Rhode Island Disability Resources

Affordable Care Act (ACA)

http://www.hhs.gov/healthcare/facts/bystate/ri.html
HHS.gov: 5 Years Later: How the Affordable Care Act is Working for Rhode Island

To get coverage under the ACA, go to https://www.healthcare.gov/ to find out more about the Health Insurance Marketplace and the options available in your state.

Aging Resources

https://www.n4a.org/adrcs
https://www.acl.gov/node/413
http://www.eldercare.gov/Public/About/Aging_Network/ADRC.aspx
Aging and Disability Resource Centers/ No Wrong Door
Call Eldercare Locator Toll-free 1-800-677-1116 to find the ADRC in your area.

The No Wrong Door (NWD) System initiative is a collaborative effort of the ACL, the Centers for Medicare & Medicaid Services (CMS), and the Veterans Health Administration (VHA). The NWD System initiative builds upon the Aging and Disability Resource Center (ADRC) program and CMS’ Balancing Incentive Program No Wrong Door requirements that support state efforts to streamline access to long-term services and support (LTSS) options for older adults and individuals with disabilities. NWD Systems simplify access to LTSS, and are a key component of LTSS systems reform.

The Aging and Disability Resource Center Program (ADRC) is a collaborative effort of the U.S. Administration for Community Living (including AoA as of April 2012) and the Centers for Medicare & Medicaid Services (CMS). ADRCs serve as single points of entry into the long-term supports and services system for older adults and people with disabilities. Sometimes referred to as a “one-stop shops” or "no wrong door” systems, ADRCs address many of the frustrations consumers and their families experience when trying to find needed information, services, and supports. Through integration or coordination of existing aging and disability service systems, ADRC programs raise visibility about the full range of options that are available, provide objective information, advice, counseling and assistance, empower people to make informed decisions about their long term supports, and help people more easily access public and private long term supports and services programs. Click on your state to find state and local ADRCs.
The core functions of an ADRC are 1) information, referral and awareness, 2) options counseling, advice and assistance, 3) streamlined eligibility determination for public programs, 4) person-centered transitions, 5) quality assurance and continuous improvement. ADRCs perform these functions by integrating, coordinating, and strengthening different pieces of the existing long term supports and services systems, including Area Agencies on Aging, Centers for Independent Living, state and local Medicaid offices, and other community-based organizations.

www.dea.ri.gov/
Rhode Island Department of Aging
57 Howard Ave.
Louis Pasteur Bldg., 2nd Floor
Cranston, RI 02920
Phone: 401-462-3000
TTY: 401-462-0740

http://www.dea.state.ri.us/CIS%20Info/index.php
Area Agencies on Aging by County

https://ncea.acl.gov/
National Center on Elder Abuse (NCEA)
Funded by the Administration for Community Living, the NCEA disseminates elder abuse information to professionals and the public, and provides technical assistance and training to states and to community-based organizations.

ARTS and CREATIVITY

http://www.vsartsri.org/
VSA arts of Rhode Island
500 Prospect Street
Pawtucket, RI 02860
Voice & TTY: 401-725-0247
Email: programs@vsartsri.org

ASSISTIVE TECHNOLOGY

http://www.atap.state.ri.us/
Rhode Island’s Assistive Technology Access Partnership
40 Fountain Street
Providence, RI 02903
Phone: 401-421-7005
http://www.newenglandada.org
New England ADA Center (covers Rhode Island)
Adaptive Environments Center, Inc.
180-200 Portland St., Suite 1
Boston, MA 02114
Phone: 617-695-0085
Toll Free: 800-949-4232
Email: adainfo@newenglandada.org

http://www.atel.ri.gov/
State of Rhode Island—Adaptive Telephone Equipment Loan Program
40 Fountain St.
Providence, RI 02903
Phone: 401-462-7857
TTY: 401-222-1679
The Rhode Island Telephone Equipment Loan Program (ATEL) provides demonstrations, training and long term loan and device reutilization services of specialized telephone equipment to qualified individuals who are Deaf, Hard of Hearing, have a speech impairment, or who suffer from neuromuscular damage or disease, that hinders them from using a standard telephone. Please see the website for more info on qualifying.

