FLORIDA DISABILITY RESOURCES

Affordable Care Act (ACA)

To get coverage under the ACA, go to https://www.healthcare.gov/ to find out more about the Health Insurance Marketplace and the options available in your state.
https://www.healthcare.gov/what-is-the-marketplace-in-my-state/#state=florida

Aging Resources

https://www.n4a.org/adrcs
https://www.acl.gov/node/413
http://www.eldercare.gov/Public/About/Aging_Network/ADRC.aspx

Aging and Disability Resource Centers/ No Wrong Door

Call Eldercare Locator Toll-free 1-800-677-1116 to find the ADRC in your area.

The No Wrong Door (NWD) System initiative is a collaborative effort of the ACL, the Centers for Medicare & Medicaid Services (CMS), and the Veterans Health Administration (VHA). The NWD System initiative builds upon the Aging and Disability Resource Center (ADRC) program and CMS’ Balancing Incentive Program No Wrong Door requirements that support state efforts to streamline access to long-term services and support (LTSS) options for older adults and individuals with disabilities. NWD Systems simplify access to LTSS, and are a key component of LTSS systems reform.

The Aging and Disability Resource Center Program (ADRC) is a collaborative effort of the U.S. Administration for Community Living (including AoA as of April 2012) and the Centers for Medicare & Medicaid Services (CMS). ADRCs serve as single points of entry into the long-term supports and services system for older adults and people with disabilities. Sometimes referred to as a “one-stop shops” or "no wrong door" systems, ADRCs address many of the frustrations consumers and their families experience when trying to find needed information, services, and supports. Through integration or coordination of existing aging and disability service systems, ADRC programs raise visibility about the full range of options that are available, provide objective information, advice, counseling and assistance, empower people to make informed decisions about their long term supports, and help people more easily access public and private long term supports and services programs. Click on your state to find state and local ADRCs.

The core functions of an ADRC are 1) information, referral and awareness, 2) options counseling, advice and assistance, 3) streamlined eligibility determination for public programs, 4) person-centered transitions, 5) quality assurance and continuous improvement. ADRCs
perform these functions by integrating, coordinating, and strengthening different pieces of the existing long term supports and services systems, including Area Agencies on Aging, Centers for Independent Living, state and local Medicaid offices, and other community-based organizations.

http://elderaffairs.state.fl.us/index.php
Department of Elder Affairs for state of Florida
4040 Esplande Way
Tallahassee Florida 32399-7000
Phone: 850-414-2000
TDD: 850-414-2001

http://elderaffairs.state.fl.us/doea/arc.php
Area Agencies by County

https://ncea.acl.gov/
National Center on Elder Abuse (NCEA)
Funded by the Administration for Community Living, the NCEA disseminates elder abuse information to professionals and the public, and provides technical assistance and training to states and to community-based organizations.

http://www.coj.net/departments/parks-and-recreation/senior-services.aspx
City of Jacksonville, Senior Services Division
City Hall at St. James
Jacksonville, FL 32202
Phone: 904-630-4940
Email: adultsvcs@coj.net
The Senior Services Division administers community-wide social service programs serving older adults in Jacksonville/Duval County. Services include transportation options as well as independent living services.

Animal-Assisted Therapy

http://www.islanddolphincare.org
Island Dolphin Care
150 Lorelane Place
Key Largo, FL 33037
Phone: 305-451-5884
Email: fonzie@islanddolphincare.org
IDC offers dolphin-assisted therapy programs for children and their families who are dealing with developmental and/or physical disabilities, emotional challenges, and critical, chronic or terminal illness.

http://www.dolphins.org
Dolphin Research Center (DRC)
58901 Overseas Highway
Grassy Key, FL 33050
Phone: 305-289-1121
DRC is a non-profit education and research facility. Its Special Needs Program assists and enables people with various physical or mental challenges, chronic, or life threatening illnesses to participate in any of the public interactive programs they offer.

**Arts and Creativity**

https://vsafl.org/
VSA Arts of Florida
4202 E. Fowler Ave., EDU105
Tampa, FL 33620
Telephone: 813-974-0721
VSA offices are located on the campus of the University of South Florida in Tampa.

http://www.disableddrummers.org
Disabled Drummers Association
18901 NW 19 Ave.
Miami Gardens, FL 33056
Phone: 305-621-9022
Email: ddfathertime@comcast.net
An organization dedicated to serving drummers with disabilities and helping them to be a part of the music industry.

**Assistive Technology**

http://faast.org
Florida Alliance for Assistive Services & Technology, Inc. (FAAST)
820 E. Park Ave., D-200
Tallahassee, FL 32301
Phone: (850) 487-3278
Toll-free: 844-353-2278
TTY: 877-506-2723
Email: faast@faastinc.org

www.adasoutheast.org
Southeast ADA Center
1419 Mayson St., NE
Atlanta, GA 30324
Phone: 404-541-9001;
Toll-free/TTY: 800-949-4232
E-mail: ADAseoutheast@law.syr.edu

State ADA Affiliate:

http://www.boleycenters.org
Boley Centers Inc.
445 31st St. North
A non-profit organization that collects and lends out medical equipment like walkers, canes, wheelchairs, etc.

Caregivers Info

www.FloridaCILs.org
Florida Association of Centers for Independent Living (FACIL)
Tallahassee, FL 32303
Phone: 850-575-6004
FACIL administers a program called the James Patrick Memorial Work Incentive Personal Assistance Services Program (JP-PAS) which gives up to $1,320 for personal care attendants for people living with severe disabilities who are employed. Program eligibility, the JP-PAS application, and other information can be found at www.FloridaCILs.org/JPPASForms.html.

www.synapsehouse.org
Synapse House
Phone: 877-932-1120
Email: deborah@synapsehouse.org
Synapse House is a nonprofit organization dedicated to providing long term support and services to those with acquired brain injury and the families that provide their care. They strive to use evidence based models of care to provide quality, cost effective services to meet the many needs of those with brain injury and stroke.

