NEW JERSEY DISABILITY RESOURCES

Affordable Care Act (ACA)

http://www.hhs.gov/healthcare/facts/bystate/nj.html
HHS.gov: 5 Years Later: How the Affordable Care Act is Working for New Jersey

To get coverage under the ACA, go to https://www.healthcare.gov/ to find out more about the Health Insurance Marketplace and the options available in your state.

AGING RESOURCES

https://www.n4a.org/adrcs
https://www.acl.gov/node/413
http://www.eldercare.gov/Public/About/Aging_Network/ADRC.aspx

Aging and Disability Resource Centers/ No Wrong Door
Call Eldercare Locator Toll-free 1-800-677-1116 to find the ADRC in your area.

The No Wrong Door (NWD) System initiative is a collaborative effort of the ACL, the Centers for Medicare & Medicaid Services (CMS), and the Veterans Health Administration (VHA). The NWD System initiative builds upon the Aging and Disability Resource Center (ADRC) program and CMS’ Balancing Incentive Program No Wrong Door requirements that support state efforts to streamline access to long-term services and support (LTSS) options for older adults and individuals with disabilities. NWD Systems simplify access to LTSS, and are a key component of LTSS systems reform.

The Aging and Disability Resource Center Program (ADRC) is a collaborative effort of the U.S. Administration for Community Living (including AoA as of April 2012) and the Centers for Medicare & Medicaid Services (CMS). ADRCs serve as single points of entry into the long-term supports and services system for older adults and people with disabilities. Sometimes referred to as a “one-stop shops” or "no wrong door" systems, ADRCs address many of the frustrations consumers and their families experience when trying to find needed information, services, and supports. Through integration or coordination of existing aging and disability service systems, ADRC programs raise visibility about the full range of options that are available, provide objective information, advice, counseling and assistance, empower people to make informed decisions about their long term supports, and help people more easily access public and private long term supports and services programs.. Click on your state to find state and local ADRCs.
The core functions of an ADRC are 1) information, referral and awareness, 2) options counseling, advice and assistance, 3) streamlined eligibility determination for public programs, 4) person-centered transitions, 5) quality assurance and continuous improvement. ADRCs perform these functions by integrating, coordinating, and strengthening different pieces of the existing long term supports and services systems, including Area Agencies on Aging, Centers for Independent Living, state and local Medicaid offices, and other community-based organizations.

http://www.state.nj.us/humanservices/doas/home/
New Jersey Department of Aging
Division of Aging Services
New Jersey Department of Human Services
P.O. Box 715
Trenton, NJ 08625-0715
For Medicare counseling and general aging services questions: 1-800-792-8820
For PAAD, Sr. Gold, or Lifeline: 1-800-792-9745
For access to aging services in your county: 1-877-222-3737

http://www.nj4a.org/
New Jersey Association of Area Agencies on Aging
176 West State Street
Trenton NJ, 08608
Phone: 732-291-291-8038

http://www.nj.gov/njhealthlink/area_agencies_aging.pdf
Area Agencies on Aging by County

https://ncea.acl.gov/
National Center on Elder Abuse (NCEA)
Funded by the Administration for Community Living, the NCEA disseminates elder abuse information to professionals and the public, and provides technical assistance and training to states and to community-based organizations.

ARTS AND CREATIVITY

http://www.artrealization.org/
Artistic Realization Technologies (A.R.T.)
11 Whippoorwill Way
Belle Mead, NJ 08502
Phone: 908-359-3098
Helps those with physical and developmental disabilities directly express their personal artistic visions.

http://www.vsanj.org
VSA Arts of New Jersey
703 Jersey Avenue
New Brunswick, NJ 08901
Phone: 732-745-3885
TTY: 732-745-3913
Email: info@vsanj.org

http://www.artsaccessprogram.org
Arts Access Matheny Medical and Educational Center
The Matheny School and Hospital
65 Highland Avenue
Peapack, NJ 07977
Phone: 908-234-0011
Email: info@artsaccessprogram.org

http://www.artshorizons.org/
Arts Horizon
One Grand Avenue, Suite 7
Englewood, NJ 07631
Phone: 201-567-1766
Email: info@artshorizons.org
Arts Horizon’s mission is to enhance the lives of people of all ages and abilities by creating equitable opportunities to engage in the arts.

ASSISTIVE TECHNOLOGY

http://www.drnj.org/atac
The Richard West Assistive Technology Advocacy Center (ATAC) of Disability Rights New Jersey (DRNJ)
210 South Broad Street, 3rd Floor
Trenton, NJ 08608
Project Director: Ellen Cantanese
800-922-7233 (In State)
609-292-9742 (Voice)
TTY: 609-633-7106
Email: advocate@drnj.org

http://caties.pages.tcnj.edu/
Center for Assistive Technology & Inclusive Education Studies (CATIES)
Dept. of Special Ed., Language & Literacy
The College of New Jersey
2000 Pennington Rd.
Ewing, NJ 08628-0718
Phone: 609-771-3016
Email: caties@tcnj.edu
It is dedicated to improving the educational experiences of children with disabilities by linking faculty and staff expertise with the needs of New Jersey’s educational community.

http://backinaction.drnj.org/home.php
**Disability Rights New Jersey: Back In Action**
An assistive technology recycling exchange program.

[www.northeastada.org](http://www.northeastada.org)
**Northeast ADA Center** (covers NJ)
Employment and Disability Institute
Cornell University
IRL School
201 Doglen Hall
Ithaca, NY 14853
Phone: 607-255-6686
Toll-free: 800-949-4232 (TTY)
Email: northeastada@cornell.edu

[www.goodwillhomemedical.org](http://www.goodwillhomemedical.org)
**Goodwill Home Medical Equipment** (formerly Your ReSource Inc.)
18 Arctic Parkway
Ewing, NJ 08638
Phone: 609-337-5506
Email: info@goodwillhomemedical.org
Goodwill HME is a division of Goodwill Industries of Southern NJ and Philadelphia, a 501c3 nonprofit organization. They clean and refurbish equipment such as wheelchairs, bath items, rehab equipment, lifts, hospital beds, walkers, canes, etc. and resells them to people who need them at a reduced rate.

