Mississippi Disability Resources

Affordable Care Act (ACA)

http://www.hhs.gov/healthcare/facts/bystate/ms.html
HHS.gov: 5 Years Later: How the Affordable Care Act is Working for Mississippi

To get coverage under the ACA, go to https://www.healthcare.gov/ to find out more about the Health Insurance Marketplace and the options available in your state.

Aging Resources

https://www.n4a.org/adrcs
https://www.acl.gov/node/413
http://www.eldercare.gov/Public/About/Aging_Network/ADRC.aspx

Aging and Disability Resource Centers/ No Wrong Door
Call Eldercare Locator Toll-free 1-800-677-1116 to find the ADRC in your area.

The No Wrong Door (NWD) System initiative is a collaborative effort of the ACL, the Centers for Medicare & Medicaid Services (CMS), and the Veterans Health Administration (VHA). The NWD System initiative builds upon the Aging and Disability Resource Center (ADRC) program and CMS’ Balancing Incentive Program No Wrong Door requirements that support state efforts to streamline access to long-term services and support (LTSS) options for older adults and individuals with disabilities. NWD Systems simplify access to LTSS, and are a key component of LTSS systems reform.

The Aging and Disability Resource Center Program (ADRC) is a collaborative effort of the U.S. Administration for Community Living (including AoA as of April 2012) and the Centers for Medicare & Medicaid Services (CMS). ADRCs serve as single points of entry into the long-term supports and services system for older adults and people with disabilities. Sometimes referred to as a “one-stop shops” or "no wrong door" systems, ADRCs address many of the frustrations consumers and their families experience when trying to find needed information, services, and supports. Through integration or coordination of existing aging and disability service systems, ADRC programs raise visibility about the full range of options that are available, provide objective information, advice, counseling and assistance, empower people to make informed decisions about their long term supports, and help people more easily access public and private long term supports and services programs.. Click on your state to find state and local ADRCs.
The core functions of an ADRC are 1) information, referral and awareness, 2) options counseling, advice and assistance, 3) streamlined eligibility determination for public programs, 4) person-centered transitions, 5) quality assurance and continuous improvement. ADRCs perform these functions by integrating, coordinating, and strengthening different pieces of the existing long term supports and services systems, including Area Agencies on Aging, Centers for Independent Living, state and local Medicaid offices, and other community-based organizations.

http://www.mdhs.state.ms.us/aging-adult-services/
Mississippi Department of Aging
750 North State Street
Jackson, MS 39202
Phone: 800-345-6347

http://www.mdhs.state.ms.us/programs-services-for-seniors/area-agencies-on-aging/
Mississippi Association of Area Agencies on Aging

https://ncea.acl.gov/
National Center on Elder Abuse (NCEA)
Funded by the Administration for Community Living, the NCEA disseminates elder abuse information to professionals and the public, and provides technical assistance and training to states and to community-based organizations.

Arts and Creativity

http://www.ourartworks.com/
Our Artworks
603 Clayton Ave.
Tupelo MS 38804
Phone: 662-321-2727
Our Artworks was founded in 2006 by a person living with a disability and is in the process of becoming a non-profit organization. It is funded by a grant from the Mississippi Dept. of Rehabilitation Services. It enables people living with SCI, TBI, and other disabilities to be creative.

https://www.facebook.com/pages/VSA-Mississippi/352742128437
VSA arts of Mississippi

Assistive Technology

www.msprojectstart.org
Project START – Success Through Assistive/Rehabilitative Technology
Mississippi Department of Rehabilitation Services
1281 Highway 51 North
Community-Based Fitness Programs

The Reeve Foundation has several Community Fitness and Wellness facilities that are part of its NeuroRecovery Network (NRN) program. These facilities are accepting individuals with walking difficulties related to any cause (not just SCI) and are hosting activity-based exercise programs designed specifically for individuals with physical disabilities. There is not one in this state but if you would like to learn more about the program, please go to www.ChristopherReeve.org/NRN.