Community-Based Fitness Programs

http://www.brooksrehab.org/outpatient-rehabilitation/neuro-recovery-center/
Brooks Rehabilitation: Neuro Recovery Center (NRC)
3599 University Blvd. South
Jacksonville FL 32216
Phone: 904-345-7600
The NRC is a state-of-the-art rehab center featuring advanced equipment and technology to benefit individuals with neurological injuries or illnesses. Available equipment includes body weight supported treadmill, FES bike, Zero G, upper extremity Bioness, and aquatic therapy.

www.centerforneurorecovery.com
Center for NeuroRecovery
They offer a comprehensive activity based strength training program that helps retrain weak or overlooked muscles, keeping the body toned as you build strength, function, independence and as much neuro recovery through exercise as possible. The program is designed for spinal cord injury, stroke, and other causes of neurological impairment.

http://www.coreflorida.com/
Center of Recovery & Exercise (CORE)
1191 Commerce Park Drive
Altamonte Springs, FL 32714
Phone: 407-951-8936
Email: malerie@coreflorida.com
CORE provides an activity-based training program to optimize health, function and independence for those living with paralysis.

www.cfldreamplex.com
Central Florida Dreamplex
2400 S Highway 27, Suite B201
Clermont, FL 34711
Phone: 352-394-0212
Email: info@cfldreamplex.com
The Central Florida Dreamplex is a center for fitness, recreation, and sports designed specifically for individuals with physical and/or cognitive disabilities. Their programs include traditional and recreational therapies, adaptive sports, and group fitness classes for the whole family. The facility houses an accessible and adaptive fitness center, after-school care and school break camps, and social programming throughout each month. Members, patients, and visitors to the facility represent a diverse list of disabilities, including Autism Spectrum Disorder, Down Syndrome, Sensory Processing Disorder, Cerebral Palsy, muscular dystrophy, spina bifida, spinal cord injury, traumatic brain injury, amputees, visual impairments, and other learning and intellectual disabilities.

http://www.nextstepfitness.org/about-nextstep-orl/
NextStep Orlando
277 Douglass Ave., Suite 1006
Altamonte Springs, FL 32714
Phone: 407-571-9974
NextStep Orlando exists to provide those living with a spinal cord injury the opportunity to achieve their greatest recovery potential and an overall increased quality of life. This is achieved with an innovative, specialized exercise-based recovery program and dedicated staff in an environment filled with support, hope, and motivation.

www.stayinstep.org
Stay In Step
10500 University Center Drive
Community Health Centers

www.fachc.org
Florida Association of Community Health Centers
2340 Hansen Lane
Tallahassee, FL 32301
Phone: 850-942-1822
Community Health Centers are non-profit organizations providing health care to those with insurance and without. All sites offer primary care and many offer specialty care as well. There is no residency requirement; individuals can receive services at any facility of their choosing, with over 1,200 health centers in 8,000 rural and urban communities across the nation. Sliding-scale fees based on family size, income, and insurance status ensure that anyone who uses a Community Health Center can receive quality care regulated by federal standards. Please call the state association listed above to find a Community Health Center in your local area.

http://findahealthcenter.hrsa.gov/
Health Resources and Services Administration (HRSA): Find a Health Center
HRSA Health Centers care for you, even if you have no health insurance – you pay what you can afford based on your income. Health centers provide services that include checkups when you are well, treatment when you are sick, complete care when you are pregnant, and immunizations and checkups for your children. Some health centers also provide mental health, substance abuse, oral health, and/or vision services. Contact the health center organization directly to confirm the availability of specific services and to make an appointment.

Crime Victim Assistance

http://myfloridalegal.com/victims
Florida Attorney General—Crime Victims’ Services
Phone: 850-414-3300
Toll free: 866-966-7226

Domestic Violence Help

http://www.thehotline.org
National Domestic Violence Hotline
Phone: 1-800-799-7233 (toll free)
TTY: 800-787-3224

Florida Domestic Violence Statewide Hotline: 800-500-1119
Florida Domestic Violence TTY Hotline: 800-621-4202

http://www.fcadv.org/
The Florida Coalition Against Domestic Violence
425 Office Plaza Dr.
Tallahassee, FL 32301
Phone: 850-425-2749
See www.fcadv.org/centers/local-centers for domestic violence centers by county and city.

http://www.womenindistress.org/
Women in Distress of Broward County
PO Box 50187
Lighthouse Point, FL 33074
Phone: 954-760-9800
24 hour crisis line: 954-761-1133
TTY: 954-527-5385
Women in Distress offers a 24-hour crisis line, emergency shelter program, individual counseling, and support groups to women who are victims of domestic abuse.

http://www.dcf.state.fl.us/domesticviolence/
Florida Dept. of Children and Families: Office of Domestic Violence

Easter Seals Offices

http://fl.easterseals.com
Easter Seals Florida
Easter Seals provides services to people with disabilities. Please see the site for their local offices.
Easter Seals offers services to children and adults with disabilities and special needs. The programs Easter Seals offers include autism, children’s, adult and senior specific services, employment & training, medical rehabilitation, as well as camping & recreation opportunities. Services may vary by location.

http://easterseals-swfl.org/
Easter Seals Southwest Florida
350 Braden Avenue
Sarasota, FL 34243
Phone: 941-355-7637
Easter Seals Southwest Florida offers the highest quality of care and services to children, youth and adults with special needs so that they can enjoy access, opportunities and increased life choices.

Government Offices

http://myflorida.com/
Florida State Website
http://www.abletrust.org
Florida Governor's Alliance for the Employment of Citizens with Disabilities

http://fchr.state.fl.us
Florida Commission on Human Relations
4075 Esplanade Way, Room 110
Tallahassee, FL 32399
Phone: 850-488-7082, 800-342-8170 (toll free)
Email: fchrinfo@fchr.myflorida.com
The Commission is the state agency charged with enforcing the state's civil rights laws and serves as a resource on human relations for the people of Florida.

http://www.rehabworks.org/
Florida Division of Vocational Rehabilitation
4070 Esplanade Way
Tallahassee, FL 32399-7016
Phone: (850) 245-3399 (Voice/TDD)
Toll free: (800) 451-4327 (Voice/TDD)

http://ahca.myflorida.com/Medicaid/index.shtml
Florida Medicaid Office
Agency for Health Care Administration of Florida
2727 Mahan Dr.
Tallahassee, FL 32308
Toll-Free: 1-888-419-3456

www.floridakidcare.org
Florida CHIP Program
(health care for low-income uninsured children)
Florida KidCare
Agency for Healthcare Administration
2727 Mahan Drive
Building 3, Mailstop 20
Tallahassee, FL 32308
Phone: 888-540-5437
TTY: 800-955-8771
Florida KidCare (the state’s CHIP program) offers health insurance to low-income, uninsured children from birth through age 18, even if one or both parents are working.