**Pluckemin Medical Equipment Ministry**
**of The Presbyterian Church at Pluckemin**
279 US Highway 202/206
Pluckemin, NJ 07978
Phone: 908-658-3346
Email: ppcmmedequip@gmail.com
Provides medical equipment on loan to the public (one does not need to be a member of their church to use their equipment loan program). Pluckemin Church loans gently used medical equipment (such as wheelchairs, walkers, crutches, recliners, hospital beds, etc.) at no charge for those in need. Supplies are donated by the community for the community.

**CAREGIVERS INFO**
www.njcaregivers.org
Caregivers of New Jersey
35 Beaverson Blvd., Bldg. 11
Brick, NJ 08723
Phone: 877-265-6360, 732-262-8020

http://www.caregiver.com/regionalresources/index.htm
Caregiver.com’s Caregiver Support Group Directory
Click on New Jersey for a support group in your area

NJ Dept of Health and Aging: Caregiver Assistance Program (CAP)
CAP is a Medicaid Waiver that offers several care alternatives to individuals who would otherwise be at risk of placement in a nursing facility.

http://www.fscnj.org/
Family Support Center of New Jersey
35 Beaverson Blvd., Bldg. 11
Brick, NJ 08723
Phone: 800-372-6510
Provides respite, caregiver services, support groups.

http://www.ournewjourney.org/wordpress/
Our New Journey
131 Main Street
Hackensack, NJ 07601
Phone: 201-996-9100; 201-288-2867
Email: Anne@OurNewJourney.org
Established in 2007, Our New Journey provides assistance and encouragement to the families they serve working with one family at a time. This personalized service assists family caregivers of elderly and disabled adults through caregiver peer-to-peer support, individual guidance on understanding personal needs, assistance with gaining access to available resources, and providing limited financial support for direct care services.

www.wellspouse.org
Well Spouse Association
Freehold Area Well Spouse Support Group
63 West Main St., Suite H
Freehold, NJ 07728
Donna McQuade
Phone: (732) 577-8899
Email: WSAdmarie@verizon.net

Cherry Hill Well Spouse Support Group
110 Kings Hwy N.
Cherry Hill, NJ 08034
Bob Mastro  
Phone: 856-354-6391 
Email: jebaumbach@verizon.net

Northern New Jersey Well Spouse Support Group  
Hawthorne Area  
Carol Marshal  
Phone: 201-933-4759  
Email: cmash1047@aol.com

St. Aloysius Well Spouse Support Group  
Jen Perry c/o St. Aloysius parish  
935 Bennetts Mills Road  
Jackson, NJ 08527  
Phone: 732-370-0500 x205

**COMMUNITY-BASED FITNESS PROGRAMS**

**Project Walk: Paralysis Recovery Centers**  
521 Fellowship Rd #155  
Mt Laurel, NJ 08054  
Phone: 856-439-6772  
Project Walk provides activity-based recovery programs designed around industry leading research, training, and state-of-the-art technology to increase mobility in clients who have a spinal cord injury and other forms of paralysis.

[http://www.pushtowalknj.org](http://www.pushtowalknj.org)  
**Push to Walk**  
100 Bauer Drive  
Oakland, NJ 07436  
Phone 201-644-7567  
dfont@pushtowalknj.org.  
Push to Walk offers one on one workouts to people with spinal cord injuries in a specialized gym with certified trainers.

**COMMUNITY HEALTH CENTERS**

[www.njpca.org](http://www.njpca.org)  
**New Jersey Primary Care Association**  
3836 Quakerbridge Road, Suite 201  
Hamilton, NJ 08619  
Phone: 609-689-9930  
Email: info@njpca.org
Community Health Centers are non-profit organizations providing health care to those with insurance and without. All sites offer primary care and many offer specialty care as well. There is no residency requirement; individuals can receive services at any facility of their choosing, with over 1,200 health centers in 8,000 rural and urban communities across the nation. Sliding-scale fees based on family size, income, and insurance status ensure that anyone who uses a Community Health Center can receive quality care regulated by federal standards. Please call the state association listed above to find a Community Health Center in your local area.

http://findahealthcenter.hrsa.gov/

Health Resources and Services Administration (HRSA): Find a Health Center
HRSA Health Centers care for you, even if you have no health insurance – you pay what you can afford based on your income. Health centers provide services that include checkups when you are well, treatment when you are sick, complete care when you are pregnant, and immunizations and checkups for your children. Some health centers also provide mental health, substance abuse, oral health, and/or vision services. Contact the health center organization directly to confirm the availability of specific services and to make an appointment.

CRIME VICTIM ASSISTANCE

DOJ’s Office for Victims of Crime

Victim Compensation
Phone: 877-658-2221
Web site: www.state.nj.us/victims

Victim Assistance
Phone: 609-292-6766
Web site: www.state.nj.us/lps/dcj/victimwit homes/home.htm

http://www.safehorizon.org
Safe Horizon’s Links for General Crime Victim Resources/Issues
Phone: 800-621-4673

DOMESTIC VIOLENCE HELP

National Domestic Violence Hotline 1-800-799-SAFE (7233); TTY: 800-787-3224
Statewide Hotline 800-572-7233

http://www.njcedv.org/
New Jersey Coalition to End Domestic Violence
1670 Whitehorse-Hamilton Square Rd.
Trenton, NJ 08690
Phone: 609-584-8107
AARDVARC.org
New Jersey Domestic Violence Crisis and Support Resources

