West Virginia Disability Resources

Affordable Care Act (ACA)

To get coverage under the ACA, go to https://www.healthcare.gov/ to find out more about the Health Insurance Marketplace and the options available in your state. https://www.healthcare.gov/what-is-the-marketplace-in-my-state/#state=west-virginia

Aging Resources

https://www.n4a.org/adrcs
https://www.acl.gov/node/413
http://www.eldercare.gov/Public/About/Aging_Network/ADRC.aspx

Aging and Disability Resource Centers/ No Wrong Door
Call Eldercare Locator Toll-free 1-800-677-1116 to find the ADRC in your area.

The No Wrong Door (NWD) System initiative is a collaborative effort of the ACL, the Centers for Medicare & Medicaid Services (CMS), and the Veterans Health Administration (VHA). The NWD System initiative builds upon the Aging and Disability Resource Center (ADRC) program and CMS’ Balancing Incentive Program No Wrong Door requirements that support state efforts to streamline access to long-term services and support (LTSS) options for older adults and individuals with disabilities. NWD Systems simplify access to LTSS, and are a key component of LTSS systems reform.

The Aging and Disability Resource Center Program (ADRC) is a collaborative effort of the U.S. Administration for Community Living (including AoA as of April 2012) and the Centers for Medicare & Medicaid Services (CMS). ADRCs serve as single points of entry into the long-term supports and services system for older adults and people with disabilities. Sometimes referred to as a “one-stop shops” or "no wrong door" systems, ADRCs address many of the frustrations consumers and their families experience when trying to find needed information, services, and supports. Through integration or coordination of existing aging and disability service systems, ADRC programs raise visibility about the full range of options that are available, provide objective information, advice, counseling and assistance, empower people to make informed decisions about their long term supports, and help people more easily access public and private long term supports and services programs. Click on your state to find state and local ADRCs.
The core functions of an ADRC are 1) information, referral and awareness, 2) options counseling, advice and assistance, 3) streamlined eligibility determination for public programs, 4) person-centered transitions, 5) quality assurance and continuous improvement. ADRCs perform these functions by integrating, coordinating, and strengthening different pieces of the existing long term supports and services systems, including Area Agencies on Aging, Centers for Independent Living, state and local Medicaid offices, and other community-based organizations.

http://www.wvseniorservices.gov/
West Virginia Department of Aging
1900 Kanawha Blvd. East
Charleston, WV 25305
Location:
Town Center Mall, 3rd level
Charleston, WV
Phone: 304-558-3317,
Toll-free: 877-987-3646

http://www.vaaaa.org/agencies/
West Virginia Association of Area Agencies on Aging

http://www.wvseniorservices.gov/GettingAnswers/OverviewofAgingProgramsInWestVirginia/AreaAgenciesonAging/tabid/97/Default.aspx
Area Agencies on Aging

http://www.ncea.acl.gov
National Center on Elder Abuse (NCEA)
Funded by the Administration for Community Living, the NCEA disseminates elder abuse information to professionals and the public, and provides technical assistance and training to states and to community-based organizations.

http://www.heart2heart-livingfree.com/contact
Heart 2 Heart Volunteers, Inc
Wheeling, WV 26003
Phone: 304- 281- 0474
Heart 2 Heart is a non-profit Christian faith based organization whose volunteers are dedicated to the mission of visiting the sick, disabled and elderly. We provide them with what they need spiritually, physically and emotionally to the best that we can. We are advocates for them and raise an awareness for what we believe is becoming a forgotten sector of society. Our volunteers are Christians from various denominations with a desire to fulfill the call of our Lord Jesus to visit the sick, disabled, and elderly, bringing the churches and community together for this purpose.

