

## How Can We Help You?

Learn more today!

[ChristopherReeve.org/MVP](https://ChristopherReeve.org/MVP)  
[Military@ChristopherReeve.org](mailto:Military@ChristopherReeve.org)  
(866) 962-8387

**VA Crisis Hotline ~ 800-273-8255**

**Christopher & Dana Reeve Foundation**  
636 Morris Turnpike, Suite 3A  
Short Hills, NJ 07078

## Military & Veteran Program (MVP)



Enhancing the quality of life for all veterans living with paralysis and their caregivers, regardless of when they served or how they were injured

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## TOP 5 HELPFUL WEBSITES

- U.S. Department of Veterans Affairs ([www.sci.va.gov](http://www.sci.va.gov))
- Veterans Benefits Administration ([www.va.gov/directory/guide/division\\_fllsh.asp?dnum=3](http://www.va.gov/directory/guide/division_fllsh.asp?dnum=3))
- Military One Source ([www.militaryonesource.mil/](http://www.militaryonesource.mil/))
- National Resource Directory ([www.ebenefits.va.gov/ebenefits/nrd](http://www.ebenefits.va.gov/ebenefits/nrd))
- Paralyzed Veterans of America ([www.pva.org](http://www.pva.org))

*“When my husband was spinal cord injured, the MVP staff assisted me in getting my husband qualified for VA services. Being able to get his equipment and specialty care is a relief.” –Linda and Dave T.*

### HOW DO WE MOVE FORWARD?

It’s a question asked by every individual living with paralysis and their caregivers. For current service members and veterans living with mobility impairments, navigating the options and opportunities can seem overwhelming.

#### **The Christopher & Dana Reeve Foundation can help.**

Our Military & Veterans Program (MVP) is designed to support the unique needs of ALL military service members—**regardless of when you served or how you were injured.**

With guidance from the MVP Council, our dedicated information specialists are professionally trained to assist anyone, from newly-paralyzed individuals and their family members to persons who have lived with a disability for some time.

The MVP Council is a group of trained volunteers who are retired service members, civilians and caregivers with ties to the various branches of the Armed Services. Council members serve as a bridge for the Reeve Foundation to access the Veterans Administration and other military and veteran programs and services.

Adapting to life with paralysis is easier with help. Let us assist you in navigating your changing world and the services available to help you achieve higher levels of health, well-being and independence.

### HERE’S HOW WE CAN HELP

With a wide array of information and expertise, we can help you devise a personalized plan and approach to getting back into your communities and a place of well-being. The breadth and depth of our knowledge and connections span multiple languages, as well as everything from what to expect in rehab, to the best equipment exchange programs, to peer support networks.

#### **Medical Resources**

- General medical information—spinal cord injury hospitals, rehabilitation and equipment
- Military benefits—Veteran Administration (VA), Department of Defense
- Civilian programs—Medicare, Medicaid, and other medical options outside military programs
- Basic care—personal health and care information

#### **Quality of Life Resources**

- Peer mentoring and support—emotional encouragement specific to military needs
- Local resources—social and recreation opportunities in your area
- Caregiver resources—retreats, kids camps and support services
- Quality of Life grants—awarded to programs that support veterans

We’re here to help you connect to the information and resources you need to live a full and active life. Please contact us today!