EASTER SEALS OFFICES

http://www.easterseals.com, go to Connect Locally and put in your state
Easter Seals National Headquarters
233 South Wacker Dr., Suite 2400
Chicago, IL 60606
Phone: 312-726-6200; 800-221-6827 (Toll-free)
TDD: 312-726-4258
Easter Seals offers services to children and adults with disabilities and special needs. The programs Easter Seals offers include autism, children’s, adult and senior specific services, employment & training, medical rehabilitation, as well as camping & recreation opportunities. Services may vary by location.

http://www.easterseals.com/connect-locally/?state=NJ
Easter Seals New Jersey
25 Kennedy Blvd., Suite 600
East Brunswick, NJ 08816
Phone: 732-257-6662

GOVERNMENT OFFICES FOR NEW JERSEY

http://www.state.nj.us/
New Jersey State Website

http://www.state.nj.us/humanservices/
NJ Department of Human Services (includes Disability Programs)
222 South Warren St.
P.O. Box 700
Trenton, NJ 08625-0212
Phone: 609.292.3717

http://www.state.nj.us/humanservices/dds/
NJ Division of Disability Services
PO Box 705
Trenton, NJ 08625
Phone: 888-285-3036
Publishes an annual New Jersey Resources book
See also their NJ Guide to Handicapped Parking:

NJ Division of Vocational Rehabilitation Services (DVRS) Office
P.O. Box 398
Trenton, NJ 08625-0398
Phone: 609-292-5987
TTY: 609-292-1212
DVRS provides a wide range of individualized services to assist persons with disabilities to prepare for, obtain and/or maintain employment consistent with their strengths, priorities, needs, abilities, and capabilities. Specific services are offered based on individual need. Services include vocational assessment, counseling and guidance, job placement assistance, education and vocational training, and other services as required to assist the individual to achieve employment. Transportation assistance is available for eligible consumers who are receiving Vocational Rehabilitation services.

http://www.state.nj.us/humanservices/dmahs/clients/medicaid/
New Jersey Medicaid Office
Department of Human Services of New Jersey
7 Quakerbridge Plaza
P.O. Box 712
Trenton, NJ 08619
Phone: 609-588-2600
Toll-Free: In-State Calls Only 1-800-356-1561
Toll-Free TTY: 1-800-701-0720

http://www.njfamilycare.org/
NJ Family Care
PO Box 1450
Trenton, NJ 08650
Phone: 800-701-0710
TTY: 800-701-0720

http://www.state.nj.us/dobi/index.shtml
State Insurance Commissioner
Insurance Dept Hotline: 609-292-7272

http://lwd.dol.state.nj.us/labor/wc/wc_index.html
Workers Compensation Office
State Interagency Coordinating Council—Early Intervention
Department of Health
P.O. Box 360
Trenton, NJ 08625-0360
Email njsicc@aol.com
Early intervention for infants and toddlers with disabilities.

http://www.state.nj.us/health/ems/
NJ Office of Emergency Medical Services
Phone: 609-633-7777
lists emergency transportation providers and air medical service providers.

http://www.nj.gov/health/charitycare/index.shtml
NJ Charity Care
Phone: 866-588-5696
The New Jersey Hospital Care Payment Assistance Program (Charity Care) is for people who are uninsured and underinsured.

http://www.house.gov/representatives/find/
http://whoismyrepresentative.com/
Find your elected officials to contact them on legislation that is important to you. Each member of Congress maintains at least one office in his or her home state or district. Most have multiple offices throughout the state or district. These offices are designed for direct contact with constituents (that's you!). This is your opportunity to advocate and make your voice heard in Congress without traveling to Washington, DC. Congressional offices are also a great resource for handling problems with federal agencies. You have a constitutionally guaranteed right to petition your government, and home offices provide you an opportunity to use that right.

http://web.doh.state.nj.us/apps2/healthfacilities/fsSetSearch.aspx?by=county
State of New Jersey, Department of Health
Search for Long-Term Care Facilities

http://www.state.nj.us/ooie/
State LTC Ombudsman
Debra Branch
Division of Elder Advocacy
Office of Ombudsman for the Institutionalized
The mission of the state long-term care ombudsman is to protect the health, safety, welfare and rights of the elderly in nursing homes, assisted living facilities and other facilities.

**HOUSING**


**U.S. Department of Housing and Urban Development (HUD)**

*Newark Field Office*

One Newark Center
1085 Raymond Boulevard
13th Floor
Newark, NJ 07102-5260
Phone: 973-776-7200; 800-225-5342 (Toll-free)
TTY: 973-645-3298


HUD is the government office which offers information on public housing, buying a home, renting, discrimination, FEMA related housing, and more. HUD also provides a list of housing counselors as well as information on ways to avoid foreclosure. To find your local HUD office, please click on the “State Info” tab across the top bar, then click on your state, then click on “contact my local office”. If you want info on public housing, click here: [https://www.hud.gov/program_offices/public_Indian_housing/pha/contacts](https://www.hud.gov/program_offices/public_Indian_housing/pha/contacts) and choose your state from the drop down box.

[www.211.org](http://www.211.org)
[http://www.211.org/services/housing-and-utilities](http://www.211.org/services/housing-and-utilities)

211 can help people find emergency shelters for individuals and families in crisis. Learn about programs that offer rental assistance, subsidized housing, and housing vouchers that can help families, the elderly and disabled individuals pay for housing.


**The Assistive Technology Advocacy Center (ATAC) of Disability Rights New Jersey**

*Home Modification Resource Guide*

210 South Broad Street, 3rd Floor
Trenton, New Jersey 08608
(609) 292-9742 or (800) 922-7233 in NJ Only
(609) 633-7106 (TTY)
Email: advocate@drnj.org
**NJ Department of Health**
Has info on health care facilities, nursing homes, and long term care facilities.

