OHIO DISABILITY RESOURCES

Affordable Care Act (ACA)

http://www.hhs.gov/healthcare/facts/bystate/oh.html
HHS.gov: How the Health Care Law is Making a Difference for the People of Ohio

To get coverage under the ACA, go to https://www.healthcare.gov/ to find out more about the Health Insurance Marketplace and the options available in your state.

Aging Resources

https://www.n4a.org/adrcs
https://www.acl.gov/node/413
http://www.eldercare.gov/Public/About/Aging_Network/ADRC.aspx

Aging and Disability Resource Centers/ No Wrong Door
Call Eldercare Locator Toll-free 1-800-677-1116 to find the ADRC in your area.

The No Wrong Door (NWD) System initiative is a collaborative effort of the ACL, the Centers for Medicare & Medicaid Services (CMS), and the Veterans Health Administration (VHA). The NWD System initiative builds upon the Aging and Disability Resource Center (ADRC) program and CMS’ Balancing Incentive Program No Wrong Door requirements that support state efforts to streamline access to long-term services and support (LTSS) options for older adults and individuals with disabilities. NWD Systems simplify access to LTSS, and are a key component of LTSS systems reform.

The Aging and Disability Resource Center Program (ADRC) is a collaborative effort of the U.S. Administration for Community Living (including AoA as of April 2012) and the Centers for Medicare & Medicaid Services (CMS). ADRCs serve as single points of entry into the long-term supports and services system for older adults and people with disabilities. Sometimes referred to as a “one-stop shops” or "no wrong door" systems, ADRCs address many of the frustrations consumers and their families experience when trying to find needed information, services, and supports. Through integration or coordination of existing aging and disability service systems, ADRC programs raise visibility about the full range of options that are available, provide objective information, advice, counseling and assistance, empower people to make informed decisions about
their long term supports, and help people more easily access public and private long term supports and services programs. Click on your state to find state and local ADRCs.

The core functions of an ADRC are 1) information, referral and awareness, 2) options counseling, advice and assistance, 3) streamlined eligibility determination for public programs, 4) person-centered transitions, 5) quality assurance and continuous improvement. ADRCs perform these functions by integrating, coordinating, and strengthening different pieces of the existing long term supports and services systems, including Area Agencies on Aging, Centers for Independent Living, state and local Medicaid offices, and other community-based organizations.

http://aging.ohio.gov/home/
Ohio Department of Aging

246 N. High St. 1st Fl
Columbus, OH 43215-2406
Phone: 800-266-4346
TTY: 614-466-5500

http://www.ohioaging.org/default.aspx
Ohio Association of Area Agencies on Aging
88 E Broad St # 870
Columbus, OH 43215
Phone: 614-481-3511

https://ncea.acl.gov/
National Center on Elder Abuse (NCEA)
Funded by the Administration for Community Living, the NCEA disseminates elder abuse information to professionals and the public, and provides technical assistance and training to states and to community-based organizations.

ARTS and CREATIVITY

http://www.vsao.org
VSA arts of Ohio
The Riffe Center for Government/Arts
77 South High Street, 2nd Floor
Columbus, OH 43215-6108
Phone: 614-241-5325
Email: info@vsao.org

http://www.dancingwheels.org/
Dancing Wheels Company & School
3615 Euclid Ave
Cleveland, OH 44115
Phone: 216-432-0308

ASSISTIVE TECHNOLOGY

https://atohio.engineering.osu.edu/
Assistive Technology of Ohio
Area 1700
1314 Kinnear Rd.
Columbus, OH 43212
Phone: 614-292-2390
Toll-free: 800-784-3425
Email: atohio@osu.edu

http://www.adagreatlakes.org/
Great Lakes ADA Center (covers Ohio)
University of Illinois at Chicago
Institute on Disability & Human Development (MC 728)
1640 W. Roosevelt Rd, Room 405
Chicago, IL 60608
Phone: 312-413-1407 (V/TTY)
Toll free: 800-949-4232 (V/TTY)
Video Phone: 312-767-0377

http://www.leapinfo.org/
Linking Employment, Abilities and Potential (LEAP)
2545 Lorain Ave.
Cleveland, Ohio 44113
Phone: 216-696-2716
LEAP's mission is to advance a society of equal opportunity for all persons, regardless of disability.