http://www.floridashine.org/
Florida SHIIP (State Health Insurance Information Program)
SHINE (Serving Health Insurance Needs of Elders)
Florida Department of Elder Affairs
4040 Esplanade Way, Suite 270
Tallahassee, FL 32399-7000
Phone: (850) 414-2000; 800-963-5337 (toll free)
TTY: 800-955-8770
Email: information@elderaffairs.org
SHINE is a state health insurance assistance program for elder Floridians. It provides educational materials and free unbiased insurance counseling to help elders understand and receive the health insurance coverage they need through Medicare, Medicaid, prescription assistance, long-term care planning and insurance, and other health care issues.

www.fdhc.state.fl.us
Florida Agency for Health Care Administration
2727 Mahan Drive
Tallahassee, FL 32308
Phone: 888-419-3456
The Agency is responsible for the administration of the Medicaid program, for the licensure and regulation of health facilities and for providing information to Floridians about the quality of the health care they receive in Florida.

http://www.myfloridacfo.com/division/wc/
Florida Division of Workers Compensation
Florida Department of Financial Services
200 East Gaines Street
Tallahassee, FL 32399-0300
Phone: 877-693-5236
Toll free: 850-413-3089

https://www.floir.com/companysearch/
Florida Office of Insurance Regulation
Consumer Helpline: 850-413-3140

http://www.myfloridacfo.com/sitePages/agency/sections/ica.aspx
Office of the Insurance Consumer Advocate
200 East Gaines St.
Tallahassee, FL 32399
Phone: 850-413-3089
Toll free: 877-693-5236

www.dot.state.fl.us/ctd
Florida Commission for the Transportation Disadvantaged
605 Suwannee St., MS-49
Tallahassee, FL 32399-0450
Phone: 850-410-5700 or 800-983-2435
Assists people with disabilities with transportation issues.

http://www.sunpass.com/
SunPass Prepaid Toll Program
7941 Glades Rd.
Boca Raton, FL 33434
Phone: 888-865-5352
A program that assists the disabled to pay the tolls on Florida highways which accept SunPass. Applications may be obtained from the Florida Commission for the Transportation Disadvantaged.
http://ombudsman.myflorida.com/
State LTC Ombudsman
Department of Elder Affairs
Florida State LTC Ombudsman Council
4040 Esplanade Way, Suite 380
Tallahassee, FL 32399
Phone: 850-414-2323
Toll free: 888-831-0404
Email: LTCOPinformer@elderaffairs.org
The mission of the state long-term care ombudsman is to protect the health, safety, welfare and rights of the elderly in nursing homes, assisted living facilities and other facilities.

http://www.house.gov/representatives/find/
http://whoismyrepresentative.com/
Find your elected officials to contact them on legislation that is important to you. Each member of Congress maintains at least one office in his or her home state or district. Most have multiple offices throughout the state or district. These offices are designed for direct contact with constituents (that's you!). This is your opportunity to advocate and make your voice heard in Congress without traveling to Washington, DC. Congressional offices are also a great resource for handling problems with federal agencies. You have a constitutionally guaranteed right to petition your government, and home offices provide you an opportunity to use that right.

http://www.coj.net/departments/parks-and-recreation/disabled-services
City of Jacksonville, Disabled Services Division
117 W. Duval St, Suite 205
Jacksonville, FL 32202
Phone: 904-630-4940
DSD offers services such as monitoring of the ADA, disabled parking enforcement, and sensitivity training as well as resources and information on local transportation, employment and recreation.

Housing

https://www.hud.gov/states/florida
Florida Housing and Urban Development (HUD)

Miami Field Office
909 SE First Avenue, Room 500
Miami, FL33131
(305) 536-5678

Jacksonville Field Office
400 West Bay Street Suite 1015
Jacksonville, FL32202-5121
(904) 232-2627

www.hud.gov
HUD is the government office which offers information on public housing, buying a home, renting, discrimination, FEMA related housing, and more. HUD also provides a list of housing counselors as well as information on ways to avoid foreclosure. To find your local HUD office,
please click on the “State Info” tab across the top bar, then click on your state, then click on “contact my local office”. If you want info on public housing, click here: https://www.hud.gov/program_offices/public_indian_housing/pha/contacts and choose your state from the drop down box.

http://www.floridahealthfinder.gov/LandingPages/NursingHomeGuide.aspx

Florida Health Finder
Florida Nursing Home Guide - Facility Search

www.211.org
http://www.211.org/services/housing-and-utilities

211
211 can help people find emergency shelters for individuals and families in crisis. Learn about programs that offer rental assistance, subsidized housing, and housing vouchers that can help families, the elderly and disabled individuals pay for housing.

Independent Living

http://www.ilru.org/projects/silc-net/silc-directory
http://ilcflorida.org/

ILRU: State Independent Living Councils (SILCs)
Florida Independent Living Council
Email: info@ilcflorida.org

http://www.ilru.org
Independent Living Research Utilization’s directory of Independent Living Centers

http://www.ncil.org/
National Council on Independent Living (NCIL)
2013 H St. NW, 6th Floor
Washington, DC 20006
Phone: 202-207-0334
Toll-free: 877-525-3400
TTY: 202-207-0340
Email: ncil@ncil.org

The National Council on Independent Living is the longest-running national cross-disability, grassroots organization run by and for people with disabilities. Founded in 1982, NCIL represents thousands of organizations and individuals including: individuals with disabilities, Centers for Independent Living (CILs), Statewide Independent Living Councils (SILCs), and other organizations that advocate for the human and civil rights of people with disabilities throughout the United States.

www.DisabilityAchievementCenter.org
Disability Achievement Center
12552 Belcher Rd. S.
Largo, FL 33773  
Phone: 727-539-7550  
Email: info@DisabilityAchievementCenter.org

Since 1992, Disability Achievement Center has been serving people of all ages with disabilities in Pinellas and Pasco Counties. They are a not-for-profit, non-residential resource center that serves people with all types of disabilities and their families at all stages of life. They provide information & referral, independent living skills, peer mentoring, advocacy and transition services as well as durable medical equipment and home modifications.

http://self-reliance.org/

**Self-Reliance, Inc.**  
8901 N. Armenia Ave.  
Tampa, FL 33604  
Phone: 813-375-3965

Self Reliance, Inc. Center for Independent Living (CIL) is a nonprofit 501(c)(3) organization established in 1978. Our mission is to promote independence through empowering persons with disabilities and improving the communities in which we live. Self Reliance is a cross disability agency providing services to both children and adults with disabilities (regardless of age and type of disability) to identify and overcome barriers to independence in their lives. Self Reliance is one of 16 Centers for Independent Living (CILs) statewide and is a member of the Florida Association of Centers for Independent Living (FACIL).