CAREGIVERS INFORMATION

http://www.caregiver.com/regionalresources/states/RI/support/index.htm
Rhode Island Caregiver Support Groups

COMMUNITY-BASED FITNESS PROGRAMS

The Reeve Foundation has several Community Fitness and Wellness facilities that are part of its NeuroRecovery Network (NRN) program. These facilities are accepting individuals with walking difficulties related to any cause (not just SCI) and are hosting activity-based exercise programs designed specifically for individuals with physical disabilities. There is not one in this state but if you would like to learn more about the program, please go to www.ChristopherReeve.org/NRN.

COMMUNITY HEALTH CENTERS

www.rihca.org
Rhode Island Health Center Association
235 Promenade Street, Suite 455
Providence, RI 02908
Community Health Centers are non-profit organizations providing health care to those with insurance and without. All sites offer primary care and many offer specialty care as well. There is no residency requirement; individuals can receive services at any facility of their choosing, with over 1,200 health centers in 8,000 rural and urban communities across the nation. Sliding-scale fees based on family size, income, and insurance status ensure that anyone who uses a Community Health Center can receive quality care regulated by federal standards. Please call the state association listed above to find a Community Health Center in your local area.

http://findahealthcenter.hrsa.gov/

Health Resources and Services Administration (HRSA): Find a Health Center
HRSA Health Centers care for you, even if you have no health insurance – you pay what you can afford based on your income. Health centers provide services that include checkups when you are well, treatment when you are sick, complete care when you are pregnant, and immunizations and checkups for your children. Some health centers also provide mental health, substance abuse, oral health, and/or vision services. Contact the health center organization directly to confirm the availability of specific services and to make an appointment.

CRIME VICTIM ASSISTANCE

https://cvcapp.treasury.ri.gov/
Rhode Island Crime Victim Compensation Program
Phone: 401-462-7655

http://www.safehorizon.org
Safe Horizon’s Links for General Crime Victim Resources/Issues

DOMESTIC VIOLENCE HELP

National Domestic Violence Hotline: 1-800-799-SAFE (7233) or TTY: 1-800-787-3224
National Resource Center on Domestic Violence: 800-537-2238
Statewide Hotline: 1-800-494-8100

http://www.ricadv.org/
Rhode Island Coalition Against Domestic Violence
422 Post Road
Warwick, RI 02888-1539
Phone: 401-467-9940
Toll-free 24 hour line: 800-494-8100
EASTER SEALS OFFICES

http://www.easterseals.com/site/PageServer
Easter Seals Office Rhode Island
213 Robinson St.
Wakefield, RI 02879
Phone: 401-284-1000
Easter Seals offers services to children and adults with disabilities and special needs. The programs Easter Seals offers include autism, children’s, adult and senior specific services, employment & training, medical rehabilitation, as well as camping & recreation opportunities. Services may vary by location.

GOVERNMENT OFFICES

http://www.ri.gov/index.php
Rhode Island State Website

http://www.dhs.ri.gov/
Rhode Island Department of Human Services
57 Howard Ave.
Louis Pasteur Bldg.
Cranston, RI 02920
Phone: 401-462-5300

http://www.richr.ri.gov/
Rhode Island Commission for Human Rights
180 Westminster Street, 3rd Floor
Providence, RI 02903
Phone: 401-222-2661
TTY: 401-222-2664
The Commission enforces the Rhode Island antidiscrimination laws in the areas of employment, housing, public accommodations, credit and delivery of services.

http://www.ors.ri.gov/
Office of Rehabilitation Services (Vocational Rehabilitation)
40 Fountain Street
Providence, RI 02903
Phone: 401-421-7005
TDD: 401-421-7016
Spanish: 401-462-7791

