MISSOURI DISABILITY RESOURCES

Affordable Care Act (ACA)

To get coverage under the ACA, go to https://www.healthcare.gov/ to find out more about the Health Insurance Marketplace and the options available in your state.

Aging Resources

https://www.n4a.org/adrc
https://www.acl.gov/node/413
http://www.eldercare.gov/Public/About/Aging_Network/ADRC.aspx

Aging and Disability Resource Centers/ No Wrong Door

Call Eldercare Locator Toll-free 1-800-677-1116 to find the ADRC in your area.

The No Wrong Door (NWD) System initiative is a collaborative effort of the ACL, the Centers for Medicare & Medicaid Services (CMS), and the Veterans Health Administration (VHA). The NWD System initiative builds upon the Aging and Disability Resource Center (ADRC) program and CMS’ Balancing Incentive Program No Wrong Door requirements that support state efforts to streamline access to long-term services and support (LTSS) options for older adults and individuals with disabilities. NWD Systems simplify access to LTSS, and are a key component of LTSS systems reform.

The Aging and Disability Resource Center Program (ADRC) is a collaborative effort of the U.S. Administration for Community Living (including AoA as of April 2012) and the Centers for Medicare & Medicaid Services (CMS). ADRCs serve as single points of entry into the long-term supports and services system for older adults and people with disabilities. Sometimes referred to as a “one-stop shops” or "no wrong door" systems, ADRCs address many of the frustrations consumers and their families experience when trying to find needed information, services, and supports. Through integration or coordination of existing aging and disability service systems, ADRC programs raise visibility about the full range of options that are available, provide objective information, advice, counseling and assistance, empower people to make informed decisions about their long term supports, and help people more easily access public and private long term supports and services programs. Click on your state to find state and local ADRCs.

The core functions of an ADRC are 1) information, referral and awareness, 2) options counseling, advice and assistance, 3) streamlined eligibility determination for public programs, 4) person-centered transitions, 5) quality assurance and continuous
improvement. ADRCs perform these functions by integrating, coordinating, and strengthening different pieces of the existing long term supports and services systems, including Area Agencies on Aging, Centers for Independent Living, state and local Medicaid offices, and other community-based organizations.

http://health.mo.gov/index.php
Missouri Department of Aging
912 Wildwood
P.O. Box 570
Jefferson City, MO 65102
Phone: 573-751-6400
Email: info@health.mo.gov

http://www.moaging.com/Public/Default.aspx
Missouri Aging Information

http://www.ma4web.org/
Missouri Association of Area Agencies on Aging

https://ncea.acl.gov/
National Center on Elder Abuse (NCEA)
Funded by the Administration for Community Living, the NCEA disseminates elder abuse information to professionals and the public, and provides technical assistance and training to states and to community-based organizations.

Arts and Creativity

www.vsamissouri.org
VSA Missouri, The State Organization on Arts & Disability
PO Box 58624
St. Louis, MO 63158-8624
Phone: 888-718-0866

Assistive Technology

http://www.gpadacenter.org
Great Plains ADA Center
ADA Project of Missouri/ Columbia
100 Corporate Lake Drive
Columbia, MO 65203
Phone/TTY: 573-882-3600
Toll free: 800-949-4232
Email: adacenter@missouri.edu

http://www.at.mo.gov/
Missouri Assistive Technology Project
1501 NW Jefferson St.
Blue Springs, MO 64015
Phone: 816.655.6700
Phone: 800.647.8557 (In State)
TTY: 800.647.8558 (In State)
TTY: 816.655.6711
Email: moat1501@att.net

Caregivers Info

Missouri Caregiver Support Groups
Phone: 954-893-0550, 800-829-2734
Email: info@caregiver.com

http://homecaremissouri.org/
Missouri Alliance for Home Care
2420 Hyde Park, Suite A
Jefferson City, MO 65109-4731
Phone: 573-634-7772
Includes “Find a Provider” section.

Community-Based Fitness Programs

The Reeve Foundation has several Community Fitness and Wellness facilities that are part of its NeuroRecovery Network (NRN) program. These facilities are accepting individuals with walking difficulties related to any cause (not just SCI) and are hosting activity-based exercise programs designed specifically for individuals with physical disabilities. There is not one in this state but if you would like to learn more about the program, please go to www.ChristopherReeve.org/NRN.