**NJ Housing Resource Center** helps people with disabilities find housing options

**Newark Public Library Web Guide: Housing Resources in NJ**

**The Supportive Housing Association of New Jersey**
185 Valley Street
South Orange, NJ 07079
Phone: 908-931-1131
Email: gail.levinson@shanj.org
Supportive housing is permanent, affordable, lease-based housing for people of low income with access to flexible supportive services. Supportive housing is designed for people with special needs including those with mental, physical and developmental disabilities as well as people who are homeless.

**Independent Living**

**ILRU: State Independent Living Councils (SILCs)**
New Jersey Independent Living Council
904 Aarons Circle
Sewell, NJ 08080
Phone: 609-405-3993
Email: dinodoll@verizon.net

**NJ Statewide Independent Living Council (SILC)**
SILC is a 17-member body appointed by the governor which maximizes opportunities for people with disabilities through planning and advocacy.

**Independent Living Research Utilization’s** directory of Independent Living Centers

**Alliance Center for Independence**
629 Amboy Ave.
Edison, NJ 08837
Phone: 732-738-4388
TTY: 732-738-9644
A center for independent living serving Middlesex, Union and Somerset counties.
**http://www.cheshirehome.org/**

**Cheshire Home**  
9 Ridgedale Avenue  
Florham Park, NJ 07932  
Phone: (973) 966-1232  

An independent living center for physically disabled individuals.

**http://www.enablenj.org**

**Enable**  
13 Roszel Rd., Suite B110  
Princeton, NJ 08540  
Phone: 609-987-5003  
Email: info@enablenj.org  
Assists with housing, employment, training, etc.

**http://www.ncil.org/**

**National Council on Independent Living (NCIL)**  
2013 H St. NW, 6th Floor  
Washington, DC 20006  
Phone: 202-207-0334  
Toll-free: 877-525-3400  
TTY: 202-207-0340  
Email: ncil@ncil.org  

The National Council on Independent Living is the longest-running national cross-disability, grassroots organization run by and for people with disabilities. Founded in 1982, NCIL represents thousands of organizations and individuals including: individuals with disabilities, Centers for Independent Living (CILs), Statewide Independent Living Councils (SILCs), and other organizations that advocate for the human and civil rights of people with disabilities throughout the United States.

**LIBRARY SERVICES**

**http://www.njstatelib.org/talking-book-braille-center/**

**The New Jersey State Library: Talking Books and Braille**  
2300 Stuyvesant Avenue  
Trenton, NJ 08618  
*Mailing Address:*  
PO Box 501  
Trenton, NJ 08625-0501  
Phone: 609-406-7179; 800-792-8322 (Toll-free)
NeuroRecovery Network (NRN)

Kessler Institute for Rehabilitation
West Orange, NJ
The NRN is a network of rehab programs designed to provide locomotor (treadmill) training to promote functional recovery and improve the health and quality of life for people living with paralysis. The program is for people with spinal cord injuries. The NRN is a program of the Reeve Foundation. For more info on qualifying for the program, please go to www.ChristopherReeve.org/NRN

Peer Support Programs

www.ChristopherReeve.org/Peer

Christopher & Dana Reeve Foundation’s Peer & Family Support Program (PFSP)
636 Morris Turnpike, Suite 3A
Short Hills, NJ 07078
Phone: 800-539-7309
Email: Peer@ChristopherReeve.org
The Peer & Family Support Program (PFSP) is the Reeve Foundation’s national peer-to-peer mentoring program. The goal of PFSP is to provide critical emotional support, as well as, local and national information and resources to people living with paralysis, and their families and caregivers. When possible, the program matches people with paralysis with certified peer mentors who are of similar age, location, gender, and level of injury or type of paralyzing condition. The Reeve Foundation’s Quality of Life Grants program gives out grants to peer support groups (amongst other groups) that are associated with a non-profit organization. If you represent a non-profit organization looking for a Quality of Life grant, please see: www.ChristopherReeve.org/qol for more info on qualifying and applying.

http://www.spinalcord.org/spinal-network/grant-details/

United Spinal Association’s Spinal Network support group grants
Phone: 800-962-9629
Email: info@unitedspinal.org
The Spinal Network is dedicated to establishing and managing a nationwide network of support groups. Grants to peer support programs of $500 each can be applied for here: http://www.spinalcord.org/spinal-network/grant-details/spinal-network-grant-application/
PROTECTION AND ADVOCACY

http://www.drnj.org
Disability Rights New Jersey
210 S. Broad Street, 3rd Floor
Trenton, NJ 08608
609-292-9742 \ 800-922-7233 (IN STATE)
TTY: 609-633-7106
Email: advocate@drnj.org
See their booklet on bullying of students with disabilities in schools:

NJ Division of Consumer Affairs: Motorized Wheelchair and Scooter Lemon Law Info.
Phone: 973-504-6226

SERVICE DOGS

http://www.merlinskids.org/
Merlin’s Kids
PO Box 21
Midland Park, NJ 07432
Phone: 855-HI-WYATT
Merlin’s Kids rescues, rehabilitates and trains shelter dogs to become service dogs that help people with mobility impairments. They provide dogs nationally and at no charge to qualified applicants.

SIBLING SUPPORT

www.siblingsupport.org
Sibling Support Project lists groups in NJ. This is support for siblings of children with disabilities.

