



Mississippi Disability Resources

Affordable Care Act (ACA)

<http://www.hhs.gov/healthcare/facts/bystate/ms.html>

HHS.gov: 5 Years Later: How the Affordable Care Act is Working for Mississippi

To get coverage under the ACA, go to <https://www.healthcare.gov/> to find out more about the Health Insurance Marketplace and the options available in your state.

<https://www.healthcare.gov/what-is-the-marketplace-in-my-state/#state=mississippi>

Aging Resources

www.adrc-tae.acl.gov

Aging and Disability Resource Center Locator

The Aging and Disability Resource Center Program (ADRC) is a collaborative effort of the [U.S. Administration on Community Living](#) (including [AoA](#) as of April 2012) and the [Centers for Medicare & Medicaid Services \(CMS\)](#). ADRCs serve as single points of entry into the long-term supports and services system for older adults and people with disabilities. Sometimes referred to as a “one-stop shops” or “no wrong door” systems, ADRCs address many of the frustrations consumers and their families experience when trying to find needed information, services, and supports. Through integration or coordination of existing aging and disability service systems, ADRC programs raise visibility about the full range of options that are available, provide objective information, advice, counseling and assistance, empower people to make informed decisions about their long term supports, and help people more easily access public and private long term supports and services programs.. Click on your state to find state and local ADRCs.

The core functions of an ADRC are 1) information, referral and awareness, 2) options counseling, advice and assistance, 3) streamlined eligibility determination for public programs, 4) person-centered transitions, 5) quality assurance and continuous improvement. ADRCs perform these functions by integrating, coordinating, and strengthening different pieces of the existing long term supports and services systems, including Area Agencies on Aging, Centers for Independent Living, state and local Medicaid offices, and other community-based organizations.

<http://www.mdhs.state.ms.us/aging-adult-services/>

Mississippi Department of Aging

750 North State Street

Jackson, MS 39202
Phone: 800-345-6347

<http://www.mdhs.state.ms.us/programs-services-for-seniors/area-agencies-on-aging/>
Mississippi Association of Area Agencies on Aging

<http://www.ncea.aoa.gov/About/NCEA/index.aspx>

National Center on Elder Abuse (NCEA)

Funded by the Administration for Community Living, the NCEA disseminates elder abuse information to professionals and the public, and provides technical assistance and training to states and to community-based organizations.

Arts and Creativity

<https://www.facebook.com/pages/VSA-Mississippi/352742128437>

VSA arts of Mississippi

Assistive Technology

www.msprojectstart.org

Project START – Success Through Assistive/Rehabilitative Technology

Department of Rehabilitation Services
Addie McBryde Center
Fourth Floor, Room 418
2550 Peachtree St.
Jackson, MS 39216
Phone/TTY: 601-987-4872
Toll-free: 800-852-8328
Email: pgaltelli@mdrs.ms.gov Patsy Galtelli

<http://www.adasoutheast.org/>

Southeast ADA Center (covers Mississippi)

1419 Mayson Street NE
Atlanta, Georgia 30324
Phone: 800-949-4232 (voice/TTY)
Email: ADASoutheast@law.syr.edu

Caregivers Info

<http://www.caregiver.com/regionalresources/states/MS/index.htm>

Caregiver.com's Support Groups in Mississippi

Tel: (954) 893-0550
1-800-829-2734

Email: info@caregiver.com

Community-Based Fitness Programs

The Reeve Foundation has several Community Fitness and Wellness facilities that are part of its NeuroRecovery Network (NRN) program. These facilities are accepting individuals with walking difficulties related to any cause (not just SCI) and are hosting activity-based exercise programs designed specifically for individuals with physical disabilities. There is not one in this state but if you would like to learn more about the program, please go to www.ChristopherReeve.org/NRN.

Community Health Centers

www.mphca.com

Mississippi Primary Health Care Association

6400 Lakeover Road, Suite A

Jackson, MS 39213

Phone: 601-981-1817

Community Health Centers are non-profit organizations providing health care to those with insurance and without. All sites offer primary care and many offer specialty care as well. There is no residency requirement; individuals can receive services at any facility of their choosing, with over 1,200 health centers in 8,000 rural and urban communities across the nation. Sliding-scale fees based on family size, income, and insurance status ensure that anyone who uses a Community Health Center can receive quality care regulated by federal standards. Please call the state association listed above to find a Community Health Center in your local area.