Community Health Centers

www.mo-pca.org
Missouri Primary Care Association
3325 Emerald Lane
Jefferson City, MO 65109
Phone: 573-636-4222
Community Health Centers are non-profit organizations providing health care to those with insurance and without. All sites offer primary care and many offer specialty care as
well. There is no residency requirement; individuals can receive services at any facility of their choosing, with over 1,200 health centers in 8,000 rural and urban communities across the nation. Sliding-scale fees based on family size, income, and insurance status ensure that anyone who uses a Community Health Center can receive quality care regulated by federal standards. Please call the state association listed above to find a Community Health Center in your local area.

http://findahealthcenter.hrsa.gov/

Health Resources and Services Administration (HRSA): Find a Health Center
HRSA Health Centers care for you, even if you have no health insurance – you pay what you can afford based on your income. Health centers provide services that include checkups when you are well, treatment when you are sick, complete care when you are pregnant, and immunizations and checkups for your children. Some health centers also provide mental health, substance abuse, oral health, and/or vision services. Contact the health center organization directly to confirm the availability of specific services and to make an appointment.

http://www.rankenjordan.org/
Ranken Jordan – A Pediatric Specialty Hospital
11365 Dorsett Road
Maryland Heights, MO 63043
Phone: 314-872-6400
Ranken Jordan is a pediatric bridge hospital providing a continuum of care for medically complicated children and their families.

Crime Victim Assistance

www.dps.mo.gov/dir/programs/cvc/
Victim Compensation
Missouri Dept of Public Safety: Crime Victims' Compensation Program
P.O. Box 1589
Jefferson City, MO 65102
Phone: 573-526-6006
800-347-6881
Email: cvc@dps.mo.gov

http://ago.mo.gov/
Victim Assistance
Missouri Attorney General's Office
Supreme Court Building
207 W. High St.
P.O. Box 899
Jefferson City, MO 65102
Phone: 573-751-3321

http://www.safehorizon.org/
Safe Horizon’s Links for General Crime Victim Resources/Issues

Domestic Violence Help

National Domestic Violence Hotline 1-800-799-SAFE (7233)
Missouri Domestic Violence Crisis And Support Resources
Statewide Hotline: 800-761-4357

www.mocadsv.org
Missouri Coalition Against Domestic & Sexual Violence (MCADSV)
217 Oscar Dr. Suite A
Jefferson City, MO 65101
Phone: (573) 634-4161

Easter Seals

www.eastersealsmidwest.org
Easter Seals Midwest
Phone: 800-200-2119
Easter Seals offers a variety of service to help people reach their potential regardless of their disability or challenges. They offer training and placement services to help people prepare for the workforce. They also offer fun and educational programs. Covers St. Louis, Kansas City, Joplin, Columbia, Springfield, Poplar Bluffs, St. Joseph, Cape Girardeau, and Bolivar.

Employment Help

http://starkloff.org/
Starkloff Disability Institute
133 S. 11th Street, Suite 500
Saint Louis, MO 63102
Phone: 314- 588-7090
Aimed at closing the unemployment gap between disabled and non-disabled workers, The Starkloff Career Academy facilitates the hiring of qualified people with disabilities into mainstream jobs by training disabled job candidates to become highly-competitive job seekers and by educating employers on how to welcome them into their workforce.

Government Offices

http://www.mo.gov/
Missouri State Web site
Missouri Department of Social Services
Broadway State Office Building
PO Box 1527
Jefferson City, MO 65102-1527
Phone: 573-751-4815
800-735-2466
TTD: 800-735-2966

http://labor.mo.gov/mohumanrights
Department of Labor: Missouri Commission on Human Rights
3315 W. Truman Blvd. Rm 212
P.O. Box 1129
Jefferson City, MO 65102-1129
Phone: 573-751-3325
TDD: 800-735-2966
Email: mchr@labor.mo.gov
The mission of the Missouri Commission on Human Rights is to develop, recommend, and implement ways to prevent and eliminate discrimination and to provide fair and timely resolutions of discrimination claims through enforcement of the Missouri Human Rights Act.