SPORTS AND RECREATION

http://www.disabledsportsusa.org
Disabled Sports USA
451 Hungerford Dr., Suite 100
Rockville, MD 20850
Phone: 301-217-0960
Email: info@dsusa.org
Contact for programs in NJ

http://www.tswaa.com/index.htm
North Jersey Navigators
P.O. Box 1517
Bayonne, NJ 07305
Phone: 201-435-1688—ask for Jimmy Cuevas
Email: Jcuevas1969@comcast.net
Adaptive sports for children with disabilities

United Spinal: Sport & Recreation

http://www.njnwtf.org/njsc.html
Wheelin’ Sportsmen – National Wild Turkey Federation New Jersey State Chapter
242 Burnt Meadow Road
Ringwood, NJ 07456
Phone: 973-839-7939
Email: turkeyhouse@aol.com
Wheelin’ Sportsmen offers hunting and fishing opportunities to disabled sportmen.

http://www.cmde.org
Center for Modern Dance Education, Inc.
84 Euclid Avenue
Hackensack, NJ 07601
Phone: 201-342-2989
TTY: 800-952-7897
Email: info@cmde.org
Founded in 1962, the Center for Dance Education (CMDE) is a non-profit organization dedicated to bringing the joy and language of movement to everyone, including individuals with disabilities, youth-at-risk, older adults, and people from economically disadvantaged circumstances.

www.hrhofnj.org
Health and Recreation through Horses of NJ (HRH of NJ)
Email: hhrhofnj@gmail.com
HRH of NJ functions as the state chapter of the Professional Association of Therapeutic Horsemanship.

http://www.celticcharms.org/

Celtic Charms
671 Fort Plains Road,
Howell, NJ 07731
Phone: 732-987-5333
Email: info@celticcharms.org
Celtic Charms Therapeutic Horsemanship is a charitable non-profit, operating exclusively as a therapeutic equestrian center on a 27-acre quiet farm setting in Howell, NJ

http://hsanjscuba.com/wp/

Handicapped Scuba Diving Alliance (HSDA)
16 Afton Rd.
Jackson, NJ 08527
Phone: 732-928-0461
Email: stew@hsdanj.com
HSDA is a non-profit organization dedication to improving the physical and social well-being of people with disabilities through the sport of scuba diving.

http://www.adnpage.org/adn_northeast_chapter.html

Athletes with Disabilities Network Northeast Chapter
11 South Harvard Ave
Cherry Hill, NJ 08002
Phone: 267-242-4590
Email: Bholiday@adnpage.org
To promote a better quality of life for people with physical disabilities by creating awareness and offering opportunities to get involved with athletic, recreational and educational activities locally. The innovation that ADN represents is inclusion for people with disabilities to have access to weekly activities. This inclusion can lead to a better quality of life, increased confidence, and self-esteem for people with disabilities, which can then lead to lower depression rates, lower medical costs and improve patient outcomes.

http://njballet.org/dancing-for-parkinson-s-program.html

Dancing for Parkinson’s Program at New Jersey Ballet
15-17 Microlab Road
Livingston NJ, 07039
Phone: 973-597-9600
Email: David@njballet.org
Individuals with Parkinson’s are encouraged to remain active. The class is designed to encourage and develop coordination, musicality, spatial awareness, creativity and technique
http://www.rollcallwheelchairdance.org/
Roll Call Wheelchair Dance
197 Rock Rd
Glen Rock, NJ 07452
Phone: 201-447-4200
Roll Call Wheelchair Dance is an organization exclusively for charitable and educational purposes. The mission of Roll Call is to teach people of all ages and abilities how to partner dance.

http://freedomswings.org/
Freedom’s Wings International
4063 Harbour Drive
Palmyra, NJ 08065-2114
Phone: 717-335-0458
We provide the opportunity for those who are physically challenged to fly in specially adapted sailplanes, either as a passenger or as a member of the flight training program

UNITED WAY OFFICES

http://www.bergenunitedway.org/
United Way of Bergen County - Paramus
6 Forest Ave,
Paramus, NJ 07652
Phone: 201-291-4050
888-340-UWAY (8929) Toll Free
Email: info@bergenunitedway.org
United Way focuses on education, financial stability and health to impact the lives of millions. United Way raises awareness surrounding key issues, provides financial and one-on-one assistance to those who need it most, and promotes social and policy change that helps strengthen people and their communities.

http://www.unitedwaybloomfield.org/
United Way of Bloomfield
98 Broad Street, 2nd Floor
Bloomfield, NJ 07003
Phone: 973-748-1732
Email: info@unitedwaybloomfield.org

http://www.unitedforimpact.org/burlington
United Way of Burlington County
595 Rancocas Rd
P.O. Box 226
Rancocas, NJ 08073
Phone: 609-267-4500

http://www.unitedforimpact.org/camden
United Way of Camden County
401 N Delaware Avenue
Camden, NJ 08102
Phone: 856-963-2720

http://www.uwguc.org/

United Way of Greater Union County
UWGUC Elizabeth Office
33 W Grand St
Elizabeth, NJ 07202
Phone: 908-353-7171
Email: info@uwguc.org

http://www.uwmonmouth.org

United Way of Monmouth County
1415 Wyckoff Road
Farmingdale, NJ 07727
Phone: 732-938-5988

http://www.unitedwayac.org/

United Way of Atlantic County
4 E. Jimmie Leeds Road, Suite 10
Galloway, NJ 08205
Phone: 609-404-4483

http://www.uwhunterdon.org

United Way of Hunterdon County
4 Walter E. Foran Boulevard, Ste 401
Flemington NJ, 08822
Phone: 908-782-3414

www.liveunitedHudson.org
United Way of Hudson County
857 Bergen Ave
Jersey City, NJ 07306
Phone: 201-434-2625

http://www.uwgmc.org/

United Way of Greater Mercer County
3150 Brunswick Pike, STE 230
Lawrenceville, NJ 08648-2420
Phone: 609-.896-1912

http://www.unitedwayofmillburn.org
United Way of Millburn-Short Hills
60 East Willow Street
Millburn, NJ 07041-1438
Phone: 973-993-1160 x 603

http://www.uwcj.org/
United Way of Central Jersey
32 Ford Avenue
Milltown, NJ 08850
Phone: 732- 247-3727
Email: info@uwjc.org

http://www.uwne.org/
United Way of North Essex
60 S Fullerton Ave
Montclair, NJ 07042-2632
Phone: 973- 746-4040

http://www.unitedwaynnj.org/
United Way of Northern New Jersey
Headquarters:
222 Ridgedale Avenue, 3rd Floor
Cedar Knolls, NJ 07927
Phone: 973-993-1160

www.uwmorris.org
Morris County
222 Ridgedale Avenue, 3rd Floor
Cedar Knolls, NJ 07927
Phone: 973-993-1160