Community Health Centers

www.mphca.com
Mississippi Primary Health Care Association
6400 Lakeover Road, Suite A
Jackson, MS 39213
Phone: 601-981-1817
Community Health Centers are non-profit organizations providing health care to those with insurance and without. All sites offer primary care and many offer specialty care as well. There is no residency requirement; individuals can receive services at any facility of their choosing, with over 1,200 health centers in 8,000 rural and urban communities across the nation. Sliding-scale fees based on family size, income, and insurance status ensure that anyone who uses a Community Health Center can receive quality care regulated by federal standards. Please call the state association listed above to find a Community Health Center in your local area.

http://findahealthcenter.hrsa.gov/
Health Resources and Services Administration (HRSA): Find a Health Center
HRSA Health Centers care for you, even if you have no health insurance – you pay what you can afford based on your income. Health centers provide services that include checkups when you are well, treatment when you are sick, complete care when you are pregnant, and immunizations and checkups for your children. Some health centers also provide mental health, substance abuse, oral health, and/or vision services. Contact the
health center organization directly to confirm the availability of specific services and to make an appointment.

**Crime Victim Assistance**

http://www.ago.state.ms.us/divisions/victim-compensation/
http://www.ago.state.ms.us/divisions/victim-assistance/

**Mississippi Attorney General’s Office: Crime Victim Compensation and Assistance**

Walter Sillers Building
550 High Street, Suite 1200
Jackson, MS 39201
Phone: 601-359-3680

**Domestic Violence Help**

**National Domestic Violence Hotline** 1-800-799-SAFE (7233); 800-787-3224 (TTY)

**Statewide Domestic Violence Hotline** 800-898-3234; 601-981-9196

[www.mcadv.org/](http://www.mcadv.org/)

**Mississippi Coalition Against Domestic Violence**

PO Box 4703
Jackson, MS 39296-4703
Phone: 601-981-9196
Toll-free: 800-898-3234
Immediate Assistance (After hours): 800-799-SAFE (7233)

**Easter Seals**

[www.easterseals.com](http://www.easterseals.com)

**Easter Seals National Headquarters**

233 South Wacker Dr.
Suite 2400
Chicago, IL 60606
Phone: 312-726-6200 (voice)
800-221-6827 (toll-free)

Visit website and search by state for an Easter Seals in your area

Easter Seals offers services to children and adults with disabilities and special needs. The programs Easter Seals offers include autism, children’s, adult and senior specific services, employment & training, medical rehabilitation, as well as camping & recreation opportunities. Services may vary by location.

**Government Offices for Mississippi**

[http://www.mississippi.gov](http://www.mississippi.gov)

Mississippi State Website
Mississippi Department of Human Services  
750 North State Street  
Jackson, MS 39202  
Phone: 800-345-6347

Mississippi Department of Rehabilitative Services  
1281 Highway 51  
Madison, MS 39110  
Phone: 800-443-1000  
MDRS provides resources to help Mississippians with disabilities find new careers, live more independently, overcome obstacles, and face new challenges.

Mississippi Medicaid Office  
Sillers Building  
550 High Street, Suite 1000  
Jackson, MS 39201-1399  
Phone: 601-359-6050  
Toll-Free: 1-800-421-2408

Mississippi CHIP Office (Children’s Health Insurance Program)  
Mississippi State Department of Health  
570 East Woodrow Wilson Dr.  
Jackson, MS 39216  
Phone: 601-576-7400  
Toll-Free: 866-458-4948

Mississippi Comprehensive Health Insurance Risk Pool Association  
P.O. Box 13748  
Jackson, MS 39236  
Phone: 888-820-9400  
Email: info@mississippih healthpool.org  
*Mississippi High Risk Insurance Plan for eligible people who are unable to get insurance coverage.*