https://dese.mo.gov/adult-learning-rehabilitation-services/vocational-rehabilitation
Missouri Dept of Education: Vocational Rehabilitation
3024 Dupont Circle
Jefferson City, MO 65109
Phone: 573-751-3251
Toll free: 877-222-8963
TDD: 573-751-0881
Email: info@vr.dese.mo.gov
C. Jeanne Loyd, Assistant Commissioner
Missouri Vocational Rehabilitation serves eligible Missouri citizens who have disabilities and who want to be employed. Types of services that could be provided include: pre-employment transition services for high school students with disabilities, assistive technology needed for employment, vocational training, transportation costs to help one participate in a training program, job-related tools and licenses, help in developing job-seeking skills, and individual counseling.

www.missouricleaim.org
CLAIM
Phone: 800-390-3330
Missouri’s state health insurance assistance program. Provides free, confidential and unbiased health insurance counseling to Medicare enrollees.

http://www.dss.mo.gov/fsd/msmed.htm
Missouri Medicaid: MO HealthNet
Department of Social Services of Missouri
615 Howerton Court
PO Box 6500
Jefferson City, MO 65102-6500
Phone: 573-751-3425
Text Telephone: 800-735-2966

http://dss.mo.gov/fsd/mchild.htm
Missouri State Children’s Health Insurance Program (SCHIP)

MO HealthNet for Kids
MO HealthNet Service Center
615 Howerton Ct.
PO Box 6500
St. Joseph, MO 64501
Phone: 573-751-3425

http://www.insurance.mo.gov/
State Insurance Commissioner
301 W. High St., Room 530
PO Box 690
Jefferson City, MO 65102-0690
Phone: 573-751-4126

http://www.mhip.org/
Missouri Health Insurance Pool (MHIP)
832 Weathered Rock Ct.
Kansas City, MO 65110-4538
Phone: 800-821-2231

Missouri High Risk Insurance Plan for eligible people who are unable to get insurance coverage.

http://www.labor.mo.gov/DWC/
http://www.labor.mo.gov/DWC/Injured_Workers/
Workers’ Compensation Office
Phone: 573-751-4231
E-mail: workerscomp@labor.mo.gov

http://disability.mo.gov/gcd/
Governor’s Council on Disability

http://www.house.gov/representatives/find/
http://whoismyrepresentative.com/
Find your elected officials to contact them on legislation that is important to you. Each member of Congress maintains at least one office in his or her home state or district. Most have multiple offices throughout the state or district. These offices are designed for
direct contact with constituents (that's you!). This is your opportunity to advocate and make your voice heard in Congress without traveling to Washington, DC. Congressional offices are also a great resource for handling problems with federal agencies. You have a constitutionally guaranteed right to petition your government, and home offices provide you an opportunity to use that right.

http://health.mo.gov/seniors/ombudsman/index.php

State LTC Ombudsman
Department of Health & Senior Services
P.O. Box 570
Jefferson City, MO 65102
Phone: 800-309-3282
Email: LTCombudsman@health.mo.gov
The mission of the state long-term care ombudsman is to protect the health, safety, welfare and rights of the elderly in nursing homes, assisted living facilities and other facilities.

Housing

http://www.fanniemae.com/

Fannie Mae:

Kansas City Fannie Mae Partnership Office
4435 Main St., Suite 910
Kansas City, MO 64122
Phone: 816-960-2064

St. Louis Fannie Mae Partnership Office
Gateway One
701 Market Street, Suite 1210
St. Louis, MO 63101
Phone: 314.444.3460

www.hud.gov
HUD is the government office which offers information on public housing, buying a home, renting, discrimination, FEMA related housing, and more. HUD also provides a list of housing counselors as well as information on ways to avoid foreclosure. To find your local HUD office, please click on the “State Info” tab across the top bar, then click on your state, then click on “contact my local office”. If you want info on public housing, click here: https://www.hud.gov/program_offices/public_indian_housing/pha/contacts and choose your state from the drop down box.

www.211.org
http://www.211.org/services/housing-and-utilities
211 can help people find emergency shelters for individuals and families in crisis. Learn about programs that offer rental assistance, subsidized housing, and housing vouchers that can help families, the elderly and disabled individuals pay for housing.