ARTS and CREATIVITY
ASSISTIVE TECHNOLOGY

http://www.wvats.cedwvu.org
West Virginia Assistive Technology System (WVATS)
West Virginia University Center for Excellence in Disabilities
959 Hartman Run Road
Morgantown, WV 26505
Phone: 304-293-4692
Toll-free: 888-829-9426 (In State)
TTY: 800-518-1448
Email: wvats@hsc.wvu.edu

http://www.adainfo.org
Mid-Atlantic ADA Center (covers West Virginia)
TransCen, Inc.
401 North Washington St., Suite 450
Rockville, MD 20850
Phone/TTY: 301-217-0124
Toll Free: 800-949-4232

COMMUNITY-BASED FITNESS PROGRAMS

The Reeve Foundation has several Community Fitness and Wellness facilities that are part of its NeuroRecovery Network (NRN) program. These facilities are accepting individuals with walking difficulties related to any cause (not just SCI) and are hosting activity-based exercise programs designed specifically for individuals with physical disabilities. There is not one in this state but if you would like to learn more about the program, please go to www.ChristopherReeve.org/NRN.

COMMUNITY HEALTH CENTERS

www.wvpca.org
West Virginia Primary Care Association
1700 MacCorkie Ave, SE
One South Charleston, WV 25314
Phone: 304-346-0032; 877-WVA-HLTH (982-4584)
Email: info@wvpca.org
Community Health Centers are non-profit organizations providing health care to those with insurance and without. All sites offer primary care and many offer specialty care as well. There is no residency requirement; individuals can receive services at any facility of their choosing, with over 1,200 health centers in 8,000 rural and urban communities across the nation. Sliding-scale fees based on family size, income, and insurance status ensure that anyone who uses a Community Health Center can receive quality care regulated by federal standards. Please call the state association listed above to find a Community Health Center in your local area.

http://findahealthcenter.hrsa.gov/
Health Resources and Services Administration (HRSA): Find a Health Center
HRSA Health Centers care for you, even if you have no health insurance – you pay what you can afford based on your income. Health centers provide services that include checkups when you are well, treatment when you are sick, complete care when you are pregnant, and immunizations and checkups for your children. Some health centers also provide mental health, substance abuse, oral health, and/or vision services. Contact the health center organization directly to confirm the availability of specific services and to make an appointment.

CRIME VICTIM ASSISTANCE

West Virginia Crime Victim Compensation and Assistance

www.legis.state.wv.us/Joint/victims/main.cfm
Victim Compensation
Phone: 304-347-4836

http://www.vwapwv.com/
Victim Assistance
Phone: 304-291-7286

http://www.safehorizon.org/
Safe Horizon’s Links for General Crime Victim Resources/Issues

DOMESTIC VIOLENCE HELP

National Domestic Violence Hotline: 1-800-799-SAFE (7233); TTY: 800-787-3224
National Resource Center on Domestic Violence: 800-537-2238; TTY: 800-553-2508

http://www.wvcadv.org/
West Virginia Coalition against Domestic Violence
5004 Elk River Road, South Elkview, WV 25071
EASTER SEALS OFFICES

http://www.easterseals.com/wv/
West Virginia Easter Seals Offices:

Steubenville
500 Towers Building
Steubenville, OH 43952
Phone: 304-242-1390
Easter Seals offers services to children and adults with disabilities and special needs. The programs Easter Seals offers include autism, children’s, adult and senior specific services, employment & training, medical rehabilitation, as well as camping & recreation opportunities. Services may vary by location.

Parkersburg
4420 Rosemar Center, Unit 103
Parkersburg, WV 26104
Phone: 304-422-3343

Wheeling
1305 National Road
Wheeling, WV 26003
Phone: 304-242-1390

St. Clairsville
330 Fox-Shannon Place
St. Clairsville, OH 43950
Phone: 740-695-5979

GOVERNMENT OFFICES

http://www.wv.gov/
West Virginia State Website

http://www.wvnavigate.org
Disability Resources for West Virginia

http://www.dhhr.wv.gov/Pages/default.aspx
Dept. of Health and Human Resources
One Davis Square, Suite 100 East
Charleston, WV 25301
Phone: 304-558-0684
Email: DHHRSecretary@wv.gov
http://www.hrc.wv.gov/Pages/default.aspx