Mississippi Insurance Department  
1001 Woolfolk State Office Building  
501 North West Street  
Jackson, MS 39201  
Or Mailing Address:  
PO Box 79
Jackson, MS 39205  
Phone: 601-359-3569  
Toll-free: 800-562-2957

www.mwcc.state.ms.us/  
Mississippi Workers' Compensation Commission  
1428 Lakeland Dr.  
Jackson, MS 39296-5300  
Phone: 601-987-4200; 866-473-6922

http://www.house.gov/representatives/find/  
http://whoismyrepresentative.com/  
Find your elected officials to contact them on legislation that is important to you. Each member of Congress maintains at least one office in his or her home state or district. Most have multiple offices throughout the state or district. These offices are designed for direct contact with constituents (that's you!). This is your opportunity to advocate and make your voice heard in Congress without traveling to Washington, DC. Congressional offices are also a great resource for handling problems with federal agencies. You have a constitutionally guaranteed right to petition your government, and home offices provide you an opportunity to use that right.

http://www.nursinghomepatientrights.com/Mississippi_Nursing_Home_Abuse_Assistance.htm  
State LTC Ombudsman  
Anniece McLemore  
MS Dept. of Human Services, Div. of Aging  
750 North State Street  
Jackson, Mississippi 39202  
Phone: 601-359-4927  
The mission of the state long-term care ombudsman is to protect the health, safety, welfare and rights of the elderly in nursing homes, assisted living facilities and other facilities.

Housing

www.fanniemae.com  
Fannie Mae  
Phone: 800-232-6643  

Fannie Mae  
Southeastern Regional Office  
Southeastern Regional Office  
1075 Peachtree Street NE, Suite 1600  
Atlanta, GA 30309  
Phone: 404-398-6000
HUD is the government office which offers information on public housing, buying a home, renting, discrimination, FEMA related housing, and more. HUD also provides a list of housing counselors as well as information on ways to avoid foreclosure. To find your local HUD office, please click on the “State Info” tab across the top bar, then click on your state, then click on “contact my local office”. If you want info on public housing, click here: https://www.hud.gov/program_offices/public_indian_housing/pha/contacts and choose your state from the drop down box.

211 can help people find emergency shelters for individuals and families in crisis. Learn about programs that offer rental assistance, subsidized housing, and housing vouchers that can help families, the elderly and disabled individuals pay for housing.

Mississippi Housing and Urban Development (HUD) Office
Dr. A.H. McCoy Federal Building
100 West Capitol Street
Suite 910
Jackson, MS 39269-1096
Phone: 601-965-4757
TTY: 601-965-4171

ILRU: State Independent Living Councils (SILCs)
Mississippi Independent Living Council
Choctaw Branch Box 6010
Choctaw, MS 39350
Phone (Local): 601-650-7333
TTY: 601-650-7354

Independent Living Research Utilization’s directory of Independent Living Centers

National Council on Independent Living (NCIL)
2013 H St. NW, 6th Floor
Washington, DC 20006
The National Council on Independent Living is the longest-running national cross-disability, grassroots organization run by and for people with disabilities. Founded in 1982, NCIL represents thousands of organizations and individuals including: individuals with disabilities, Centers for Independent Living (CILs), Statewide Independent Living Councils (SILCs), and other organizations that advocate for the human and civil rights of people with disabilities throughout the United States.

Library Services

http://mlc.lib.ms.us/tbs/

Mississippi Library Commission
Talking Book Services
3881 Eastwood Drive
Jackson, MS 39211-6473
Phone: 601-432-4116; 800-446-0892 (toll-free)
Email: talkingbooks@mlc.lib.ms.us

NeuroRecovery Network (NRN)

The NRN is a network of rehab programs designed to provide locomotor (treadmill) training to promote functional recovery and improve the health and quality of life for people living with paralysis. The program is for people with spinal cord injuries. The NRN is a program of the Reeve Foundation. There is no NRN center in this state but if you are interested in finding one outside of this state, please go to www.ChristopherReeve.org/NRN.

