Indiana Disability Resources

Affordable Care Act (ACA)

To get coverage under the ACA, go to https://www.healthcare.gov/ to find out more about the Health Insurance Marketplace and the options available in your state.

Aging Resources

https://www.n4a.org/adrcs
https://www.acl.gov/node/413
http://www.eldercare.gov/Public/About/Aging_Network/ADRC.aspx

Aging and Disability Resource Centers/ No Wrong Door
Call Eldercare Locator Toll-free 1-800-677-1116 to find the ADRC in your area.

The No Wrong Door (NWD) System initiative is a collaborative effort of the ACL, the Centers for Medicare & Medicaid Services (CMS), and the Veterans Health Administration (VHA). The NWD System initiative builds upon the Aging and Disability Resource Center (ADRC) program and CMS’ Balancing Incentive Program No Wrong Door requirements that support state efforts to streamline access to long-term services and support (LTSS) options for older adults and individuals with disabilities. NWD Systems simplify access to LTSS, and are a key component of LTSS systems reform.

The Aging and Disability Resource Center Program (ADRC) is a collaborative effort of the U.S. Administration for Community Living (including AoA as of April 2012) and the Centers for Medicare & Medicaid Services (CMS). ADRCs serve as single points of entry into the long-term supports and services system for older adults and people with disabilities. Sometimes referred to as a “one-stop shops” or "no wrong door" systems, ADRCs address many of the frustrations consumers and their families experience when trying to find needed information, services, and supports. Through integration or coordination of existing aging and disability service systems, ADRC programs raise visibility about the full range of options that are available, provide objective information, advice, counseling and assistance, empower people to make informed decisions about their long term supports, and help people more easily access public and private long term supports and services programs. Click on your state to find state and local ADRCs.
The core functions of an ADRC are 1) information, referral and awareness, 2) options counseling, advice and assistance, 3) streamlined eligibility determination for public programs, 4) person-centered transitions, 5) quality assurance and continuous improvement. ADRCs perform these functions by integrating, coordinating, and strengthening different pieces of the existing long term supports and services systems, including Area Agencies on Aging, Centers for Independent Living, state and local Medicaid offices, and other community-based organizations.

http://www.in.gov/fssa/2329.htm
FSSA Division of Aging
402 W. Washington St. W454, P.O. Box 7083, MS21
Indianapolis, IN 46207-7083
Toll-free: 888-673-0002

http://www.iaaaa.org/
Indiana Association of Area Agencies on Aging
4755 Kingsway Dr,
Indianapolis, IN 46205
Phone: 317-205-9201

http://www.iaaaa.org/icontent.asp?id=27
Indiana Area Agencies on Aging

https://ncea.acl.gov/
National Center on Elder Abuse (NCEA)
Funded by the Administration for Community Living, the NCEA disseminates elder abuse information to professionals and the public, and provides technical assistance and training to states and to community-based organizations.

ASSISTIVE TECHNOLOGY

http://adata.org/
ADA & IT Technical Assistance Centers
Region 5 (IL, IN, MI, MN, OH, WI)
University of Illinois/Chicago
Department on Disability & Human Development
1640 West Roosevelt Road, Room 405
Chicago, IL 60608
Phone: 312-413-1407
Email: adata@adagreatlakes.org

www.loanclosets.org
Great Lakes Loan Closets
P.O. Box 19614
Kalamazoo, MI 49019
A directory of loan closets by county, operated by Great Lakes Loan Closets. Great Lakes Loan Closets is designed to help residents of Michigan, Wisconsin and Northern Indiana find free or low-cost home medical equipment in their communities.

http://eastersealstech.com/
indata: Indiana Assistive Technology Act

CAREGIVERS INFORMATION

http://www.caregiver.com/regionalresources/states/IN/index.htm
Indiana Caregiver Support Groups

COMMUNITY-BASED FITNESS PROGRAMS

The Reeve Foundation has several Community Fitness and Wellness facilities that are part of its NeuroRecovery Network (NRN) program. These facilities are accepting individuals with walking difficulties related to any cause (not just SCI) and are hosting activity-based exercise programs designed specifically for individuals with physical disabilities. Please go to www.ChristopherReeve.org/NRN for more information.

http://www.neurohopewellness.org/

NeuroHope
6002 Sunnyside Rd.
Indianapolis, IN 46236
Phone: 317-525-8386
Email: neurohopewellness@gmail.com
NeuroHope provides individualized physical therapy and wellness programs, specialized for people living with and recovering from spinal cord injury, brain injury, and stroke.