West Virginia Human Rights Commission
1321 Plaza East, Room 108-A
Charleston, WV 25301-1400
Phone: 304-558-2616
Toll-free: 888-676-5546
Email: wvhc@wvdhhr.org
The West Virginia Human Rights Commission is a state government agency that investigates and adjudicates discrimination complaints in the areas of employment, housing and places of public accommodation.

http://www.wvddrs.org
West Virginia Division of Rehabilitation Services
State Capitol
P.O. Box 50890
107 Capitol St.
Charleston, WV 25301-2609
Phone: 1-800-642-8207; 304-356-2060

http://www.dhhr.wv.gov/bms/Pages/default.aspx
West Virginia Medicaid Office
350 Capitol St.
Room 251
Charleston, WV 25301
Phone: 304-558-1700
Email: medman@wvdhhr.org

http://www.chip.wv.gov/Pages/default.aspx
West Virginia SCHIP Program (State Children’s Health Insurance Program)
# 2 Hale St., Suite 101
Charleston, WV 25301
Phone: 304-558-2732
Email: wvchip@wv.gov

http://www.wvinsurance.gov/
West Virginia SHIIP Program (State Health Insurance Information Program - for Seniors)

Home and Community Based Services Waiver (HCBS)
West Virginia Insurance Commissioner
Phone: 304-558-3386; 888-879-9842 (toll-free)
TTY: 800-435-7381
Email: oicconsumerservices@wv.gov

West Virginia Worker’s Compensation Commission
Phone: 888-4-WV-Comp (498-2667)

http://www.house.gov/representatives/find/
http://whoismyrepresentative.com/
Find your elected officials to contact them on legislation that is important to you. Each member of Congress maintains at least one office in his or her home state or district. Most have multiple offices throughout the state or district. These offices are designed for direct contact with constituents (that's you!). This is your opportunity to advocate and make your voice heard in Congress without traveling to Washington, DC. Congressional offices are also a great resource for handling problems with federal agencies. You have a constitutionally guaranteed right to petition your government, and home offices provide you an opportunity to use that right.

http://www.wvseniorservices.gov/StayingSafe/LongTermCareOmbudsmanProgram/tabid/81/Default.aspx
State LTC Ombudsman
1900 Kanawha Blvd. East
Charleston, WV 25305
Phone: 304-558-3317; 877-987-3646
The mission of the state long-term care ombudsman is to protect the health, safety, welfare and rights of the elderly in nursing homes, assisted living facilities and other facilities.

HOUSING

www.fanniemae.com
Fannie Mae

West Virginia Housing and Urban Development (HUD) Office
405 Capitol Street
Suite 708
Charleston, WV 25301-1795
Phone: 304-347-7000
Toll-free: 800-225-5342
TTY: 800-877-8339

www.hud.gov
HUD is the government office which offers information on public housing, buying a home, renting, discrimination, FEMA related housing, and more. HUD also provides a list of housing counselors as well as information on ways to avoid foreclosure. To find your local HUD office, please click on the “State Info” tab across the top bar, then click on your state, then click on “contact my local office”. If you want info on public housing, click here: https://www.hud.gov/program_offices/public_indian_housing/pha/contacts and choose your state from the drop down box.

www.211.org
http://www.211.org/services/housing-and-utilities
211
211 can help people find emergency shelters for individuals and families in crisis. Learn about programs that offer rental assistance, subsidized housing, and housing vouchers that can help families, the elderly and disabled individuals pay for housing.

Independent Living

http://www.ilru.org/projects/silc-net/silc-directory
http://www.wvsilc.org/
ILRU: State Independent Living Councils (SILCs)
West Virginia Independent Living Council
PO Box 625
Institute, WV 25112-0625
Phone: 304-766-4624 (V/TDD)
Toll-Free: 855-855-9743
Email: ann.meadows@wvsilc.org

http://www.ilru.org
Independent Living Research Utilization’s directory of Independent Living Centers

http://www.ncil.org/
National Council on Independent Living (NCIL)
2013 H St. NW, 6th Floor
Washington, DC 20006
Phone: 202-207-0340
Toll-free: 877-525-3400
TTY: 202-207-0340
Email: ncil@ncil.org
The National Council on Independent Living is the longest-running national cross-disability, grassroots organization run by and for people with disabilities. Founded in 1982, NCIL represents thousands of organizations and individuals including: individuals with disabilities, Centers for Independent Living (CILs), Statewide Independent Living
Councils (SILCs), and other organizations that advocate for the human and civil rights of people with disabilities throughout the United States.

