



Lesbian, Gay, Bisexual and Transgender (LGBT) and Disability Resources



The Christopher & Dana Reeve Foundation is committed to nondiscrimination for all persons, regardless of race, color, religion, sex, age, sexual orientation, gender identity or gender expression, marital status, national origin, or disability.

The LGBT community faces many challenges due to lack of social, legal, and community support. These challenges may be compounded when disabilities and aging issues are introduced. Life care planning becomes very important to this community as same-sex partners may not have any rights to financial, medical, or end-of-life decision making for their loved one without wills, advance directives, etc. The LGBT community may face a hard time finding health care practitioners who are open to working with them. Recent studies have found that LGBT older adults experience higher rates of disability as compared to their heterosexual peers. The entries below offer some resources to help.

Source: SAGE <http://www.sageusa.org/issues/disability.cfm>

General Resources

<http://www.bentvoices.org/home.html>

Bent: A Journal of CripGay Voices

A webzine covering the gay and disabled community.

<http://www.lgbtcenters.org/Centers/find-a-center.aspx>

CenterLink

P.O. Box 24490,

Fort Lauderdale, FL 33307

Phone: 954-765-6024

Email: CenterLink@lgbtcenters.org

CenterLink is an umbrella organization of all LGBT centers across the country. The website has a directory of LGBT centers that you can use to find the center closest to you.

<http://www.glma.org/>

Gay and Lesbian Medical Association (GLMA)

1326 18th Street, NW

Suite 22

Washington, DC 20036

Phone: 202-600-8037

Email: info@glma.org

GLMA works to ensure equality in healthcare for LGBT individuals and health care providers. They offer a searchable healthcare provider directory so that LGBT individuals can find health care professionals who are open to their needs. Originally open only to physicians, residents and medical students, in 2002, GLMA expanded its mission and now represents the interests of tens of thousands of LGBT health professionals of all kinds, as well as millions of LGBT patients and families. GLMA's membership includes approximately 1,000 member physicians, nurses, advanced practice nurses, physician assistants, researchers and academics, behavioral health specialists, health profession students and other health professionals.

<http://www.lambdalegal.org/>

Lambda Legal

120 Wall Street, 19th Floor

New York, NY 10005-3919

Phone: 212-809-8585

Lambda Legal provides legal assistance for LGBT people who have experience discrimination. They provide resources by state, a legal help desk, publication, and advocacy.

<http://www.outserve-sldn.org/>

OutServe-SLDN

PO Box 65301

Washington DC 20035-5301

Phone: 800-538-7418

Since 1993, OutServe-Service members Legal Defense Network (SLDN) has represented the United States Lesbian, Gay, Bisexual and Transgender (LGBT) community worldwide.

OutServe-SLDN is a non-partisan, non-profit (501-c-3), legal services, watchdog and policy organization that provides free and direct legal assistance to service members and veterans affected by the repealed "Don't Ask, Don't Tell" law, the current ban on open authentic transgender service and those currently serving who may experience harassment or discrimination.

www.pflag.org

Parents and Friends of Lesbians and Gays (PFLAG)

1828 L Street, NW, Suite 660

Washington, DC 20036

Phone: 202-467-8180

Email: info@pflag.org

PFLAG National's largest program is supporting its network of more than 400 chapters, which crosses nearly all 50 states, the District of Columbia, and Puerto Rico. From publications to online learning programs, to advocacy support and media training, these are just a small sample of the many ways in which PFLAG National reinforces the efforts of this massive grassroots movement of passionate volunteers in communities across the United States.

www.ProjectVisibility.org

Project Visibility

Boulder County Area Agency on Aging
Sundquist Building
3482 Broadway Street
Boulder, CO 80304
Phone: 303-441-3570

The goal of Project Visibility is to co-create an aging services community that is informed, sensitive to, and supportive of Lesbian, Gay, Bisexual, and Transgender elders. The training is designed for administrators and staff of nursing homes, assisted living residences, home care agencies, and other senior service providers, as well as the friends and families of LGBT elders.