Somerset County
1011 U.S. Route 22 West, Suite 202
Bridgewater, NJ 08807
Phone: 908-725-6640

Sussex County
2 Spring Street, Suite 1
Newton, NJ 07860
Phone: 973-993-1160 x305

http://www.unitedwaynnj.org/aboutus/ourcommunitieswarren.php
Warren County
699 Washington St., Suite 102
Hackettstown, NJ 07840
Phone: 908-835-3550

http://www.uwewh.org/
United Way of Essex & West Hudson
303 Washington Street
Newark, NJ 07102
Phone: 973-624-8300

www.uwocnj.org
United Way of Ocean County
650 Washington Street, Suite 2
Toms Rivers, NJ 08753
Phone: 732-240-0311

http://www.unitedwaypassaic.org/
United Way of Passaic County
Center City Mall Upper Level
301 Main Street Paterson, NJ 07505
Phone: 973-279-8900

www.unitedwayofsalem.org
The United Way of Salem County
118 Walnut St.
P.O. Box 127
Salem, NJ 08079-1171
Phone: 856-935-2538

http://www.uwgcnj.org/index.htm
United Way of Gloucester County
454 Crown Point Road
Thorofare, NJ 08086
Phone: 856-845-4303

http://www.unitedforimpact.org/cumberland/
United Way of Greater Philadelphia and Southern New Jersey
PO Box 578
Vineland, NJ 0862
Phone: 856-205-1800

http://www.unitedforimpact.org/cape-may/
United Way of Cape May County
P.O. Box 595
Wildwood, NJ 08260
Phone: 609-729-2002
United Way of the Greater Lehigh Valley
1110 American Parkway Northeast, Suite F-120
Allentown, PA 18109
Phone: 610-758-8010

United Way of Bucks County
455 East Street
Doylestown, PA 18901
Phone: 215-949-1660

VETERANS BENEFITS

New Jersey Paralyzed Veterans of America Service Office
VARO, Newark
Paralyzed Veterans of America
20 Washington Place, Room 433
Newark, NJ 07102
Phone: 973-297-3228

US Dept of Veterans Affairs VA Hospital Locator
Click on New Jersey for VA Hospitals in your area

ALS

ALS Association National Office
1275 K Street NW, Suite 250
Washington, DC 20005
Phone: 202-407-8580

Greater New York Chapter
(Serving Northern & Central New Jersey)
42 Broadway, Ste. 1724
New York, NY 10004
Phone: 212-691-1400  
Email: als@als-ny.org

http://www.alsphiladelphia.org
Greater Philadelphia Chapter  
(Serving Southern & Central New Jersey)  
321 Norristown Rd.  
Suite 260  
Ambler, PA 19002  
Phone: 215-643-5434  
Toll-free: 877-434-7441  
Email: alsassoc@alsphiladelphia.org

http://www.hopelovescompany.org/
Hope Loves Company  
65 Main St., Suite 101  
Pennington, NJ 08534  
Phone: 609-730-1144  
Email: Contact-Us@hopelovescompany.org
HLC is the only non-profit organization in the U.S. dedicated to providing educational or emotional support to children and young adults whose loved ones have or had ALS or Lou Gehrig’s Disease.

BRAIN INJURY

http://www.bianj.org
Brain Injury Alliance of New Jersey  
825 Georges Rd., Second Floor  
North Brunswick, NJ 08902  
Phone: 732-745-0200  
Family Helpline: 800-669-4323  
E-Mail: info@bianj.org

http://www.state.nj.us/humanservices/dds/oias/tbis/t bifund.html
Traumatic Brain Injury Fund  
Division of Disability Services  
11A Quakerbridge Plaza  
Mercerville, NJ  
Toll-free: 888-285-3036

http://www.state.nj.us/health/njcbir/
NJ Commission on Brain Injury Research  
PO 360  
225 E. State St, 2nd Floor West  
Trenton, NJ 08625  
Phone: 609-633-6465
Their mission is to empower people with brain injuries to achieve independence and their full potential. Opportunity Project is affiliated with local county offices of The Division of Vocational Rehabilitation (DVR) and provides a 25 day on site and community evaluation and 90 day work adjustment training to individuals referred by the DVR as well as to any interested members.

**BRAIN TUMORS**

www.njbt.org
New Jersey Brain Tumor Support Groups—Central Jersey and Monmouth & Ocean County

**CEREBRAL PALSY**

http://www.ucpofhudsoncounty.org
UCP of Hudson County
721 Broadway
Bayonne, NJ 07002
Phone: 201-436-2200
E-mail: info@ucpofhudson.org

www.cpnj.org
Cerebral Palsy of North Jersey
220 South Orange Ave., Suite 300
Livingston, NJ 07039
Phone: 973-763-9900 ext. 1100
CPNJ is a non-profit organization that offers early intervention programs, preschool, school, after school programs, community therapy services, assistive technology living skills, residential services, respite programs, adult training programs.

