51	8	55	3	5	16	6	49	8	25	5	27	6	38	8	28
23	W	Commodore Perry died, 1819	Q	15	6	50	9	20	2	4	17	6	47	9	21	5	28	6	37	9	28
24	T	St. Bartholomew	Q	16	6	48	9	47	2	4	18	6	46	9	24	5	29	6	35	10	0
25	S	Wash., D. C., set afire, 1814	Q	17	6	47	10	17	2	4	19	6	44	10	20	5	29	6	34	10	35
26	T	Texas ratifies repud, 1933	Q	18	6	45	10	51	2	5	20	6	41	10	25	5	30	6	33	11	17

35. 12th Sunday after Trinity

27	S	Fort Frontenac battle, 1758	M	5	19	6	43	11	31	1	5	21	6	41	11	36	5	31	6	32	11	56
28	M	First oil well, Titusville, Pa., 1859	T	5	20	6	42	morn			5	22	6	40	morn	5	31	6	31	morn		
29	T	Washington ratify repeal, 1933	F	5	21	6	40	o	19		5	23	6	38	o	24	5	32	6	29	o	46
30	W	Battle of Richmond, Ky., 1862	S	5	22	6	39	1	17		o	24	6	37	1	22	5	33	6	28	1	44
31	T	Stamp. Envl. act. by Cong., 1852	Th	5	23	6	37	2	23		o	25	6	35	2	22	5	33	6	27	2	49

Weather Predictions—1-3, clear and hot; 4-8, rainy; 9-12, generally clear and hot; 13-15, clear and pleasant; 16-19, clear; 20-23, changeable; 24-26, warm; 27-31, showers.

HELPFUL HOUSEHOLD HINTS

Dusting: In dusting, one wishes to remove all possible surface dust. This is, best done by using an oiled dusting cloth. Furniture and woodwork should be thoroughly cleaned and polished occasionally. Lucky Heart Magic Brite Furniture Polish is an ideal furniture polish. After furniture polish is applied, wipe surplus off with a clean, dry cloth and rub well. Wash your dusting cloth often.

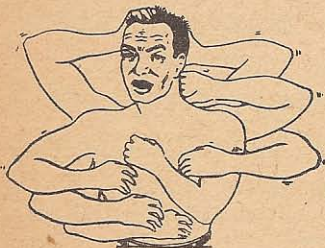
Sweeping: Vacuum cleaners and other automatic carpet sweepers are rapidly taking the drudgery out of house work. If a broom is used, the room to be swept should first be strewn with bits of wet paper or sweeping compound. This allays the dust. Sweeping should be done with short, swift strokes. Sweep from the outside of a room toward the center, or along the nap of the carpet.

**CHIPPO LAXATIVE
HERB TEA**
Pure Vegetable Laxative
ROOTS, BERRIES, LEAVES
and SEEDS

Senna and Buchu Leaves, Juniper Berries, Fennel and Anise Seeds, Licorice Roots, Alfalfa and Rhubarb.

Relieves Biliousness, Sour Stomach, Coated Tongue, Loss of Appetite, due to Constipation. Stimulates gentle, easy movement to help clean bowels of waste matter.

CAUTION: Use only as directed.



GET QUICK RELIEF FROM ITCHING

ERBRU OINTMENT

Don't tear at your skin and lose your sleep. Use this soothing dressing to aid in relieving itching, burning of skin caused by scabies (itch), or chronic eczema. Scratching may cause infection with serious results.

PRICE 25 CENTS



CONTAGIOUS DISEASES

Chicken Pox — Incubation period: Two to three weeks.
Symptoms: Chills, pains in arms and back, vomiting. Eruptions appear within a day of first symptoms on chest, back or face. The disease over the red spots with fluid and blisters. These dry by the fourth day and a dark brown crust and on fall off.

Measles — Most highly contagious disease known to man. Communicable from first symptoms until catarrhal symptoms disappear. Incubation period: 7 to 14 days.

Symptoms: Face flushed, eyes red, droopy cough, sore throat, swollen tonsils. Groups of pimples appear about the fourth day and never goes down. Begins to fade by sixth day and peeling begins.

Mumps — Incubation period: 2 to 3 weeks.

Symptoms: Fever, pain and swelling on one side of face or both sides. Difficult swallowing. Neck and issues under lower jaw swell out. This lasts a week or ten days and then the disease is gone.

Whooping Cough — Incubation period: 14 days.

Symptoms: Nose runs, hoarseness and loose cough for a week or two. Then whooping begins. Vomiting may follow coughing spells. This stage lasts a month. Cough holds on for several more weeks. Broken rest and loss of food cause loss of weight and rundown condition.

DON'T DELAY when you have any contagious disease. Call your doctor immediately.