COMMUNITY HEALTH CENTERS

www.indianapca.org

Indiana Primary Health Care Association
429 N. Pennsylvania Street, Suite 333
Indianapolis, IN 46204
Phone: 317-630-0845
Email: info@indianapca.org

Community Health Centers are non-profit organizations providing health care to those with insurance and without. All sites offer primary care and many offer specialty care as well. There is no residency requirement; individuals can receive services at any facility of their choosing, with over 1,200 health centers in 8,000 rural and urban communities across the nation. Sliding-scale fees based on family size, income, and insurance status ensure that anyone who uses a Community Health Center can receive quality care
regulated by federal standards. Please call the state association listed above to find a Community Health Center in your local area.

http://findahealthcenter.hrsa.gov/  
Health Resources and Services Administration (HRSA): Find a Health Center  
HRSA Health Centers care for you, even if you have no health insurance – you pay what you can afford based on your income. Health centers provide services that include checkups when you are well, treatment when you are sick, complete care when you are pregnant, and immunizations and checkups for your children. Some health centers also provide mental health, substance abuse, oral health, and/or vision services. Contact the health center organization directly to confirm the availability of specific services and to make an appointment.

CRIME VICTIM ASSISTANCE

http://www.in.gov/cji/2348.htm  
Indiana Victim Assistance and Compensation  
Phone: 317-232-1233

www.safehorizon.org  
Safe Horizon’s Links for General Crime Victim Resources/Issues

DOMESTIC VIOLENCE HELP

National Domestic Violence Hotline: 1-800-799-SAFE (7233) and TTY line: 800-787-3224  
National Resource Center on Domestic Violence: 800-537-2238  
Statewide Hotline: 800-332-7385 and 800-553-2508 TTY

http://www.icadvinc.org/  
Indiana Coalition Against Domestic Violence  
1915 W. 18th Street, Suite B  
Indianapolis, IN 46202  
Phone: 317-917-3685  
Toll-free: 800-538-3393

EASTER SEALS OFFICES

http://www.easterseals.com/site/PageServer  
Indiana Easter Seals Offices, Go to search by state and drop down to Indiana
Easter Seals offers services to children and adults with disabilities and special needs. The programs Easter Seals offers include autism, children’s, adult and senior specific services, employment & training, medical rehabilitation, as well as camping & recreation opportunities. Services may vary by location.


Easter Seals Child Development Center
The Rehabilitation Center
621 Cullen Avenue
Evansville, IN 47715
Phone: 812-474-2244

www.in-sw.easterseals.com
Easter Seals Southwestern Indiana
The Rehabilitation Center
3701 Bellemeade Avenue
Evansville, IN 47714
Phone: 812-479-1411

http://www.eastersealsarcnein.org
Easter Seals Arc of Northeast Indiana
North Campus
Rehabilitation and Work Services Division
4919 Coldwater Rd.
Fort Wayne, IN 46825
Phone: 260-456-4534
South Campus
2542 Thompson Avenue
Fort Wayne, IN 46807

http://www.eastersealscrossroads.org/
Easter Seals Crossroads Rehabilitation Center
4740 Kingsway Drive
Indianapolis, IN 46205-1521
Phone: 317-466-1000

GOVERNMENT OFFICES

http://www.state.in.us/
Indiana State Website

http://www.in.gov/fssa/
Indiana Family and Social Services Administration
Indiana Division of Disability and Rehabilitative Services

Indiana Vocational Rehabilitation Office
List of Offices by Region

Indiana Medicaid Office
402 W. Washington Street
P.O. Box 7083
Indianapolis, IN 46207-7083

Indiana SCHIP Program (State Children’s Health Insurance Program)
Hoosier Healthwise
402 W. Washington Street
P.O. Box 7083
Indianapolis, IN 46207-7083

Indiana Dept of Insurance: SHIP Program (State Health Insurance Program for Seniors)
Central Office below (note there are many locations throughout the state)
311 W. Washington St., Suite 300
Indianapolis, IN 46201-2787
Phone: 800-452-4800
TDD: 866-846-0139

The State Health Insurance Assistance Program (SHIP) is a free & unbiased counseling program provided by the Indiana Department of Insurance for Medicare beneficiaries in Indiana. They are part of a federal network of State Health Insurance Assistance Programs located in every state. SHIP provides health insurance counseling for people with Medicare. All of their services are free.