**GUILLAIN-BARRÉ SYNDROME/ CIDP**

http://gbs-cidp.org/
Guillain-Barré Syndrome / CIDP Foundation International
The Holly Bldg., 104 ½ Forrest Ave.
Narberth, PA 19072
Phone: 610-667-0131; 866-224-3301 (Toll-free)
Please call them for information in your area

**MULTIPLE SCLEROSIS**

http://mymsaa.org/

Multiple Sclerosis Association of America National Headquarters  
375 Kings Hwy, North  
Cherry Hill, NJ 08034  
Toll-free: 800-532-7667  
Phone: 856-661-9797  
E-mail: msaa@mymsaa.org

Multiple Sclerosis Association of America – NJ Chapters:

http://www.nationalmssociety.org/chapters/PAE/index.aspx  
Greater Delaware Valley Chapter  
30 South 17th Street, Suite 800  
Philadelphia, PA 19103  
Phone: 215-271-1500  
Email: PAE@NMSS.ORG

http://www.nationalmssociety.org/chapters/NJM/index.aspx  
New Jersey Metro Chapter – Woodbridge  
Aspen Corporate Park 1, Suite 301  
1480 US Highway 9 North  
Woodbridge, NJ 07095  
Phone: 800-344-4867; 732-660-1005 (Toll-free)  
Email: Njminfo@nmss.org

**MUSCULAR DYSTROPHY**

www.mdausa.org  
Muscular Dystrophy Association  
222 S. Riverside Plaza, Suite 1500  
Chicago, IL 60606  
Phone: 800-572-1717  
Under “MDA in Your Community” enter your zip code to find local clinics that treat MD.

https://www.mda.org/services/mda-summer-camp  
MDA New Jersey Summer Camp  
Office: 25 East Spring Valley Avenue #210
Maywood, NJ 07607
Phone: 201 843-4452
Email: maywood@mdausa.org
MDA is leading the fight to free individuals — and the families who love them — from the harm of muscular dystrophy, ALS and related muscle-debilitating diseases that take away physical strength, independence and life. We use our collective strength to help kids and adults live longer and grow stronger by finding research breakthroughs across diseases, caring for individuals from day one and empowering families with services and support in hometowns across America.

**POST-POLIO SYNDROME**

[http://www.post-polio.org](http://www.post-polio.org)

Post-Polio Health International (PHI)
4207 Lindell Blvd., #110
St. Louis, MO 63108-2930
Phone: 314-534-0475
Email: info@post-polio.org
Directory lists Health Professionals, Clinics, and Support Groups by state.

**SPINA BIFIDA**

[http://www.spinabifidaassociation.org](http://www.spinabifidaassociation.org)

Spina Bifida Association of America
1600 Wilson Blvd, Suite 800
Arlington, VA 22209
Phone: 800-621-3141 x20
Email: mnethercutt@sbaa.org
Please contact them for info in your area

**SPINAL CORD INJURY**


Northern New Jersey Model Spinal Cord Injury System
Kessler Institute for Rehabilitation
1199 Pleasant Valley Way
West Orange, NJ 07052
Phone: 973-324-3571
Email: info@kesslerfoundation.org

[http://keck.rutgers.edu/main.html](http://keck.rutgers.edu/main.html)

W. M. Keck Center for Collaborative Neuroscience and the Spinal Cord Injury Project (SCI Project)
The mission of the W. M. Keck Center for Collaborative Neuroscience is the development of effective treatments for acute and chronic spinal cord injuries and to move these discoveries from laboratory to human lives as rapidly as possible. They provide a moderated forum called CareCure so that people with SCI can communicate with each other.

www.state.nj.us/health/spinalcord/
New Jersey Commission on Spinal Cord Research
Dept. of Health and Senior Services
225 East State Street, 2nd Floor
Trenton, NJ 08625
Phone: 609-292-4055
Email: NJCSCR@doh.nj.gov

http://desatnickfoundation.org/
DeSatnick Foundation
The DeSatnick Foundation concentrates on providing, promoting, and encouraging education and awareness of Spinal Cord Injury with a special emphasis on Atlantic, Cape May, Cumberland and Ocean Counties, New Jersey. Founder Chad DeSatnick was injured while surfing in NJ in 2001.

www.pushtowalknj.org
Push To Walk
100 Bauer Dr.
Oakland, NJ 07436
Phone: 201-644-7567
Email: info@pushtowalknj.org
A ProjectWalk Spinal Cord Injury Recovery Certified Facility

STROKE

http://www.strokeassociation.org/STROKEORG/
American Stroke Association
1-888-478-7653
Please call for the stroke support group in your area

http://www.adleraphasiacenter.org/
Adler Aphasia Center
60 West Hunter Avenue
Maywood, NJ 07607
Phone: 201-368-8585
Our dynamic activities and quality programs and services offer a unique approach to enhancing communication skills as well as improving the quality of life for those with aphasia. Caregivers will also find the encouragement, understanding, education and support to help them balance their own needs. Continuing professional education, volunteer opportunities, research and training will attract students, clinicians and supporters. Education and advocacy within the professional and public community about aphasia will assist in enabling members to re-engage in society and get on with their lives. Staff, instructors, volunteers and members will receive the training they need to enable the center to expand their programs.

SYRINGOMYELIA/CHIARI MALFORMATION

http://www.asap.org
American Syringomyelia & Chiari Alliance Project
PO Box 1586
Longview, TX 75606-1586
Phone: 903-236-7079
Toll-free: 800-ASAP-282
Email: info@ASAP.org
ASAP has online support groups
http://www.asap.org/index.php/resources/local-support-groups/

ASAP's South Jersey Chiari/Syringo Support Group serving Ocean and Atlantic County
Christine Grabowski
Manahawkin, NJ
Phone: 609-661-5223
Email: christine@marchesano.org

Delaware Valley Support Group
Sharon Sweeten
Landing NJ
Phone: 856-457-2085
Email: delaware_valley_support@asap.org

TRANSVERSE MYELITIS

http://www.myelitis.org/
Transverse Myelitis Association State Support groups
1787 Sutter Parkway
Powell, OH 43065-8806
Phone: 855-380-3330
Please contact them for info in your area.

http://transmyelitis.meetup.com/
TM MeetUp
Enter your postal code for a MeetUp in your area.
Meetings are usually held in local restaurants.