**Library Services**

http://dbs.myflorida.com/Library/index.html

**Florida Division of Blind Services: Bureau of Braille and Talking Books Library**  
Division of Blind Services  
421 Platt Street  
Daytona Beach, FL 32114-2803  
Phone: 800-226-6075, 386-239-6000

Materials can be used by those with physical disabilities also.

**NeuroRecovery Network (NRN)**

The NRN is a network of rehab programs designed to provide locomotor (treadmill) training to promote functional recovery and improve the health and quality of life for people living with paralysis. The program is for people with spinal cord injuries. The NRN is a program of the Reeve Foundation. There is no NRN center in this state but if you are interested in finding one outside of this state, please go to www.ChristopherReeve.org/NRN.

**Peer Support Programs**

www.ChristopherReeve.org/Peer
Christopher & Dana Reeve Foundation’s Peer & Family Support Program (PFSP)
636 Morris Turnpike, Suite 3A
Short Hills, NJ 07078
Phone: 800-539-7309
Email: Peer@ChristopherReeve.org

The Peer & Family Support Program (PFSP) is the Reeve Foundation’s national peer-to-peer mentoring program. The goal of PFSP is to provide critical emotional support, as well as, local and national information and resources to people living with paralysis, and their families and caregivers. When possible, the program matches people with paralysis with certified peer mentors who are of similar age, location, gender, and level of injury or type of paralyzing condition. The Reeve Foundation’s Quality of Life Grants program gives out grants to peer support groups (amongst other groups) that are associated with a non-profit organization. If you represent a non-profit organization looking for a Quality of Life grant, please see: www.ChristopherReeve.org/qol for more info on qualifying and applying.

http://www.spinalcord.org/spinal-network/grant-details/
United Spinal Association’s Spinal Network support group program
Phone: 800-962-9629
Email: peers@spinalcord.org

The Spinal Network is dedicated to establishing and managing a nationwide network of support groups. Grants to peer support programs of $500 each can be applied for here: http://www.spinalcord.org/spinal-network/grant-details/spinal-network-grant-application/

Protection and Advocacy

http://www.disabilityrightsflorida.org/
Disability Rights Florida
2473 Care Drive, Suite 200
Tallahassee, FL 32308
Phone: 850-488-9071;
TDD: 800-346-4127
Toll-free: 800-342-0823
E-mail: info@advocacycenter.org

http://lsnf.org/
Legal Services of North Florida Inc.
2119 Delta Blvd.
Tallahassee, FL 32303
Phone: 850-385-9007
LSNF offers direct representation, telephone advice programs, and legal clinics for income-eligible people.

Service Dogs
http://www.cci.org/locations/southeast/central-florida-chapter/

Canine Companions for Independence
Southeast Regional Center
8150 Clarcona Ocoee Rd.
Orlando, FL 32818
Phone: 407-522-3300
Toll-free: 800-572-2275
Service, Hearing, Social/Therapy Dogs

http://www.k9sforwarriors.org/

K9s for Warriors
114 Camp K9 Rd.
Ponte Vedra, FL 32081
Phone: 904-686-1956
K9s for Warriors is a non-profit organization dedicated to providing service canines to warriors suffering from Post-Traumatic Stress Disability, traumatic brain injury and/or military sexual trauma as a result of military service post 9/11.

http://www.floridadogguidesftd.org/

Florida Dog Guides
2016 27th St. East
Bradenton, FL 34209
TDD: 941-748-8245
Types of dogs trained: Service, Hearing
Email: floridadogguides@gmail.com

http://www.newhorizonsservicedogs.org/

New Horizons Service Dogs
1590 Laurel Park Ct.
Orange City, FL 32763
Phone: 386-456-0408
Email: info@nhsdi.org
Dogs trained: Service, Mobility Assistance

Sports and Recreation

http://8flagsplayscapes.org/

8 Flags Playscapes
PO Box 15158
Fernandina Beach, FL 32035
Email: 8flagsplayscapes@gmail.com
8 Flags Playscapes is dedicated to building places that are fun for everyone in the form of accessible playgrounds.

http://activedisabledamericans.org/home.html

Active Disabled Americans
225 Upper Matecumbe Rd.
Active Disabled Americans is a charter, tour, and cruise operation that caters to people with disabilities.

[https://www.facebook.com/AnchorsAwayFoundation/](https://www.facebook.com/AnchorsAwayFoundation/)

**Anchors Away Foundation**  
20900 NE 30th Ave., Suite 410  
Aventura, FL 33180  
Phone: 305-932-5334  
Email: [elaine@acouncil.com](mailto:elaine@acouncil.com)

The Anchors Away Foundation was created in cooperation with the Miami-Dade County Public Schools Marine Academy to teach science, math, physical education and life skills to physically and intellectually disabled children, while giving them a career path in the marine industry. Thousands of children from Miami-Dade County Public Schools now participate in the Marine Academy and Anchors Away sailings from three sites: the homebase of Oleta River State Park, Coconut Grove Sailing Club, Miami Yacht Club, and soon, Biscayne National Park.

[https://brooksadaptivesportsandrecreation.com](https://brooksadaptivesportsandrecreation.com)

**Brooks Rehabilitation Adaptive Sports and Recreation Program**  
3599 University Blvd. South, Suite 1103  
Jacksonville, FL 32216  
Phone: 904-345-7314  
Email: brooks.adaptivesports@brooksrehab.org

The program provides a variety of weekly activities as well as sponsoring educational clinics and sporting event competitions with athletes holding national and world champion titles and Paralympic status. All ages and abilities welcome. Individuals may choose to participate at a recreational or competitive level.