1944



September

1944

(PHASES)		BOSTON			NEW YORK			WASHINGTON			MOON'S SIGNS	LATITUDE OF NORTHERN STATES			LATITUDE OF MIDDLE STATES			LATITUDE OF SOUTHERN STATES		
F. M.	D. H. M.	2	3	2	1	A	3	2	1	A		Sun rises	Sun sets	Moon sets	Sun rises	Sun sets	Moon sets	Sun rises	Sun sets	Moon sets
L. Q.	9	7	3	M	7	3	M	7	3	M		5	25	6	35	3	34	0	5	26
N. M.	17	7	37	M	7	37	M	7	37	M		5	27	6	32	3	38	5	34	6
F. Q.	25	7	17	M	7	17	M	7	17	M		5	34	6	24	3	56	4	26	3
D. M. W.		Historical Events																		
1	F	Germany invaded Poland, 1939									☾	5	24	6	35	3	34	0	5	26
2	S	U.S. Treasury Dept. org., 1789									☾	5	25	6	35	3	34	0	5	27
36. 13th Sunday after Trinity Day's Length—13h. 6m.—13h. 2m.—12h. 48m.																				
3	S	Treaty of peace with Eng., 1783									☾	5	26	6	32	7	26	1	5	28
4	M	Labor Day									☾	5	27	6	30	7	58	1	5	29
5	T	Cholera in London, 1854									☾	5	28	6	28	8	30	1	5	30
6	W	McKinley shot, 1901									☾	5	29	6	27	9	4	2	5	31
7	T	Settlement at Boston, 1630									☾	5	30	6	25	9	40	2	5	32
8	F	First public school in U.S., 1621									☾	5	32	6	23	10	19	2	5	33
9	S	California became a state, 1850									☾	5	33	6	22	11	2	3	5	34
37. 14th Sunday after Trinity Day's Length—12h. 48m.—12h. 43m.—12h. 35m.																				
10	S	Perry's Lake Erie victory, 1813									☾	5	34	6	20	11	50	3	5	35
11	M	Brandywine battle, 1777									☾	5	35	6	18	10	50	3	5	36
12	T	Americans take St. Mihiel, 1918									☾	5	36	6	16	0	43	4	5	37
13	W	Gen. John J. Pershing b., 1860									☾	5	37	6	14	1	37	4	5	38
14	T	Pres. McKinley died, 1901									☾	5	38	6	13	2	37	4	5	39
15	F	Pres. Wm. H. Taft born, 1857									☾	5	39	6	11	3	36	5	5	40
16	S	Alfred Noyes born, 1880									☾	5	40	6	9	4	35	5	5	41
38. 15th Sunday after Trinity Day's Length—12h. 26m.—12h. 25m.—12h. 20m.																				
17	S	Cong. sign U.S. Constitution, 1787									☾	5	41	6	7	sets	6	5	42	
18	M	Quebec surrendered, 1759									☾	5	42	6	6	6	59	6	5	43
19	T	Wm. B. Astor born, 1792									☾	5	43	6	4	7	24	6	5	44
20	W	Ember day									☾	5	44	6	2	7	50	7	5	45
21	T	St. Matthew									☾	5	45	6	0	8	19	7	5	46
22	F	Ember day Autumn begins									☾	5	46	5	59	8	51	7	5	47
23	S	Ember day									☾	5	47	5	57	9	28	8	5	48
39. 16th Sunday after Trinity Day's Length—12h. 6m.—12h. 6m.—12h. 6m.																				
24	S	Pres. Zach. Taylor born, 1784									☾	5	49	5	55	10	11	8	5	49
25	M	Siege of Paris began, 1870									☾	5	50	5	53	11	2	8	5	50
26	T	Balboa discovered Pacific, 1513									☾	5	51	5	52	morn	5	9	5	51
27	W	First R.R. in World, Eng., 1825									☾	5	52	5	50	0	2	9	5	52
28	T	Spanish revolution, 1823									☾	5	53	5	48	1	10	9	5	53
29	F	Michaelmas Day									☾	5	54	5	46	2	23	10	5	54
30	S	Richard B. Sheridan born, 1751									☾	5	55	5	45	3	39	10	5	55

Weather Predictions—1-3, little rain; 4-6, cool, pleasant; 7-10, rain, clearing warm; 11-14, cloudy and threatening; 15-18, cool; 19-22, continued cool; 23-26, storms; 27-30, frosty.

Women!

Avoid Offending Others

USE

SAN-I-GENE

Sanitary Astringent Douche Powder

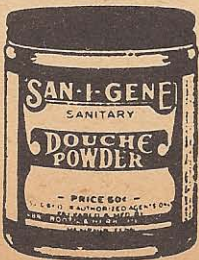
Don't leave yourself open to the crudest remark that a person can make about a woman! Keep sweet, fresh and dainty. This is a sanitary douche powder for women and girls. SAN-I-GENE offsets offensive odors from female organs.

USE DAILY TO KEEP FRESH

It insures cleanliness to keep you dainty.