CAREGIVERS INFORMATION

http://compassionstraining.org/
Compassions Training and Awareness Center
Phone: 216-534-9829
Email: edna@compassionstraining.org
Fosters education and awareness while providing specialized job training for states tested nursing assistants.

COMMUNITY-BASED FITNESS PROGRAMS
The Reeve Foundation has several Community Fitness and Wellness facilities that are part of its NeuroRecovery Network (NRN) program. These facilities are accepting individuals with walking difficulties related to any cause (not just SCI) and are hosting activity-based exercise programs designed specifically for individuals with physical disabilities. There is not one in this state but if you would like to learn more about the program, please go to www.ChristopherReeve.org/NRN.

COMMUNITY HEALTH CENTERS

www.ohiochc.org
Ohio Association of Community Health Centers
2109 Stella Court
Columbus, OH 43215
Phone: 614-884-3101
Toll-free: 888-884-3101
Email: info@ohiochc.org
Community Health Centers are non-profit organizations providing health care to those with insurance and without. All sites offer primary care and many offer specialty care as well. There is no residency requirement; individuals can receive services at any facility of their choosing, with over 1,200 health centers in 8,000 rural and urban communities across the nation. Sliding-scale fees based on family size, income, and insurance status ensure that anyone who uses a Community Health Center can receive quality care regulated by federal standards. Please call the state association listed above to find a Community Health Center in your local area.

http://www.gettingbackup.org/donate/
Getting Back Up
2720 Horseshoe Blvd
Westlake, OH 44145
We provide qualified and selected individuals with funding for participation in EXERCISE-BASED RECOVERY PROGRAMS and the purchase of ADAPTABLE PRODUCTS. These programs and products have been proven to greatly improve the physical and emotional well-being of the injured individual.

http://findahealthcenter.hrsa.gov/
Health Resources and Services Administration (HRSA): Find a Health Center
HRSA Health Centers care for you, even if you have no health insurance – you pay what you can afford based on your income. Health centers provide services that include checkups when you are well, treatment when you are sick, complete care when you are pregnant, and immunizations and checkups for your children. Some health centers also provide mental health, substance abuse, oral health, and/or vision services. Contact the health center organization directly to confirm the availability of specific services and to make an appointment.
CRIME VICTIM ASSISTANCE

http://www.ohioattorneygeneral.gov/Individuals-and-Families/Victims
Ohio Crime Victim Compensation

Victim Compensation
Phone: 614-466-4986 or 1-800-282-0515 (Toll-free)

http://ovc.ncjrs.gov/findvictimservices/search.asp
Office for Victims of Crime’s Directory of Crime Victim Services
Choose Your State and the Type of Assistance you are looking for

http://www.safehorizon.org
Safe Horizon’s Links for General Crime Victim Resources/Issues

DOMESTIC VIOLENCE HELP

National Domestic Violence Hotline: 1-800-799-SAFE (7233); TTY: 800-787-3224
National Resource Center on Domestic Violence: 800-537-2238
Statewide Hotline: 1-800-934-9840

http://www.odvn.org/
The Ohio Domestic Violence Network
1855 E. Dublin-Granville
Columbus, OH 43229
Phone: 800-934-9840
Email: info@odvn.org

http://www.cilo.net/
Center For Independent Living Options
2031 Auburn Ave
Cincinnati, OH 45219
Phone: 513-241-2600
Email: cilo@cilo.net

EASTER SEALS OFFICES

http://www.easterseals.com/centralohio/
Ohio Easter Seals Offices
Go to search by state box
Easter Seals offers services to children and adults with disabilities and special needs. The programs Easter Seals offers include autism, children’s, adult and senior specific services, employment & training, medical rehabilitation, as well as camping & recreation opportunities. Services may vary by location.