[https://brooksadaptivesportsandrecreation.com](https://brooksadaptivesportsandrecreation.com)

**Brooks Rehabilitation Adaptive Sports and Recreation Program—Daytona Beach**  
Phone: 386-871-3024  
Email: Chelsea.Hall@brooksrehab.org

Chelsea Hall, Program Coordinator

[www.broward.org/parks](http://www.broward.org/parks)

**Broward County Parks and Recreation Division**  
950 NW 38th St.  
Oakland Park, FL 33309  
Phone: 954-357-8100  
See the Special Populations Section

[https://endlesspossibilitiespbc.org/](https://endlesspossibilitiespbc.org/)

**Endless Possibilities for the Disabled**  
2728 Lake Worth Road  
Lake Worth, FL 33461
Endless Possibilities for the Disabled is a 501(c)(3) organization that provide adapted sports and recreation for persons with physical disabilities. Their goal is to improve the physical and emotional health and lives of persons with physical disabilities by providing social experiences through sports and recreation. Recreation provides members with opportunities for socialization, team work and a sense of pride. Belonging and accomplishment helps improve morale and a sense of well-being. The physical training involved with recreation help to maintain or improve health of those individuals with a physical disability.

http://www.fdoa.org/
Florida Disabled Outdoors Association (FDOA)
2475 Apachee Parkway, Suite 205
Tallahassee, FL 32301
Phone: 850-201-2944
The Florida Disabled Outdoors Association is a non-profit organization whose mission is to enrich lives through accessible inclusive recreation for all.

http://www.ghetc.org/
Good Hope Equestrian Training Center
22155 SW 147th Ave
Miami, FL 33170
Phone: 305-258-2838
GHETC offers families a change to escape their stressful lives and benefit from the unique feelings of well-being with friendly horses.

http://www.goodwillswfl.org/trailwayscamp/
Goodwill Industries of Southwest Florida, Inc
5100 Tice St.
Ft. Myers, Florida 33905
Phone: 239-300-9070
TTY: 239-995-9207
Goodwill Industries of Southwest Florida's Mission is to provide programs and services for people with disabilities and other barriers to employment. Trailways Camp provides camping experiences for adults with disabilities in Southwest Florida. Goodwill Industries of Southwest Florida, Inc. has been the service provider for the Trailways Camps since October 2012 and serves 60 campers annually at our overnight camping sessions. Campers enjoy fishing, canoeing, arts and crafts, swimming, campfires, nature walks, and much more at Trailways Camp.

http://www.leeparks.org/
Lee County Parks and Recreation
click on Programs, then ADA Accessibility or Special Needs Camps

http://miracleleaguepalmbeachcounty.com/
Miracle League of Delray Beach
Miracle League Field #6
1905 SW 4th Avenue
The Miracle League's mission is to provide opportunities for all children to play baseball regardless of their ability. For over 10 years, the Miracle League Association has made it possible for children all over the country with physical and mental disabilities to achieve the same dream as their healthy peers - to play ball.

**Paralympic Sport Tampa Bay** (Formerly BlazeSports Tampa Bay)
Hillsborough County Parks & Recreation Department
Phone: 813-744-5307

[http://sabrinasadaptivebeach.com/](http://sabrinasadaptivebeach.com/)
**Sabrina’s Adaptive Beach/Sabrina Cohen Foundation (SCF)**
Sabrina Cohen, Founder
Phone: 305-968-8024
Email: [Sabrina@sabrinacohenfoundation.org](mailto://Sabrina@sabrinacohenfoundation.org)

Today, SCF’s mission revolves around the foundation’s largest undertaking to date – a partnership with the City of Miami Beach that includes multiple initiatives to provide disabled individuals, veterans, children with special needs and the elderly the same perks of living in South Florida as everyone else – Access to the beach and ocean.

Adaptive beach days happen on the 1st and 3rd Saturdays of the month from 11 am to 3 pm. The beach is located at 6475 Collins Ave., Miami Beach, FL 33141.

[www.shakealegmiami.org](http://www.shakealegmiami.org)
**Shake A Leg Miami**
2620 South Bayshore Drive
Coconut Grove, FL 33133
Phone: 305-858-5550 ext. 113
Email: [info@shakealegmiami.org](mailto://info@shakealegmiami.org)

Shake a Leg Miami’s mission is to use the marine environment to improve the health, education, independence and quality of life for all with an emphasis on individuals with physical, developmental and economic challenges.

**U Can Ski 2**
PO Box 2607
Winter Haven, FL 33883
Phone: 863-224-3042
A water skiing program for people with disabilities.

[http://walkonwaterhorses.com](http://walkonwaterhorses.com)
**Walk on Water Equine Therapy**
3330 Perkinson Lane
Merritt Island, FL 32953
Phone: 321-412-8057
Walk on Water is a non-profit therapeutic riding program for adults and children with disabilities. Veterans receive free riding to thank them for their service.
**Water Skiers with Disabilities Association (WSDA)**
1251 Holy Cow Road
Polk City, FL 33868
Phone: (863) 324-4341

**http://www.kipsboat.org**
**WAVES (Wheelchairs and Veterans Enjoying Summer)**
854 South Wellwood Ave.
Lindenhurst, NY 11757
Phone: 631-957-1838
Offers free fishing and boating to children and adults with physical and mental challenges. They operate in in Stuart, FL from November to May.

**UNITED WAY OFFICES**

**http://www.unitedway.org**
**United Way (National Headquarters)**
701 North Fairfax Street
Alexandria, VA 22314
Phone: 703-836-7112
Enter postal code for a United Way office in your area
United Way focuses on education, financial stability and health to impact the lives of millions. United Way raises awareness surrounding key issues, provides financial and one-on-one assistance to those who need it most, and promotes social and policy change that helps strengthen people and their communities.