LIBRARY SERVICES

http://www.librarycommission.wv.gov/Pages/default.aspx

**West Virginia Library Commission**
Blind and Physically Handicapped Services
Cultural Center, Bldg 9
1900 Kanawha Boulevard East
Charleston, WV 25305
Phone: 304-558-2041; 800-642-9021

NeuroRecovery Network (NRN)

The NRN is a network of rehab programs designed to provide locomotor (treadmill) training to promote functional recovery and improve the health and quality of life for people living with paralysis. The program is for people with spinal cord injuries. The NRN is a program of the Reeve Foundation. There is no NRN center in this state but if you are interested in finding one outside of this state, please go to [www.ChristopherReeve.org/NRN](http://www.ChristopherReeve.org/NRN).

Peer Support Programs

[www.ChristopherReeve.org/Peer](http://www.ChristopherReeve.org/Peer)

**Christopher & Dana Reeve Foundation’s Peer & Family Support Program (PFSP)**
636 Morris Turnpike, Suite 3A
Short Hills, NJ 07078
Phone: 800-539-7309
Email: Peer@ChristopherReeve.org

The Peer & Family Support Program (PFSP) is the Reeve Foundation’s national peer-to-peer mentoring program. The goal of PFSP is to provide critical emotional support, as well as, local and national information and resources to people living with paralysis, and their families and caregivers. When possible, the program matches people with paralysis with certified peer mentors who are of similar age, location, gender, and level of injury or type of paralyzing condition. The Reeve Foundation’s Quality of Life Grants program gives out grants to peer support groups (amongst other groups) that are associated with a non-profit organization. If you represent a non-profit organization looking for a Quality of Life grant, please see: [www.ChristopherReeve.org/qol](http://www.ChristopherReeve.org/qol) for more info on qualifying and applying.
United Spinal Association’s Spinal Network support group grants
Phone: 800-962-9629
Email: info@unitedspinal.org
The Spinal Network is dedicated to establishing and managing a nationwide network of support groups. Grants to peer support programs of $500 each can be applied for here:
http://www.spinalcord.org/spinal-network/grant-details/spinal-network-grant-application/

PROTECTION and ADVOCACY

http://www.wvadvocates.org/
West Virginia Advocates, Inc.
Litton Bldg., Suite 400
1207 Quarrier Street
Charleston, WV 25301
Phone: 304-346-0847; 800-950-5250

SERVICE DOGS

http://wolfpacks.com/products/servicedog/trainers.html
Wolf Packs Inc.’s Service Dog Directory
No listing in WV at this time

SPORTS and RECREATION

http://www.disabledsportsusa.org
Disabled Sports USA (National Headquarters)
451 Hungerford Drive
Suite 100
Rockville, MD 20850
Phone: 301-217-0960

http://cawvsports.org/
Challenged Athletes of West Virginia
10 Snowshoe Drive
Snowshoe, WV 26209
Phone: (304) 572-6708
Email: dbegg@snowshoemtn.com

http://www.wvdnr.gov/
http://www.wvdnr.gov/Hunting/ClassQ-QQ.shtm
West Virginia Division of Natural Resources
324 Fourth Ave
South Charleston, WV 25303
Phone: 304-558-2771; 800-558-2754
Email: dnr.wildlife@wv.gov
Scroll down to Disability Services for Hunting and Fishing info.