Crime Victim Assistance

<http://www.ago.state.ms.us/divisions/victim-compensation/>

<http://www.ago.state.ms.us/divisions/victim-assistance/>

Mississippi Attorney General's Office: Crime Victim Compensation and Assistance

Walter Sillers Building

550 High Street, Suite 1200

Jackson, MS 39201

Phone: 601-359-3680

Domestic Violence Help

National Domestic Violence Hotline 1-800-799-SAFE (7233)

Statewide Domestic Violence Hotline 800-898-3234

www.aardvarc.org/dv/states/missdv.shtml

Aardvarc's Mississippi Domestic Violence Resources

Visit above Website for contact information by county

www.mcadv.org/

Mississippi Coalition Against Domestic Violence

PO Box 4703

Jackson, MS 39296-4703

Phone: 601-981-9196

Toll-free: 800-898-3234

Immediate Assistance (After hours): 800-799-SAFE (7233)

Easter Seals

www.easterseals.com

Easter Seals National Headquarters

233 South Wacker Dr.

Suite 2400

Chicago, IL 60606

Phone: 312-726-6200

800-221-6827

TTY: 312-726-4258

Visit website and search by state for an Easter Seals in your area

Easter Seals offers services to children and adults with disabilities and special needs. The programs Easter Seals offers include autism, children's, adult and senior specific services, employment & training, medical rehabilitation, as well as camping & recreation opportunities. Services may vary by location.

Government Offices for Mississippi

<http://www.mississippi.gov>

Mississippi State Website

<http://www.mdhs.state.ms.us/>

Mississippi Department of Human Services

750 North State Street

Jackson, MS 39202

Phone: 601-359-4500

800-345-6347

<http://www.mdrs.ms.gov/Pages/default.aspx>

Mississippi Department of Rehabilitative Services

1281 Highway 51

Madison, MS 39110

Phone: 800-443-1000

MDRS provides resources to help Mississippians with disabilities find new careers, live more independently, overcome obstacles, and face new challenges.

<http://www.medicaid.ms.gov/>

Mississippi Medicaid Office

Sillers Building
550 High Street, Suite 1000
Jackson, MS 39201-1399
Phone: 601-359-6050
Toll-Free: 1-800-421-2408

http://www.msdh.state.ms.us/msdhsite/_static/41,0,96.html

Mississippi CHIP Office (Children's Health Insurance Program)

Mississippi Health Benefits Program

Mississippi State Department of Health
570 East Woodrow Wilson Dr.
Jackson, MS 39216
Phone: 601-576-7400
Toll-Free: 866-458-4948

<http://www.mississippihealthpool.org/>

Mississippi Comprehensive Health Insurance Risk Pool Association

P.O. Box 13748
Jackson, MS 39236
Phone: 601-899-9967
888-820-9400

Email: info@mississippihealthpool.org

Mississippi High Risk Insurance Plan for eligible people who are unable to get insurance coverage.

<http://www.cms.hhs.gov/MedicaidStWaivProgDemoPGI/>

Mississippi Home and Community Based Service Waiver (HCBS)

<http://www.mid.state.ms.us/>

Mississippi Department of Insurance

1001 Woolfolk State Office Building
501 North West Street
Jackson, MS 39201
Or Mailing Address:
PO Box 79
Jackson, MS 39205
Phone: 601-359-3569
800-562-2957

www.mwcc.state.ms.us/

Mississippi Workers' Compensation Commission

PO Box 5300
Jackson, MS 39296-5300
Phone: 601-987-4200

http://www.christopherreeve.org/c.ddJFKRNoFiG/b.4518671/k.6ABA/Find_Your_Elected_Official/siteapps/advocacy/search.aspx

Reeve Foundation: Find your **elected officials** to contact them on legislation that is important to you. Each member of Congress maintains at least one office in his or her home state or district. Most have multiple offices throughout the state or district. These offices are designed for direct contact with constituents (that's you!). This is your opportunity to advocate and make your voice heard in Congress without traveling to Washington, DC. Congressional offices are also a great resource for handling problems with federal agencies. You have a constitutionally guaranteed right to petition your government, and home offices provide you an opportunity to use that right.

http://www.nursinghomepatientrights.com/Mississippi_Nursing_Home_Abuse_Assistance.htm

State LTC Ombudsman

Anniece McLemore

MS Dept. of Human Services, Div. of Aging

750 North State Street

Jackson, Mississippi 39202

Phone: 601-359-4927

The mission of the state long-term care ombudsman is to protect the health, safety, welfare and rights of the elderly in nursing homes, assisted living facilities and other facilities.