Peer Support Programs

www.ChristopherReeve.org/Peer
Christopher & Dana Reeve Foundation’s Peer & Family Support Program (PFSP)
636 Morris Turnpike, Suite 3A
Short Hills, NJ 07078
Phone: 800-539-7309
Email: Peer@ChristopherReeve.org
The Peer & Family Support Program (PFSP) is the Reeve Foundation’s national peer-to-peer mentoring program. The goal of PFSP is to provide critical emotional support, as well as, local and national information and resources to people living with paralysis, and their families and caregivers. When possible, the program matches people with paralysis
with certified peer mentors who are of similar age, location, gender, and level of injury or type of paralyzing condition. The Reeve Foundation’s Quality of Life Grants program gives out grants to peer support groups (amongst other groups) that are associated with a non-profit organization. If you represent a non-profit organization looking for a Quality of Life grant, please see: [www.ChristopherReeve.org/qol](http://www.ChristopherReeve.org/qol) for more info on qualifying and applying.

**United Spinal Association’s Spinal Network**  
Spinal Network Peer Support Group Grants  
Phone: 800-962-9629  
Email: info@unitedspinal.org  
The Spinal Network is dedicated to establishing and managing a nationwide network of support groups. Grants to peer support programs of $500 each can be applied for here:  

**Protection and Advocacy**

[http://msdisabilities.com/cap-program/](http://msdisabilities.com/cap-program/)
**Mississippi Society for Disabilities: Client Assistance Program**  
P.O. Box 4958  
Jackson, MS 39296  
Phone: 601-362-2585  
Toll-free: 800-962-2400

[http://www.drms.ms/](http://www.drms.ms/)
**Disability Rights Mississippi**  
210 E. Capitol St., Suite 600  
Jackson, MS 39201  
Phone: 601-968-0600  
Toll-free: 800-772-4057

**Sports and Recreation**

**Mississippi Adaptive Sports**  
Raymond Skinner Center  
712 Tanglewood  
Memphis, TN  
Al Greer  
Phone: 662-280-1986

[https://www.mywheels.org/](https://www.mywheels.org/)
Mississippi Youth Wheelchair League
104 Bridge Park Dr
Canton MS 39046
Phone: 615-319-8830
Email: info@mywheels.org
We are the only organization in the state that gives children with a lower limb disability the opportunity to play competitive adaptive sports. With no cost to the player and their family, children have the opportunity to play team sports and be introduced to different Paralympic individual sports

United Way Offices

http://national.unitedway.org/
Enter your postal code for a United Way Office in your area.
United Way focuses on education, financial stability and health to impact the lives of millions. United Way raises awareness surrounding key issues, provides financial and one-on-one assistance to those who need it most, and promotes social and policy change that helps strengthen people and their communities.

Veterans Benefits

http://www.benefits.va.gov/jackson/
Jackson Regional Office
Department of Veterans Affairs
1600 East Woodrow Wilson Avenue
Jackson, MS 39216
Phone: 800-827-1000 (toll-free)

Jackson Vet Center
1755 Lelia Dr., Suite 104
Jackson, MS 39216
Phone: 601-985-2560

http://www.biloxi.va.gov/
VA Gulf Coast Veterans Health Care System
400 Veterans Avenue
Biloxi, MS 39531
Phone: 228-523-5000; 800-296-8872

Paralyzed Veterans of America offices:

www.bayou-pva.org
Bayou-Gulf States PVA
Gulfport VAMC
15489 Dedeaux Rd.
Gulfport, MS 39503-2667
Phone: 228-832-6864
Email: bayougulfstates@cableone.net

http://www.midsouth-pva.org

Mid-South Chapter PVA
Memphis VAMC 817
1030 Jefferson Avenue
Room 2D100
Memphis, TN 38104
Phone: 901-527-3018
     800-767-3018
Email: mspva@aol.com