**Housing and Urban Development (HUD) office**

*St. Louis Field Office*

1222 Spruce Street
Suite 3203
St. Louis, MO 63103-2836
Phone: 314-418-5400

**Independent Living**

http://www.ilru.org/projects/silc-net/silc-directory
http://www.mosilc.org/

ILRU: *State Independent Living Councils (SILCs)*

**Missouri Independent Living Council**

3024 Dupont Circle
Jefferson City, MO 65109
Phone: 573-526-7039
Toll-free: 877-222-8963
TTY: 314-289-4252
Email: donnak1250@aol.com

http://www.ilru.org

**Independent Living Research Utilization’s** directory of Independent Living Centers

http://www.ncil.org/

**National Council on Independent Living (NCIL)**

2013 H St. NW, 6th Floor
Washington, DC 20006
Phone: 202-207-0334
Toll-free: 877-525-3400
TTY: 202-207-0340
Email: ncil@ncil.org

The National Council on Independent Living is the longest-running national cross-disability, grassroots organization run by and for people with disabilities. Founded in 1982, NCIL represents thousands of organizations and individuals including: individuals with disabilities, Centers for Independent Living (CILs), Statewide Independent Living Councils (SILCs), and other organizations that advocate for the human and civil rights of people with disabilities throughout the United States.
http://dcai.us/web/
Disabled Citizens Alliance for Independence
PO Box 675
8 Missouri Ave.
Viburnum, MO 65566
Phone & TTY: 573-244-3315
Toll-free: 866-797-6080

http://ilcenter.org/
The Independent Living Center, Inc
2639 E. 34th Street
Joplin, MO 64804
Phone: 417-659-8086
The Independent Living Center (TILC) is a private, non-residential, not-for-profit corporation devoted to meeting the needs of individuals with disabilities and to serving them, their families and communities.
TILC provides services in the following counties: Barry, Barton, Dade, Jasper, McDonald, and Newton.

www.thewholeperson.org
The Whole Person
3710 Main St.
Kansas City MO 64111
Phone: 816-561-0304
The Whole Person provides services to people with disabilities and their families and strives to help them identify and implement resources appropriate to their situation. Services include brain injury peer support group, consumer advocacy group, LGBTQIA social support group, Life with Spinal Cord Injuries program, financial management program, home modifications, assistance with obtaining Social Security and other benefits.
They serve the following counties in *Missouri: Cass, Clay, Jackson and Platte.
They serve the following counties in *Kansas: Johnson and Wyandotte.

Library Services

www.sos.mo.gov/wolfner
Special Format Library
Wolfner Library for the Blind and Physically Handicapped
P.O. Box 387
Jefferson City, MO 65102-0387
Phone: 573-751-8720;
Toll-free in MO: 800-392-2614
NeuroRecovery Network (NRN)

The NRN is a network of rehab programs designed to provide locomotor (treadmill) training to promote functional recovery and improve the health and quality of life for people living with paralysis. The program is for people with spinal cord injuries. The NRN is a program of the Reeve Foundation. There is no NRN center in this state but if you are interested in finding one outside of this state, please go to www.Christopher Reeve.org/NRN.

Peer Support Programs

www.ChristopherReeve.org/Peer
Christopher & Dana Reeve Foundation’s Peer & Family Support Program (PFSP)
636 Morris Turnpike, Suite 3A
Short Hills, NJ 07078
Phone: 800-539-7309
Email: Peer@ChristopherReeve.org

The Peer & Family Support Program (PFSP) is the Reeve Foundation’s national peer-to-peer mentoring program. The goal of PFSP is to provide critical emotional support, as well as, local and national information and resources to people living with paralysis, and their families and caregivers. When possible, the program matches people with paralysis with certified peer mentors who are of similar age, location, gender, and level of injury or type of paralyzing condition. The Reeve Foundation’s Quality of Life Grants program gives out grants to peer support groups (amongst other groups) that are associated with a non-profit organization. If you represent a non-profit organization looking for a Quality of Life grant, please see: www.ChristopherReeve.org/qol for more info on qualifying and applying.

http://www.spinalcord.org/spinal-network/grant-details/
United Spinal Association’s Spinal Network support group program
Phone: 800-962-9629
Email: peers@spinalcord.org

The Spinal Network is dedicated to establishing and managing a nationwide network of support groups. Grants to peer support programs of $500 each can be applied for here: http://www.spinalcord.org/spinal-network/grant-details/spinal-network-grant-application/

Protection and Advocacy

www.moadvocacy.org
Missouri Protection & Advocacy Services
925 S. Country Club Drive
Jefferson City, MO 65109
Service Dogs

www.americanservicedog.com
American Service Dog Association
Rob Schenberg
Email: Rob@americanservicedog.com

www.angelpawskconline.org
AngelPaws Inc.
9023 NW Anglia Rd.
Kansas City, MO 64155
Phone: 816-591-1135
Email: shelly.shetley@angelapwskconline.org
Serves as an educational resource on addressing rights and access issues involving service and assistance dogs.

