



November 1, 2023

Dear Athlete, Manager and Coach:

It is with pleasure that I announce to you the **51st running of the Credit Union Cherry Blossom 10 Mile**. The 2024 race is to be held on **Sunday, April 7**. The event will start and finish on the Washington Monument Grounds in Washington, DC, the United States Capital. The flat, fast, and beautiful route has been the site of numerous world and American records since 1973 including a new men's American Record by Hillary Bor at the 2023 race.

The 51st event, will feature the 2024 **USATF National 10 Mile Championship** and will offer a package of guaranteed prize money and bonuses with **potential payouts in excess of \$80,000**. The event will offer an international purse in addition to the purse in the U.S. championship.

Jean Arthur
President

Kirt West
Vice President

Michelle Carter
Secretary

Rob Wolfe
Treasurer

Phil Stewart
Event Director

Becky Lambros
Deputy Director

Kerri Hill
Controller

Office
4963 Elm St., Suite 106
Bethesda, MD 20814

www.cherryblossom.org



Fast Facts

STATUS: USATF sanctioned and certified event; RRCA Sanctioned event; World Athletics certified and a World Athletics Calendar event. Member, PRRO Circuit. Race founded in 1973.

COURSE: Flat, fast USATF certified 10 mile course (#DC 21003RT). Site of numerous World Bests and American Records

RULES: USATF rules govern the competition

WOMEN'S RACE: The race features an advance start for the International and U.S. elite women meaning the women's winning time will qualify as a performance in a women's only event. A group of approximately 40-50 elite and seeded women will begin 12 minutes in advance of the main start.

EVENT RECORDS: The **men's event record** of 45:15 is jointly held by Allan Kiprono of Kenya set in 2012 and Nicholas Kosimbei of Kenya set in 2022. The **American men's event record** of 46:11 is held by Hillary Bor set in 2023. The **all-women's event record** of 51:44 is held by Teyba Erkesso of Ethiopia set in 2007. The American all-women's event record is 52:12 set by Janet Bawcom in 2014.

2023 WEATHER: 47 degrees F / 8 degrees C; Partly sunny; Dewpoint: 32 degrees F / 0 degrees C, Humidity: 56%. Winds: Heavy wind 21 MPH / 34 Km/h

Elite Athlete Competition

Deadline for optimal elite athlete consideration

Monday, March 4, 2024

Health and Safety Protocols for COVID-19

While we hope that the Covid-19 pandemic will not re-emerge to the extent that preventative measures are required again, however should infection levels increase, we reserve the right to require our elite athletes to provide proof of an approved COVID-19 vaccination and booster, and a negative PCR test 72 hours prior to traveling to Washington, DC. *The Credit Union Cherry Blossom 10 Mile will be following all Washington, DC COVID-19 related guidelines in place at race time and may be cancelled if stringent social distancing requirements are reinstated by municipal authorities.*

Drug Testing

As part of the Professional Road Running Organization circuit, the Credit Union Cherry Blossom will conduct drug testing of elite athletes at the 2024 event. This testing will be conducted in accordance with USA Track & Field and World Athletics rules. Athletes found positive for banned substances or who refuse to be tested will be disqualified from this event and will lose eligibility for future competitions. Some prescription and over the counter medications may contain banned substances. Information regarding banned substances and drug testing may be obtained by calling the United States Anti-Doping Agency – 866-601-2632 – or by visiting the USADA website at www.usantidoping.org.

Time Standards

The time standards for domestic travel reimbursement and lodging consideration are sub-48:00 for men and sub-56:00 for women (or equivalents) in the last twelve (12) months. Travel and lodging are limited so please contact us by March 10, 2024, for optimal consideration. This year the event will consider international air travel expenses for 1-2 international athletes (reimbursed on a limited basis). The time standards (set on certified courses) for consideration of international athletes seeking travel from overseas are as follows: Men: sub-13:15 for 5k, sub-27:30 for 10k, sub-46:00 for 10 miles and sub 1:01:20 for half marathon; Women: sub-15:00 for 5k, sub-31:00 for 10k, sub-52:00 for 10 miles and sub1:07:00 for half marathon within the last twelve (12) months. Agents and managers are urged to request international travel early. No substitutions once international commitments are made. International airfares are reimbursed upon arrival at the event.

The event also will provide travel and lodging to two 2023 RRCA RunPro Campers.