ALS

www.alsa.org
The ALS Association (ALSA) National Office
1275 K Street NW, Suite 250
Washington, DC 20005
Phone: 202-407-8580
Call for support group locations

ALSA’s Louisiana/Mississippi Chapter
PO Box 66825
Baton Rouge, LA 70896-6825
Toll-free: 800-891-3746
Email: info@alsalams.org

Baton Rouge Office
Phone: 225-343-9880
Jackson Office
Phone: 601-364-3326

Brain Injury
http://msbraininjury.wildapricot.org/
Brain Injury Association of Mississippi
1640 Lelia Dr., Suite 100
Jackson, MS 39216
Phone: 601-981-1021
Toll-free: 800-444-6443
Email: ljenkins@msbia.org

www.methodistonline.org
Methodist Rehabilitation Center (A TBI Model Center)
1350 East Woodrow Wilson
Jackson, MS 39216
Phone: 601-981-2611
800-223-6672

http://www.mdrs.ms.gov/SpecialPrograms/Pages/TBISCI-TRUST-FUND.aspx
TBI/SCI Trust Fund Program
PO Box 1698
Jackson, MS 39215-1698
1281 Highway 51
Madison, MS 39110
Phone: 800-443-1000

Cerebral Palsy

http://www.ucp.org/
United Cerebral Palsy (UCP)
1825 K Street NW, Suite 600
Washington, DC 20006
Phone: 800-872-5827 or 202-776-0406
Please call for chapter info.

Friedreich’s Ataxia

www.ataxia.org
National Ataxia Foundation (NAF) National Office
600 Hwy 169 S, Ste 1725
Minneapolis, MN 55426
Phone: 763-553-0020

http://www.ataxia.org/chapters/Mississippi/default.aspx
Mississippi Chapter of the NAF
Camille Daglio
Hattiesburg, MS 39404
Email: daglio1@bellsouth.net
Guillain-Barré Syndrome / CIDP

http://gbs-cidp.org/
Guillain-Barré Syndrome/ CIDP Foundation International
The Holly Bldg., 104 ½ Forrest Ave.
Narberth, PA 19072
Phone: 610-667-0131
Toll-free: 866-224-3301
Please call for information in your area

Multiple Sclerosis

http://www.nationalmssociety.org/chapters/ALC/index.aspx
National Multiple Sclerosis Society’s Alabama - Mississippi Chapter
813 Shades Creek Parkway Ste 100B
Birmingham, AL 35209
Phone: 205-879-8881
Toll-free: 800-344-4867
Email: ALC@NMSS.ORG

http://www.nationalmssociety.org/Chapters/TNS
National Multiple Sclerosis Society’s Mid-South Chapter
214 Overlook Circle, suite 153
Brentwood, TN 37027
Phone: 615-269-9055
Phone: 800-344-4867
Email: tns@nmss.org

http://www.mymssa.org/
Multiple Sclerosis Association of America
National Headquarters
375 Kings Highway North
Cherry Hill, New Jersey 08034
Phone: 800-532-7667

http://www.mymssa.org/publications/improving-lives/offices
MSAA Southeast Regional Office (covers Mississippi)
PMB # 196, 2870 Peachtree Road
Atlanta, Georgia 30305-2918
Phone: 800-532-7667 ext 160
Email: southeast@mymssa.org

Muscular Dystrophy
https://www.mda.org/
Muscular Dystrophy Association
National Headquarters
222 S. Riverside Plaza, Suite 1500
Chicago, IL 60606
Phone: 800-572-1717
Enter your postal code in the “Find your local MDA” section of the website for MD clinics in your area.

Post-Polio Syndrome

http://www.post-polio.org/net/poldir.pdf
Post-Polio Health International
4207 Lindell Blvd, #110
St. Louis, MO 63108-2930
Phone: 314-534-0475
Email: info@post-polio.org
Directory lists support groups by state.