Assistance Dogs for Living
4419 Butler Hill Road
St. Louis, MO 63128
Phone: 314-892-0574
Email: ADL@mailroom.com

www.supportdogs.org
Support Dogs
Bill Dahlkamp, Executive Director
Janice Brennan, Director of Training
10955 Linpage Place
Saint Louis, MO 63132
Phone: 314-997-2325
info@supportdogs.org

www.champdogs.org
C.H.A.M.P. Assistance Dogs
4910 Parker Rd.
Florissant, MO 63033
Phone: 314-653-9466

http://pharmdog.org/
P.H.A.R.M. Dog USA (Pets Helping Agriculture in Rural Missouri)
Phone: 660-235-0128
The organization’s goal is to make life easier for farmers and farm family members with disabilities by training service dogs to help with farming related tasks. Those eligible for
services may have any type of disability -- physical, cognitive, or illness-related. Their services are not limited to Missouri--they do place dogs in other states.

Sports and Recreation

[Website: www.dasasports.org]

**Disabled Athlete Sports Association**
1236 Jungerman Rd., Suite A
St. Peters, MO 63376
Phone: 636-477-0716
Email: meghang@dasasports.org

**DS/USA Mid America Sports Heroes**
3651 Gene Field Road E4
St. Joseph, MO 64506
Phone: 816-364-3819

[Website: www.campbarnabas.org]

**Camp Barnabas**
901 Teas Trail 2060
Purdy, MO 65734
Phone: 417-476-2565 (camp office)
A non-denominational Christian summer camp for children with special needs including spinal cord injuries.

[Website: http://www.lifewaters.org/#contact]

**Life Waters**
4725 Green Park Rd.
St. Louis, MO 63123
Phone: 314-326-0419
Email: info@lifewaters.org
LifeWaters program is designed to help improve the lives of our disabled veterans by offering discover scuba and scuba certifications through Scuba Diving International (SDI) (Scubility Program) as part of recreational water therapy. The program is run by dedicated staff volunteers to include SCI therapists, doctors, nurses, veterans and civilians who are passionate about helping our veterans in the sport of diving.

[Website: www.midwestadaptablesports.org]

**Midwest Adaptive Sports**
104 S. Montague St.
Dearborn, MO 64439-9093
Phone: 816-287-2011
Email: midwestadaptablesports@gmail.com
Midwest Adaptive Sports (MAS) is a therapeutic recreational and competitive ski program for individuals with disabilities.
Miracle League of Independence, Missouri
416 West Maple Ave.
Independence, MO 64051
Phone: 816-325-7843
Email: rwheeler@indepmo.org
Miracle League of Independence provides athletes ages 5 to 18 who have an intellectual or physical disability, an opportunity to play baseball with athletes of like abilities in a barrier-free environment. Scholarships may be available based on need. For 2017, play starts in September and most games are on Saturdays.

Ride On St Louis
6008 Windsor Harbor Rd
Imperial, MO 63052
Phone: 636-464-3408
Email: info@rideonstl.org
Ride On St. Louis promotes health and enriches lives through love, joy and holistic healing.

St. Louis Power Soccer United
1913 The Woods Circle
Barnhart, MO 63012
Saint Louis Power Soccer United is a non-profit organization with the goal of organizing, promoting and supporting power soccer teams in the greater St. Louis area. The organization seeks to foster the growth of Power Soccer, while providing an atmosphere of diversity and inclusion for all who are willing to participate.
Phone: 314-766-0093
Email: steverettigs@gmail.com

TREE House of Greater St. Louis
332 Stable Lane
Wentzville, MO 63385
Phone: 636-332-4940
TREE House offers a therapeutic horseback riding program. For children of all abilities ages 5 to 18, TREE House offers inclusionary summer camp opportunities at their facility in Wentzville.