UNITED WAY OFFICES

http://www.unitedway.org
National United Way
National Headquarters
701 North Fairfax Street
Alexandria, VA 22314
Phone: 703-836-7112
United Way focuses on education, financial stability and health to impact the lives of millions. United Way raises awareness surrounding key issues, provides financial and one-on-one assistance to those who need it most, and promotes social and policy change that helps strengthen people and their communities.

http://www.unitedwaycwv.org
United Way of Central West Virginia
One United Way Square
Charleston, WV 25301-1098
Phone: 304-340-3500

VETERAN BENEFITS

https://www.va.gov/directory/guide/home.asp
https://www.va.gov/directory/guide/state.asp?STATE=WV&dnum=ALL
US Department of Veterans Affairs VA Hospital Locator  click on WV on map

http://www.wvpva.org/
West Virginia Chapter of Paralyzed Veterans of America
336 Campbells Creek Drive
Charleston, WV 25306-6806
Phone: 304-925-9352
Toll-free: 800-540-9352
Email: info@wvpva.org
ALS

http://webwpawv.alsa.org/site/PageServer?pagename=WPAWV_homepage
The ALS Association’s Western PA/Western WV Chapter
416 Lincoln Ave
Pittsburg, PA 15209
Phone: 412-821-3254
     800-967-9296
Email: info@cure4als.org

BRAIN INJURY

http://www.biausa.org/state-affiliates/bia-of-west-virginia
Brain Injury Association of West Virginia
1608 Spring Hill Drive, Suite 110
Vienna, VA 22182
Info Line: 800-444-6443
Toll-Free: 800-444-6443
Phone: 703-761-0750
Email: braininjuryinfo@biausa.org

CEREBRAL PALSY

www.ucp.org
United Cerebral Palsy (UCP)
National Office
1825 K Street NW Suite 600
Washington, DC 20006
Phone: 800-872-5827 / 202-776-0406
Please contact them for local info

http://www.ucpsouthcentral.org
UCP of South Central Pennsylvania
788 Cherry Tree Court
Hanover, PA 17331
Phone: 717-632-5552

FRIDREICH’S ATAXIA

http://www.ataxia.org/
GUILLAIN-BARRÉ SYNDROME / CIDP

http://gbs-cidp.org/
Guillain-Barré Syndrome / CIDP Foundation International
The Holly Building
104 1/2 Forrest Avenue
Narberth, PA 19072
Phone: 610-667-0131
     1-866-224-3301
Email: info@gbs-cidp.org
Call for information in your area

MULTIPLE SCLEROSIS

http://www.nationalmssociety.org

http://www.nationalmssociety.org/Chapters/VAR
National Multiple Sclerosis Society’s Blue Ridge chapter (covers WV)
4200 Innslake Drive, Suite 301
Glen Allen, VA 23060
Phone: 804-353-5008
Toll-free: 800-344-4867

http://mymsaa.org/about-msaa/regional/#Midwest
Multiple Sclerosis Association of America (MSAA) Midwest Regional Office
Ohio, Illinois, Indiana, Kentucky, Michigan, Minnesota, West Virginia, Wisconsin, Iowa, North Dakota, South Dakota, Nebraska
Phone: 800- 532-7667, ext. 150
E-mail: midwest@mymsaa.org

MUSCULAR DYSTROPHY

https://www.mda.org/
Muscular Dystrophy Association
National Headquarters
222 S. Riverside Plaza, Suite 1500
Chicago, IL 60606
Phone: 800-572-1717
Enter your postal code in the “Find your local MDA” section of the website for MD clinics in your area.

**POST-POLIO SYNDROME**

[http://www.post-polio.org](http://www.post-polio.org)

Post-Polio Health International (PHI)
4207 Lindell Blvd. #110
St. Louis, MO 63108-2930
Phone: 314-534-0475
Email: info@post-polio.org
*Directory lists Health Professionals, Clinics, and Support Groups by state.*

**SPINA BIFIDA**

[http://www.spinabifidaassociation.org](http://www.spinabifidaassociation.org)

Spina Bifida Association of America
P.O. Box 17427
Arlington, VA 22209
Phone: 800-621-3141
Email: sbaa@sbaa.org
Please contact them for info in your area