Housing

www.fanniemae.com

Fannie Mae

Mississippi Partnership Office

111 East Capitol Street

Suite 451

Jackson, MS 39201

Phone: 601-592-1040

Fannie Mae

Southeastern Regional Office

950 East Paces Ferry Road

Suite 1800

Atlanta, GA 30326-1161

Phone: 404-398-6000

www.hud.gov/local/index.cfm?state=ms

Mississippi Housing and Urban Development (HUD) Office

Dr. A.H. McCoy Federal Building

100 West Capitol Street

Suite 910

Jackson, MS 39269-1096
Phone: 601-965-4757
TTY: 601-965-4171

Independent Living

<http://www.ilru.org/projects/silc-net/silc-directory>

ILRU: State Independent Living Councils (SILCs)

Mississippi Independent Living Council

Choctaw Branch Box 6010
Choctaw, MS 39350
Phone (Local): 601-650-7333
TTY: 601-650-7354

<http://www.ilru.org>

Independent Living Research Utilization's directory of Independent Living Centers

<http://www.ncil.org/>

National Council on Independent Living (NCIL)

2013 H St. NW, 6th Floor
Washington, DC 20006
Phone: 202-207-0334
Toll-free: 877-525-3400
TTY: 202-207-0340

Email: ncil@ncil.org

The National Council on Independent Living is the longest-running national cross-disability, grassroots organization run by and for people with disabilities. Founded in 1982, NCIL represents thousands of organizations and individuals including: individuals with disabilities, Centers for Independent Living (CILs), Statewide Independent Living Councils (SILCs), and other organizations that advocate for the human and civil rights of people with disabilities throughout the United States.

Library Services

<http://bphopac.mlc.lib.ms.us/>

Blind and Physically Handicapped Library Services

Mississippi Library Commission
3881 Eastwood Drive
Jackson, MS 39209
Phone: 601-961-4111
800-446-0892
Email: lbph@mlc.lib.ms.us
rahye@mlc.lib.ms.us

<http://www1.youseemore.com/ReevePRC/default.asp>

Christopher & Dana Reeve Foundation Lending Library

636 Morris Turnpike, Suite 3A

Short Hills, NJ 07078

Phone: 800-539-7309 or 973-467-8270 x7204

Email: sfitzgibbon@ChristopherReeve.org

The Reeve Foundation offers a free lending library of over 5,000 books and videos on paralysis-related topics. Our catalog is available online at the above website. Items can be ordered online for delivery to your home with return postage included.

NeuroRecovery Network (NRN)

The NRN is a network of rehab programs designed to provide locomotor (treadmill) training to promote functional recovery and improve the health and quality of life for people living with paralysis. The program is for people with spinal cord injuries. The NRN is a program of the Reeve Foundation. There is no NRN center in this state but if you are interested in finding one outside of this state, please go to

www.ChristopherReeve.org/NRN.

Peer Support Programs

www.ChristopherReeve.org/Peer

Christopher & Dana Reeve Foundation's Peer & Family Support Program (PFSP)

636 Morris Turnpike, Suite 3A

Short Hills, NJ 07078

Phone: 800-539-7309

Email: Peer@ChristopherReeve.org

The Peer & Family Support Program (PFSP) is the Reeve Foundation's national peer-to-peer mentoring program. The goal of PFSP is to provide critical emotional support, as well as, local and national information and resources to people living with paralysis, and their families and caregivers. When possible, the program matches people with paralysis with certified peer mentors who are of similar age, location, gender, and level of injury or type of paralyzing condition. The Reeve Foundation's Quality of Life Grants program gives out grants to peer support groups (amongst other groups) that are associated with a non-profit organization. If you represent a non-profit organization looking for a Quality of Life grant, please see: www.ChristopherReeve.org/QOL for more info on qualifying and applying.

<http://www.spinalcord.org/spinal-network/grant-details/>

United Spinal Association's Spinal Network support group program

Phone: 800-962-9629

Email: peers@spinalcord.org

The Spinal Network is dedicated to establishing and managing a nationwide network of support groups. Grants to peer support programs of \$500 each can be applied for here: <http://www.spinalcord.org/spinal-network/grant-details/spinal-network-grant-application/>

Protection and Advocacy

<http://msdisabilities.com/cap-program/>

Mississippi Society for Disabilities: Client Assistance Program

P.O. Box 4958
Jackson, MS 39296
Phone: 601-362-2585
Toll-free: 800-962-2400

<http://www.drms.ms/>

Disability Rights Mississippi

210 E. Capitol St., Suite 600
Jackson, MS 39201
Phone: 601-968-0600
Toll-free: 800-772-4057

Service Dogs

Pets and People: Companions in Therapy & Service

PO Box 4255 West Station
Meridian, MS 39304
Phone: 601-483-8970
Email: kintoi@cybertron.com

Sports and Recreation

<https://www.facebook.com/pages/Mississippi-Adaptive-Sports/376636929080232>

Mississippi Adaptive Sports

Skinner Center
712 Tanglewood
Memphis, TN
Al Greer
Phone: 662-280-1986

United Way Offices

<http://national.unitedway.org/>

Enter your postal code for a **United Way** Office in your area.