Unlimited Play Inc.
208 Compass Point
St. Charles, MO 63301
Phone: 636-757-3978
Email: office@unlimitedplay.org
Unlimited Play is a non-profit organization that helps to plan, design and build fully accessible playgrounds that allow all children – regardless of their abilities – to play together.

https://varietystl.org/community-support-st-louis/adventure-camp

**Variety the Children’s Charity – Adventure Camp**
11840 Westline Industrial Dr
St. Louis, MO 63146
Phone: 314-720-7700
Variety the Children’s Charity of St. Louis has been helping children with physical and Intellectual disabilities reach their full potential for more than 80 years.

**United Way Offices**

http://national.unitedway.org/

**United Way**
National Headquarters
701 North Fairfax Street
Alexandria, VA 22314
Phone: 703-836-7112
Enter postal code for a United Way office in your area
United Way focuses on education, financial stability and health to impact the lives of millions. United Way raises awareness surrounding key issues, provides financial and one-on-one assistance to those who need it most, and promotes social and policy change that helps strengthen people and their communities.

**Veterans Benefits**

www.sci.va.gov

**Veterans Administration Spinal Cord Injury hospital**
Jefferson Barracks Division
(128 JB)
1 Jefferson Barracks Dr.
St. Louis, MO 63125
Phone: 314-652-4100

www.stlouis.va.gov

**US Dept of Veterans Affairs VA Hospitals**
St. Louis Regional Office
Federal Building, 400 South, 18th Street
St. Louis, MO 63103
Phone: 1 (800) 827 1000

**Columbia Veterans Center**
4040 Rangeline St., Suite 105
Columbia, MO 65202
Phone: (573) 814-6206

Kansas City VA Medical Center
4800 Main St. Suite 107
Kansas City, MO 64128
Phone: (816) 753-1866

John J. Pershing VA Medical Center
1500 N. Westwood Blvd.
Poplar Bluff, MO 63901
Phone: (573) 686-4151

St. Louis VA Medical Center
John Cochran Division
915 North Grand Avenue
St. Louis, MO 63106
Phone: (314) 652-4100

http://gatewaypva.org/
Paralyzed Veterans of America
Gateway Chapter
1311 Lindbergh Plaza Center Dr.
St. Louis, MO 63132
Phone: 314-427-0393
Toll-free: 800-426-4058
Email: susanlyle@gatewaypva.org

ALS

Chapters of the ALS Association:

http://webkwc.alsa.org/site/PageServer?page=KWC_homepage

www.alsa-midwest.org
Keith Worthington Chapter (Kansas City area)
6950 Squibb Road, Suite 210
Mission, KS 66202
Phone: 913-648-2062
Toll-free: 800-878-2062
info@alsa-midwest.org

www.alsa-stl.org
St. Louis Regional Chapter
2258 Weldon Parkway
St. Louis, MO 63146-3206
Phone: 314-432-7257
Toll-free: 888-873-8539

Support Groups

Children's Advocacy Services of Greater St. Louis
8001 Natural Bridge Rd
St. Louis, MO 63121
Phone: 314-516-6093 - appointments

CSIND
Counseling Services - Neuromuscular Diseases
Division of Counseling and Family Therapy
University of Missouri - St. Louis
Kathy J. Weinman House
121 West Monroe Ave.
St. Louis, MO 63121
Phone: 314-516-8300 - appointments

www.alsa-midwest.org
Joplin, MO
YMCA
3404 W. McIntosh Circle
Joplin, MO 64804
Phone: 417-886-5003

Clinic
St. Louis University Health Sciences Center
Department of Neurology; Neuromuscular Clinic
1438 S. Grand Blvd
Monteleone Hall
St. Louis, MO 63110
Medical Director: Ghazala Hayat, M.D.
Phone: 314-977-6082

Brain Injury

http://www.biamo.org/
Brain Injury Association of Missouri
2265 Schuetz Rd.
St. Louis, MO 63146-3409
Phone: 314-426-4024
Toll-free: 800-444-6443
E-Mail: info@biamo.org

Cerebral Palsy

www.ucp.org
United Cerebral Palsy
1825 K Street NW Suite 600
Washington, DC 20006
Phone: 800.872.5827 / 202.776.0406
Please call them for any UCP chapters in Missouri.