Rhode Island: Executive Office of Health & Human Services
Medicaid
74 West St.
Hazard Bldg.
Cranston, RI 02920
Phone: 401-462-5274

http://www.benefits.gov/benefits/benefit-details/1612
https://www.insurekidsnow.gov/state/ri/index.html
http://www.eohhs.ri.gov/Consumer/FamilieswithChildren/HealthcarePrograms.aspx

Rhode Island CHIP Program (RIte Care)
Hazard Bldg. 1st Floor
74 West Rd.
Cranston, RI 02920
Phone: 401-462-5300
RIte Care is Rhode Island’s Medicaid managed care program for families on the RI Works Program and eligible uninsured pregnant women, children, and parents.

http://www.dea.state.ri.us/
Rhode Island Department of Elderly Affairs
57 Howard Ave.
Louis Pasteur Bldg.
Cranston, RI 02920
Phone: 401-462-3000
TTY: 401-462-0740

http://www.ohic.ri.gov/
Rhode Island Health Insurance Commissioner
1511 Pontiac Ave Bldg 69, First Floor
Cranston, RI 02920
Phone: 401-462-9517
Consumer Assistance: 855-747-3224

http://www.dlt.ri.gov/wc/
Rhode Island Division of Workers Compensation
1511 Pontiac Avenue Building
PO Box 20190
Cranston, RI 02920-0942
Phone: 401-462-8100
Spanish: 401-462-8555
Email: DLt.WCEdcUnit@dlt.ri.gov

http://www.house.gov/representatives/find/
http://whoismyrepresentative.com/
Find your **elected officials** to contact them on legislation that is important to you. Each member of Congress maintains at least one office in his or her home state or district. Most have multiple offices throughout the state or district. These offices are designed for direct contact with constituents (that's you!). This is your opportunity to advocate and make your voice heard in Congress without traveling to Washington, DC. Congressional offices are also a great resource for handling problems with federal agencies. You have a constitutionally guaranteed right to petition your government, and home offices provide you an opportunity to use that right.

http://ltcombudsman.org/get_help/state_resources/ri  
http://adrc.ohhs.ri.gov/livingathome/long_term.php

**State LTC Ombudsman**  
Alliance for Better Long Term Care  
422 Post Road  
Suite 204  
Warwick, Rhode Island 2888  
Phone: (401)785-3340  
The mission of the state long-term care ombudsman is to protect the health, safety, welfare and rights of the elderly in nursing homes, assisted living facilities and other facilities.

**HOUSING**

**Providence Housing and Urban Development (HUD) Office**  
One Weybosset Hill, 4th Floor  
33 Broad St.  
Providence, RI 02903  
Phone: 401-277-8300  
Toll-free: 800-225-5342  
TTY: 800-877-8339

www.hud.gov  
HUD is the government office which offers information on public housing, buying a home, renting, discrimination, FEMA related housing, and more. HUD also provides a list of housing counselors as well as information on ways to avoid foreclosure. To find your local HUD office, please click on the “State Info” tab across the top bar, then click on your state, then click on “contact my local office”. If you want info on public housing, click here: https://www.hud.gov/program_offices/public_indian_housing/pha/contacts and choose your state from the drop down box.

www.211.org  
http://www.211.org/services/housing-and-utilities  
211
211 can help people find emergency shelters for individuals and families in crisis. Learn about programs that offer rental assistance, subsidized housing, and housing vouchers that can help families, the elderly and disabled individuals pay for housing.