PRICE 50 CENTS

CLEANS . . SOOTHES REFRESHES



LADIES! NO HOME SHOULD BE WITHOUT ONE!

3 IN ONE COMBINATION

1. DOUCHE BAG

2. HOT WATER BOTTLE

3. ENEMA BAG



Has all the necessary parts for giving enemas and douches. Can be turned into a hot water bottle in less than a minute. Made of fine quality rubber for long hard use. Ideal for use with San-I-Gen Douche Powder.

PRICE \$1.39



PHASES	BOSTON	NEW YORK	WASHINGTON	MOON'S SIGNS	LATITUDE OF NORTHERN STATES	LATITUDE OF MIDDLE STATES	LATITUDE OF SOUTHERN STATES
F. M.	1 11 22 A	11 22 A	11 22 A		Sun sets	Sun sets	Sun sets
L. Q.	8 8 12 A	8 12 A	8 12 A		Moon sets	Moon sets	Moon sets
N. M.	17 0 35 M	0 35 M	0 35 M				
F. Q.	24 5 48 A	5 48 A	5 48 A				
F. M.	31 8 35 M	8 35 M	8 35 M				
D M	Historical Events				H M H M H M	H M H M H M	H M H M H M
40.	17th Sunday after Trinity				Day's Length—11h. 47m.—11h. 47m.—11h. 52m.		
1	S	2c post. between U.S.-Eng. 1908			5 56 5 43 4 50	10 5 56 5 43 4 50	4 57 5 54 5 46 5 3
2	M	End of Jewish Kingdom, 1178			5 57 5 44 4 51	11 5 57 5 44 4 51	4 58 5 55 5 47 5 4
3	T	Battle of Corinth, Miss., 1862			5 58 5 45 4 52	11 5 58 5 45 4 52	4 59 5 56 5 48 5 5
4	W	Pres. R. B. Hayes born, 1822			5 59 5 46 4 53	12 5 59 5 46 4 53	5 00 5 57 5 49 5 6
5	T	Pres. C. A. Arthur born, 1830			6 00 5 47 4 54	12 6 00 5 47 4 54	5 01 5 58 5 50 5 7
6	F	Germans ask for Armistice, 1918			6 01 5 48 4 55	12 6 01 5 48 4 55	5 02 5 59 5 51 5 8
7	S	Colonists defeat Burgoyne, 1777			6 02 5 49 4 56	12 6 02 5 49 4 56	5 03 5 00 5 52 5 9
41.	18th Sunday after Trinity				Day's Length—11h. 27m.—11h. 29m.—11h. 38m.		
8	S	Great Chicago Fire, 1871			6 03 5 50 4 57	12 6 03 5 50 4 57	5 04 5 01 5 53 5 10
9	M	Germans take Antwerp, 1914			6 04 5 51 4 58	13 6 04 5 51 4 58	5 05 5 02 5 54 5 11
10	T	Gamboua dike destroyed, 1913			6 05 5 52 4 59	13 6 05 5 52 4 59	5 06 5 03 5 55 5 12
11	W	D. of A. R. organized, 1890			6 06 5 53 5 00	13 6 06 5 53 5 00	5 07 5 04 5 56 5 13
12	T	Columbus discovered Amer., 1492			6 07 5 54 5 01	14 6 07 5 54 5 01	5 08 5 05 5 57 5 14
13	F	Molly Pitcher, heroine, b., 1744			6 08 5 55 5 02	14 6 08 5 55 5 02	5 09 5 06 5 58 5 15
14	S	Hastings battle, 1066			6 09 5 56 5 03	14 6 09 5 56 5 03	5 10 5 07 5 59 5 16
42.	19th Sunday after Trinity				Day's Length—11h. 7m.—11h. 11m.—11h. 24m.		
15	S	Gregorian calendar intro., 1582			6 10 5 57 5 04	15 6 10 5 57 5 04	5 11 5 08 5 00 5 17
16	M	Fire in Washington, D.C., 1920			6 11 5 58 5 05	15 6 11 5 58 5 05	5 12 5 09 5 01 5 18
17	T	Alaska boundary award, 1903			6 12 5 59 5 06	15 6 12 5 59 5 06	5 13 5 10 5 02 5 19
18	W	St. Luke, Evangelist			6 13 5 00 5 07	16 6 13 5 00 5 07	5 14 5 11 5 03 5 20
19	T	Yorktown battle, 1781			6 14 5 01 5 08	16 6 14 5 01 5 08	5 15 5 12 5 04 5 21
20	F	U.S. treaty with Spain, 1795			6 15 5 02 5 09	16 6 15 5 02 5 09	5 16 5 13 5 05 5 22
21	S	San Francisco Earthquake, 1868			6 16 5 03 5 10	17 6 16 5 03 5 10	5 17 5 14 5 06 5 23
43.	20th Sunday after Trinity				Day's Length—10h. 48m.—10h. 53m.—11h. 11m.		
22	S	Sarah Bernhardt born, 1844			6 17 5 04 5 11	17 6 17 5 04 5 11	5 18 5 15 5 07 5 24
23	M	Statue of Liberty dedicated, 1886			6 18 5 05 5 12	17 6 18 5 05 5 12	5 19 5 16 5 08 5 25
24	T	Quake breaks Alaska cables, 1927			6 19 5 06 5 13	18 6 19 5 06 5 13	5 20 5 17 5 09 5 26
25	W	Charge of Light Brigade, 1854			6 20 5 07 5 14	18 6 20 5 07 5 14	5 21 5 18 5 10 5 27
26	T	Erie Canal opened, 1825			6 21 5 08 5 15	19 6 21 5 08 5 15	5 22 5 19 5 11 5 28
27	F	Theodore Roosevelt born, 1858			6 22 5 09 5 16	19 6 22 5 09 5 16	5 23 5 20 5 12 5 29
28	S	St. Simon and St. Jude			6 23 5 10 5 17	20 6 23 5 10 5 17	5 24 5 21 5 13 5 30
44.	21st Sunday after Trinity				Day's Length—10h. 29m.—10h. 35m.—10h. 58m.		
29	S	Sir Walter Raleigh behead., 1618			6 24 5 11 5 18	20 6 24 5 11 5 18	5 25 5 22 5 14 5 31
30	M	Pres. John Adams born, 1735			6 25 5 12 5 19	20 6 25 5 12 5 19	5 26 5 23 5 15 5 32
31	T	Halloween			6 26 5 13 5 20	21 6 26 5 13 5 20	5 27 5 24 5 16 5 33