Bureau of Developmental Disabilities, Indiana Family and Social Services

Indiana Insurance Commissioner
311 W. Washington Street
Suite 103
Indianapolis, IN 46204
Phone: 317-232-2395

http://www.in.gov/workcomp/
Workers Compensation Board of Indiana
402 West Washington Street
Room W-196
Indianapolis, IN 46204
Phone: 317-232-3808

http://www.house.gov/representatives/find/
http://whoismyrepresentative.com/
Find your elected officials to contact them on legislation that is important to you. Each member of Congress maintains at least one office in his or her home state or district. Most have multiple offices throughout the state or district. These offices are designed for direct contact with constituents (that's you!). This is your opportunity to advocate and make your voice heard in Congress without traveling to Washington, DC. Congressional offices are also a great resource for handling problems with federal agencies. You have a constitutionally guaranteed right to petition your government, and home offices provide you an opportunity to use that right.

http://www.in.gov/fssa/da/3474.htm
State LTC Ombudsman
Arlene Franklin
Indiana Division Disabilities\Rehab Services
402 W. Washington St., Room W 454
PO Box 7083, MS21
Indianapolis, Indiana 46207-7083
Phone: 317-232-7134
Toll-free: 800-622-4484
Email: LongTermCareOmbudsman@fssa.IN.gov
The mission of the state long-term care ombudsman is to protect the health, safety, welfare and rights of the elderly in nursing homes, assisted living facilities and other facilities.

HOUSING

https://www.hud.gov/states/indiana

Indiana Housing and Urban Development (HUD) Office
575 N. Pennsylvania St.
Room 655
Indianapolis, IN 46204
Phone: 317-226-6303
Email: IN_Webmanager@hud.gov

www.hud.gov
HUD is the government office which offers information on public housing, buying a home, renting, discrimination, FEMA related housing, and more. HUD also provides a list of housing counselors as well as information on ways to avoid foreclosure. To find your local HUD office, please click on the “State Info” tab across the top bar, then click on your state, then click on “contact my local office”. If you want info on public housing, click here: https://www.hud.gov/program_offices/public_indian_housing/pha/contacts and choose your state from the drop down box.

www.211.org
http://www.211.org/services/housing-and-utilities
211
211 can help people find emergency shelters for individuals and families in crisis. Learn about programs that offer rental assistance, subsidized housing, and housing vouchers that can help families, the elderly and disabled individuals pay for housing.

Independent Living

http://www.ilru.org/projects/silc-net/silc-directory
ILRU: State Independent Living Councils (SILCs)
Indiana Independent Living Council
PO Box 801
Danville, IN 46122
Toll-free: 844-4INSILC

http://www.ilru.org
Independent Living Research Utilization’s directory of Independent Living Centers

http://www.ncil.org/
National Council on Independent Living (NCIL)
2013 H St. NW, 6th Floor
Washington, DC 20006
Phone: 202-207-0334
Toll-free: 877-525-3400
TTY: 202-207-0340
Email: ncil@ncil.org
The National Council on Independent Living is the longest-running national cross-disability, grassroots organization run by and for people with disabilities. Founded in 1982, NCIL represents thousands of organizations and individuals including: individuals with disabilities, Centers for Independent Living (CILs), Statewide Independent Living Councils (SILCs), and other organizations that advocate for the human and civil rights of people with disabilities throughout the United States.
LIBRARY SERVICES

http://www.in.gov/library/tbbl.htm
Indiana State Library: Talking Book & Braille Library
140 North Senate Avenue
Indianapolis, IN 46204-2296
Phone: 317-232-3684
Toll-free: 800-622-4970
Email: tbbl@library.in.gov

NeuroRecovery Network (NRN)

The NRN is a network of rehab programs designed to provide locomotor (treadmill) training to promote functional recovery and improve the health and quality of life for people living with paralysis. The program is for people with spinal cord injuries. The NRN is a program of the Reeve Foundation. There is no NRN center in this state but if you are interested in finding one outside of this state, please go to www.ChristopherReeve.org/NRN.