**GOVERNMENT OFFICES**

Ohio State Website

[www.ood.ohio.gov](http://www.ood.ohio.gov)  
**Opportunities for Ohioans with Disabilities (OOD)**  
150 E. Campus View Blvd.  
Columbus, OH 43235-4604  
Toll-free: 800-282-4536  
Phone/TTY: 614-438-1200  
OOD is the state agency that serves Ohioans with disabilities to achieve quality employment, independence and Social Security disability determination outcomes through its Bureau of Vocational Rehabilitation (BVR), Bureau of Services for the Visually Impaired (BSVI) and Bureau of Disability Determination (BDD).

[http://www.ood.ohio.gov/Core-Services/DDD](http://www.ood.ohio.gov/Core-Services/DDD)  
**Division of Disability Determination**  
150 E. Campus View Blvd.  
Columbus, OH 43235  
Phone: 1-800-282-2695; 614-438-1200

**Ohio Governor’s Council on People with Disabilities**  
400 E. Campus View Blvd.  
Columbus, OH 43235-4604  
Phone: 614-438-1394  
Toll-free: 800-282-4536 x1394; 866-579-5622  
Email: donna.foster@ood.ohio.gov

[http://medicaid.ohio.gov/FOROHIOANS/Programs/MPAP.aspx](http://medicaid.ohio.gov/FOROHIOANS/Programs/MPAP.aspx)  
**Ohio Medicare Premium Assistance Program**

[http://medicaid.ohio.gov/](http://medicaid.ohio.gov/)  
**Ohio Medicaid Office**  
Department of Job and Family Services of Ohio - Ohio Health Plans  
50 West Town St., Suite 400  
Columbus, OH 43215  
Phone: 800-324-8680
http://medicaid.ohio.gov/RESOURCES/ReportsandResearch/SCHIP.aspx
State Children's Health Insurance Program (SCHIP)
Healthy Start Healthy Families
50 West Town St., Suite 400
Columbus, OH 43215
Phone: 800-324-8680

http://insurance.ohio.gov/Consumer/Pages/ConsumerTab2.aspx
Ohio SHIIP Program (State Health Insurance Information Program - for Seniors)
Ohio Department of Aging
50 W. Town St. 3rd Floor, Suite 300
Columbus, OH 43515
Phone: 1-800-686-1526 or 614-644-2658

http://insurance.ohio.gov/Pages/default.aspx
Ohio Insurance Commissioner
50 W. Town Street
Third Floor - Suite 300
Columbus, Ohio 43215
Phone: 614-644-2658; 800-686-1526

http://www.ohiobwc.com/
Ohio Bureau of Worker’s Compensation
30 W. Spring Street, 1st Floor
Columbus, OH 43215-2256
Phone: 800-335-0996
Email: ombudsperson@bwc.state.oh.us

http://www.house.gov/representatives/find/
http://whoismyrepresentative.com/
Find your elected officials to contact them on legislation that is important to you. Each member of Congress maintains at least one office in his or her home state or district. Most have multiple offices throughout the state or district. These offices are designed for direct contact with constituents (that's you!). This is your opportunity to advocate and make your voice heard in Congress without traveling to Washington, DC. Congressional offices are also a great resource for handling problems with federal agencies. You have a constitutionally guaranteed right to petition your government, and home offices provide you an opportunity to use that right.
The mission of the state long-term care ombudsman is to protect the health, safety, welfare and rights of the elderly in nursing homes, assisted living facilities and other facilities.

HOUSING

www.fanniemae.com
Fannie Mae

Ohio Housing and Urban Development (HUD) Offices

Cleveland Field Office
U.S. Bank Center Building
1350 Euclid Avenue, Suite 500
Cleveland, OH 44115-1815
Phone: 216-357-7900
TTY: 800-877-8339

Columbus Office
Bricker Federal Building
200 North High Street 7th Floor
Columbus, OH 43215
Phone: 614-469-5737
TTY: 800-877-8339

www.hud.gov
HUD is the government office which offers information on public housing, buying a home, renting, discrimination, FEMA related housing, and more. HUD also provides a list of housing counselors as well as information on ways to avoid foreclosure. To find your local HUD office, please click on the “State Info” tab across the top bar, then click on your state, then click on “contact my local office”. If you want info on public housing, click here: https://www.hud.gov/program_offices/public_indian_housing/pha/contacts and choose your state from the drop down box.

www.211.org
http://www.211.org/services/housing-and-utilities
211
211 can help people find emergency shelters for individuals and families in crisis. Learn about programs that offer rental assistance, subsidized housing, and housing vouchers that can help families, the elderly and disabled individuals pay for housing.