**VETERANS BENEFITS**

**https://www.va.gov/directory/guide/state.asp?STATE=FL&dnum=ALL**
**US Department of Veterans Affairs VA Hospital Locator**
Florida facilities listed

**www.pva.org**
**Paralyzed Veterans of America offices – Florida**

**Florida Chapter**
3799 N. Andrews Avenue
Fort Lauderdale, FL 33309
(954) 565-8885
(800) 683-2001 (Florida only)
E-Mail pvaf@aol.com
Web Site http://www.pvaf.org
Newsletter: The Sunshine Spokesman

**Central Florida Chapter**
2711 South Design Court
Sanford, FL 32773
(407) 328-7041
(800) 940-2378
E-mail cccentralflorida16@cfl.rr.com
Web Site www.centralfloridapva.org
Newsletter Wheels in Motion
Florida Gulf Coast PVA
15435 N. Florida Ave.
Tampa, FL 33613
Phone: 813-264-1111
Web Site http://www.floridagulfcoastpva.org
E-mail fgcpva@tampabay.rr.com

National Service Offices:

Miami VAMC-SCI Service 128
1201 NW 16th St, Room 1C139
Miami, FL 33125
Phone: 305-575-7180

Lake City National Service Office
North Florida/South Georgia Veterans Health Care System
619 S. Marion Ave., Room 115-62
Lake City, FL 32025-5808
Phone: 386-755-3016 x2236
Open Thursdays and Fridays only

Orlando VAHCC
Dept of Veterans Affairs VA Health Care Center
5201 Raymond St., Building 3126
Orlando, FL 32803
Phone: 407-629-1599 x1125/1111

Tampa VAMC
13000 Bruce B. Downs Blvd.
Room CO52-38
Tampa, FL 33612
Phone: 813-978-5841

ALS

http://webfl.alsa.org/site/PageServer?pagename=FL_homepage

ALS Association, Florida Chapter
3242 Parkside Center Circle
Tampa, FL 33610
Phone: 813-637-9000
Toll-free: 888-257-1717
Email: office@als-florida.org
Contact for Support Groups in your area
www.alsrecovery.org  
**ALS Recovery Fund**  
One Grove Isle Drive #1602  
Coconut Grove, FL 33133  
Phone: 305-971-5416  
The ALS Recovery Fund is a 501(c)(3) non-profit charitable organization that is committed to creating public awareness, promoting research and education, and raising funds for patient care and research in order to find a cure for this life threatening disease. The ALS Recovery Fund seeks to aid families impacted by ALS by providing financial assistance to those in need of equipment and/or supplies. The Patient Care Fund is available to all residents of Miami-Dade, Broward, Monroe and Palm Beach County diagnosed with ALS.

https://www.manta.com/c/mry13c0/roger-m-daubach-foundation-inc  
**Roger M. Daubach Foundation Inc.**  
P.O. Box 1874  
Sanford, FL 32772  
Phone: 407-733-3741  
A non-profit organization which provides respite care funds for those who have ALS and gives support to families who are unable to afford care and treatment for family members. Looking to build a hospital facility to house quadriplegic patients.

http://miami-als.org/  
**Muscular Dystrophy Association’s ALS Research Center:**  
**Kessenich Family MDA/ALS Center At the University of Miami**  
Professional Arts Center Building  
Medical Campus  
1150 NW 14th Street, Suite 609  
Miami, FL 33136  
Patients Only: 1-800-690-ALS1 (2571)  
Local Calls: 305-243-7400  
Email: ALSClinic@med.miami.edu  

**Brain Injury**

http://www.biaf.org  
**Brain Injury Association of Florida**  
North Broward Medical Center  
1637 Metropolitan Blvd., Suite B  
Tallahassee, FL 32308  
Phone: 850-410-0103  
In State: 800-992-3442  
E-Mail: admin@biaf.org

https://www.miamijewishhealth.org/  
**Miami Jewish Health Systems**  
5200 NE 2nd Ave.  
Miami, FL33137
MJHH has been designated by the state of Florida as its first brain and spinal cord injury ventilator dependent rehabilitation program. The Brucker Biofeedback Center treats patients with damage to their central nervous system including people with spinal cord injury, brain injury and stroke.

http://www.wellflorida.org
WellFlorida Council
Has a state-wide project on traumatic brain injury.

Cerebral Palsy

http://www.ucp.org/
United Cerebral Palsy (National Headquarters)
1825 K Street NW Suite 600
Washington, DC 20006
Phone: 202-776-0406

UCP chapters in Florida

UCP of Broward County
Phone: 954-584-7178

UCP of Central Florida (Orlando-based)
Phone: 407-852-3302

UCP of Miami
Phone: 305-325-1080

UCP of Palm Beach & Midwest Counties
Phone: 561-357-7779

UCP of South Florida
Hialeah, FL
Phone: 305-325-1080

UCP of Southwest Florida
Bradenton, FL
Phone: 941-251-4956

UCP of Tallahassee
Phone: 850-878-0892

UCP of Tampa Bay
Phone: 813-239-1179
Friedreich’s Ataxia

http://www.ataxia.org/
National Ataxia Foundation (NAF) National Office
600 Hwy 169 S, Ste 1725
Minneapolis, MN 55426
Phone: 763-553-0020

NAF Northeast Florida Support Group
Contact: Steve and Carole Brown
Ocala, FL
Phone: 352-591-5095
Email: bike4brown@aol.com

Tampa Bay Support Group
Nygel Lenz
3042 Eastland Blvd. Apt H-101
Clearwater, Fl 33761
Phone: 727-451-9165

West Central Florida Support Group
Contact: Cindy Steever-Ziegler
Naples, FL
Phone: 239-878-3092

http://www.nica.com/
Florida Birth-Related Neurological Injury Compensation Association (NICA)
Post Office Box 14567
Tallahassee, FL 32317-4567
Phone: 850-488 - 8191
Email: info@nica.com
NICA was created by the Florida Legislature in 1988. NICA is a statutory organization that manages the Florida Birth Related Neurological Injury Compensation Plan ("Plan") used to pay for the care of infants born with certain neurological injuries. This Plan is available to eligible families statewide without litigation. Cerebral palsy is among one of the conditions that NICA may cover.