Peer Support Programs

Christopher & Dana Reeve Foundation’s Peer & Family Support Program (PFSP)
636 Morris Turnpike, Suite 3A
Short Hills, NJ 07078
Phone: 800-539-7309
Email: Peer@ChristopherReeve.org
The Peer & Family Support Program (PFSP) is the Reeve Foundation’s national peer-to-peer mentoring program. The goal of PFSP is to provide critical emotional support, as well as, local and national information and resources to people living with paralysis, and their families and caregivers. When possible, the program matches people with paralysis with certified peer mentors who are of similar age, location, gender, and level of injury or type of paralyzing condition. The Reeve Foundation’s Quality of Life Grants program gives out grants to peer support groups (amongst other groups) that are associated with a non-profit organization. If you represent a non-profit organization looking for a Quality of Life grant, please see: www.ChristopherReeve.org/qol for more info on qualifying and applying.

http://www.spinalcord.org/spinal-network/grant-details/
United Spinal Association’s Spinal Network support group program
Phone: 800-962-9629
Email: peers@spinalcord.org
The Spinal Network is dedicated to establishing and managing a nationwide network of support groups. Grants to peer support programs of $500 each can be applied for here: http://www.spinalcord.org/spinal-network/grant-details/spinal-network-grant-application/

PROTECTION and ADVOCACY

http://www.in.gov/ipas/
Indiana Protection and Advocacy
Client Assistance Program (CAP)
Indiana Protection and Advocacy Services
4701 N. Keystone Ave., Suite 222
Indianapolis, IN 46205
Phone: 317-722-5555
Toll-free: 800-622-4845
TTY: 800-838-1131

SERVICE DOGS

http://www.cci.org
Canine Companions for Independence (CCI)
North Central Regional Center
4989 State Route 37 East
Delaware, OH 43015
Phone: 740-833-3700 (voice/TTY)
Toll-free: 800-572-BARK (2275)
CCI’s North Central Regional Center serves several states, including Illinois.

www.icandog.org
Indiana Canine Assistant Network
5610 Crawfordsville Road, Suite 2101
Indianapolis, IN 46224
Phone: 317-250-6450
E-mail: icandog@icandog.org

http://www.midwestassistedogs.org/
Midwest Assistance Dogs
Mark Halasz
PO Box 1891
South Bend, IN 46634
Phone: 574-272-7677
Types of dogs trained: Hearing, Service Dogs, Seizure Alert Dogs
Areas served: Indiana, Illinois, Ohio, Michigan, Wisconsin, Iowa, Kentucky
http://northernindianaservicedogs.com/
Northern Indiana Service Dogs
1913-F N. Michigan St.
PMB 190
Plymouth, IN 46563
Phone: 574-952-1635
Email: info@northernindianaservicedogs.com

SPORTS and RECREATION

http://www.campossability.org/
Camp PossAbility, Inc.
1221 Oak Trail Ct.
Fort Wayne, IN 46845-6120
Phone: 260-341-5732
Camp PossAbility’s mission is to give young adults with physical disabilities a safe place to relax, spend time with friends, and not have to worry about adapting the world around them

http://www.champcamp.org/
CHAMP Camp
494 E. Emerson Ave., Suite H-1
Greenwood, IN 46143
Phone: 317-679-1860
Email: alyssia@champcamp.org
CHAMP Camp is for children and adolescents, ages six and up, who have tracheostomies and those that require respiratory assistance, including the use of ventilators. Many campers also have unique physical challenges, including quadriplegia.

http://indiantrailscamp.org/
Indian Trails Camp
O-1859 Lake Michigan Drive
Grand Rapids, MI 49534
Phone: 616-677-5251
Email: info@indiantrailscamp.org
Brings fun, adaptive recreation, friendship and acceptance to each camper so that they can learn perseverance, teamwork, and self-reliance.

