MRSA (Staph infection)
Methicillin-Resistant Staphylococcus Aureus

MRSA stands for methicillin-resistant Staphylococcus aureus. It causes a staph infection (pronounced "staff infection") that is resistant to several common antibiotics. There are two types of infection. Hospital-associated MRSA happens to people in healthcare settings. Community-associated MRSA happens to people who have close skin-to-skin contact with others, such as athletes involved in football and wrestling.

Infection control is key to stopping MRSA in hospitals. To prevent community-associated MRSA:

- Practice good hygiene
- Keep cuts and scrapes clean and covered with a bandage until healed
- Avoid contact with other people’s wounds or bandages
- Avoid sharing personal items, such as towels, washcloths, razors, or clothes
- Wash soiled sheets, towels and clothes in hot water with bleach and dry in a hot dryer

If a wound appears to be infected, see a healthcare provider. Treatment may include draining the infection and antibiotics.

Source: NIH: National Institute of Allergy and Infectious Diseases

Websites

http://www.cdc.gov/hai
CDC: Healthcare-associated Infections (HAI)

http://www.cdc.gov/mrsa/index.html
CDC: Methicillin-resistant Staphylococcus Aureus (MRSA) Infections

http://kidshealth.org/teen/infections/bacterial_viral/mrsa.html
KidsHealth: MRSA

http://www.mayoclinic.com/health/mrsa/DS00735
Mayo Clinic: MRSA infection


Medline Plus: MRSA

http://www.mrsasurvivors.org/

MRSA Survivors Network (MSN)
P.O. Box 241
Hinsdale, IL 60522
Phone (630) 325-4354
info@mrsasurvivors.org

MSN provides information and advocacy on MRSA.


National Institute of Allergy and Infectious Diseases: Methicillin-Resistant
Staphylococcus aureus (MRSA)

http://www.dshs.state.tx.us/idcu/health/antibiotic_resistance/mrsa/

Texas State Department of State Health Services: Methicillin Resistant
Staphylococcus aureus (MRSA)


WebMD: Understanding MRSA Infections

Internet Forums

http://sci.rutgers.edu/

CareCure Community

To find threads that discuss MRSA, enter “MRSA” in the search box at the top right of the screen and make sure “CareCure Forums” is selected.
The following books and videos are available for free loan from the PRC library. For more information, please visit the online catalog at: http://www1.youseemore.com/ReevePRC/default.asp

Books


Videos


- Understanding MRSA—Super Staph Infections. Information Television Network, 2006. DVD.

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