Guillain-Barré Syndrome / CIDP

http://gbs-cidp.org/
Guillain-Barré Syndrome / CIDP Foundation International
375 East Elm St.
Conshohocken, PA 19428
Phone: 610-667-0131
Toll-free: 866-224-3301
Call for information in your area
Multiple Sclerosis

National Multiple Sclerosis Society chapters:

http://www.nationalmssociety.org/flc
Mid-Florida National Multiple Sclerosis Society Chapter
2701 Maitland Center Parkway, Suite 100
Maitland, FL 32751
Phone: 407-478-8880
Toll-free: 800-344-4867

http://www.nationalmssociety.org/FLN
North Florida National MS Society Chapter
8940 Western Way, Suite 16
Jacksonville, FL 32216
Phone: 904-332-6810
Toll-free: 800-FIGHTMS
Email: msnorfla@fln.nmss.org

http://www.nationalmssociety.org/Chapters/FLS
South Florida National MS Society Chapter
3125 West Commercial Boulevard, Suite 127
Ft. Lauderdale, FL 33309
Phone: 954 731-4224; 305 599-0299
Toll-free: 800- FIGHT- MS
Email: fls@nmss.org

http://www.mymsaa.org/
Multiple Sclerosis Association of America

MSAA Southeast Regional Office
2870 Peachtree Rd.
Atlanta, GA 30305
Phone: 800-532-7667, ext. 160
Email: mymsaa@mymsaa.org

Support Groups:

Our Lady of the Lakes Catholic Church
1310 Maximilian St.
Deltona, FL 32725
Phone: 386-789-0332
Muscular Dystrophy

http://www.mdausa.org/
Muscular Dystrophy Association
National Headquarters
161 N. Clark, Suite 3550
Chicago, IL 60601
Phone: 800-572-1717
Enter your postal code in the “Find your local MDA” section of the website for MD clinics in your area.

Post-Polio Syndrome

www.post-polio.org
Post-Polio Health International (PHI)
4207 Lindell Blvd. #110
St. Louis, MO 63108-2915
Phone: 314-534-0475
Email: info@post-polio.org
http://www.post-polio.org/net/poldir.pdf
Directory lists Health Professionals, Clinics, and Support Groups by state.

Spina Bifida

http://www.spinabifidaassociation.org
Spina Bifida Association of America
1600 Wilson Blvd., Suite 800
Arlington, VA 22209
Phone: 800-621-3141
Email: sbaa@sbaa.org
Please contact them for info in your area

Florida SBAA Clinics

UF Pediatric Medical Specialties at Shands Medical Plaza
Gainesville, FL
Phone: 352-265-8250

http://www.nemours.org/welcome.html
Nemours Children’s Clinic
Jacksonville FL
Phone: 904-697-3600

Arnold Palmer Hospital for Children
Orlando FL
Phone: 407-649-9111

Shriner’s Hospital for Children—Tampa
Tampa, FL
Phone: 813-972-2250

*Florida SBAA Support Group:*

**SBA of Tampa Bay Support Group**
Phone: 407-248-9210

*Florida SBAA Chapters:*

[http://www.sbacentralflorida.org](http://www.sbacentralflorida.org)

**SBA of Central Florida**
100 W. Lucerne Circle
Suite 100-M
Orlando, FL 32801
Phone: 407-248-9210

[http://sbaj.org](http://sbaj.org)

**SBA of Jacksonville**
Phone: 904-699-6640

*Spinal Cord Injury*


**Florida Spinal Cord Injury Resource Center**
Tampa General Rehabilitation Center
c/o Florida Spinal Cord Injury Resource Center
6 Tampa General Circle - Room R212
Tampa, FL 33606
Phone: 813.844.4711
Toll-Free: 1-866-313-2940
Justin Stark, Director: justin_stark@doh.state.fl.us
Anthony Radano, Resource Specialist/Peer Coordinator: anthony_radano@doh.state.fl.us

[www.miamiproject.miami.edu](http://www.miamiproject.miami.edu)

**Miami Project to Cure Paralysis**
1095 NW 14th Terrace, Lois Pope LIFE Center
Miami, FL 33136
Phone: 305-243-6001
Toll-free: 800-STAND UP
Email: miamiproject@med.miami.edu
The Miami Project is the world’s largest comprehensive spinal cord injury research center, dedicated to finding more effective treatments and a cure for paralysis.
South Florida Spinal Cord Injury Model System
University of Miami School of Medicine
South Florida SCI Model Systems
PO Box 016960
Mailing Locator D-48
Miami, FL 33101
Phone: 305-585-1320
800-545-2292

Florida Department of Health
Brain and Spinal Cord Injury Program
Phone: 866-875-5660 (toll free)
Central Registry: 800-342-0778
The BSCIP general program provides direct case management and resource facilitation through a statewide system of care managers and rehab technicians.

Regional Support Groups from NSCIA list:

Florida Rehabilitation and Sports Medicine
5165 Adanson Street
Orlando, FL 32804
Phone: 407-895-7991
407-623-1070

Healthsouth
SeaPines Rehabilitation Hospital
101 East Florida Avenue
Melbourne, FL 32901
Phone: 407-984-4600

Healthsouth
Capital Rehabilitation Hospital
1675 Riggins Road
Tallahassee, FL 32308-5315
Phone: 850-656-4868

Tampa Bay Area Support Group
c/o FloridaSCIResourceCenter
Healthsouth
90 Clearwater Largo Road
Other Regional Support Groups:

https://www.facebook.com/OrlandoSpinalNetwork/
Greater Orlando Spinal Cord Injury Network
Phone: 407-900-6724
Meetings are held at different locations. GOSCIN is a group for persons with SCI in the Orlando area. Their mission is to serve the needs of people with SCIs in employment, adaptive sports, recreation, social functions, networking, outreach, SCI prevention, and guest speakers for the group.

The Spinal Cord Injury Support Group of South Florida
c/o Healthsouth Sunrise Rehabilitation Hospital
4399 Nob Hill Road
Sunrise, FL 33351
Contact: Sue Krinsky
Phone: 954-746-1341 leave message

https://www.westfloridahospital.com/service/rehab
West Florida Hospital
8383 North Davis Highway
Pensacola, FL 32514
Phone: 850-494-3212
Spinal Cord Injury Reunion Group, call for details

http://www.wellflorida.org/
Well Florida Council
Click on Resources to see report on spinal cord injury in Florida

http://www.newperspectivefoundation.org/what-we-do
New Perspective Foundation
Email: newperspectivefoundation@gmail.com
New Perspective Foundation is a registered 501 (c) (3) non-profit organization that helps individuals in Ohio and Florida who are currently hospitalized due to a spinal cord injury. They accomplish this by assisting their family and friends with airfare, gasoline, and or lodging expenses, so they can travel to support them in their time of need.