Independent Living

http://www.ilru.org/projects/sile-net/silc-directory
http://www.ohiosilc.org/

ILRU: State Independent Living Councils (SILCs)
Ohio Independent Living Council
670 Morrison Road, Suite 200
Gahanna, OH 43230
Phone: 614-892-0390
TTY: 614-892-0390

http://www.ilru.org
Independent Living Research Utilization’s directory of Independent Living Centers

http://www.ncil.org/
National Council on Independent Living (NCIL)
2013 H St. NW, 6th Floor
Washington, DC 20006
Phone: 202-207-0334
Toll-free: 877-525-3400
TTY: 202-207-0340
Email: ncil@ncil.org
The National Council on Independent Living is the longest-running national cross-disability, grassroots organization run by and for people with disabilities. Founded in 1982, NCIL represents thousands of organizations and individuals including: individuals with disabilities, Centers for Independent Living (CILs), Statewide Independent Living Councils (SILCs), and other organizations that advocate for the human and civil rights of people with disabilities throughout the United States.

http://www.acils.com/
Access Center for Independent Living
1329 Stanley Ave
Dayton, OH 45404
Phone: 937-341-5202
Email: info@acils.com
Independent living is about having the right to make choices, to make one’s own mistakes, and to learn from them in the same way that people without disabilities can. People with disabilities must be empowered to take control over their own lives.

http://www.guidestar.org/profile/34-1578825
Independent Living Services of Ashtabula County
2715 Carso Ave
Ashtabula, OH 44004
Phone: 440-992-8740

https://www.socilfairfieldhocking.org/
Southeastern Ohio Center For Independent Living
418 South Broad Street
Lancaster, Ohio 43130
Phone: 740-689-1494
Email: tfstubbins@yahoo.com
SOCIL believes that people with disabilities have the right to choices and opportunities in society that support and maximize their empowerment, inclusion, leadership, independence and full participation in community life.

LIBRARY SERVICES

http://cpl.org/thelibrary/ohio-library-for-the-blind-physically-disabled/
Ohio Library for the Blind and Physically Disabled
Cleveland Public Library
17121 Lake Shore Blvd.
Cleveland, OH 44110-4006
Phone: 216-623-2911
Toll-free: 800-362-1262
Email: olbp@cpl.org

NeuroRecovery Network (NRN)

Ohio State University Medical Center
Columbus, OH
The NRN is a network of rehab programs designed to provide locomotor (treadmill) training to promote functional recovery and improve the health and quality of life for people living with paralysis. The program is for people with spinal cord injuries. The NRN is a program of the Reeve Foundation. For more info on qualifying for the program, please go to www.ChristopherReeve.org/NRN

Peer Support Programs

www.ChristopherReeve.org/Peer
Christopher & Dana Reeve Foundation’s Peer & Family Support Program (PFSP)
636 Morris Turnpike, Suite 3A
Short Hills, NJ 07078
Phone: 800-539-7309
Email: Peer@ChristopherReeve.org
The Peer & Family Support Program (PFSP) is the Reeve Foundation’s national peer-to-peer mentoring program. The goal of PFSP is to provide critical emotional support, as well as, local and national information and resources to people living with paralysis, and their families and caregivers. When possible, the program matches people with paralysis with certified peer mentors who are of similar age, location, gender, and level of injury or type of paralyzing condition. The Reeve Foundation’s Quality of Life Grants program gives out grants to peer support groups (amongst other groups) that are associated with a non-profit organization. If you represent a non-profit organization looking for a Quality of Life grant, please see: [www.ChristopherReeve.org/qol](http://www.ChristopherReeve.org/qol) for more info on qualifying and applying.