Weather Predictions—1-3, cool and pleasant; 4-7, frosty and cool; 8-11, variable; 12-15, clear and cool; 16-19, cold; 20-23, rain, clearing cool; 24-27, clear and cold, 28-31, cloudy.

WHAT EVERY WOMAN SHOULD KNOW

If drawers of your dresser, or any old drawers for that matter, stick, pull them out and rub the edges with hard soap or wax and they will work like a charm.

When rag rugs are washed they should be rinsed thoroughly because soap left in them makes them catch dirt more easily.

To prevent fat from spluttering when meat is fried, sprinkle a little salt in the pan before putting in the grease.

Storm windows which do not fit snugly in their frames can be sealed to keep out cold air by placing strips of adhesive tape around the inside surfaces of the window edge.

To run rods through freshly laundered curtains, wrap tissue paper around the end of the rod and fasten with a rubber band.

To remove chocolate stains from table linen, sprinkle the spot with borax and then pour boiling water through the cloth.

When covering an ironing board, tack the cover on while damp. After it dries out it will stretch tightly, making a smoother surface.

A light scorched stain on white silk garment can be removed satisfactorily by covering for an hour or so with baking soda mixed to a paste with cold water. Brush off powder when thoroughly dry.

At certain time of the month women should avoid hard work.

TO EASE HEADACHE MISERY, COLD DISCOMFORTS AND MINOR DISCOMFORTS OF PAINFUL PERIODS

ERBRU GUARANTEED ASPIRIN

Guaranteed pure. Quick dissolving. An effective aid to the relief of muscular aches and pains due to common colds, exposure or over-exertion, simple headaches, simple neuralgia, toothache, and minor menstrual (period) pain.

PRICE: 36 TABLETS 25 CENTS



MOTHERS RECOMMEND IT TO THEIR DAUGHTERS

Kandu

KANDU, a pleasant, soothing vegetable compound that has been a favorite for years. Increases appetite — expels gas — soothing and quieting to the system. Must please and satisfy you or your agent will refund your money.

PRICE 50 CENTS — LARGEST SIZE \$1.00

THOUSANDS OF BOTTLES SOLD

THIS FAVORITE OLD COMPOUND

Contains such well known ingredients as Cramp Bark, Wild Yam and Cinnamon China.

TASTES GOOD — GOOD TO TAKE

EASY WAYS TO REMOVE STAINS FROM WASHABLE FABRICS

FOOD: Soak in cold water and then launder.

GREASE: Pour boiling water through stains.

INK: Scrape off as much as possible, rub with kerosene.

IRON DYE: Launder in hot suds.

IRON RUST: Apply a solution of oxalic acid for a few minutes. Rub very thoroughly.

PAINT: Soak in kerosene or turpentine, rub as much paint as possible and launder.

FREE

OROSCOPE

According to Astrologers the signs of the zodiac under which one is born foretell the events of a person's life. You can get a free reading for your birth month by sending us 1 EMPTY CARTRIDGE from a bottle of TIGER HEAD LINIMENT during the month of August, 1944. Enclose your name and address and your birthdate and send to:

LUCKY HEART CO.

Dept. A 44
Memphis 2, Tenn.

