Heterotopic Ossification

Heterotopic ossification is a condition in which bone grows within soft tissue, impeding the normal function of muscles, tendons, and ligaments. Heterotopic ossification can develop in people in response to a traumatic injury, including severe head injuries, spinal cord injuries, war injuries, and even hip replacements. It can also be a genetic disease.

Source: National Institute of Arthritis and Musculoskeletal and Skin Diseases

Websites

http://cdm16039.contentdm.oclc.org/cdm/ref/collection/p266101coll7/id/841

https://craighospital.org/resources/heterotopic-ossification
Craig Hospital: Heterotopic Ossification

http://emedicine.medscape.com/article/327648-overview
eMedicine: Heterotopic Ossification

eMedicine: Heterotopic Ossification in Spinal Cord Injury

http://emedicine.medscape.com/article/326242-overview
eMedicine: Posttraumatic Heterotopic Ossification

http://calder.med.miami.edu/pointis/hetero.html
University of Miami School of Medicine’s Other Complications of Spinal Cord Injury: Heterotopic Ossification (HO)/Cyst

University of Alabama at Birmingham’s Spinal Cord Injury Information Network:
Heterotopic Ossification

Online Videos

http://www.uab.edu/medicine/sci/uab-scims-information/secondary-conditions-of-sci-health-education-video-series

University of Alabama at Birmingham’s Spinal Cord Injury Information Network:
Bone Health (19 minutes) This video can be watched at their website.

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This project was supported, in part by grant number 90PR3002, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects under government sponsorships are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official Administration for Community Living policy.