United Spinal Association’s Spinal Network support group grants
Phone: 800-962-9629
Email: info@unitedspinal.org
The Spinal Network is dedicated to establishing and managing a nationwide network of support groups. Grants to peer support programs of $500 each can be applied for here: [http://www.spinalcord.org/spinal-network/grant-details/spinal-network-grant-application/](http://www.spinalcord.org/spinal-network/grant-details/spinal-network-grant-application/)

**PROTECTION and ADVOCACY**

[http://disabilityrightsohio.org](http://disabilityrightsohio.org)

Disability Rights Ohio
50 W. Broad St, Suite 1400
Columbus, OH 43215-5923
Toll-free: 800-282-9181
Phone: 614-466-7264
TTY: 614-728-2553
Disability Rights Ohio is a non-profit corporation with a mission to advocate for the human, civil, and legal rights of people with disabilities in Ohio.

**SERVICE DOGS**


Canine Companions for Independence
North Central Regional Center
4989 State Route 37 East
Delaware, OH 43015-9682
Phone: 740-833-3700
Toll-free: 800-572-2275
**Happy Canine Helpers, Inc.**

16277 Montgomery Road
Johnstown, OH 43031
Phone: 740-965-2204


**Assistance Dogs of America, Inc.**

5605 Monroe St
Sylvania, OH 43560
Phone: 419-885-5733 (V/TTY)
Email: info@adai.org

[http://4pawsonability.org](http://4pawsonability.org)

**4 Paws for Ability, Inc.**

253 Dayton Ave.
Xenia, OH 45385
Phone: 937-374-0385
Email: info@4pawsForAbility.org


**Circle Tail, Inc.**

8834 Carey Lane
Pleasant Plain, OH 45162
Phone: 513-877-3325
Email: info@circletail.org

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**SPORTS and RECREATION**

[www.taasc.org](http://www.taasc.org)

**The Adaptive Adventure Sports Coalition (TAASC)**

6000 Harriot Rd
Powell, OH 43065
Phone: 614-389-3921
Email: info@taasc.org
Provides sailing, paddling, cycling, alpine skiing

[http://www.3trackers.org](http://www.3trackers.org)

**Three Trackers of Ohio**

6909 Engle Rd, Suite 19
Middleburg Heights, OH 44130
Phone: 440-476-9905
Email: md1053@aol.com
www.recreationunlimited.org
Recreation Unlimited
7700 Piper Rd.
Ashley, OH 43003
Phone: 740-548-7006
Email: info@recreationunlimited.org

http://www.dnr.state.oh.us/facilitiesmaps/access/tabid/491/Default.aspx
Ohio Recreational Facilities for Persons of all Abilities
(List of accessible paths and parks in the state)

http://www.cincinnati-oh.gov/recreation/programs/therapeutic-recreation/
Cincinnati Recreation Commission
Division of Therapeutic Recreation
Phone: (513)-352-4945
Email: alayne.kazin@cincinnati-oh.gov

https://www.columbus.gov/recreationandparks/programs/Therapeutic-Recreation/
Columbus Recreation and Parks Department: Therapeutic Recreation
1111 E. Broad St
Columbus, OH 43205
Phone: 614-645-3300

BlazeSports America
Cleveland Youth Challenge Sports
Phone: (440)-892-1001
http://rowamerica.com/
http://rowhamilton.com/

RowAmerica Hamilton
330 North B Street
Hamilton, OH 45013
Phone: 513-892-4672
Email: info@rowhamilton.com
RowAmerica Hamilton offers recreational, fitness and competitive programming for youth, adult, and people with disabilities through rowing programs.

http://adaptivesportsohio.org/
Adaptive Sports Program of Ohio
2829 Cleveland Road, Suite B
Wooster, OH 44691
Phone: 330-262-1200
The Adaptive Sports Program of Ohio (ASPO) is an organization established to promote the health and wellness of individuals with physical disabilities by providing competitive and recreational adaptive sport opportunities throughout the State of Ohio.
UNITED WAY OFFICES

http://www.unitedway.org/
United Way (National Headquarters)
701 North Fairfax Street
Alexandria, VA 22314
Phone: 703-836-7112
Enter postal code for a United Way office in your area
United Way focuses on education, financial stability and health to impact the lives of millions. United Way raises awareness surrounding key issues, provides financial and one-on-one assistance to those who need it most, and promotes social and policy change that helps strengthen people and their communities.