United Way focuses on education, financial stability and health to impact the lives of millions. United Way raises awareness surrounding key issues, provides financial and one-on-one assistance to those who need it most, and promotes social and policy change that helps strengthen people and their communities.

Veterans Benefits

<http://www.vba.va.gov/ro/south/jacks/JacksonInternetSite.htm>

Jackson Regional Office

Department of Veterans Affairs

1600 East Woodrow Wilson Avenue

Jackson, MS 39216

Phone: 601-364-7000

Toll-free: 800-827-1000

Jackson Vet Center

1755 Lelia Dr., Suite 104

Jackson, MS 39216

Phone: 601-965-5727

VA Gulf Coast Veterans Health Care System

400 Veterans Avenue

Biloxi, MS 39531

Phone: 228-523-5000

Paralyzed Veterans of America offices:

www.bayou-pva.org

Bayou-Gulf States PVA

Gulfport VAMC

15489 Dedeaux Rd.

Gulfport, MS 39503-2667

Phone: 228-832-6864/6865

Email: bayougulfstates@cableone.net

Mid-South Chapter PVA

Memphis VAMC 817

1030 Jefferson Avenue

Room 2D100

Memphis, TN 38104

Phone: 901-527-3018

800-767-3018

Email: mspva@aol.com

ALS

www.alsa.org

The ALS Association (ALSA) National Office

1275 K Street NW, Suite 1050

Washington, DC 20005

Phone: 202-407-8580

Call for support group locations

ALSA's Louisiana/Mississippi Chapter

PO Box 66825

Baton Rouge, LA 70896-6825

Phone: 225-343-9880

Toll-free: 800-891-3746

Email: info@alsalams.org

Brain Injury

www.msbia.org

Brain Injury Association of Mississippi

1640 Lelia Dr., Suite 100

Jackson, MS 39216

Phone: 601-981-1021

800-641-6442

Email: dpierce@msbia.org

www.methodistonline.org or www.mmrcrehab.org

Methodist Rehabilitation Center (A TBI Model Center)

1350 East Woodrow Wilson

Jackson, MS 39216

Phone: 601-981-2611

800-223-6672

<http://www.mdrs.ms.gov/SpecialPrograms/Pages/TBISCI-TRUST-FUND.aspx>

TBI/SCI Trust Fund Program

PO Box 1698

Jackson, MS 39215-1698

1281 Highway 51

Madison, MS 39110

Phone: 601-853-5322

Email: kturberville@mdrs.state.ms.us

Cerebral Palsy

<http://www.ucp.org/>

United Cerebral Palsy (UCP)

1825 K Street NW, Suite 600

Washington, DC 20006

Phone: 800-872-5827 or 202-776-0406

Please call for chapter info.

Friedreich's Ataxia

www.ataxia.org

National Ataxia Foundation

2600 Fernbrook Lane

Suite 119

Minneapolis, MN 55447

Phone: 763-553-0020

Mississippi Chapter of the NAF

Camille Daglio

PO Box 17005

Hattiesburg, MS 39404

Email: daglio@bellsouth.net

Guillain-Barré Syndrome / CIDP

<http://gbs-cidp.org/>

Guillain-Barré Syndrome/ CIDP Foundation International

The Holly Bldg., 104 ½ Forrest Ave.

Narberth, PA 19072

Phone: 610-667-0131

Please call for information in your area

Multiple Sclerosis

<http://www.nationalmssociety.org/chapters/ALC/index.aspx>

National Multiple Sclerosis Society's Alabama - Mississippi Chapter

813 Shades Creek Parkway Ste 100B

Birmingham, AL 35209

Phone: 205-879-8881

Email: ALC@NMSS.ORG

www.msidsouth.org

National Multiple Sclerosis Society's Mid-South Chapter

214 Overlook Circle, suite 153

Brentwood, TN 37027

Phone: 615-269-9055

Email: tns@nmss.org

www.msaa.com

Multiple Sclerosis Association of America

National Headquarters

706 Haddonfield Road

Cherry Hill, NJ 08002

Phone: 856-488-4500

800-532-7667

MSAA Southeast Regional Office (covers Mississippi)

2870 Peachtree Rd.

Atlanta, GA 30305-2918

Phone: 800-532-7667

Email: southeast@mymsaa.org

Muscular Dystrophy

www.mdausa.org/

Muscular Dystrophy Association

National Headquarters

222 S. Riverside Plaza, Suite 1500

Chicago, IL 60606

Phone: 800-572-1717

Enter your postal code in the "Find your local MDA" section of the website for MD clinics in your area.