Friedreich’s Ataxia

http://www.ataxia.org/
National Ataxia Foundation
National Ataxia Foundation (NAF) National Office
600 Hwy 169 S, Ste 1725
Minneapolis, MN 55426
Phone: 763-553-0020

Ambassador:
Roger Cooley
1609 Cocoa Court
Columbia, MO 65202
Phone: 573-474-7232
E-mail: rogercooley@localnet.com

Support Group:
Sarah Rheinecker
4055 Laclede Ave. Apt. 323
St. Louis, MO 63108
Phone: 417-379-3799
Email: jrheinecker@yahoo.com

Support Groups:

http://www.ataxia.org/chapters/KansasCity/default.aspx
Kansas City Support Group
Phone: 816-623-3318
Email: sfwilkins@yahoo.com

Guillain-Barré Syndrome/CIDP

http://gbs-cidp.org/
Guillain-Barré Syndrome / CIDP Foundation International
The Holly Bldg., 104 ½ Forrest Ave.
Narberth, PA 19072
Phone: 610-667-0131
Call for information in your area

Multiple Sclerosis

www.mymsaa.org
Multiple Sclerosis Association of America (MSAA) South-Central Regional Office
Becky Remington, Regional Director
14902 Present Rd., Suite 404-345
Dallas, TX 75254
Toll-free: 800-532-7667, ext. 137
Phone: 817-573-1124
E-mail: southcentral@mymsaa.org

http://www.nationalmssociety.org/Chapters/MOS
National Multiple Sclerosis Society: Gateway Area Chapter
1867 Lackland Hill Parkway
St. Louis, MO 63146
Phone: 314-781-9020, Toll-free: 800-344-4867
Email: gatewayinfo@nmss.org
The National MS Society provides professional counseling and peer facilitated support groups, educational programs and seminars, referrals to neurologists and healthcare professionals, national teleconferences and internet programs, services for the homebound, social and recreational programs to assist people with MS and their families in leading productive and fulfilling lives.

Muscular Dystrophy

http://www.mdausa.org/
Muscular Dystrophy Association
National Headquarters
222 S. Riverside Plaza, Suite 1500
Chicago, Illinois 60606
Phone: 800-572-1717
Enter your postal code in the “Find your local MDA” section of the website for MD clinics in your area.

Post-Polio Syndrome

http://www.post-polio.org
Post-Polio Health International (PHI)
4207 Lindell Blvd., #110
St. Louis, MO 63108-2915
Phone: 314-534-0475
Email: info@post-polio.org
http://www.post-polio.org/net/poldir.pdf
Directory lists Health Professionals, Clinics, and Support Groups by state.

Spina Bifida

http://www.spinabifidaassociation.org
Spina Bifida Association of America
P.O. Box 17427
Arlington, VA 22216
Phone: 800-621-3141
Email: sbaa@sbaa.org
Please contact them for info in your area

http://www.sbstl.com
SBA of Greater St. Louis
9201 Watson Road, Suite 115
St. Louis, MO 63119
Phone: (314) 843-2244
Toll Free: (800) 784-0983
Email: sbastl@charter.net

SBAA Clinics:

www.childrens-mercy.org
Children's Mercy Hospital
Spinal Defects Clinic
2401 Gillham Road
Kansas City, MO 64108
Phone: 816-234-3790
Toll-free: 866-512-2168
TTY: 816-234-3816
Cardinal Glennon Children’s Hospital
Myelo Clinic
1465 S. Grand Blvd.
St. Louis, MO 63104
Phone: 314-268-2700 ext 4178

http://www.shrinershospitalsforchildren.org/locations/stlouis
Shriners Hospital for Children
2001 S. Linberg Blvd.
St. Louis, MO 63131
Phone: 314-432-3600

Spinal Cord Injury

http://www.gkcscia.org/
Greater Kansas City Spinal Cord Injury Association
PO Box 8826
Kansas City, MO 64114
Phone: 913-491-5667
Email: contact@gkcscia.org

www.ssm-select.com
SSM Rehabilitation Hospital
12380 DePaul Dr.
Bridgeton, MO 63044
Phone: 314-447-9643
Offers a SCI support group

Stroke

http://www.strokeassociation.org
American Stroke Association
National Center
7272 Greenville Avenue
Dallas, TX 75231
Phone: 1-888-478-7653
Call them for the stroke support group in your area

www.AmericanStroke.org
American Stroke Foundation
6405 Metcalf Ave., Suite 214
Overland Park, KS 66202
Phone: 913-649-1776
Their Next Step program is a wellness program to help stroke survivors continue to improve and regain independence in daily living skills. Next Step offers classes and programs designed to address survivors’ physical, cognitive, social, and emotional well-being in a welcoming group environment. They offer various fitness and aquatics at three locations: Mission, KS, Blue Springs, MO, and Kansas City, MO. There is a monthly fee to participate. Programs are facilitated by occupational therapy staff and students as well as stroke survivors.