LUCKY HEART EVERY DAY NEEDS

	Price
Tooth Paste	\$.025
Tooth Powder25
Liquid Dentifrice25
Tooth Brush25
Mouth Wash25

For Men

Shaving Cream	\$.30
Shaving Brush50
Razor Blades10
(Double or single edge)	
Shaving Soap10
After Shaving Lotion25

YOUR LUCKY HEART AGENT WILL BE GLAD TO SHOW YOU THESE GOODS

1944



1944

(PHASES)		BOSTON		NEWYORK		WASH'TON		MOON'S SIGNS	LATITUDE OF NORTHERN STATES				LATITUDE OF MIDDLE STATES				LATITUDE OF SOUTHERN STATES												
L. Q.	D H M	D H M	H M	H M	A	1 28 A	A		Sun rises	Sun sets	Moon rises	M	Sun rises	Sun sets	Moon rises	M	Sun rises	Sun sets	Moon rises	M									
N. M.	7 1 28 A	5 29 A	5 29 A	5 29 A	5 29 A	5 29 A	5 29 A		H M	H M	H M	M	H M	H M	H M	H M	H M	H M	H M	H M									
F. M.	15 5 29 A	23 2 53 M	2 53 M	2 53 M	2 53 M	2 53 M	2 53 M		M	M	M	M	M	M	M	M	M	M	M	M									
		29 7 52 A	7 52 A	7 52 A	7 52 A	7 52 A	7 52 A																						
D M	D W	Historical Events																											
1	W	All Saints' day						☾	6	33	4	54	6	4	16	6	30	4	57	6	7	17	5	10	6	7	24		
2	T	James K. Polk born, 1795						☾	6	34	4	53	6	40	16	6	31	4	56	6	50	6	18	5	9	6	7	20	
3	F	Drake circled the world, 1580						☾	6	35	4	52	7	33	16	6	32	4	55	7	38	6	19	5	8	8	6	7	14
4	S	Gatling gun patented, 1862						☾	6	36	4	51	8	25	16	6	33	4	54	8	30	6	20	5	7	8	5	3	3
45. 22nd Sunday after Trinity																													
Day's Length—10h. 11m.—10h. 19m.—10h. 45m.																													
5	S	Gunpowder plot, 1605						☾	6	38	4	49	9	21	16	6	34	4	53	9	26	6	21	5	6	9	4	8	4
6	M	Hoover elected President, 1928						☾	6	39	4	48	10	19	16	6	35	4	52	10	24	6	22	5	6	10	4	4	4
7	T	Tippecanoe battle, 1811						☾	6	40	4	47	11	19	16	6	37	4	50	11	23	6	23	5	5	11	4	4	4
8	W	Teddy Roosevelt elected, 1904						☾	6	41	4	46	morn	16	6	38	4	49	morn	6	24	5	4	5	12	4	morn	4	4
9	T	1st settlement in Conn., 1635						☾	6	43	4	45	0 19	16	6	39	4	48	0	22	6	24	5	3	0	36	3	0	36
10	F	Receiver for House of David, 1927						☾	6	44	4	44	1 18	16	6	41	4	47	1 20	6	25	5	2	1	30	2	1	30	
11	S	Armistice day						☾	6	45	4	43	2 17	16	6	42	4	46	2 18	6	26	5	2	2	24	2	2	24	
46. 23rd Sunday after Trinity																													
Day's Length—9h. 56m.—10h. 2m.—10h. 34m.																													
12	S	King Tut coffin opened, 1925						☾	6	46	4	42	3 15	16	6	43	4	45	3 15	6	27	5	1	3	17	0	3	17	0
13	M	R.R. Stand. Time in effect, 1883						☾	6	48	4	41	4 13	16	6	44	4	44	4 12	6	28	5	0	4	5	6	4	5	6
14	T	Robert Fulton born, 1765						☾	6	49	4	40	5 14	15	6	45	4	44	5 12	6	29	5	0	5	6	4	5	6	
15	W	Pike's Peak discovered, 1806						☾	6	50	4	39	sets	15	6	46	4	43	sets	6	30	4	59	5	4	5	6	4	
16	T	Oklahoma a state, 1907						☾	6	52	4	38	5 26	15	6	47	4	42	5 30	6	31	4	59	5	4	5	6	4	
17	F	Tornado at Washington, 1927						☾	6	53	4	37	6 15	15	6	49	4	41	6 11	6	32	4	58	6	3	2	6	3	
18	S	Fish Dam Ford battle, 1780						☾	6	54	4	36	6 53	15	6	50	4	40	6 58	6	33	4	58	7	2	1	3	2	
47. 24th Sunday after Trinity																													
Day's Length—9h. 40m.—9h. 49m.—10h. 23m.																													
19	S	Pres. J. A. Garfield born, 1831						☾	6	55	4	35	7 47	14	6	51	4	40	7 52	6	34	4	57	8	15	5	7	15	5
20	M	Count Leo Tolstol died, 1910						☾	6	56	4	35	8 47	14	6	52	4	39	8 52	6	35	4	57	9	14	5	7	14	5
21	T	First permanent theatre, 1766						☾	6	58	4	34	9 52	14	6	54	4	38	9 56	6	36	4	56	10	16	4	5	7	14
22	W	France an Empire, 1852						☾	6	59	4	33	11 2	14	6	55	4	38	11 5	6	36	4	56	11	12	4	5	7	14
23	T	Clemenceau died in Paris, 1929						☾	7	0	4	33	morn	13	6	56	4	37	morn	6	37	4	56	12	11	4	5	7	14
24	F	Tasmania discovered, 1642						☾	7	1	4	32	0 15	13	6	57	4	37	0 17	6	38	4	56	0	28	4	5	7	14
25	S	Fort Du Quesne taken, 1758						☾	7	2	4	32	1 28	13	6	58	4	36	1 29	6	39	4	55	1	34	4	5	7	14
48. 25th Sunday after Trinity																													
Day's Length—9h. 27m.—9h. 37m.—10h. 15m.																													
26	S	Wm. Cowper born, 1731						☾	7	4	4	31	2 40	13	6	59	4	36	2 40	6	40	4	53	2	40	4	5	7	14
27	M	New York Subway opened, 1904						☾	7	5	4	31	3 53	12	7	0	4	36	3 52	6	41	4	53	3	47	4	5	7	14
28	T	First Amer. P.O. in N.Y., 1783						☾	7	6	4	30	5 7	12	7	1	4	35	5 40	6	42	4	54	4	55	4	5	7	14
29	W	British capt. Savannah, Ga., 1778						☾	7	7	4	30	rises	12	7	2	4	35	rises	6	42	4	54	5	45	4	5	7	14
30	T	Mark Twain b., 1835 St. Andrew						☾	7	8	4	29	5 18	11	7	3	4	34	5 23	6	43	4	54	5	45	4	5	7	14