No appearance fees; Limited food allowance will be given

Payment of Prize Money

In the absence of any other withholding arrangements agreed upon with the Elite Athlete Coordinator in advance of race day, any non-resident foreign athlete will have 30% of his or her prize money earnings deducted for U.S. tax purposes. Exceptions will be evaluated for foreign athletes who are citizens of countries that have tax treaties with the United States, or who are resident foreigners (“green card” holders) with Social Security Numbers. To be eligible for the tax treaty exemption, the Credit Union Cherry Blossom Ten Mile must be provided with an original of IRS form #8233 for the calendar year of 2024.

The athlete must sign this form. The signed form will verify his or her citizenship of the exempted country. These forms will be available in the Credit Union Cherry Blossom hospitality suite during race weekend.

The Credit Union Cherry Blossom 10 Mile will abide with any procedures set forth by the foreign federations with respect to direct payment of prize money to athletes.

The athlete, prior to a race number being issued, must sign the following forms:

- 1) Race Registration Form;

2) IRS W-9: Request for Taxpayer ID Number and Certification (U.S. citizens or U.S. residents –"Green Card" holder);

3) 8233 / W-8ECI: Exemption from Withholding on Compensation for Independent Personal Services of a Non- Resident Alien (non-U.S. residents);

4) Statement acknowledging that the athlete understands that elite athletes will be subject to drug testing.

5.) If no protests are filed and all drug tests taken at the event are negative, winners will be mailed their checks within 5 days after notification of the negative test results by USADA or the drug testing agent (this should occur not more than 5 weeks after race day). In the event of a positive drug test, checks may be delayed 90 days or more pending adjudication of the positive test. The race organizers are committed to working with the drug testing authorities to expedite payment of prize money to the unaffected athletes but there may be lengthy delays. In the event of a protest, checks will be mailed to all finishers unaffected by the protest as soon as possible. Athletes involved in the protest will be mailed checks when the protest is resolved. If prize money winners are subsequently banned, prize money will be redistributed to runners finishing behind the affected athlete subject to recovery of the prize money from the banned athlete..

Contact

Elite athletes — or managers and coaches representing elite athletes — who are interested in competing should send a running resume to the address below:

I truly hope you will join us on April 7, 2024. I promise you an excellently managed event, a fast course, and superb hospitality in a truly International city during its prettiest time of year.

William W. Orr

Elite Athlete Coordinator,
Credit Union Cherry Blossom Ten Mile
P. O. Box 866
Bartow, FL 33831-0866
Mobile: 863.660.6048
Electronic Mail: wworr@runorr.com

2024 Credit Union Cherry Blossom Elite Athlete Prize Money Overview

(Women's Prize money limited to women starting in the Women's Advance Start)

2024 PRRO Circuit

The Credit Union Cherry Blossom 10 Mile is a member of the PRRO circuit of "America's Classic Road Races." The other PRRO Circuit events include the [Lilac Bloomsday 12K](#), [Boilermaker 15K](#) and [Quad-City Times Bix 7 Mile](#). The overall male and female winners will qualify for the PRRO Championship to be held at the Lilac Bloomsday 12K on May 5, 2024. At the 2024 Championship winners will be eligible for the \$15,000 PRRO 2023-2024 Super Bonus, which is awarded to a qualified athlete who wins the 2024 PRRO Championship (split if an eligible male and female win the PRRO titles). The Credit Union Cherry Blossom winners also are eligible for the PRRO Individual Event Champion's Bonus of \$1,500 for finishing in places 2-10 at the PRRO Championship. (Any athlete who wins the PRRO Super Bonus is not eligible for the PRRO Individual Event Champion's Bonus). For complete details about the PRRO Circuit, visit www.prro.org

\$80,600 in Total Guaranteed Prize Purse

Overall and American Prize Money

International Division:	\$32,000	
Place	Men	Women
First	\$6,000	\$6,000
Second	\$3,000	\$3,000
Third	\$2,500	\$2,500
Fourth	\$1,500	\$1,500
Fifth	\$1,000	\$1,000
Sixth	\$600	\$600
Seventh	\$500	\$500
Eighth	\$400	\$400
Ninth	\$300	\$300
Tenth	\$200	\$200
Total	\$16,000	\$16,000

American Division: \$42,600		
Place	Men	Women
First	\$10,000	\$10,000
Second	\$5,000	\$5,000
Third	\$2,500	\$2,500
Fourth	\$1,000	\$1,000
Fifth	\$800	\$800
Sixth	\$600	\$600
Seventh	\$500	\$500
Eighth	\$400	\$400
Ninth	\$300	\$300
Tenth	\$200	\$200
Total	\$21,300	\$21,300

“**Double dipping**” is allowed by Americans who place in the top 10 of both the International and U.S. divisions.