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**GENERAL DISABILITY RESOURCES**

http://www.yellowpagesforkids.com/help/nj.htm
New Jersey Yellow Pages for Kids with Disabilities

http://www.aptanj.org/
NJ chapter of the American Physical Therapy Association
1100 US Highway 130
Suite 3
Robbinsville, NJ 08691-1108
Phone: 609-208-0200
Email: inquiry@apta.org

http://www.njota.org
New Jersey chapter of the American Occupational Therapy Association
P.O. Box 1415
Toms River, NJ 08754
Phone: 732-968-5038
Email: management@njota.org

http://www.apse.org
http://www.apse.org/chapters/details.cfm?id=20
NJ chapter of Association of People Supporting EmploymentFirst (ASPE)

Healthboards.com – message boards on health related topics. Topics include SCI, CP, Stroke, and more.

http://www.abilitiesnw.com/
Abilities of Northwest Jersey Inc.
264 Rt. 31 North
Washington, NJ 07882
Phone: 908-689-1118
Email: info@abilities.com
Abilities is dedicated to improving the employability and quality of life for people with different abilities by providing training and individualized services.

www.alliesnj.org
Allies Inc.
1262 Whitehorse-Hamilton Square Road
Building A, Suite 101
Hamilton, NJ 08690
Phone: 609-689-0136
Provides case management, residential services, employment services to people with disabilities.

http://nysh.org/
Camp Oakhurst
111 Monmouth Rd.
Oakhurst, NJ 07755
Phone: 732-531-0215
Email: info@nysh.org
Camp Oakhurst is operated by New York Service for the Handicapped (NYSH), an independent non-profit social service agency with offices in NYC and Oakhurst, NJ. NYSH provides out-of-home overnight respite (planned and emergency), summer sleep away camp and day respite services to children and adults with special needs.

http://www.centrastatefoundation.org/
CentraState Healthcare Foundation
225 Willow Brook Road, Suite 5
Freehold, NJ 07728
Phone: 732-294-7030
CentraState Healthcare Foundation’s mission is to inspire broad based community philanthropic support for advancing exceptional healthcare.

http://disabilityallies.com
Disability Allies
Phone: 908-616-5091
Email: DisabilityAllies@gmail.com
Disability Allies connects young adults with and without disabilities together in a social environment through the development and promotion of social events.

http://www.opportunityproject.org/
Opportunity Project Inc.
60 East Willow Street
Millburn, NJ 07041
Phone: 973-921-1000
Email: rbrown@opportunityproject.org

www.Njmentalhealthcares.org
NJ MentalHealthCares
Phone: 866-202-HELP (4357) (Toll-free)
TTY: 877-294-4356
Email: help@njmentalhealthcares.org
Free, confidential mental health information & referral

http://www.state.nj.us/mvc/Licenses/driving_rehabilitation.htm
NJ Driver Rehabilitation Specialist
New Jersey Motor Vehicle Commission
P.O. Box 160
Trenton, NJ 08666
Phone: 609-292-6500
TTY: 7-1-1

NJ Transit: Paratransit

www.njfindaride.org
NJ Find a Ride
an information resource about accessible transportation options available to people with disabilities.

http://www.projectfreedom.org
Project Freedom, Inc.
223 Hutchinson Road
Robbinsville, NJ 08691
Phone: 609-448-2998
develops and operates barrier-free housing to enable individuals with disabilities to live independently.

http://www.raisehopefoundation.org/
Raise Hope Foundation
Scott Chesney, President
21 Laurel Ct.
Verona, NJ 07044
Phone: 973-857-5000
Email: schesney@raisehopefoundation.org
Raise Hope Foundation is a non-profit organization that has been founded to train, mentor and place people with disabilities, including American military veterans, in successful careers in the financial services industry.

https://www.rwjbh.org/rwj-university-hospital-somerset/treatment-care/proud-family-health/
Robert Wood Johnson University Hospital: PROUD Family Health program
RWJ Somerset Family Practice
110 Rehill Avenue
Somerville, NJ 08876
Phone: 1-855-776-8334
Opened in February 2017, RWJ University Hospital Somerset became the first hospital in NJ to offer specialized primary care services for the LGBTQIA community.
Rx4NJ: A Partnership for Prescription Assistance
Phone: 888-793-6765
Rx4NJ is a voluntary partnership formed to help people across NJ gain access to free and low-cost medicine programs. Call the phone number and answer some questions to determine your eligibility. Then you’ll be shown the programs and discounts for which you qualify.

SPAN – Statewide Parent Advocacy Network
35 Halsey Street
4th Floor
Newark, NJ 07102
Phone: 973-642-8100
Toll-free: 800-654-7726
Email: span@spannj.org

Rutgers School of Dental Medicine: Delta Dental of New Jersey Special Care Center
Phone: 732-445-4636
Provides dental care to individuals with disabilities. The center trains dental school students in delivering care to special needs patients.

NJ 211
Phone: 211
Toll-free: 877-652-1148
211 answers questions about employment programs, utility assistance, legal services, support groups, financial assistance, housing, transportation, emergency preparations, medical assistance, food pantry locations, etc. The call is free and confidential and phone lines are open 24/7.

ThinkFirst National Injury Prevention Foundation
1801 N. Mill Street, Suite F
Naperville, IL 60563
Phone: 630-961-1400
800-THINK56
Email: thinkfirst@thinkfirst.org
ThinkFirst offers evidence-based injury prevention programs for students of all ages through their network of healthcare-based chapters. Health educators and people who have experienced brain or spinal cord injuries help students understand the importance of
making safe choices related to vehicles, sports, violence and falls. To find chapter information in your area, please go to their website and click on the “Chapter Site” tab.

The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health care provider. Should you have any health care related questions, please call or see your physician or other qualified health care provider promptly. Always consult with your physician or other qualified health care provider before embarking on a new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.

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