**Syringomyelia/Chiari Malformation**

**American Syringomyelia & Chiari Alliance Project**
PO Box 1586
Longview, TX 75606-1586
Phone: 903-236-7079
800-ASAP-282
Email: [info@ASAP.org](mailto:info@ASAP.org)

**Missouri Area Support Group**
Sheila Rainey
Boonville, MO
Phone: 660-882-6368
Email: [Sheila.rainey@yahoo.com](mailto:Sheila.rainey@yahoo.com)

**Transverse Myelitis**

**Transverse Myelitis Association**
1787 Sutter Parkway
Powell, OH 43065-8806
Phone: 614- 766-1806
Please contact them for info in your area.

TMA support groups in MO:
Mary Michael
Phone: 816-682-4930
Email: [kctmasg@kc.rr.com](mailto:kctmasg@kc.rr.com)

**TM MeetUp**
Enter your postal code for a MeetUp in your area.
Meetings are usually held in local restaurants.
General Disability Resources

http://www.yellowpagesforkids.com/help/mo.htm
Missouri Yellow Pages for Kids with Disabilities

www.missouricures.com
Missouri Coalition for Lifesaving Cures
PO Box 16580
St. Louis, MO 63105
Phone: 314-993-1900
Email: info@missouricures.com

http://www.mopt.org/
Missouri chapter of the American Physical Therapy Association
205 E. Capitol, Suite 100
Jefferson City, MO 65101
Phone: 573-556-6730
E-Mail: ckemna@bardgett.net

http://www.motamo.net
Missouri chapter of the American Occupational Therapy Association
Rich Helfrich
Phone: 636-441-4146
Email: motamoweb@gmail.com

www.apsemo.org
http://www.apse.org/chapters/details.cfm?id=18
Association of People Supporting EmploymentFirst: Missouri Chapter
2200 Burlington
Columbia, MO 65202
Phone: 573-477-9446 ext. 3204

https://www.childrensmercy.org/departments-and-clinics/rehabilitation-medicine/
Children’s Mercy Hospital
2401 Gillham Rd.
Kansas City, MO 64108
Phone: 816-234-3970
Children’s Mercy provides inpatient rehabilitation services for individuals ages 6 months to 21 years with any type of new paralysis (traumatic spinal cord injury, transverse myelitis, spinal cord tumor, spinal cord stroke/vascular malformation, acute flaccid myelitis, MS, etc) along with other acute injuries, such as brain injury or stroke. Children’s Mercy also offers outpatient comprehensive clinics for spinal cord injury/disorder as well as spina bifida in addition to outpatient therapies (physical therapy, occupational therapy, speech therapy) and equipment and seating clinics.
www.hopehappens.org
Hope Happens
101 South Hanley Road
Suite 1320
St. Louis, MO 63105
Phone: 314-725-3888
Their mission is to improve the lives of people with neurodegenerative disorders by funding collaborative, translational research that has the potential to fast-track new treatments and cures.

http://www.moebiussyndrome.com/
Moebius Syndrome Foundation
P.O. Box 147
Pilot Grove, MO 65276
Phone: 660-834-3406
Email: Vicki@moebiussyndrome.com
The Moebius Syndrome Foundation holds conferences every two years and produces free educational DVDs about Moebius syndrome to educate the community.

http://www.paraquad.org/
ParaQuad
5240 Oakland Ave.
St. Louis, MO 63141
Phone 314-289-4200

www.thinkfirst.org
ThinkFirst National Injury Prevention Foundation
1801 N. Mill St. Suite F
Naperville, IL 60563
Phone: 630-961-1400
800-THINK56
Email: thinkfirst@thinkfirst.org
ThinkFirst offers evidence-based injury prevention programs for students of all ages through their network of healthcare-based chapters. Health educators and people who have experienced brain or spinal cord injuries help students understand the importance of making safe choices related to vehicles, sports, violence and falls. To find chapter information in your area, please go to their website and click on the “Chapter Site” tab.

The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health care provider. Should you have any health care related questions, please call or see
your physician or other qualified health care provider promptly. Always consult with your physician or other qualified health care provider before embarking on a new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.

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