**Independent Living**

http://www.ilru.org/projects/silc-net/silc-directory
http://www.risilc.org/
**ILRU: State Independent Living Councils (SILCs)**
**Rhode Island Independent Living Council**
20 Nobert Street
Warren, RI 02885
Phone: 401-337-5888
Email: rcosta@risilc.org (Rick Costa, Executive Coordinator)

http://www.ilru.org
**Independent Living Research Utilization’s** directory of Independent Living Centers

http://www.ncil.org/
**National Council on Independent Living (NCIL)**
2013 H St. NW, 6th Floor
Washington, DC 20006
Phone: 202-207-0334
Toll-free: 877-525-3400
TTY: 202-207-0340
Email: ncil@ncil.org
The National Council on Independent Living is the longest-running national cross-disability, grassroots organization run by and for people with disabilities. Founded in 1982, NCIL represents thousands of organizations and individuals including: individuals with disabilities, Centers for Independent Living (CILs), Statewide Independent Living Councils (SILCs), and other organizations that advocate for the human and civil rights of people with disabilities throughout the United States.

**LIBRARY SERVICES**

http://www.olis.ri.gov/tbp/aboutus.php
**Rhode Island Regional Library: Talking Books Plus**
Office of Library and Information Services
One Capitol Hill
Providence, RI 02908-5803
Phone: 401-574-9310
TTY: 711
Email: olis.tbplus@olis.ri.gov
NeuroRecovery Network (NRN)

The NRN is a network of rehab programs designed to provide locomotor (treadmill) training to promote functional recovery and improve the health and quality of life for people living with paralysis. The program is for people with spinal cord injuries. The NRN is a program of the Reeve Foundation. There is no NRN center in this state but if you are interested in finding one outside of this state, please go to www.ChristopherReeve.org/NRN.

Peer Support Programs

www.ChristopherReeve.org/Pear
Christopher & Dana Reeve Foundation’s Peer & Family Support Program (PFSP)
636 Morris Turnpike, Suite 3A
Short Hills, NJ 07078
Phone: 800-539-7309
Email: Peer@ChristopherReeve.org
The Peer & Family Support Program (PFSP) is the Reeve Foundation’s national peer-to-peer mentoring program. The goal of PFSP is to provide critical emotional support, as well as, local and national information and resources to people living with paralysis, and their families and caregivers. When possible, the program matches people with paralysis with certified peer mentors who are of similar age, location, gender, and level of injury or type of paralyzing condition. The Reeve Foundation’s Quality of Life Grants program gives out grants to peer support groups (amongst other groups) that are associated with a non-profit organization. If you represent a non-profit organization looking for a Quality of Life grant, please see: www.ChristopherReeve.org/qol for more info on qualifying and applying.

http://www.spinalcord.org/spinal-network/grant-details/
United Spinal Association’s Spinal Network support group program
Phone: 800-962-9629
Email: peers@spinalcord.org
The Spinal Network is dedicated to establishing and managing a nationwide network of support groups. Grants to peer support programs of $500 each can be applied for here: http://www.spinalcord.org/spinal-network/grant-details/spinal-network-grant-application/

PROTECTION and ADVOCACY

http://www.ridlc.org/
Rhode Island Disability Law Center
275 Westminster St., Suite 401
Providence, RI 02903-3434
Phone: 401-831-3150
Toll-free: 800-733-5332
TTY: 401-831-5335
Email: info@ridlc.org

SPORTS and RECREATION

http://www.sailtoprevail.org/
Sail to Prevail
86 Thames St.
Newport, RI 02840
Phone: 401-849-8898
Promotes adaptive sailing for those with SCI.

http://www.ymcagreaterprovidence.org/
Greater Providence YMCA- Providence Branch
371 Pine Street
Providence, RI 02903
Phone: 401-456-0604
The mission of the YMCA of Greater Providence is to build healthy spirit, mind and body for all, through programs, services and relationships that are based upon our core values of caring, honesty, respect and responsibility.

http://adaptivesportsne.org/
Adaptive Sports New England
89 South St, Suite 603
Boston, MA 02111
Phone: 617-982-2763
Email: joe.walsh@adaptivesportsne.org
Adaptive Sports New England is a Massachusetts non-profit organization dedicated to increasing participation in sports among New England youth and young adults who have visual or mobility impairments.