Weather Predictions—1-3, rain and cold; 4-8, clear and cold; 9-12, cool; 13-15, cold; 16-19, mild and blustery; 20-23, snow and cold; 24-26, pleasant conditions; 27-30, pleasant.

ERBRU

Laxative Pills

CROSS? - LAZY? - HEADACHY?

DO THIS TONIGHT—YOU'LL FEEL BETTER TOMORROW

If this is your trouble take ERBRU Laxative Pills as directed and note how much better you feel tomorrow. No griping — no straining. Pleasant and effective.

CAUTION: Use only as directed.

Feeling "sick", sluggish — all bound up? Don't feel down and out because of constipation.



PRICE 25 CENTS



PHASES		BOSTON		NEWYORK		WASH'TON		MOON'S SIGNS	LATITUDE OF NORTHERN STATES				SUN FAST	LATITUDE OF MIDDLE STATES			LATITUDE OF SOUTHERN STATES			
L. Q.	D. H. M.	H. M.	M.	H. M.	M.	H. M.	M.		OF					OF			OF			
N. M.	7 9 57	M	9 57	M	9 57	M	M		SUN					SUN			SUN			
F. Q.	22 10 54	M	10 54	M	10 54	M	M		Sun rises								Sun rises			
F. M.	29 9 38	M	9 38	M	9 38	M	M		sets								sets			
D. M.	D. W.	Historical Events								Moon rises				Moon rises			Moon rises			
1	F	1st use of gas for light, 1816								☐	7 9	4 24	6 10	11	7 4	4 34	6 15	6 44	4 54	6 38
2	S	Monroe doctrine estab., 1823								☐	7 10	4 29	7 5	10	7 5	4 34	7 10	6 45	4 54	7 33
49. 1st Sunday In Advent									Day's Length—9h. 17m.—9h. 27m.—10h. 8m.											
3	S	Mary Baker Eddy died, 1910								☐	7 11	4 28	8 3	10	7 6	4 33	8 8	6 46	4 54	8 30
4	M	Wm. H. Harrison nomin., 1839								☐	7 12	4 28	9 4	10	7 7	4 33	9 8	6 46	4 54	9 28
5	T	Repeal 18th Amendment, 1933								☐	7 13	4 28	10 6	9	7 8	4 33	10 9	6 47	4 54	10 26
6	W	St. Nicholas								☐	7 14	4 28	11 6	9	7 9	4 33	11 9	6 48	4 54	11 21
7	T	Delaware rat. U.S. constl., 1787								☐	7 15	4 28	morn	8	7 10	4 33	morn	6 49	4 54	morn
8	F	Ely Whitney, inventor, b., 1765								☐	7 16	4 28	0 5	8	7 11	4 33	0 7	6 50	4 54	0 14
9	S	Riots in Colombia, 1929								☐	7 17	4 28	1 3	7	7 12	4 33	1 4	6 51	4 54	1 7
50. 2nd Sunday In Advent									Day's Length—9h. 10m.—9h. 20m.—10h. 3m.											
10	S	Miss. admitted to Union, 1817								☐	7 18	4 28	2 2	7	7 13	4 33	2 2	6 51	4 54	2 1
11	M	Indiana admitted to Union, 1816								☐	7 19	4 28	3 2	7	7 14	4 33	3 1	6 52	4 54	2 56
12	T	Arthur Brisbane born, 1864								☐	7 20	4 28	4 3	6	7 15	4 33	4 1	6 53	4 55	3 52
13	W	Lindy flies Wash. to Mex., 1927								☐	7 21	4 28	5 5	6	7 16	4 33	5 2	6 54	4 55	4 47
14	T	Jane Cowl, actress, born, 1884								☐	7 22	4 28	6 8	5	7 17	4 33	6 4	6 54	4 55	5 49
15	F	Rasputin died, 1916								☐	7 23	4 29	sets	4	7 18	4 34	sets	6 55	4 55	sets
16	S	Great fire of New York, 1835								☐	7 23	4 29	5 39	4	7 18	4 34	5 44	6 55	4 56	6 8
51. 3rd Sunday In Advent									Day's Length—9h. 8m.—9h. 16m.—10h. 0m.											