https://irc21.wildapricot.org/
Indianapolis Rowing Center
PO Box 53223
Indianapolis, IN 46253
Phone: 317-327-7100 or 317-991-1829
The Indianapolis Rowing Center (IRC) is a leading rowing organization with facilities to meet national and international competition standards and programs to meet the aspirations and needs of both competitive and recreational rowers. IRC has the membership, programming, partnerships, financing and facilities to ensure that rowers achieve their goals.

http://ncaonline.org/

National Center on Accessibility
Indiana University Research Park
501 North Morton Street, Suite 109
Bloomington, IN 47404-3732
Phone: 812-856-4422
TTY: 812-856-4421

The National Center on Accessibility promotes access and inclusion for people with disabilities in parks, recreation and tourism. Based at Indiana University and established in 1992 through a cooperative agreement with the National Park Service, NCA has emerged as a leading authority on access issues unique to park and recreation programs and facilities.

www.rhin.com
http://rhin.com/rhi-sports-program/

Rehabilitation Hospital of Indiana’s Sports Program
4141 Shore Dr.
Indianapolis, IN 46254
Phone: 317-329-2000

RHI Sports specializes in serving youth and adults with spinal cord, orthopedic, neuromuscular, and visual impairments. Specially designed equipment is available for many of the activities. Hand cycles, racing chairs, tennis chairs, water skies and adaptive golf carts enable participants to enjoy activities comfortably and safely.

UNITED WAY OFFICES

https://www.unitedway.org/

United Way
National Headquarters
701 North Fairfax Street
Alexandria, VA 22314
Phone: 703-836-7112

Enter postal code for a United Way office in your area

United Way focuses on education, financial stability and health to impact the lives of millions. United Way raises awareness surrounding key issues, provides financial and one-on-one assistance to those who need it most, and promotes social and policy change that helps strengthen people and their communities.
VETERAN BENEFITS

https://www.va.gov/directory/guide/state.asp?STATE=IN&dn=ALL
US Department of Veterans Affairs VA Hospital Locator
List Indiana offices

http://www.pva.org
Paralyzed Veterans of America Indiana Service Office
VARO, Indianapolis
Phone: 317-916-3626-6296
Toll-free: 800-795-3601

http://www.pva.org
PVA’s Kentucky/Indiana Chapter Office
4801 Paoli Pike, Suite 200
Floyds Knobs, IN 47119
Phone: 502-635-6539
800-242-4782 (KY & IN only)
Email: vlincks@kipva.org

ALS

http://webin.alsa.org/site/PageServer?pagename=IN_homepage
The ALS Association Indiana Chapter
7202 E. 87th St., Suite 102
Indianapolis, IN 46256
Toll-free: 888-508-3232
Phone: 317-915-9888
Email: info@alsaindiana.org

BRAIN INJURY

http://biaindiana.org/
Brain Injury Association of Indiana
10293 N. Meridian Street
Suite 375
Indianapolis, Indiana 46290
Phone: 703-761-0750
Helpline: 800-444-6443
Email: info@biai.org

CEREBRAL PALSY

http://ucp.org/
UCP National

http://steppingstonesohio.org
Stepping Stones/UCP of Greater Cincinnati
2300 Drex Ave.
Cincinnati OH
Phone: 513-831-4660

www.ucpaindy.org
UCP of Greater Indiana
6270 Corporate Dr.
Indianapolis, IN 46278
Phone: 317-871-4032
E-mail: info@ucpaindy.org

FRIEDREICH’S ATAXIA

http://www.ataxia.org/
National Ataxia Foundation (NAF) National Office
600 Hwy 169 S, Ste 1725
Minneapolis, MN 55426
Phone: 763-553-0020
Please contact them for local info.