Spina Bifida

http://www.spinabifidaassociation.org
Spina Bifida Association of America
1600 Wilson Blvd, Suite 800
Arlington, VA 22209
Phone: 202-944-3285; 800-621-3141
Email: sbaa@sbaa.org
Please contact them for info in your area

Mississippi Spina Bifida Clinic
Mississippi State Department of Health
Blake Clinic-Children’s Medical Program
Jackson Medical Mall
Suite 454
350 Woodrow Wilson Drive
Jackson, MS 39213
Phone: 601-987-3965

Spinal Cord Injury

http://www.mdrs.ms.gov/SpecialPrograms/Pages/TBISCI-TRUST-FUND.aspx
TBI/SCI Trust Fund Program
1281 Highway 51
Madison, MS 39110
Phone: 601-853-5322; 800-443-1000

www.spinalcord.org
Spinal Cord Resource Center
Email: info@unitedspinal.org

Stroke

www.strokeassociation.org
American Stroke Association
National Center
7272 Greenville Avenue
Dallas, TX 75231
Phone: 888-478-7653
Contact for local support group information

Transverse Myelitis

http://www.myelitis.org/
Transverse Myelitis Association State Support groups
1787 Sutter Parkway
Powell, OH 43065-8806
Phone: 855-380-3330
Please contact them for info in your area.

http://transmyelitis.meetup.com/
TM MeetUp
Enter your postal code for lists of meetings. Usually meet at local restaurants.

General Disability Resources

www.yellowpagesforkids.com/help/ms.htm
Mississippi Yellow Pages for Kids with Disabilities

http://mississippioata.org/
American Occupational Therapy Association’s Mississippi Chapter
P. O. Box 2188
Brandon, MS  39043
Phone: 601-853-9564
E-mail: mississippiota@gmail.com

http://www.mspta.org/
www.apta.org
Mississippi Physical Therapy Association
Mississippi Physical Therapy Association
1055 North Fairfax Street, Suite 205
Alexandria, VA 22314
Phone: 800-999-2782 ext. 7120
Email: mpta@apta.org

http://www.msccd.org/
Coalition for Citizens with Disabilities
2 Old River Place, Suite M
Jackson, MS 39202
Phone: 601-969-0601
TTY: 800-721-7255
Toll-free: 800-721-7255

http://www.msparalysis.org/
Mississippi Paralysis Association, Inc. (MPA)
350 W. Woodrow Wilson Ave., Suite 130
Jackson, MS 39213
Phone: 601-326-2654
Provides quality of life grants, sports grants, peer mentoring, scholarships for people living with paralysis. Please contact them for details.

www.usm.edu/gulfcoast/technology-learning-center
University of Southern Mississippi
Technology Learning Center
Institute for Disability Studies Gulf Park
730 East Beach Blvd.
Long Beach, MS 39560
Phone: 228-214-3400

www.lifeofms.com
LIFE of Mississippi
1304 Vine Street
Jackson, MS 39202
Phone: 601-969-4009
800-748-9398
LIFE provides information and referral, peer support, advocacy, skills training and community transition services.

www.thinkfirst.org
ThinkFirst National Injury Prevention Foundation
1801 N. Mill St., Suite F
Naperville IL 60563
Phone: 630-961-1400
800-THINK56
Email: thinkfirst@thinkfirst.org
ThinkFirst offers evidence-based injury prevention programs for students of all ages through their network of healthcare-based chapters. Health educators and people who have experienced brain or spinal cord injuries help students understand the importance of making safe choices related to vehicles, sports, violence and falls. To find chapter information in your area, please go to their website and click on the “Chapter Site” tab.

The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health care provider. Should you have any health care related questions, please call or see your physician or other qualified health care provider promptly. Always consult with your physician or other qualified health care provider before embarking on a new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.

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