17	S	Beethoven, composer born, 1770								☐	7 23	4 29	6 39	4	7 18	4 34	6 44	6 56	4 56	7 7
18	M	Boston Tea Party, 1773								☐	7 24	4 29	7 44	3	7 19	4 35	7 49	6 57	4 57	8 9
19	T	Wash. at Valley Forge, 1777								☐	7 25	4 29	8 53	3	7 20	4 35	8 57	6 57	4 57	9 14
20	W	Ember day								☐	7 26	4 30	10 5	2	7 21	4 35	10 8	6 58	4 58	10 20
21	T	St. Thomas								☐	7 26	4 31	11 17	2	7 21	4 36	11 18	6 58	4 58	11 25
22	F	Ember day								☐	7 26	4 31	morn	1	7 21	4 36	morn	6 59	4 59	morn
23	S	Ember day								☐	7 27	4 32	0 28	1	7 21	4 37	0 28	6 59	4 59	0 30
52. 4th Sunday In Advent									Day's Length—9h. 5m.—9h. 16m.—10h. 0m.											
24	S	Treaty of Ghent, 1814								☐	7 27	4 32	1 40	0	7 22	4 38	1 39	7 05	0	1 36
25	M	Christmas day								☐	7 28	4 33	2 52	S.	7 23	4 38	2 50	7 05	0	2 42
26	T	St. Stephen								☐	7 28	4 34	4 3	1	7 24	4 39	4 0	7 15	1	3 47
27	W	St. John, Evangelist								☐	7 28	4 34	5 13	1	7 24	4 39	5 9	7 15	1	4 52
28	T	Innocent, Wood. Wilson b. 1856								☐	7 29	4 35	6 21	2	7 24	4 40	6 16	7 15	2	5 56
29	F	Texas admitted to Union, 1845								☐	7 29	4 35	rises	2	7 24	4 41	rises	7 25	3	rises
30	S	Jesus founded, 1535								☐	7 29	4 36	5 48	3	7 24	4 42	5 53	7 25	3	6 16
53. 1st Sunday after Christmas									Day's Length—9h. 8m.—9h. 18m.—10h. 2m.											
31	S	Stone River battle, 1862								☐	7 29	4 37	6 48	3	7 24	4 42	6 53	7 25	4	7 13

Weather Predictions—1-3, snow, clearing cold; 4-7 cloudy and stormy; 8-12, snow; 13-16, snow and cold; 17-21, clear and cold; 22-26, generally pleasant; 27-31, rain and cloudy.

CLEANING HELPS

Wipe porcelain sinks and tubs with kerosene to cut grease and remove stains.

Iron rust may be removed from white goods with sour milk.

Remove vegetable stains from hands by rubbing with slice of raw potato.

A slice of lemon placed in a boiler of clothes will make the clothes a beautiful white, besides taking all stains out of handkerchiefs and lighter garments.

TO TIGHTEN CHAIR SEATS

Sponging cane seated chairs with salt water tightens them up and prevents sagging.

HOLY BIBLE

A fine big Bible for every member of the family. Large, attractive type. Easy to read. Thread sewn, attractively bound. Contains 760 pages with family register for Births, Deaths, Marriages, etc. A Bible you will be proud to own and happy to read down through the years.

PRICE ONLY 75c

Relieves cold misery when it hurts worst



ERBRU Laxative COLD TABLETS

A preparation for simple colds preferred by many people. It gently SOOTHES the NERVES, INDUCES PERSPIRATION, AIDS IN RELIEVING MISERY OF HEADACHE that makes a cold so unpleasant. Mildly laxative to keep bowels open.