<http://www.sageusa.org/programs/nrc.cfm>

<http://www.sageusa.org/issues/disability.cfm>

Services and Advocacy for Gay, Lesbian Bisexual & Transgender Elders (SAGE): The Issues--Disability

305 Seventh Ave., 15th Floor
New York, NY 1001
Phone: 212-741-2247

Email: info@sageusa.org

Led by SAGE, the **National Resource Center on LGBT Aging** is the country's first and only technical assistance resource center aimed at improving the quality of services and supports offered to lesbian, gay, bisexual and/or transgender older adults. Established in 2010 through a federal grant from the U.S. Department of Health and Human Services, the National Resource Center on LGBT Aging provides training, technical assistance and educational resources to aging providers, LGBT organizations and LGBT older adults. The center is led in collaboration with 18 leading organizations from around the country.

www.translifeline.org

TransLife Line

Phone: 877-565-8860 (U.S.)
Phone: 877-330-6366 (Canada)

Trans Lifeline is a 501(c)3 non-profit dedicated to the well-being of transgender people. They run a hotline staffed by transgender people for transgender people in crisis.

www.thetrevorproject.org

The Trevor Project

Phone: 866-488-7386

The Trevor Project offers a suicide hotline for LGBTQ youth between the ages of 13 to 24.

Affordable Care Act

<http://www.hrc.org/resources/entry/what-the-affordable-care-act-means-for-lgbt-people-and-their-families>

Human Rights Campaign: What the Affordable Care Act Means for LGBT People and Their Families

<http://www.hrc.org/resources/entry/get-insured-affordable-care-act-resources-for-the-lgbt-community>

Human Rights Campaign: Affordable Care Act Resources for the LGBT Community

Benefits

<http://www.hrc.org/resources/entry/domestic-partner-benefits-hardship-withdrawal-option-for-retirement-plans>

Human Rights Campaign: Domestic Partner Benefits: Hardship Withdrawal Option for Retirement Plans

<http://www.hrc.org/resources/entry/family-and-medical-leave-act-fmla-equivalent-benefit-for-lgbt-workers>

Human Rights Campaign: Family and Medical Leave Act: FMLA--Equivalent Benefit for LGBT Workers

(See also [Family and Medical Leave Inclusion Act](#))

Health

https://glmaimpak.networkats.com/members_online_new/members/dir_provider.asp

Gay and Lesbian Medical Association (GLMA): Provider Directory

An online directory of LGBT-friendly/specific/competent medical providers, including dentists, mental health specialists, general practitioners, and OB-GYNs. Other searchable areas include specialties (orthopedics, oncology) and alternative medicine (aromatherapy, yoga, herbal medicine, acupuncture, etc.).

<http://glma.org/index.cfm?fuseaction=Page.viewPage&pageId=947&grandparentID=534&parentID=938&nodeID=1>

Gay and Lesbian Medical Association (GLMA): Health Professionals Advancing LGBT Equality

Lists the 10 things lesbian, gay, bisexual, and transgender persons should discuss with their health care provider, respectively.

<http://www.hrc.org/resources/entry/health-care-proxy>

Human Rights Campaign: Assigning a Health Care Proxy

<http://www.hrc.org/campaigns/healthcare-equality-index>

Human Rights Campaign: The Healthcare Equality Index (HEI)

The HEI is the national LGBT benchmarking tool that evaluates healthcare facilities' policies and practices related to the equity and inclusion of their LGBT patients, visitors and employees. The HEI 2014 evaluates a total of 1504 healthcare facilities nationwide.

<http://www.hrc.org/resources/entry/transgender-inclusive-benefits-for-employees-and-dependents>

Human Rights Campaign: Transgender-Inclusive Health Coverage

<https://out2enroll.org/>

Out2Enroll

Answers health insurance questions related to the LGBTQ community especially ones related to the Affordable Care Act ("Obamacare").

<http://www.translifeline.org/>

Trans Lifeline

Phone: 877-565-8860

Trans Lifeline is a non-profit dedicated to the well-being of transgender people. They run a hotline staffed by transgender people for transgender people. Trans Lifeline volunteers are ready to respond to whatever support needs members of the trans community might have. This is a FREE helpline run by volunteers and supported by the community.

Online Communities

<http://www.myhandicap.com/5927.html>

My Handicap My Chance Forum: The Second Closet

An online forum on LGBTs with disabilities.

The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health care provider. Should you have any health care related questions, please call or see your physician or other qualified health care provider promptly. Always consult with your physician or other qualified health care provider before embarking on a new treatment, diet or fitness

program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.

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