Cauda Equina Syndrome Resources

The collection of nerves at the end of the spinal cord is thought to resemble a horse’s tail or cauda equina. In CES, the nerves become compressed which may lead to pain, weakness and loss of feeling in the legs. CES may be considered a type of spinal cord injury.

eMedicine: Cauda Equina and Conus Medullaris Syndromes
http://emedicine.medscape.com/article/1148690-overview

Cauda Equine Syndrome Resource Center
http://www.caudaequina.org

American Association of Neurological Surgeons: Cauda Equina Syndrome


Merck Manual Home Health Handbook: Compression of the Spinal Cord

Online Orthopaedics: Cauda Equina Syndrome
http://www.orthopodsurgeon.com/cauda.html

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with your physician or other qualified health care provider before embarking on a new treatment, diet or fitness program. You should never disregard medical advice or delay in seeking it because of something you have read in this message.

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