\$6,000 in RRCA RunPro Camper Development Prize Money

Place	Men	Women
First	\$1,500	\$1,500
Second	\$1,000	\$1,000
Third	\$500	\$500

Through a gracious matching donation from the RRCA (Road Runners Club of America), we will offer a special prize purse to current or former male and female RRCA Roads Scholars or RunPro Campers. The RRCA administers both the **RRCA Road Scholars Program** and the **RunPro Camp** (details at <https://www.rrca.org/our-programs-services/programs/roads-scholars>). Past participants in either of these two programs will be given special consideration and are encouraged to apply as an elite athlete.

World Best and American Records

The currently recognized **World Athletics 10 Mile World Best Times** are as follows:

Men: 44:04, Berard Kibet Koech (KEN), Kumamoto Kosa 10 Mile, Kosa, Japan, December 4, 2022

Women (in a Women’s only race): 51:23, Keira D’Amato (USA), UpDawg 10 Mile, November 24, 2020, Washington, DC, USA

The currently recognized **American 10 Mile Records** are as follows:

Men: 46:11, Hillary Bor (USA), Cherry Blossom 10 Mile, Washington, DC, USA, April 2, 2023

Women’s (in a Women’s only race): 51:23 Keira D’Amato (USA), UpDawg 10 Mile, Washington, DC, USA, November 24, 2020

\$3,500 in Time Incentives

Time incentives of \$1,000 for the 1st male sub-46:00 and female sub-52:00 respectively, and \$750 for the 2nd male sub-46:00 and 2nd female sub-52:00, respectively.

Maximum Payout for U.S. Runner Winning the Overall Race

Example: A U.S. man winning the race with a time of sub-46:00, or a U.S. woman winning the race in a time of sub 52:00 could earn the \$6,000 first place overall prize, plus \$10,000 first place American prize, plus \$1,000 time bonus for a total amount of \$17,000.

2023 Prize Money and Results Summary

1st, Tsegay Kidanu, ETH, 46:08 \$10,500*
2nd Hillary Bor, USA, 46:11 \$59,000** ***
3rd Abbabiya Simbassa, USA, 47:09 \$6,000***
4th Charles Langat, KEN, 47:25 \$1500
5th Jacob Thomson, USA, 47:27 \$2,500***
6th Matthew McClintock, USA, 47:30 \$2,900***
7th John Dressel, USA, 47:32 \$1600***
8th Shadrack Kimining, KEN, 47:46 \$700
9th Emmanuel Bor, USA, 48:14 \$1,200***
10th Colin Bennie, USA, 48:18 \$1,400***

Sarah Chelangat, UGA, 52:04 \$10,500
Sara Hall, USA, 52:37 \$10,500***
Nell Rojas, USA, 52:38 \$5,000***
Emma Hurley, USA, 52:41 \$3,000***
Molly Grabill, USA, 52:42 \$2,000***
Amber Zimmeman, USA, 53:05 \$1,700***
Susanna Sullivan, USA, 53:25 \$3,900*** ****
Carrie Verdon, USA, 53:35***
Weynshet Weldetsadik, ETH \$600
Jessa Hanson, USA, 53:47 \$800***

2023 Over-all American Prize Money Winners (U.S. championship money):

1st Hillary Bor, USA, 46:11 \$5,000
2nd Abbabiya Simbassa, USA, 47:09 \$2,500
3th Jacob Thomson, USA, 47:27 \$1,500
4th Matthew McClintock, USA, 47:30 \$1,000
5th John Dressel, USA, 47:32 \$800
6th Emmanuel Bor, USA, 48:14 \$600
7th Colin Bennie, USA, 48:18 \$400
8th Joel Reichow, USA, 48:53 \$300
9th Cody Baele, USA, 48:56 \$200
10th Zack Herriott, USA, 48:57 \$200

Sara Hall, USA, 52:37 \$5,000
Nell Rojas, USA, 52:38 \$2,500
Emma Hurley, USA, 52:41 \$1,500
Molly Grabill, USA, 52:42 \$1,000
Amber Zimmeman, USA, 53:05 \$800
Susanna Sullivan, USA, 53:25 \$600
Carrie Verdon, USA, 53:35 \$400
Jessa Hanson, USA, 53:47 \$300
Jeralyn Poe, USA, 54:41 \$200
Breanna Sieracki, USA, 55:52 \$200

* Includes \$2,500 PRRO Championship bonus

** Plus \$50,000 bonus for breaking the Men's American 10 Mile Record

*** Americans allowed to "double dip" in International Competition

**** Plus \$1,500 PRRO Individual Event Champion's bonus