VETERAN BENEFITS

http://www.va.gov/directory/guide/home.asp?isflash=1
Veterans Benefits Administration
Cleveland Regional Office
A.J. Celebrezze Federal Building
1240 East 9th Street
Cleveland, OH 44199
Phone: 1-800-827-1000

http://www.visn10.va.gov/
VISN 10: VA Healthcare System of Ohio
11500 Northlake Drive, Suite 200
Cincinnati, OH 45249
Phone: 513-247-4610

http://www.chillicothe.va.gov/
Chillicothe VA Medical Center
17273 State Route 104
Chillicothe, OH 45601
Phone: 740-773-1141
Toll-free: 800-358-8262

http://www.cincinnati.va.gov/
Cincinnati VA Medical Center
3200 Vine Street
Cincinnati, OH 45220
Phone: 513-861-3100

http://www.cleveland.va.gov/
Wade Park Campus
10701 East Boulevard
Cleveland, OH 44106
Phone: 216-791-3800; 877-838-8262 (Toll-free)

http://www.dayton.va.gov/
Dayton VA Medical Center
4100 W. 3rd Street
Dayton, OH 45428
Phone: 937-268-6511; 800-368-8262

Veterans Affairs Spinal Cord Injury Centers: Ohio
VA Medical Center
10701 East Blvd.
Cleveland, OH 44106
Phone: 216-791-3800 ext.5219

www.buckeypva.org
Paralyzed Veterans of America (PVA): Ohio Buckeye Chapter
26250 Euclid Ave., Suite 115
Euclid, OH 44132
Phone: 216-731-1017
Toll-free: 800-248-2548
Email: info@buckeypva.org

ALS

www.alsaohio.org
The ALS Association Northern Ohio Chapter
6155 Rockside Rd., Suite 403
Independence, OH 44131
Phone: 216-592-2572 or 888-592-2572 (toll-free)
Email: alsa@alsaohio.org

www.alsohio.org
The ALS Association Central and Southern Ohio Chapter
1170 Old Henderson Road, Suite 221
Columbus, OH 43220
Phone: 866-273-2572
Email: alsohio@alsohio.org
Muscular Dystrophy Association’s ALS Research Center
MDA/ALS Center at Ohio State University
Columbus, OH
Phone: 614-293-4969
E-mail: neurology@osumc.edu

BRAIN INJURY

http://www.biaoh.org
Brain Injury Association of Ohio
PO Box 21325
Columbus, OH 43221
Phone: 614-481-7100
Toll-Free: 800-444-6443
Email: help@biaoh.org

www.ohiovalley.org
Ohio Regional TBI Model System
Ohio Valley Center for Brain Injury Prevention and Rehabilitation
Dept. of Physical Medicine and Rehabilitation
Ohio State University, 2118 Dodd Hall
480 Medical Center Drive
Columbus, OH 43210
Phone: 614-293-3802
TTY: dial 711

CEREBRAL PALSY

www.ucp.org
United Cerebral Palsy (UCP)

https://steppingstonesohio.org/
UCP of Greater Cincinnati/Stepping Stones
5650 Given Rd.
Cincinnati, OH 45243
Phone: 513-831-4660

http://www.ucpcleveland.org/
UCP of Greater Cleveland
10011 Euclid Avenue
Cleveland, OH 44106-4701
Phone: 216-791-8363
Email: info@ucpcleveland.org

FRIDREICH’S ATAXIA

http://www.ataxia.org/
National Ataxia Foundation (NAF) National Office
600 Hwy 169 S, Ste 1725
Minneapolis, MN 55426
Phone: 763-553-0020
Email: naf@ataxia.org

NAF Ambassadors:
Carmen Pieragastini
Willowick, OH 44095
Phone: 216-272-5588
Email: willowpier@roadrunner.com

Ohio Friedreich’s Ataxia Support Groups

Greater Cincinnati Area Ataxia Support Group
Jennifer Mueller
Phone: 513-284-2865
Email: jenmu@yahoo.com

Co-Leader: Julia Soriano
Phone: 513-899-1195
Email: Julia@epivision.com

GUILLAIN-BARRÉ SYNDROME / CIDP

http://gbs-cidp.org/
Guillain-Barré Syndrome / CIDP Foundation International
The Holly Bldg., 104 ½ Forrest Ave.
Narberth, PA 19072
Phone: 610-667-0131 or 866-224-3301
Please contact them for information in your area