Post-Polio Syndrome

<http://www.post-polio.org/net/poldir.pdf>

Post-Polio Health International

4207 Lindell Blvd, #110

St. Louis, MO 63108-2915

Phone: 314-534-0475

Email: info@post-polio.org

Directory lists support groups by state.

Spina Bifida

<http://www.spinabifidaassociation.org>

Spina Bifida Association of America

P.O. Box 17427

Arlington, VA 22216

Phone: 202-944-3285

Email: sbaa@sbaa.org

Please contact them for info in your area

Mississippi Spina Bifida Clinic

Mississippi State Department of Health

Blake Clinic-Children's Medical Program

Jackson Medical Mall

Suite 454

350 Woodrow Wilson Drive

Jackson, MS 39213

Phone: 601-987-3965

Spinal Cord Injury

<http://www.mdrs.ms.gov/SpecialPrograms/Pages/TBISCI-TRUST-FUND.aspx>

TBI/SCI Trust Fund Program

1281 Highway 51

Madison, MS 39110

Phone: 601-853-5322

www.spinalcord.org

National Spinal Cord Injury Association

Email: info@unitedspinal.org

BankPlus Conference Center on the second floor of Methodist Rehabilitation Center

1350 East Woodrow Wilson

Jackson, MS 39216

Contact: Merry Claire or Jennifer

Phone: 601-936-8889.

The SCI support group meets on the third Tuesday of each month at 6 p.m. in the BankPlus Conference Center on the second floor of Methodist Rehabilitation Center in Jackson. This support group is open to all spinal cord injury survivors, their families and caregivers

Stroke

www.strokeassociation.org

American Stroke Association

National Center

7272 Greenville Avenue

Dallas, TX 75231

Phone: 888-478-7653

Contact for local support group information

Transverse Myelitis

<http://www.myelitis.org/>

Transverse Myelitis Association State Support groups

1787 Sutter Parkway

Powell, OH 43065-8806

Phone: 614-317-4884

Please contact them for info in your area.

<http://transmyelitis.meetup.com/>

TM MeetUp

Enter your postal code for lists of meetings. Usually meet at local restaurants.

General Disability Resources

www.disabilityresources.org/MISSISSIPPI.html

Disability Resources.org: Mississippi

www.yellowpagesforkids.com/help/ms.htm

Mississippi Yellow Pages for Kids with Disabilities

<http://mississippiota.org/>

American Occupational Therapy Association's Mississippi Chapter

P. O. Box 2188

Brandon, MS 39043

Phone: 601-853-9564

E-mail: mississippiota@gmail.com

<http://www.mspta.org/>
www.apta.org

American Physical Therapy Association: Mississippi Chapter

1111 North Fairfax, Suite 205
Alexandria, VA 22314-1484
Phone: 800-999-2782
Email: insightltd@msn.com

<http://www.mscoalition.com/>

Coalition for Citizens with Disabilities

2 Old River Place, Suite M
Jackson, MS 39202
Phone: 601-969-0601
Toll-free: 800-721-7255

www.usm.edu/gulfcoast/technology-learning-center

University of Southern Mississippi

Technology Learning Center

Institute for Disability Studies
730 East Beach Blvd.
Long Beach, MS 39560
Phone: 228-214-3400

www.lifeofms.com

LIFE of Mississippi

1304 Vine Street
Jackson, MS 39202
Phone: 601-969-4009
800-748-9398

LIFE provides information and referral, peer support, advocacy, skills training and community transition services.

www.thinkfirst.org

ThinkFirst National Injury Prevention Foundation

1801 N. Mill St., Suite F
Naperville IL 60563
Phone: 630-961-1400
800-THINK56

Email: thinkfirst@thinkfirst.org

ThinkFirst offers evidence-based injury prevention programs for students of all ages through their network of healthcare-based chapters. Health educators and people who have experienced brain or spinal cord injuries help students understand the importance of making safe choices related to vehicles, sports, violence and falls. To find chapter information in your area, please go to their website and click on the “Chapter Site” tab.

The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health care provider. Should you have any health care related questions, please call or see your physician or other qualified health care provider promptly. Always consult with your physician or other qualified health care provider before embarking on a new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.

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