UNITED WAY OFFICES

www.unitedway.org
United Way
Enter postal code for a United Way office in your area
United Way focuses on education, financial stability and health to impact the lives of millions. United Way raises awareness surrounding key issues, provides financial and one-on-one assistance to those who need it most, and promotes social and policy change that helps strengthen people and their communities.
National Headquarters
701 North Fairfax Street
Alexandria, VA 22314
Phone: 703-836-7112

http://www.uwri.org/
Rhode Island United Way Office
50 Valley St.
Providence, RI 02909-5212
Phone: 401-444-0600

VETERAN BENEFITS

http://www1.va.gov/directory/guide/home.asp?isFlash=1
US Department of Veterans Affairs VA Hospital Locator

http://www1.va.gov/directory/guide/facility.asp?ID=237&dnum=ALL&map=1
Providence Regional Office
380 Westminster Mall
Providence, RI 02903
Phone: 800-827-1000

http://www.providence.va.gov/
Providence VA Medical Center
830 Chalkstone Avenue
Providence, RI 02908-4799
Phone: 401-273-7100
Toll-free: 866-363-4486

www.nepva.org
New England Paralyzed Veterans of America Chapter
1600 Providence Highway Suite 143
Walpole, MA 02081
Phone: 508-660-1181
Toll-free: 800-660-1181
Email: info@nepva.org

ALS
http://www.alsari.org/alsari/
Rhode Island Chapter of the ALS Association
2374 Post Road, Suite 103
Warwick, RI 02886-2270
Phone: 401-732-1609
Email: alsarinf@aol.com

BRAIN INJURY

http://www.biausa.org/ri/
Brain Injury Association of Rhode Island
1017 Waterman Ave.
East Providence, RI 02914
Phone: 401-228-3319
Email: info@biari.org

CEREBRAL PALSY

www.ucpri.org
United Cerebral Palsy of Rhode Island
200 Main Street Suite 210
Pawtucket, RI 02862
Phone: 401-728-1800
Email: info@ucpri.org

FRIEDREICH’S ATAXIA

http://www.ataxia.org/
National Ataxia Foundation (NAF) National Office
600 Hwy 169 S, Ste 1725
Minneapolis, MN 55426
Phone: 763-553-0020

NAF support group:
Rhode Island Ataxia Support Group
Bristol, RI 02809
Phone: 401-297-8627
Email: azevedo70anabela@gmail.com

GUILLAIN-BARRÉ SYNDROME

http://gbs-cidp.org/
Guillain-Barré Syndrome/CIDP Foundation International
The Holly Bldg., 104 ½ Forrest Ave.
Narberth, PA 19072
Phone: 866-224-3301
Please call for information in your area

MULTIPLE SCLEROSIS

http://www.nationalmssociety.org/rir
Greater New England Chapter of National Multiple Sclerosis Society
101A 1st Ave
Waltham, MA 02451
Toll-free: 800-344-4867
Email: NationalMSSocietyGNE@NMSS.org

http://www.msaa.com
Multiple Sclerosis Association of America Support Groups
Phone for headquarters in NJ: 800-532-7667
Please call them for info on RI support groups

MUSCULAR DYSTROPHY

http://www.mdausa.org/
Muscular Dystrophy Association
National Headquarters
222 S. Riverside Plaza, Suite 1500
Chicago, IL 60606
Phone: 800-572-1717
Enter your postal code in the “Find your local MDA” section of the website for MD clinics in your area.

POST-POLIO SYNDROME

http://www.post-polio.org
Post-Polio Health International (PHI)
4207 Lindell Blvd. #110
St. Louis, MO 63108-2930
Phone: 314-534-0475
Email: info@post-polio.org
http://www.post-polio.org/net/poldir.pdf
Directory lists Health Professionals, Clinics, and Support Groups by state.
SPINA BIFIDA

http://www.spinabifidaassociation.org
Spina Bifida Association of America
P.O. Box 17427
Arlington, VA 22209
Phone: 202-944-3285
Email: sbaa@sbaa.org
Please contact them for info in your area

SPINAL CORD INJURY

http://www.spinalcord.org/spinal-network/support-groups/location/rhode-island/
Rhode Island Discussion Group Meeting
Support group for Rhode Island.