MULTIPLE SCLEROSIS

www.nmss.org
National Multiple Sclerosis Society (NMSS)
http://www.nationalmssociety.org/Chapters/OHA
National Multiple Sclerosis Society: Ohio Buckeye Chapter
6155 Rockside Rd, Suite 202
Independence, OH 44131
Phone: 800-344-4867
Email: ohawebmaster@nmss.org

http://www.nationalmssociety.org/chapters/OHG/index.aspx
National Multiple Sclerosis Society: Ohio Valley Chapter
4440 Lake Forest Dr., Suite 120
Cincinnati, OH 45242
Phone: 513-769-4400
Email: OHGinfo@nmss.org

http://mymsaa.org/about-msaa/regional/#Midwest
Multiple Sclerosis Association of America Midwest Regional Office
Marie LeGrand, Regional Direction
Phone: 800-532-7667 ext. 150
Email: Midwest@mymsaa.org

MUSCULAR DYSTROPHY

http://www.mdausa.org/
Muscular Dystrophy Association
National Headquarters
222 S. Riverside Plaza, Suite 1500
Chicago, IL 60606
Phone: 800-572-1717
Enter your postal code in the “Find your local MDA” section of the website for MD clinics in your area.

POST-POLIO SYNDROME

http://www.post-polio.org
Post-Polio Health International (PHI)
4207 Lindell Blvd. #110
St. Louis, MO 63108-2930
Phone: 314-534-0475
Email: info@post-polio.org
http://www.post-polio.org/net/poldir.pdf
Directory lists Health Professionals, Clinics, and Support Groups by state.
SPINA BIFIDA

http://www.spinabifidaassociation.org
Spina Bifida Association of America (National Headquarters)
1600 Wilson Blvd, Suite 800
Arlington, VA 22209
Phone: 202-944-3285; 800-621-3141
Email: sbaa@sbaa.org
Please contact them for info in your area

www.spinabifida.net/spina-bifida-Ohio
Spina Bifida Association of Northwest Ohio
2211 River Rd
Maumee, OH 43537
Phone: 419-794-0561
Email: spinabifida.net@gmail.com

http://www.sbccincy.org
Spina Bifida Coalition of Cincinnati
644 Linn St., Suite 635
Cincinnati, OH 45203
Phone: 513-923-1378

www.spinabifidaassociation.org/clinics
SBAA Ohio Clinics

SPINAL CORD INJURY

www.spinalcord.org
http://www.spinalcord.org/chapters/directory/chapter-directory/28/northeast-ohio-chapter-nscia/
Northeast Ohio Chapter, National Spinal Cord Injury Association
PO Box 934
Chesterland, OH 44026
Contact: Jeff Schiemann
Phone: 440-442-5550
Email: jjscpajd@aol.com

http://www.newperspectivefoundation.org/what-we-do
New Perspective Foundation
10801 Starkey Rd, Suite 104-223
New Perspective Foundation is a registered 501 ©(3) non-profit organization that helps individuals in Ohio and Florida who are currently hospitalized due to a spinal cord injury. They accomplish this by assisting their family and friends with airfare, gasoline, and or lodging expenses, so they can travel to support them in their time of need.

www.spinalrap.com
United Spinal Association Northwest Ohio Chapter
2301 Detroit Ave
Maumee, OH 43537
Phone: 419-306-3446; 419-277-0875
Email: spinalrap@gmail.com
They sustain a supportive community that offers opportunities for individuals with spinal cord injuries and related neurological diseases. They provide emotional support and educational opportunities for individuals with spinal cord injuries and related neurological diseases. They also promote awareness within the medical community about how spinal cord injuries affect patients.