Stroke

http://www.doh.state.fl.us/Family/heart/index.html
Florida Dept of Health’s info on stroke

http://www.strokeassociation.org
American Stroke Association
Telephone: 1-888-478-7653
Call for the stroke support group in your area

Stroke Support Group of Flagler County: Providing support for stroke survivors and their family members. Phone: 386-586-3866 or 386-447-0011.

Transverse Myelitis

http://www.myelitis.org/
Transverse Myelitis Association (TMA)
1787 Sutter Parkway
Powell, OH 43065-8806
Phone: 614-317-4884 or 855-380-3330
Email: info@myelitis.org
Please contact them for local info.

General Disability Resources

http://www.brooksrehab.org/
Brooks Rehabilitation
3599 University Blvd S
Jacksonville, FL 32216
Phone: 904-345-7600
Provides the most advanced therapy and medical care, along with the compassion, motivation, and hope to help people reach their highest level of recovery.

http://www.yellowpagesforkids.com/help/fl.htm
Florida Yellow Pages for Kids with Disabilities

www.floridaarf.org
Florida Association of Rehabilitation Facilities, Inc.
2475 Apalachee Parkway, Suite 205
Tallahassee, FL 32301-4946
Phone: 850-877-4816
E-mail: info@floridaarf.org

http://www.fpta.org/
Florida Physical Therapy Association
800 N. Calhoun St. #1A
Tallahassee, FL 32303
Phone: 850-222-1243
Email: info@fpta.org
Florida Occupational Therapy Association
PO Box 1459
Englewood, FL 34295
Email: flaotsassn@yahoo.com

www.apse.org
https://apse.org/chapter/florida/
Association of People Supporting Employment First, Florida chapter

www.ability1st.info
Ability 1st
1823 Buford Court
Tallahassee, FL 32308
Phone: 850-575-9621
TTD: 850-298-8793
Email: ability1st@ability1st.info
Provides independent living, information and referral, etc.

www.abletrust.org
http://www.abletrust.org/links/agency_listings.shtml
Able Trust
3320 Thomasville Road, Suite 200
Tallahassee, FL 32308
Phone: 850-224-4493 (Voice or TDD)
Email: info@abletrust.org
The Able Trust, also known as the Florida Endowment Foundation for Vocational Rehabilitation, is a 501(c)(3) public-private partnership foundation established by the Florida legislature in 1990. Its programs provide vocational rehabilitation to enable people with disabilities prepare for employment.

www.FLAIRS.org
Florida Alliance of Information and Referral Services (FLAIRS)
Phone: 211
FLAIRS’ mission to strengthen the health and human service information and referral provider network in the state of Florida through advocacy, coordination and education. See www.flairs.org/membermap.htm for links to information and referral by county.

http://www.cms-kids.com
Children’s Medical Services (CMS)
Phone: 850-245-4200
CMS has various programs and services for eligible children with special needs. Offices are located throughout the state.
The Lift Family Network aids the disability family with a suite of programs that include camps, social services, mentoring, mental health & family counseling, social events, and spiritual development.

Wheelchair Accessible Taxicabs Available In Miami-Dade County:

American Taxi
2221 NE 164th St.
North Miami Beach, FL 33160
Phone: 305-947-3333
Two wheelchair accessible cabs

Central Cab
740 Alton Road
Miami Beach, FL 33139
Phone: 305-532-5555
Two wheelchair accessible cabs

Coral Cab
22284 NW 36 Street
Miami FL 33142
Phone: 305-633-2227
One wheelchair accessible cab

Crown Taxi
4141 N. Miami Avenue #201
Miami, FL 33127
Phone: 305-445-5555
Seven wheelchair accessible cabs

Super Yellow Cab
3109 NW 27 Avenue
Miami, FL 33142
Phone: 305-888-7777
11 wheelchair accessible cabs

Transportation Sunshine
4218 SW 9 Street
Miami, FL33134
Phone: 305-445-3333
Two wheelchair accessible cabs

USA Taxi
3620 NW 22 Avenue
Miami, FL33142
Phone: 305-888-8888
Three wheelchair accessible cabs

Yellow Cab
3775 NW 36 Street
Miami, FL33142
Phone: 305-444-4444
Three wheelchair accessible cabs

For additional information, to file a complaint or to record a compliment call 305-375-3677

www.wheelchairs4kids.org
Wheelchairs 4 Kids
1976 S. Pinellas Ave.
Tarpon Springs, FL 34689
Phone: 727-946-0963
Email: info@wheelchairs4kids.org
Wheelchairs4Kids is a non-profit that assists children in getting wheelchairs, home modifications, assistive devices, and vehicle modifications at no charge to them.

http://www.wheelsofsuccess.org/need-help/index.html
Wheels of Success
4100 W. Kennedy Blvd., Suite 130
Tampa, FL 33609
Phone: 813-498-0102
Wheels of Success is Tampa Bay's only 501(c)3 nonprofit organization providing a full range of transportation solutions, including vehicle replacement; car repair; and licensing, car payment and down payment assistance to low and moderate income working families.

www.standamongfriends.org
Stand Among Friends
777 Glades Road, Building NU84, Suite 120
Boca Raton, FL 33431
Phone: 561-297-4400
Stand Among Friends is a 501(c)3 nonprofit organization that helps college students and adults with disabilities prepare for, seek and secure employment.
ThinkFirst offers evidence-based injury prevention programs for students of all ages through their network of healthcare-based chapters. Health educators and people who have experienced brain or spinal cord injuries help students understand the importance of making safe choices related to vehicles, sports, violence and falls. To find chapter information in your area, please go to their website and click on the “Chapter Site” tab.

The information contained in this message is presented for the purpose of educating and informing you about paralysis and its effects. Nothing contained in this message should be construed nor is intended to be used for medical diagnosis or treatment. It should not be used in place of the advice of your physician or other qualified health care provider. Should you have any health care related questions, please call or see your physician or other qualified health care provider promptly. Always consult with your physician or other qualified health care provider before embarking on a new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.

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