STROKE

http://www.strokeassociation.org
American Stroke Association
National Center
7272 Greenville Avenue
Dallas, TX 75231
Phone: 888-478-7653 or 888-474-8483
Please call them for the stroke support group in your area

SYRINGOMYELIA/CHIARI MALFORMATION

www.asap.org
American Syringomyelia & Chiari Alliance Project
PO Box 1586
Longview, TX 75606-1586
Phone: 903-236-7079
800-272-7282
Email: info@ASAP.org
Please contact them for info in your area.

TRANSVERSE MYELITIS

http://www.myelitis.org
Transverse Myelitis Association
1787 Sutter Parkway
Powell, OH 43065-8806
Phone: 855-380-3330
Please contact them for info in your area.

http://transmyelitis.meetup.com
TM MeetUp
Enter your postal code for a MeetUp in your area.
Meetings are usually held in local restaurants.

GENERAL DISABILITY RESOURCES

http://www.yellowpagesforkids.com/help/ri.htm
Rhode Island Yellow Pages for Kids with Disabilities

http://www.riddc.org/
Rhode Island Developmental Disabilities Council
400 Bald Hill Road Suite 515
Warwick, RI 02886
Phone/TDD: 401-737-1238
Email: riddc@riddc.org

http://www.riot.org/
Rhode Island Chapter of the American Occupational Therapy Association (RIOTA)
PO Box 8585
Warwick, PA 02888-0599
Phone: 401-484-5207
Email: riota@riota.org

http://www.riapta.com/
Rhode Island Chapter of the American Physical Therapy Association
15 North River Rd.
Tolland, CT 06084
Phone: 401-427-0865

Healthboards.com – message boards on health related topics. Topics include SCI, CP, Stroke, and more.

www.211.org
First Call 2-1-1
Phone: 211
Provides callers with information about and referrals to human services for every day needs and in times of crisis. Can offer access to the following types of services: adult day care, respite care, home health care, transportation, support groups, Medicaid/Medicare, etc. The caller is provided with phone numbers, programs and services provided, location, hours of operation, and any other relevant information for the inquiry. All calls are confidential.

http://www.accessiblerhodeisland.org/

**Accessible Rhode Island Guide**
Discusses the accessibility of cultural attractions in RI like museums, mansions, restaurants. Call 401-383-8878 for a print copy.

www.health.ri.gov/emregistry

**Rhode Island Special Needs Emergency Registry**
RIEMA, Database Manager
3 Capitol Hill
Providence, RI 02908
Phone: 401-222-9996
The RI Dept of Health and the RI Emergency Management Agency teamed up to develop a registry to identify Rhode Islanders who may require assistance during emergencies. The special needs may include oxygen, dialysis, ventilators, respirators, pacemakers, insulin dependence, mobility impairments, visual impairments, hearing impairments, speech, cognitive, developmental or mental health disabilities. Use of a service animal may also be registered. Enrollment in the registry does not guarantee assistance but allows first responders to appropriately plan for, prepare for and respond to the needs of the community.

www.thinkfirst.org

**ThinkFirst National Injury Prevention Foundation**
1801 N. Mill Street, Suite F
Naperville, IL 60563
Phone: 630-961-1400, 800-844-6556 (Toll-free)
E-mail: thinkfirst@thinkfirst.org
ThinkFirst offers evidence-based injury prevention programs for students of all ages through their network of healthcare-based chapters. Health educators and people who have experienced brain or spinal cord injuries help students understand the importance of making safe choices related to vehicles, sports, violence and falls. To find chapter information in your area, please go to their website and click on the “Chapter Site” tab.

The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health
care provider. Should you have any health care related questions, please call or see your physician or other qualified health care provider promptly. Always consult with your physician or other qualified health care provider before embarking on a new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.

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