[http://www.spinabifidaassociation.org/clinics/#U-Z](http://www.spinabifidaassociation.org/clinics/#U-Z)

**SBAA West Virginia Clinics:**

**West Virginia University Medical Center**
Children With Special Health Care Needs/Myelo Clinic (pediatric and adult)
Medical Center Drive
Morgantown, WV 26505
Phone: 304-598-4830

**SPINAL CORD INJURY**


West Virginia’s Traumatic Brain & Spinal Cord Injury Rehabilitation Fund
Center for Excellence in Disabilities
West Virginia University
PO Box 6870
Morgantown, WV 26506-9927
Phone: 304-293-4692; 877-724-8244 (toll-free)
Email: TBI@hss.wvu.edu
STROKE

http://www.strokeassociation.org/STROKEORG/
American Stroke Association
National Center
7272 Greenville Avenue
Dallas, TX 75231
Phone: 1-888-478-7653; 888-474-8483
Please contact them for the stroke support group in your area

Primary Stroke Centers accredited by Joint Commission on Accreditation for Healthcare Organizations (JCAHO)

SYRINGOMYELIA/CHIARI MALFORMATION

www.asap.org
American Syringomyelia & Chiari Alliance Project
PO Box 1586
Longview, TX 75606-1586
Phone: 903-236-7079
800-ASAP-282
Email: info@ASAP.org

http://www.asap.org/forum
American Syringomyelia & Chiari Alliance Project Online Support Group

TRANSVERSE MYELITIS

http://www.myelitis.org
Transverse Myelitis Association
1787 Sutter Parkway
Powell, OH 43065-8806
Phone: 855-380-3330
Please contact them for info in your area.

http://transmyelitis.meetup.com
TM MeetUp
Enter your postal code for a MeetUp in your area.
Meetings are usually held in local restaurants.
GENERAL DISABILITY RESOURCES

http://www.yellowpagesforkids.com/help/wv.htm
West Virginia Yellow Pages for Kids with Disabilities

http://www.ddc.wv.gov/Pages/default.aspx
West Virginia Developmental Disabilities Council
110 Stockton Street
Charleston, WV 25312
Phone: 304-558-0416 or 304-558-2376 (TDD)
Email: dhhrwvddc@wv.gov

http://www.wvota.org/
West Virginia Chapter of the American Occupational Therapy Association
West Virginia Occupational Therapy Association
Phone: 304-776-4515
Email: go to site and use form

http://www.wvpta.org
West Virginia Chapter of the American Physical Therapy Association
West Virginia Physical Therapy Association
650 Main St.
Barboursville, WV 25504
Phone: 304-733-6484; 844-490-2568 (toll-free)
Email: info@wvpta.org

Healthboards.com – message boards on health related topics. Topics include SCI, CP, Stroke, and more.

http://www.wv211.org/
West Virginia First Call 2-1-1
Phone: 211
P.O. Box 211
Mannington, WV 26582
Phone: 304-376-3102
Email: info@wv211.org
Provides callers with information about and referrals to human services for every day needs and in times of crisis. Can offer access to the following types of services: adult day care, respite care, home health care, transportation, support groups, Medicaid/Medicare, etc. The caller is provided with phone numbers, programs and
services provided, location, hours of operation, and any other relevant information for the inquiry. All calls are confidential.

www.thinkfirst.org
ThinkFirst National Injury Prevention Foundation
1801 N. Mill Street, Suite F
Naperville, IL 60563
Phone: 630-961-1400
800-THINK56
Email: thinkfirst@thinkfirst.org
ThinkFirst offers evidence-based injury prevention programs for students of all ages through their network of healthcare-based chapters. Health educators and people who have experienced brain or spinal cord injuries help students understand the importance of making safe choices related to vehicles, sports, violence and falls. To find chapter information in your area, please go to their website and click on the “Chapter Site” tab.

The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health care provider. Should you have any health care related questions, please call or see your physician or other qualified health care provider promptly. Always consult with your physician or other qualified health care provider before embarking on a new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.

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