GUILLAIN-BARRÉ SYNDROME / CIDP

http://gbs-cidp.org/
Guillain-Barré Syndrome / CIDP Foundation International
375 East Elm St..
Conshohocken, PA 19428
Phone: 610-667-0131
Toll-free: 866-224-3301
Email: info@gbsfi.com
Call for information in your area
MULTIPLE SCLEROSIS

http://www.nationalmssociety.org
National Multiple Sclerosis Society

http://www.nationalmssociety.org/Chapters?chapters=6523,6525
National Multiple Sclerosis Society—Indiana State Chapter
3500 Depauw Blvd., Suite 1040
Indianapolis, IN 46268
Phone: 317-870-2500
Email: indiana@nmss.org

National Multiple Sclerosis Society—Kentucky/Southeast Indiana Chapter
1201 Story Ave., Suite 200
Louisville, KY 40206
Phone: 502-451-0014
Email: kyw@nmss.org

http://www.mymsaa.org/about-msaa/regional/
Multiple Sclerosis Association of America’s Midwest Regional Office
(Illinois, Indiana, Iowa, Kentucky, Michigan, Minnesota, Ohio, West Virginia, Wisconsin)
1507 E. 53rd Street, Suite 284
Chicago, IL 60615
Phone: 800-532-7667 extension 150
E-mail: Midwest@mymsaa.org

MUSCULAR DYSTROPYH

http://www.mdausa.org/
Muscular Dystrophy Association
National Headquarters
161 N. Clark, Suite 3550
Chicago, IL 60601
Phone: 800-572-1717
Enter your postal code in the “Find your local MDA” section of the website for MD clinics in your area.

POST-POLIO SYNDROME

http://www.post-polio.org/net/pdirhm.html
Post-Polio Health International (PHI)
4207 Lindell Blvd., #110
St. Louis, MO 63108-2930
SPINA BIFIDA

http://www.spinabifidaassociation.org
Spina Bifida Association of America
1600 Wilson Bvd., Suite 800
Arlington, VA 22209
Phone: 800-621-3141
Email: sbaa@sbaa.org
Please contact them for info in your area

www.sbain.org
SBA of Indiana
Shalon Perez - Executive Director
PO Box 19814
Indianapolis, IN 46219-0814
Phone: 317-592-1630
Email: shalon.sbain@gmail.com

https://www.spinabifidaassociation.org/clinics/
SBAA Indiana Clinics:

http://iuhealth.org/riley/
Riley Hospital for Children
Myelomeningocele Program (pediatric-will refer adults)
705 Riley Hospital Drive, RI 1610
Indianapolis, IN 46202
Phone: 317-944-4846
Email: kconvers@iu.edu

SPINAL CORD INJURY

www.spinalcord.org
National Spinal Cord Injury Association’s Indiana Chapters, Support Groups and State Resources
No resources are listed for Indiana at this time.

Elkhart County SCI Support Group
Contact: Sue or Ron Pletcher at 574-831-2329
http://nwiscig.blogspot.com/
Northwest Indiana Spinal Cord Injury Group
Email: nwiscig@gmail.com

http://www.porterhealth.com
Porter Hospital
Education & Rehabilitation Campus
1401 Calumet Ave.
Valparaiso, IN
Phone: 219-263-4888
Spinal cord injury support group meets 1pm on the first Friday of each month

STROKE

http://www.strokeassociation.org
American Stroke Association
National Center
7272 Greenville Avenue
Dallas, TX 75231
Phone: 1-888-478-7653
Call them for the stroke support group in your area

www.jointcommission.org
Primary Stroke Centers accredited by Joint Commission on Accreditation of Healthcare Organizations (JCAHO):

http://www.crh.org
Columbus Regional Hospital
2400 East 17th Street
Columbus, IN 47201
Phone: 800-841-4938
Email: msitterdin@crh.org

https://www.deaconess.com/
Deaconess Hospital
600 Mary Street
Evansville, IN 47747
Phone: 812-450-5000
Email: christa_wolf@deaconess.com
http://www.parkview.com
Parkview Hospital, Inc.
2200 Randallia Drive
Fort Wayne, IN 46805
Phone: 260-373-4000

http://www.stvincent.org
St. Vincent Hospitals and Health Services
10330 N. Meridian St.
Indianapolis, IN 46290
Phone: 317-338-2273
Email: dlemmons@stvincent.org

SYRINGOMYELIA/CHIARI MALFORMATION

http://www.asap.org/
American Syringomyelia Alliance Project
PO Box 1586
Longview, TX 75606-1586
Phone: 903-236-7079
Toll-free: 800-ASAP-282
Email: info@ASAP.org

TRANSVERSE MYELITIS

http://www.myelitis.org/
Transverse Myelitis Association
1787 Sutter Parkway
Powell, OH 43065-8806
Phone: 614-317-4884
Toll-free: 855-380-3330
Email: info@myelitis.org
Please contact them for info in your area.