STROKE
http://www.strokeassociation.org
American Stroke Association
National Center
7272 Greenville Avenue
Dallas, TX 75231
Phone: 1-888-478-7653
Please contact them for the stroke support group in your area

SYRINGOMYELIA/CHIARI MALFORMATION

www.asap.org
American Syringomyelia & Chiari Alliance Project
PO Box 1586
Longview, TX 75606-1586
Phone: 903-236-7079
800-ASAP-282
Email: info@ASAP.org

TRANSVERSE MYELITIS

http://www.myelitis.org/
Transverse Myelitis Association
1787 Sutter Parkway
Powell, OH 43065-8806
Phone: 855-380-3330
Email: info@myelitis.org

https://myelitis.org/living-with-myelitis/resources/support-group-network/#toggle-id-17
The Ohio Group of the Transverse Myelitis Association

Bridgett Lewis
Pataskala, OH 43062
Phone: 740-975-5044
bridgettlewis66@gmail.com

Linda Garrett
Duncan Falls, OH 43734
Phone: 740 607-8774
limoga43734@yahoo.com

Lauren K. Taylor
Dublin, OH 43016
Phone: 614-832-6708
klaurentaylor@gmail.com

http://transmyelitis.meetup.com/
TM MeetUp
Enter your postal code for a MeetUp in your area.
Meetings are usually held in local restaurants.

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GENERAL DISABILITY RESOURCES

http://www.abilitycenter.org/
The Ability Center of Greater Toledo
5605 Monroe Street
Sylvania, OH 43560
Phone: 419-885-5733 (V/TTY)
The Ability Center provides resources for living with disabilities and a variety of programs for assistance such as assistance dogs, housing resources, as well as outreach and education.

http://www.yellowpagesforkids.com/help/oh.htm
Ohio Yellow Pages for Kids with Disabilities

http://ddc.ohio.gov/
Ohio Developmental Disabilities Council
899 East Broad St, Suite 203
Columbus, OH 43205
Phone: 614-466-5205
Toll Free: 800-766-7426
Email: ddcinfo@dodd.ohio.gov

http://www.oota.org
Ohio Chapter of the American Occupational Therapy Association
PO Box 693
Canal Winchester, OH 43110-0693
Phone: 614-920-9445 or 888-231-7319 (toll-free)
Email: webmaster@oota.org

http://www.ohiopt.org/
Ohio chapter of the American Physical Therapy Association
1085 Beecher Crossing North Suite B
Gahanna, OH 43230
Phone: 614-855-4109
Email: opt@ohiopt.org

www.apse.org
http://www.apse.org/chapters/ohio
Ohio Association for Persons in Supported Employment
Chapter President: Debi Beeman Tyree
Phone: 419-381-5213
Email: Dtyree@lucasdd.org

Healthboards.com – message boards on health related topics. Topics include SCI, CP, Stroke, and more.

www.sarasgarden.org
Sara’s Garden
620 West Leggett St.
P.O. Box 150
Wauseon, OH 43567
Phone: 419-335-7272
Email: info@sarasgarden.org
Provides Hyperbaric Oxygenation Therapy

http://www.anewchancefoundation.org/
A New Chance Foundation
Since 2008, A New Chance Foundation has been helping children who have disabilities live more independent lives by providing them with much-needed mobility equipment, minor home modifications, and therapies that are not covered by insurance. To qualify for assistance, children must meet certain requirements such as living in the Greater Cincinnati area. Please see their website for more information.

http://www.211ohio.net/

**First Call 2-1-1: Ohio**

Phone: 211

Provides callers with information about and referrals to human services for every day needs and in times of crisis. Can offer access to the following types of services: adult day care, respite care, home health care, transportation, support groups, Medicaid/Medicare, etc. The caller is provided with phone numbers, programs and services provided, location, hours of operation, and any other relevant information for the inquiry. All calls are confidential.

www.thinkfirst.org

**ThinkFirst National Injury Prevention Foundation**

1801 N. Mill Street, Suite F

Naperville, IL 60563

Phone: 630-961-1400

800-THINK56

Email: thinkfirst@thinkfirst.org

ThinkFirst offers evidence-based injury prevention programs for students of all ages through their network of healthcare-based chapters. Health educators and people who have experienced brain or spinal cord injuries help students understand the importance of making safe choices related to vehicles, sports, violence and falls. To find chapter information in your area, please go to their website and click on the “Chapter Site” tab.

The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health care provider. Should you have any health care related questions, please call or see your physician or other qualified health care provider promptly. Always consult with your physician or other qualified health care provider before embarking on a new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.

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