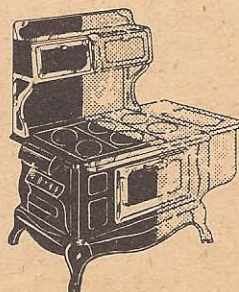
PRICE 25 CENTS

Caution: Use only as directed.



Soothes the Nerves

Make That Old Stove Look Like New STA BLACK STOVE AND NICKEL POLISH



Gives a lasting brilliant satin finish. Polishes and shines. Prevents rust. Comes in a handy tube. Easy to use. Long lasting.

Price only 35c

STA-WHITE SHOE POLISH

Keeps shoes white, softens and preserves.

Price 25c

Death To These Pests:

FLIES — BEDBUGS — FLEAS — ROACHES MOSQUITOES

RED DEATH

Kills insects quick. Drive these pests from your house. They spread diseases, make life miserable, lose your boarders and friends. Just spray 'em good and they die fast. A large bottle 35c.

DO YOU WANT TO FEEL BETTER?

ARE YOU

**ious, Have Upset
Stomach, Gas
Pressure, Sallow
Complexion, Coated
Tongue, Feel
 sluggish, Lazy and
headachy caused
by constipation**

that you cannot work
and play with your usual
energy. A dose or two
of ERBO can be depend-
ent upon to relieve such
constipation misery and
thereby help you feel
yourself again.

Pleasant to Take

fine old medicine es-
pecially prepared to re-
lieve distressing symp-
toms of constipation.
Don't wait until you are
sick to move and
just stay in bed to help
yourself.

Be What You Need

WHEN YOU NEED A LAXATIVE--YOU WANT A GOOD ONE

**RELIEVE MISERY OF MUSCULAR ACHES, PAINS AND
CUGHING OF COMMON COLDS WITH ...**

Mutton Suet Base Allen's Salve

**FOR RELIEF OF DIS-
COMFORT OF
THROAT AND LOCAL
CONGESTIONS DUE
TO COLDS OF NOSE
AND HEAD COLDS.
EASES SIMPLE
NEURALGIA AND
MUSCULAR PAINS
WHICH CAN BE
RELIEVED WITH
SURFACE MASSAGE.
PRICE 25 CENTS**

A Strongly Medicated Salve with
a Mutton Suet Base containing
powerful cold relieving ingredi-
ents. Mutton Suet has long been
favored by many for rubbing on
back and chest for relief of
common colds.

Rub It On

Use locally with hot flannel cloth.
For stuffed up nostrils, medica-
tion enters air passages to give
soothing comfort and to reduce
"stuffy head" suffering.

PRICE 25 CENTS

ERBO PURELY VEGETABLE LAXATIVE

Take as a Powder



Big
Box
35c

Drink as a
Tea

Pleasant Results

A CARMINATIVE
AND DIURETIC
MADE OF HIGH
STRENGTH

**ROOTS, HERBS,
BARKS,
BERRIES, SEEDS
AND FLOWERS**

Oftimes Relieving
Constipation, helps
you to

**FEEL BETTER,
EAT BETTER,
SLEEP BETTER**

TAKE ERBO TONIGHT

and you can notice
the difference
tomorrow.

You will say it was
the best 35c you
ever spent.





IRON TONIC STIMULANT For That Tired, Worn Out Feeling

Due to Iron Deficiency

ERBRU

IRON TONIC

For That Weary, Weak, Tired, Let Down Feeling Due to Lack of Sufficient Iron

It is well known how worry, confinement, pregnancy, overwork, undue strain, infection, sickness and improper diet cause simple anemia, with loss of appetite, leaving you feeling flat and out of sorts.

ERBRU

is recommended as an
excellent

IRON TONIC STIMULANT

TO INCREASE THE
HEMOGLOBIN
OF THE

BLOOD

INCREASE APPETITE
IN SIMPLE ANEMIA,
SIMPLE ANEMIA OF
PREGNANCY,
CHLOROSIS

and other hypo-chromic
anemia due to iron
deficiency.

Erbru Iron Tonic brings you new strength and energy by aiding in restoring blood Hemoglobin (red coloring matter) to a higher state and its benefits store up and are enduring in the absence of organic troubles.

Improves appetite — Gives zest to eating. Further, Erbru whets the appetite. Foods taste better. Digestive juices are stimulated. Your body gets more out of the food you eat.

Strength, energy, pep is replenished when lost body iron is replaced. A very important matter in feeling better.

Buy and use with confidence. Erbru will do its part in making

**"YOU FEEL
MORE LIKE
YOURSELF
AGAIN"**

Medium Size 50c
Large Size \$1.00



**FREE OF Extra Cost —
LAXATIVE PILLS**

Note — Erbru Iron Tonic contains a substantial quantity of iron which is astringent and tends to constipate many people. That is why with each bottle of Erbru Iron Tonic we furnish free Genuine Erbru Laxative Tablets to be taken when necessary.

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OVER 300,000 BOTTLES SOLD

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