______________________________

GENERAL DISABILITY RESOURCES

http://www.yellowpagesforkids.com/help/in.htm
Indiana Yellow Pages for Kids with Disabilities
http://www.inota.com/
Indiana Chapter of the American Occupational Therapy Association
Indiana Occupational Therapy Association
P.O. Box 47803
Indianapolis, IN 46247
Phone: 317-671-4284
Toll-free: 866-653-7429
Email: inota@inota.com

http://www.inapta.org/
Indiana Chapter of the American Physical Therapy Association
140B Purcellville Gateway Dr., Suite 120
Purcellville, VA 20132
Phone: 317-505-1556
Toll-free: 800-999-2782 ext 3144
Email: info@inapta.org

http://www.inapse.org/
Indiana chapter of Association of People Supporting Employment First
PO Box 6106
Bloomington, IN 47407
Phone: 812-332-2168
Email: bdewees@stonebelt.org

http://www.211.org/  Put Indiana in state search box
First Call 2-1-1
Phone: 211
Provides callers with information about and referrals to human services for every day needs and in times of crisis. Can offer access to the following types of services: adult day care, respite care, home health care, transportation, support groups, Medicaid/Medicare, etc. The caller is provided with phone numbers, programs and services provided, location, hours of operation, and any other relevant information for the inquiry. All calls are confidential.

Hint: Can only be dialed from a land line. If you dial 211 or your state’s 211 800 number and you are not connected, this service has not yet been provided to your area.

https://engineering.purdue.edu/~bng/
Indiana AgrAbility Project
225 S. University St.
West Lafayette, IN 47907
Toll Free: 1-800-825-4264
AgrAbility is a USDA-sponsored program that assists farmers, ranchers, and other agricultural workers with disabilities.

http://www.iidc.indiana.edu/
Indiana Institute on Disability and Community at Indiana University, Bloomington
1905 North Range Rd.
Bloomington, IN 47408-9801
Phone: 812-855-6508
Email: iiddc@indian.edu

https://www.ecommunity.com/community-foundation

Community Health Network Foundation
7240 Shadeland Station, Suite 125
Indianapolis, IN 46256
Phone: 317-355-GIVE (4483)
Toll-free: 800-777-7775
Email: give@eCommunity.com
The Community Health Network Foundation supports Community Health Network’s commitment to improve the health of the communities they serve.

http://turnstone.org/

Turnstone
3320 North Clinton Street
Fort Wayne, IN 46805
Phone: 260-483-2100
Toll-free: 866-483-1278
Email: kenna@turnstone.org
Turnstone’s mission is to provide therapeutic, educational, wellness and recreational programs to empower people with disabilities. Turnstone is the only not-for-profit organization within northeast Indiana that provides a full range of rehabilitative, educational, wellness, athletic and recreational programs and facilities to persons with physical disabilities and their families.

www.WheelchairHelp.org
Wheelchair Help
515 East St.
Elkhart IN 46516
Phone: 574-295-2230
Wheelchair Help is a non-profit organization that helps people who are uninsured or underinsured to get wheelchairs. Wheelchair Help is a community supported organization and services are limited to 50 miles from Elkhart, Indiana.

www.thinkfirst.org
ThinkFirst National Injury Prevention Foundation
1801 N. Mill St., Suite F
Naperville IL 60563
Phone: 630-691-1400
Toll-free: 800-THINK56
Email: thinkfirst@thinkfirst.org
ThinkFirst offers evidence-based injury prevention programs for students of all ages through their network of healthcare-based chapters. Health educators and people who have experienced brain or spinal cord injuries help students understand the importance of making safe choices related to vehicles, sports, violence and falls. To find chapter information in your area, please go to their website and click on the “Chapter Site” tab.

The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health care provider. Should you have any health care related questions, please call or see your physician or other qualified health care provider promptly. Always consult with your physician or other qualified health care provider before embarking on a new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.

This project was supported, in part, by grant number 90PRRC0002, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects under government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official Administration for Community Living policy.